

The New South Wales Institute of Psychiatry



Annual Report and Financial Statements

2010



THE NSW INSTITUTE OF PSYCHIATRY

Letter to the Minister

The Hon. Carmel Tebbutt, BEc MP

Minister for Health
Level 30, Governor Macquarie Tower
1 Farrer Place
Sydney NSW 2000

Dear Minister,

In accordance with the provisions of the Annual Report (Statutory Bodies) Act 1984, I have much pleasure in enclosing the 46th Annual Report of the New South Wales Institute of Psychiatry for the year ended 30 June 2010 for tabling in Parliament.

Yours sincerely

Judge Helen Syme

Chair

NSW Institute of Psychiatry Board

FOREWORD

I am pleased to present this Annual Report detailing the activities of the Institute for the financial year July 2009–June 2010.

During this period the Institute was pleased to welcome Minister Perry whose genuine interest in all aspects of the Institute's work was evident and appreciated by the staff.



The NSW Institute of Psychiatry's inaugural award of Honorary Fellowship was conferred on three worthy recipients at the Annual Graduation Ceremony. The Institute is pleased to acknowledge the significant contribution of Professor Tony Baker, Mr Robert Fritchley and Judge Angela Karpin.

It is my sad duty to report that in May the Institute lost a valued colleague, Dr Stephanie Winfield, who was the Head of Multidisciplinary Programs. Stephanie's warmth, enthusiasm for her work and support of her colleagues is greatly missed.

During this period the Institute has continued to deliver a variety of educational programs to mental health clinicians, community workers, consumers and other members of the community. The Workshop Calendar has expanded, offering new topics including well attended workshops on understanding and treating Mental Health and Substance Misuse.

The Postgraduate programs have been well subscribed and positively evaluated. There has been considerable emphasis on preparation for re-registration of the Institute as a Higher Education Provider and for re-accreditation of a number of the Postgraduate Courses.

It is noteworthy that this reporting period has seen an increase in the number and range of projects undertaken at the Institute. State-wide education and training programs continue to be an important facet of the Institute's work. During the reporting period, work has continued on the School Link State-wide Training Program, Mental Health Legislative Framework project, and, in partnership with the Centre for Rural and Remote Mental Health (CRRMH), the Mental Health Emergency Care Learning and Development Program. All programs have been well received.

Significant progress has been made in the implementation of infrastructure upgrades at the Institute. Security has been upgraded; IT equipment purchased and plans for renovation of the lecture theatres are well underway. The upgraded facilities and resources will enable the organisation to better meet the education and training needs of the mental health workforce increasing our capacity to deliver online programs and providing facilities that are essential to delivery of quality educational resources and experiences.

The Institute has developed very constructive relationships with a number of key stakeholders and contributes significantly to a number of mental health related state-wide committees and working groups.

The Institute continues to play an important role as a World Health Organisation (WHO) Collaborating Centre for Mental Health and Substance Abuse, providing upon request consultation and training opportunities for the Western Pacific Region.

I would like to commend the members of the Institute Board and committees, all Institute staff, and other contributors for their significant work over the past year. I would also like to thank the many participants undertaking Institute programs for their continuing support of our activities.

Adj Prof Ros Montague
Director

MISSION STATEMENT

The NSWIOP is committed to providing a quality learning and research environment based on the principles of academic integrity, fairness, equity and mutual respect. The Institute strives to provide a distinctive clinical orientation to address the needs of a diverse mental health workforce and to promote the advancement of mental health education in the community. The NSWIOP encourages an educational culture of innovative thinking and critical analysis of mental health paradigms and practice. The NSWIOP programs aim to provide an integration of contemporary theoretical frameworks



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OUR CHARTER

The New South Wales Institute of Psychiatry was established under the New South Wales Institute of Psychiatry Act, 1964, No. 44. The purpose of this Statutory Body is to promote education in mental health; and to foster research into mental illness and disorders.

OUR AIMS AND OBJECTIVES

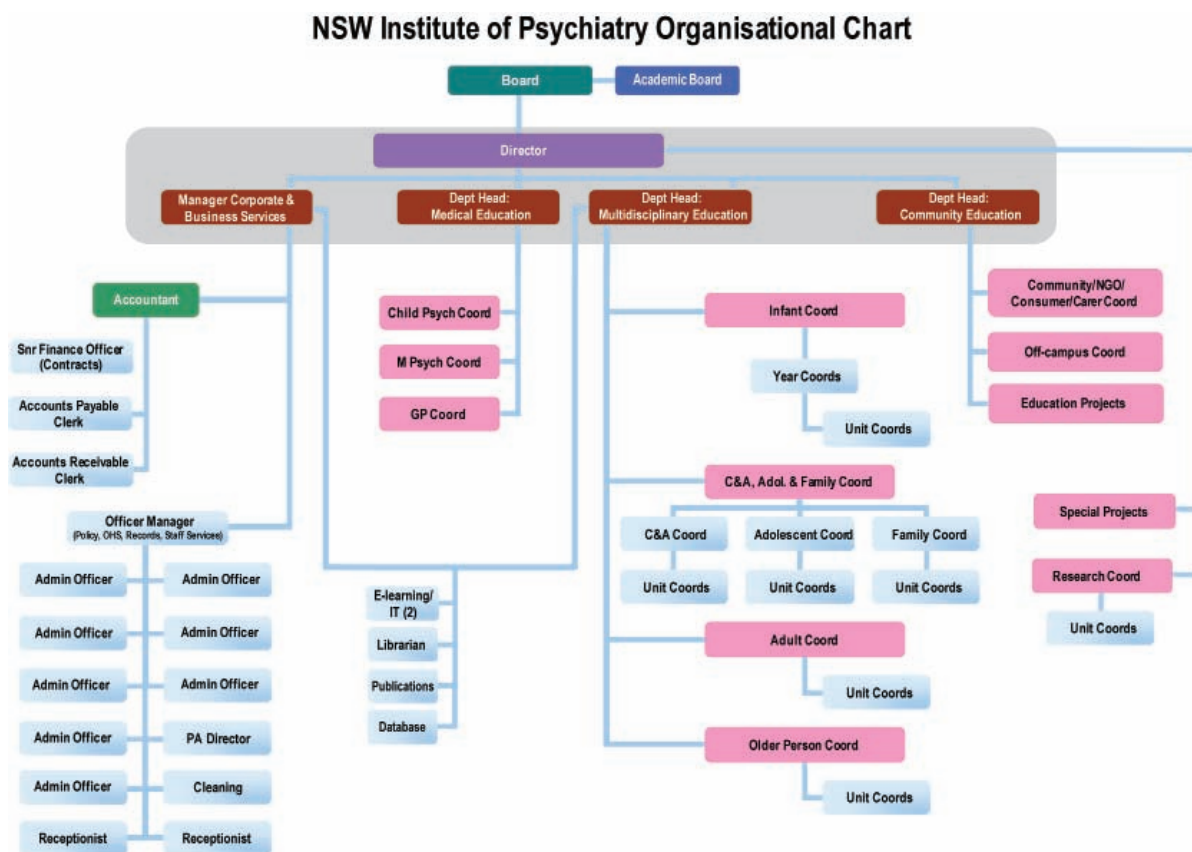
The following are the aims and objectives for which the New South Wales Institute of Psychiatry was established:

- to assist and foster research and investigation into the causation, prevention, diagnosis and treatment of mental illness;
- to assist and foster postgraduate education and training in psychiatry;
- to design programs of training in psychiatry for medical practitioners to meet the requirements and standards of authorities which are recognised by the Institute and which conduct examinations for postgraduate degrees and postgraduate diplomas in psychiatry;
- to prescribe programs of training in mental health for non-medical groups approved by the Institute;
- to coordinate, as far as is practicable, programs of research and investigation into the causation, prevention, diagnosis and treatment of mental illness and disorders.

The Institute is a statutory body, independent of any individual university or teaching institution. Under the terms of its Act of Parliament, the Institute is committed to initiating and encouraging research into all aspects of mental health, playing an active role in the training of mental health professionals and fostering the advancement of mental health education in New South Wales.



ORGANISATIONAL STRUCTURE



MEMBERSHIP OF THE BOARD

Professor Brian Kelly was appointed to the Board on 31 August 2009.

The Board held five regular meetings during the period. Attendance was as follows:

Her Honour Judge Helen L Syme – Chair	5
Mr Gregory Clark – Australian College of Mental Health Nurses	3
Ms Diandra Dunne – Representative of Allied Health Professionals.....	3
Mr Phil Escott – Consumer Interests	5
Professor Timothy Lambert – University of Sydney	3
Mr David McGrath (or delegate) – NSW Health Department.....	2
Adj Professor Ros Montague – The NSW Institute of Psychiatry.....	5
Professor Brian Kelly – University of Newcastle	2
Dr Nicholas O'Connor – Royal Australian and New Zealand College of Psychiatrists.....	5
Dr Zachary Steel – University of New South Wales.....	2
Dr Andrew Wilson – Business Sector	4

HIGHLIGHTS AND ACHIEVEMENTS

The period under review has seen considerable achievements, of which all Institute staff should feel justifiably proud. Following are several of the major highlights of the reporting period:



Dr Michael Bowden

(Head of Medical Programs NSWIOP);

Minister Barbara Perry

(Minister Assisting the Minister for Health – Mental Health);

Adj Prof Ros Montague

(Director NSWIOP)

■ Visit from Minister Barbara Perry

In August 2009, Minister Barbara Perry (Minister Assisting the Minister for Health – Mental Health) visited the Institute. Institute staff were delighted to welcome Minister Perry and her Policy Adviser, Alicia Webster.

Minister Perry took an active interest in all aspects of the Institute's programs. She toured the facilities and discussed plans for refurbishment of the lecture facilities with staff.

■ Adjunct Professorship

In July 2009, Dr Ros Montague, Director, was appointed as Adjunct Professor in the School of Nursing and Midwifery within the Faculty of Science, at Charles Sturt University, for a period of 3 years. Adjunct Professor Montague received the title in recognition of her contributions to the Djirruwang Program, a Bachelor of Health Science (Mental Health) program that trains Aboriginal mental health workers.

■ Community Connections Carnival

In October 2009, as part of Mental Health Week, the Institute hosted a one-day "Community Connections Carnival", attended by staff, students, community organisations, mental health organisations, local businesses and the general public. The day was a great success, raising funds for local community projects and promoting community connectedness. One of the main aims of the day was to promote the idea that looking after mental health is "everybody's business".



■ Debate

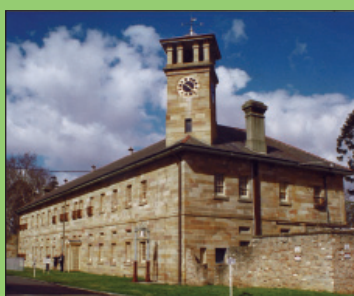
The Institute hosted a debate in April 2010 to foster discussion around current topics in mental health practice. Prof Alan Rosen moderated the event and audience members were invited to consider the arguments, ask questions from the floor and enter a vote. Seventy invited guests attended, including staff, students, academics and clinicians. The Hon Greg James QC and Dr Chris Ryan debated the notion that "The NSW Mental Health Act balances



autonomy and the responsibility to impose necessary treatment" and Dr Michael Fairley and Dr Claire Gaskin responded to the proposition that "Out of control kids aren't mad or sad, just bad", providing lively debate and discussion from the floor. Participation at this debate also formed part of the formal coursework for Institute postgraduate students undertaking the "Current Debates in Mental Health Theory and Practice" unit as part of their studies.

■ Honorary Fellowships

In April 2010, the inaugural Honorary Fellowship Awards of the NSW Institute of Psychiatry were implemented, following a consultative process and the establishment of an Honorary Fellowships Awards Committee. A nomination and approval process for the awarding of fellowships was established. The general criteria for awarding of the fellowships are outstanding service to The NSW Institute of Psychiatry or a recognised contribution to the advancement of mental health education or research. Three recipients were appointed as the inaugural 2010 Honorary Fellows in honour of their outstanding contributions to the NSW Institute of Psychiatry. Details of the awards and recipients are provided later in this report.



■ Infrastructure Grant

Significant progress has been made in the implementation of infrastructure upgrades at the Institute, following the approval of an infrastructure grant in May 2009 from the NSW Department of Health. Plans for state-of-the-art lecture theatres are underway, and significant renovations and security upgrades have already been implemented.

■ Postgraduate course reaccreditation

The reporting period has seen significant work by the higher education reaccreditation team and input from all staff in preparation for reaccreditation of the Institute's postgraduate programs under the Higher Education Act. All submissions were completed and successfully put forward for consideration. As official reaccreditation falls outside of this period under review, details of the reaccreditation assessment will be published in the next reporting period.

■ Project expansion

The reporting period has seen an increasing range of projects undertaken at the Institute. Several new projects commenced including: Specialist Mental Health Services for Older People (SMHSOP) Project; Mental Health Emergency Care Training; and the Mental Health Legislative Framework Education Project. Numerous existing projects continued to be successfully delivered, including: Accredited Persons Training Project; Australian Mental Health Outcomes and Classification Network (AMHOCN); Community Services Statewide Training Package; Crossing Bridges Training Project; Department of Immigration and Citizenship (DIAC) Training; Queensland Centre for Mental Health Learning Project; School-Link Statewide Training; and the Safe Start and Supporting Families Early Training Project.

Further details of all projects are included in the Special Projects section of this report.

STAFFING OF THE INSTITUTE

The Institute's team comprising skilled allied health and professional staff work hard to advance the Objectives of the Institute's Act. The Institute's workforce combine passion and experience to further promote accredited education and training programs of excellence in mental health in Australia. The following Institute staff are employed at 30 June 2010.

Dr Catharine Bailey, Perinatal & Infant Mental Health Unit Coordinator; Ms Subha Balachandar, Senior Finance Officer; Mr Peter Bazzana, Education Officer; Ms Martha Birch, Coordinator; Dr Michael Bowden, Head of Medical Programs; Dr Kerri Brown, Head of Multidisciplinary Mental Health Education; Ms Victoria Brown, Administrative Officer; Ms Cherie Carlton, Coordinator Community Mental Health Education; Ms Marion Cheeseman, Administrative Officer; Mr Darren Cheney, E-learning/IT Project Officer; Ms Fiona Church, Receptionist; Ms Lauren Clark, Administrative Officer; Mr Tim Coombs, Project Coordinator; Ms Agnes D'Souza, Administrative Officer; Ms Rhian Davis, Project Officer: State-wide Training and Resource Development; Ms Rosemary

Dickson, AMHOCN Network Coordinator; Ms Gerry Durcan, Office Manager; Ms Carolyn Durrant, Supporting Parents Training Project Officer; Ms Michelle Everett, Coordinator Adult Mental Health Education; Ms Julia George, Business Manager; Mr Rich Glover, Accountant; Ms Amelia Hatch, Administrative Officer; Ms Elizabeth Hay, Publications Project Officer; Mr Mike Hayden, Project Officer Mental Health Education; Ms Natalie Healey, Education Officer; Dr Cath Hickie, Program Coordinator Master of Psychiatry/Postgraduate Course in Psychiatry; Mr Anthony Hillin, Project Officer, School-Link; Ms Julie Kane, Project Officer; Ms Erica Khattar, Administrative Officer; Ms Amanda Kiellor, Administrative Officer; Dr Ros Markham, Research Coordinator; Ms Joanne Morgan, Receptionist; Mr Alam Muhammad, Accounts Receivable; Dr Robert McAlpine, Senior Project Officer; Adj Prof Ros Montague, Director; Dr Louise Nash, Project Coordinator, Master of Psychiatry/Postgraduate Course in Psychiatry; Dr Diba Pourmand, Education Officer; Dr Tessa Roberts, GP Consultant/Project Officer; Ms Christine Senediak, Senior Project Officer; Ms Jenny Shaw, Education Officer; Mr Manpreet Singh, Accounts Payable Officer; Ms TL Tran-Tremble, Project Officer; Mr Paul Walker,

E-learning/IT Project Officer; Ms Corinne Warby, Administration Officer; Mr David Wong-See, Information Services for Library Project Officer.

Dr Catharine Bailey, Infant Mental Health Unit Coordinator commenced on 8 June 2010. Dr Kerri Brown, Head of Multidisciplinary Mental Health Education commenced her appointment on 11 April 2010. Ms Fiona Church, Receptionist commenced her appointment on 31 May 2010. Ms Rhian Davis, Project Officer: State-wide Training and Resource Development commenced on 30 November 2009. Mr Mike Hayden, Project Officer Mental Health Education commenced on 3 May 2010. Ms Julie Kane, Project Officer commenced her appointment on 1 February 2010. Ms Joanne Morgan, Receptionist commenced on 29 March 2010. Ms Amelia Renu, Senior Project Officer, Mental Health Services for Older People Education Project commenced on 11 November 2009; Ms Corinne Warby, Administration Officer commenced on 29 March 2010. Mr David Wong-See, Information Services for Library Project Officer commenced on 3 February 2010.

Mr Arthur Brown, Environmental Services Officer resigned on 3 March 2010. Mr Robert Fritchley resigned on 25 November 2009. Dr Debra Hector, Research Coordinator resigned on 11 February 2010. Ms Jane Marks, Administrative Officer resigned on 13 August 2009. Ms Natasa Petrovic, Project Officer resigned on 12 November 2009. Ms Karen Rowe-Nurse, Information Services Officer resigned on 31 December 2009. Ms Julie Selke, Administrative Officer resigned on 1 January 2010; Dr Sarah Mares, Head of Infant and Early Childhood Studies resigned on 4 March 2010; Dr Stephanie Winfield, Program Director resigned on 21 January 2010.



COURSE AND UNIT COORDINATORS

The Course Coordinators assist with the design, delivery and evaluation of various programs offered. These personnel are competitively selected on medium-term contracts and have extensive expertise and experience in the courses they are contracted to oversee. During the period to 30 June 2010, the following external staff and contractors oversaw the coordination of Institute programs:

Ms Alison Bell: Mental Illness and Substance Abuse; Motivational Interviewing

Ms Noela Byrne: Early Childhood Observations, Perinatal & Infant Mental Health

Dr Raphael Chan: Mental Health Assessment of Infants, Children, Youth & Families

Mr Matthew Evans: Interpersonal Psychotherapy and Interpersonal Counselling

Ms Daniela Francavilla: Understanding Child Abuse and Neglect; Mental Health for Health Care Interpreters

Mr Chris Hardwick: Current Debates in Child & Adolescent Mental Health, Introduction to Cognitive Behaviour Therapy

Ms Jennifer Herron: Cross-Cultural Mental Health Care in General Practice

Mr Glenn Larnar: Simulated Practice; Core Skills in Family Sensitive Practice

Dr Ros Markham: Research

Ms Chris McCabe: Mental Health Outcomes of Adult and Child Sexual Assault

Ms Regina McDonald: Introduction to Mental Health and Illness in Old Age; Managing Challenging Behaviours in Old Age

Ms Marianne Nicholson: Workshop Coordinator, Graduate Diploma/Master of Mental Health (Perinatal and Infant)

Mr Ron Perry: Clinical Consultation II (Family Sensitive Practice)

Ms Leanne Redman: Issues in Child & Adolescent Mental Health

Ms Jenny Shaw: Accredited Persons Project

Ms Vicki Stanton: Management and Leadership I and II

Ms Kath Thorburn: Current Debates in Adult Mental Health; Facilitating Recovery; Population Health; Recovery Oriented Mental Health Practice and Systems

Ms Sandy Watson: Consumer Advocacy Course; Consumer and Carer Rights; Facilitating Recovery; Self Advocacy Workshop; Recovery Workshop; Recovery Oriented Mental Health Practice and Systems; Understanding Voices and Working Towards Recovery

Ms Andrea Worth: Orientation to Child and Adolescent Mental Health.

PERSONNEL INVOLVED IN TEACHING

Delivery of the Institute's program of clinically relevant, evidence-based education and training in mental health is provided by senior clinicians, academics, and representatives from the consumer and carer sectors. During the period to 30 June 2010, the following staff and contractors lectured in and delivered these Institute programs:

Consumer, Carer & Community Worker Programs

Consumer Advocacy Course – COM002
Ms Alison Kokany, Mr Mark McMahon, Ms Sandy Watson

Drugs, Alcohol & Mental Illness Series – COM009, COM010, COM011
Ms Cherie Carlton

Mental Health Assessment – COM015
Ms Cherie Carlton

Mental Health Literacy – COM005
Mr Peter Bazzana, Ms Cherie Carlton

Mental Health Risk Assessment and Crisis Management – COM006
Mr Peter Bazzana, Ms Cherie Carlton

Self Advocacy Workshop – COM008
Ms Sandy Watson

Supporting Recovery – COM007
Ms Cherie Carlton, Ms Sandy Watson

Understanding Mental Health & Wellbeing (Auseinet Workshops)
Ms Cherie Carlton

Understanding Personality Disorders – COM017
Ms Cherie Carlton

Understanding Voices & Working Towards Recovery – RMAY01
Dr Rufus May

Continuing Professional Development (CPD) Workshops

Assessment in Mental Health: Practice & Systems – CPD035
Ms Michelle Everett, Ms Kath Thorburn

Core Skills in Family Sensitive Practice – CPD015
Mr Andrew Wallis, Mr Glenn Larnar

PERSONNEL INVOLVED IN TEACHING

Cross-Cultural Mental Health Care in General Practice – CPD030

Ms Susana Bluwol, Ms Jennifer Herron, Ms Trudy Jones, Ms Antonia Kapsalia, Ms Anna Kenny, Dr Winston Lo, Ms Irina Piatkov, Mr Colin Rochester, Ms Beste Tundagame

Facilitating Recovery – CPD027

Ms Helen Glover, Dr Vaidyanathan Kalyanasundaram (2009), Dr Rufus May (2010)

Introduction to CBT Workshop – CPD033

Mr Chris Hardwick, Ms Michelle Everett, Ms Alice Shires

Interpersonal Psychotherapy for Adolescents (IPT-A) – CPD048

Mr Anthony Hillin, Mr Rob McAlpine

Interpersonal Psychotherapy (IPT) Skill Development Workshop – CPD025

Dr Matthew Evans, Ms Monica Moore, Ms Miranda Montrone, Ms Peta Woods

Literature Skills Workshop – WLW001

Dr Ros Markham, Ms Kath Thorburn, Mr David Wong-See

Mental Health Assessment in General Practice – CPD036

Dr Michael Bowden, Dr Justine Ellis, Mr Phil Escott, Ms Cynthia Gregory-Roberts, Ms Natalie Healey, Ms Elizabeth Hindmarsh, Dr Tessa Roberts

Mental Health Assessment of Children, Youth and Families – CPD038

Dr Raphael Chan, Ms Angela Dixon, Ms Natalie Healey, Ms Jodie Parkins, Ms Marie Pinter

Mental Health Management in General Practice – CPD037

Ms Natalie Healey, Ms Alice Shires, Mr Phil Escott, Dr Alan Fahey, Ms Kath Thorburn, Ms Peta Woods

Mental Illness and Substance Abuse – CPD013

Ms Alison Bell, Mr Richard Clancy

Mindfulness as Therapy for Adolescents – CPD040

Mr Mal Huxter

Practical Cognitive Assessment of Older Persons – CPD051

Dr Carmelo Aquilina

Psychopharmacology for Mental Health

Professionals – CPD039

Prof Iain McGregor

Supportive Psychotherapy in General Practice – CPD031

Ms Natalie Healey, Dr Jenna Gilchrist, Dr Lindsay Carpenter, Mr Biagio Sirgioavanni

Understanding and Managing Challenging Behaviours – CPD047

Ms Laura Hill, Ms Judi Weaver

Writing Skills Workshop – WSW001

Dr Ros Markham, Ms Kath Thorburn, Mr David Wong-See

Customised Programs conducted Off-campus

Accredited Persons Training

Ms Elisabeth Barry, Mr Peter Bazzana, Mr Simon Champ, Dr Ian Ellis-Jones, Dr Joe Gardside, Mr Kevin McLaughlin, Mr William Moloney, Ms Sarah Murphy, Mr Martin Nagle, Ms Jenny Shaw

Centacare – Canberra

Ms Michelle Everett, Ms Suzanne Rix, Ms Kath Thorburn

Child & Adolescent Mental Health Workshop – SESIAHS, Sydney

Ms Angela Dixon

Clinical Supervision (Advanced) – GSAHS, Canberra

Dr Diba Pourmand, Ms Christine Senediak

Clinical Supervision – ACTMH, Canberra

Ms Julie Lindsay

Clinical Supervision – Brain Injury Unit

Ms Christine Senediak

Clinical Supervision – GSAHS, Queanbeyan

Mr Andrew Wallis

Clinical Supervision – GSAHS, Wagga

Ms Colleen Alford, Mr Andrew Wallis

Clinical Supervision – SMHOPS, Canberra

Ms Christine Senediak, Dr Diba Pourmand

Cognitive Behavioural Therapy – GSAHS, Batemans Bay

Ms Michelle Everett, Mr Damian Coen

Cognitive Behavioural Therapy – GSAHS, Canberra

Dr Kaye Horley, Ms Jay Sundararaman

Cognitive Behavioural Therapy – GSAHS, Goulburn

Ms Orle Beer, Ms Lorraine Cushing

Cognitive Behavioural Therapy – GSAHS, Griffith

Ms Lorraine Cushing, Ms Julie Lindsay

Cognitive Behavioural Therapy – GSAHS, Pambula

Ms Michelle Everett, Mr Damian Coen

Cognitive Behavioural Therapy – GSAHS, Wagga

Dr Kaye Horley, Ms Kerrie Noonan

Consumer Advocacy – ACT Mental Health, Canberra

Ms Sandy Watson

Crisis Intervention – COMHET, Bankstown

Mr Peter Bazzana, Ms Michelle Everett, Ms Cherie Carlton

Current Thinking and Practices in Rehabilitation in Mental Health – Hunter New England Mental Health, Newcastle

Ms Kath Thorburn & Ms Karen Barfoot

General Practice Conference and Exhibition: "Management of depression and anxiety in adolescents" and "Psychiatric emergencies"

Dr Justine Ellis, Dr George Liangas, Dr Ursula Ptok

Introduction to Mental Health Medication – NSW Rape Crisis Service, Sydney

Ms Cherie Carlton

Introduction to Mental Illness & Substance Misuse – NSSACHS Manly Hospital, Manly Hospital

Ms Cherie Carlton

Medication Training – MAST, Surry Hills

Dr Andrew Campbell

Mental Health – Centrelink, Sydney

Mr Peter Bazzana, Ms Cherie Carlton

Rehabilitation and Recovery – SSWAHS

Ms Kath Thorburn, Ms Sandy Watson

Rivendell Supervision – SSWAHS

Ms Christine Senediak

PERSONNEL INVOLVED IN TEACHING

Safe Custody Course – NSW Police, Hurstville and Sydney

Mr Peter Bazzana, Ms Cherie Carlton, Ms Michelle Everett

Suicide Assessment and Management (Advanced Module) – ACT Health, Canberra

Mr Peter Bazzana, Mr Etienne Kitto

Suicide Assessment and Management (Introductory Module) – ACT Health, Canberra

Mr Peter Bazzana, Mr Etienne Kitto

Suicide Assessment – Transcultural Mental Health, Cumberland

Mr Peter Bazzana

Suicide Awareness – Alzheimers Aust NSW

Mr Peter Bazzana, Mr Etienne Kitto

Suicide Risk Assessment – ACT Dept Justice & Com Safety, Canberra

Mr Peter Bazzana, Mr Etienne Kitto

Treatment Based MH Skills for Comorbid Mental Health & AOD, Murrumbidgee

Ms Cherie Carlton, Dr Kitty Lo, Dr Hester Wilson

Working with People Diagnosed with Borderline Personality Disorder – Transcultural Mental Health, Cumberland

Ms Michelle Everett

Working with People who have Experienced Trauma – Transcultural Mental Health, Cumberland

Ms Michelle Everett

Postgraduate Multidisciplinary & General Practitioner Courses

Advanced Clinical Practice I (Older Person) – SDO523

Dr Diba Pourmand

Advanced Clinical Practice I (Perinatal & Infant) – SMI132

Dr Sarah Mares, Ms Beulah Warren

Advanced Clinical Practice II (Older Person) – SDO524

Dr Diba Pourmand

Advanced Clinical Practice II (Perinatal & Infant) – SMI133

Mr Peter Blake, Mr Ben Bradley, Mr Victor Evatt, Dr Jon Hyett, Dr Sarah Mares, Professor Louise Newman, Ms Julie Selke, Professor Graham Vimpani, Ms Beulah Warren

Advanced Clinical Practice in Child & Adolescent Mental Health – GMC304

Ms Christine Senediak

Advanced Clinical Practice Project (Older Person) – SMO532

Dr Diba Pourmand

Becoming a Supervisor – EMV308

Ms Julie Lindsay

Clinical Consultation I (Family Therapy) – SDF620

Ms Christine Senediak

Clinical Consultation II (Family Therapy) – SDF621

Mr Ron Perry

Clinical Perinatal & Infant Studies I – SDI121

Mr Mark Allerton, Ms Carolyn Biggs, Ms Martha Birch, Dr Robyn Dolby, Ms Carolyn Durrant, Ms Judith Edwards, Dr Kasia Kozłowska, Ms Mary Morgan, Ms Marianne Nicholson, Dr Jacqueline Small, Dr Beverley Turner, Ms Beulah Warren

Clinical Perinatal and Infant Studies II – SDI124

Ms Elke Andress, Mr Peter Blake, Mr Ben Bradley, Ms Judith Edwards, Mr Victor Evatt, Dr John Hyett, Dr Kasia Kowłowska, Dr Sarah Mares, Dr Cathy McMahon, Professor Louise Newman, Ms Julie Selke, Dr Beverley Turner, Ms Beulah Warren, Professor Graham Vimpani

Clinical Supervision (Perinatal & Infant) – SDI122

Ms Elke Andrees, Ms Vera Auerbach, Mrs Maria Kourt

Core Perinatal & Infant Studies I – SDI111

Ms Martha Birch, Dr Bijou Blick, Dr Michael Bowden, Dr Julie Campbell, Dr Sasha Campbell, Dr Robyn Dolby, Dr Jon Hyett, Dr Cathy McMahon, Dr Susan Priest, Ms Kathryn Solanki, Ms Beulah Warren

Core Perinatal & Infant Studies II – SDI113

Ms Martha Birch, Mr Peter Blake, Dr Michael Bowden, Dr Julie Campbell, Mr Victor Evatt, Dr Sarah Mares, Dr Cathy McMahon, Professor Louise Newman, Dr Susan Priest, Ms Belinda Swan, Dr Beverly Turner, Professor Graham Vimpani, Ms Beulah Warren

Cross Cultural Mental Health Care in General Practice – MVV009

Ms Susana Bluwol, Ms Jennifer Herron, Ms Trudy Jones, Ms Antonia Kapsalia, Ms Anna Kenny, Dr Winston Lo, Ms Irina Piatkov, Mr Colin Rochester, Ms Beste Tundagame

Current Debates in Child & Adolescent Mental Health – GMC302

Mr Christopher Hardwick

Current Debates in Perinatal & Infant Mental Health – SMI131

Mr Peter Blake, Mr Ben Bradley, Mr Victor Evatt, Dr Jon Hyett, Dr Sarah Mares, Professor Louise Newman, Ms Julie Selke, Professor Graham Vimpani, Ms Beulah Warren

Current Debates in Mental Health of Older Persons – SMO531

Dr Diba Pourmand

Facilitating Recovery – GCA004

Ms Kath Thorburn, Ms Sandy Watson

Foundations of Family Practice I – SDF615

Mr Brian Cade, Ms Andrea Worth

Foundations of Family Practice II – SDF616

Ms Andrea Worth

Infant Observations I – SDI112

Ms Maureen Armitage, Ms Noela Byrne, Ms Jyostna Field, Ms Maria Kourt, Ms Laurie Lovell-Symons, Ms Julie Meadows

Infant Observations II – SDI114

Ms Maureen Armitage, Ms Noela Byrne, Ms Jyostna Field, Ms Maria Kourt, Ms Laurie Lovell-Symons, Ms Julie Meadows

Introduction to Ageing & Health – SCO511

Ms Susan De Bakker, Mr Darren Cheney, Dr Jill Floyd, Dr Larissa Grund, Dr Diba Pourmand, Ms Jane Turner, Mr Paul Walker, Mr David Wong-See, Dr Joanna Wright

PERSONNEL INVOLVED IN TEACHING

Introduction to Attachment Theory – EVV025

Dr Mark Allerton, Dr Michael Bowden, Dr Sarah Mares, Dr Cathy McMahon, Ms Belinda Swan, Dr Bev Turner

Introduction to Cognitive Behaviour Therapy – EVV053

Ms Michelle Everett, Mr Chris Hardwick, Ms Alice Shires

Issues in Child & Adolescent Mental Health – SCD216

Ms Jackie Brace, Mr Craig Frazer, Ms Leanne Redman

Management and Leadership Skills in Mental Health Services I – EVV015

Ms Vicki Stanton

Management and Leadership Skills in Mental Health Services II – EVV016

Ms Michelle Everett

Managing Challenging Behaviours in Old Age – GVA029

Ms Regina McDonald

Mental Health Assessment in General Practice: Clinically Applied – MCV002

Dr Michael Bowden, Dr Justine Ellis, Mr Phil Escott, Ms Natalie Healey, Dr Elizabeth Hindmarsh, Dr Tessa Roberts, Ms Peta Woods

Mental Health Assessment in General Practice: Theory – MCV001

Dr Michael Bowden, Mr Phil Escott, Dr Justine Ellis, Ms Natalie Healey, Ms Elizabeth Hindmarsh, Dr Tessa Roberts

Mental Health Assessment of Children, Youth and Families (GP) – MVV015

Dr Raphael Chan, Ms Angela Dixon, Ms Natalie Healey, Ms Jodie Parkins

Mental Health Management in General Practice: Clinically Applied – MCV004

Ms Natalie Healey, Ms Alice Shires, Mr Phil Escott, Dr Alan Fahey, Ms Kath Thorburn

Mental Health Management in General Practice: Theory – MCV003

Ms Natalie Healey, Ms Alice Shires, Mr Phil Escott, Dr Alan Fahey, Ms Kath Thorburn

Mental Health Problems of Childhood and Adolescence I – GCC026

Ms Martha Birch, Dr Steven Dawson, Ms Karen Haye, Ms Lily Lee, Ms Christine Senediak

Mental Health Problems of Childhood and Adolescence II – GCC027

Mr Christopher Hardwick, Ms Karen Haye, Ms Lily Lee, Ms Christine Senediak, Mr Andrew Wallis

Mental Illness and Substance Abuse – EVV017

Ms Alison Bell, Mr Richard Clancy

Orientation to Child & Adolescent Mental Health I – GCC003

Ms Angela Dixon, Ms Megan Gosbee, Mr Chris Hardwick, Ms Christine Senediak, Ms Andrea Worth

Population Health Approach to Mental Health Services – GCV001

Mr Rob Hardy, Ms Lynne Kemp, Mr Roy Laube, Mr Carl Portelli, Ms Kath Thorburn, Ms Sandy Watson, Ms Josie Winsor-Dahlgren

Primary Health Care and the Older Person – SCO516

Ms Susan De Bakker, Mr Darren Cheney, Dr Jill Floyd, Dr Larissa Grund, Dr Diba Pourmand, Ms Jane Turner, Mr Paul Walker, Mr David Wong-See, Dr Joanna Wright

Psychological Disorders of the Older Person I – SCO512

Ms Susan De Bakker, Mr Darren Cheney, Dr Jill Floyd, Dr Larissa Grund, Dr Diba Pourmand, Ms Jane Turner, Mr Paul Walker, Mr David Wong-See, Dr Joanna Wright

Psychological Disorders of the Older Person II – SCO513

Ms Susan De Bakker, Mr Darren Cheney, Dr Jill Floyd, Dr Larissa Grund, Dr Diba Pourmand, Ms Jane Turner, Mr Paul Walker, Mr David Wong-See, Dr Joanna Wright

Recovery-Oriented Mental Health: Practice and Systems – GCA005

Ms Michelle Everett, Ms Kath Thorburn

Research Methods – Introduction – EDV036

Dr Ros Markham

Research Project – EMV306a,b,c

Dr Ros Markham

Special Topics in Family Therapy – EVV012

Mr Andrew Wallis

Supportive Psychotherapy in General Practice – MMV434

Dr Lindsay Carpenter, Dr Jenna Gilchrist, Ms Claudia Sannibale, Mr Biagio Sirgiovanni, Dr Stephanie Winfield

Therapeutic Perspectives in Adult Mental Health – GMA303

Ms Michelle Everett

Transcultural Mental Health Centre Workshop Series (Unit) – SC0512U

Dr Carmelo Aquilina, Mr Peter Bazzana, Mrs Suzanna DeBakker, Dr Jill Floyd, Dr Carol Gregory, Ms. Laura Hill, Mr Roy Laube, Dr Lee-Fay Low, Ms Regina McDonald, Dr Diba Pourmand, Dr Rasia Yuvarajan

Medical Practitioner Programs

Advanced Training in the Psychotherapies – ATP

MEP006 Lecturers: Dr Eva Balint, Dr Jenny Berg, Mrs Noela Byrne, Dr Robyn Dolby, Dr Evian Gordon, Dr Joan Haliburn, Dr Michael Honnery, Dr Penny Jools, Dr Lisa Lampe, Dr Isla Lonie, Dr Wayne Mason, Dr John McClean, Dr Loyola McLean, Dr Anne Noonan, Mr Ron Perry, Dr Michael Robertson, Dr Steven Spielman, Professor Gill Straker, Dr Jeff Streimer, Dr Anne-Marie Swan, Dr Eng-Kong Tan, Mrs Norma Tracey and Mrs Beulah Warren

MEP007 Lecturers: Dr Robyn Dolby, Dr Ken Israelstam, Dr Sarah Mares, Dr Wayne Mason, Professor Gillian Straker and Dr Eng-Kong Tan

MEP008 Lecturers: Dr Eva Balint, Dr Joanna Barnes, Mrs Margaret Berkovic, Dr John Boots, Mr Marc Chaussivert, Dr Louise Guyler, Dr Joan Haliburn, Dr Michael Honnery, Dr Isla Lonie, Dr Jeanette Martin, Dr Michael Moore, Dr Graig Powell, Dr Carolyn Quadrio, Professor Gill Straker, Dr Jeff Streimer, Dr Anne-Marie Swan, Dr Jim Telfer and Dr Tom Wilmot

Child, Adolescent and Family Psychiatry – CAF

Dr Mark Allerton, Dr Rose Anderson, Ms Kerryn Boland, Dr Michael Bowden, Dr Megan Chambers, Ms Annette Coulter, Dr Robyn Dolby, Ms Jenny Douglas, Dr Michael Dudley, Dr Justine Ellis, Ms Deborah Fry, Dr Shuli Futeran, Dr Claire

PERSONNEL INVOLVED IN TEACHING

Gaskin, Dr Louise Gyler, Prof Philip Hazell, Mr Anthony Hillin, Dr Rajeev Jairam, Dr Peter Krabman, Prof Rhoshel Lenroot, Mr Paul Lodge, Dr Judy Longworth, Dr Rob McAlpine, Dr Antony Milch, Mr Ron Perry, Ms Susanne Reynolds, A/Prof Jan Russell, Ms Julia Schwarz, Dr Natalie Silove, Dr Philip Tam, Dr James Wickramasuriya, Dr Catherine Wiltshire

Master of Psychiatry -MPSY (Years 1-3)

Ms Colleen Alford, Professor John Allan, Dr Megan Alle, Dr Stephen Allnutt, Professor Gavin Andrews, Dr Letitia Aydos, Dr Umesh Babu, Dr Frederica Barzi, Dr Bruce Boman, Professor Philip Boyce, Dr Amanda Bray, Mr Tom Brideson, Dr Nicholas Burns, Professor Vaughan Carr, Dr Raphael Chan, Ms Lea Crisante, Dr Jackie Curtis, Dr Matthew Davies, Dr Gary Galambos, Dr Gregory de Moore, Mr Jason Fowler, Dr Shuli Futeran, Dr Bruce Gynther, Mr Dusan Hadzi-Pavlovic, Dr Blake Hamilton, Dr Anthony Harris, Professor Phillipa Hay, Professor Philip Hazell, Professor John Hodges, Dr Rosemary Howard, Dr Greg Hugh, Professor Ernest Hunter, Dr Patrick Kelly, Dr Peter Kelly, Dr Beth Kotze, Dr Veruska Krigovsky, Professor Timothy Lambert, Professor Colleen Loo, Ms Laurie Lovell-Simons, Dr John McClean, Dr Loyola McLean, Dr Cathy McMahon, Mr Mark McMahon, Ms Alison Mahoney, Dr Ros Markham, Dr Jeanette Martin, Dr Catherine Mason, Professor Gerald Muench, Professor Philip Mitchell, Dr Anne Noonan, Dr Nick O'Connor, Dr Maryanne O'Donnell, Dr Martyn Patfield, Professor Gordon Parker, Professor Antoinette Redoblado-Hodges, Dr Paul Rhodes, Dr Michael Robertson, Ms Emma Robinson, Professor Perminder Sachdev, Dr Grant Sara, Professor Derrick Silove, Dr Jean Starling, Dr Jeff Snars, Dr Zachary Steele, Ms Leonie Sullivan, Dr Anne-Marie Swan, Dr Tad Tietze, A/Professor Julian Trollor, Dr Bev Turner, Dr Duncan Wallace, Professor Gary Walter, Dr Anne Wand, Professor Philip Ward, Professor Cyndi Shannon Weickert, Dr Edward Wims, Ms Andrea Worth, Dr Peter Wurth

Tutors – Master of Psychiatry: Dr Farideh Absalan, Dr Nazeer Ahmed, Dr Megan Alle, Dr Umesh Babu, Dr David Bell, Dr Jenny Bergen, Dr Elsa Bernardi, Dr Sasha Campbell, Dr Matthew Davies, Dr Gregory de Moore, Dr Angela Dixon, Dr Charles Doutney, Dr Joanne Ferguson, Mr Jason Fowler, Dr James Friend, Dr Vinay Gupta, Dr Jennifer Harris, Dr Millie Ho, Dr

Matthew Holton, Dr Rosemary Howard, Dr Neil Jeyasingam, Dr Stephen Koder, Dr Kath Knight, Dr Lahvinya Kulaendra, Dr Sonia Kumar, Dr Yael Levy, Dr Thomas Li, Dr George Liangas, Dr Neil Maclean, Dr Anne Noonan, Dr Andrew Pethebridge, Dr Neil Philips, Professor Joseph Rey, Dr Swapnil Sharma, Dr Andrew Singer, Dr Clive Smith, Dr Kathy Smith, Dr Ramesh Vannitamby, Dr Anne Wand, Dr Richard White, Dr Sameh Younan, Dr Rasiah Yuvarajan

Special Projects

Accredited Persons

Ms Elisabeth Barry, Mr Peter Bazzana, Mr Simon Champ, Dr Ian Ellis-Jones, Dr Joe Gardside, Mr Kevin McLaughlin, Mr William Moloney, Ms Sarah Murphy, Mr Martin Nagle, Ms Jenny Shaw

Australian Mental Health Outcomes and Classification Network (AMHOCN) Workshops

Mr Tim Coombs, Ms Rosemary Dickson

Department of Immigration and Citizenship Project

Mr Peter Bazzana, Ms Michelle Everett, Mr Etienne Kitto, Adj Prof Ros Montague

Mental Health Act Update Training

Mr Peter Bazzana, Dr Andy Cambell, Ms Raema Decent, Mr Glenn Jones, Mr Etienne Kitto, Ms Robin Scott

Mental Health Emergency Care (MHEC) Learning and Development Program

Mr Peter Bazzana, Mr Mark Coleman, Mr Mike Hayden, Ms Moira Maraun, Mr Andrew Roberts, Ms Tracy Robinson, Dr Rachel Rossiter, Mr Robin Scott

Mental Health Legislative Framework Education Project

Mr Peter Bazzana, Mr Etienne Kitto, Ms Robin Scott

Safe Start and Supporting Families Early Core Training

Dr Sarah Mares, Ms Julie Selke

School Link Training Program

Mr Anthony Hillin, Dr Robert McAlpine

E-Learning and Information Technology

The NSWIOP's E-Learning and IT Department, consisting of the IT Project Officers, Mr Paul Walker and Mr Darren Cheney have worked on numerous E-Learning projects during the reporting period, in addition to maintaining the Institute's IT network and in-house systems.

Following are the highlights and achievements for the reporting period to 30 June 2010:

School Link: With the School-Link Project reaching its conclusion, the IT Department is working closely with the School-Link coordinators Dr Rob McAlpine and Mr Anthony Hillin to collate their valuable work into one interactive CD-ROM. Some pilots have been run and approved. It is hoped that the project will reach completion during the early part of 2011.

Child and Adolescent Mental Health Services (CAMHS) podcasts: Work is underway on recording audio and visual podcasts for the CAMHS service. These podcasts are delivered online solely to AHS staff. We will shortly be working closely with Ms Tania Skippen and her colleagues to assist them in producing and uploading their own podcasts

Accredited persons online training: The Accredited Persons Online Course was revamped to address issues raised from the previous version. A new cohort of students is currently undertaking this online refresher course.

Upgraded equipment: As part of the general infrastructure upgrades, plans have been made to install state of the art equipment in all of the lecture rooms, with the addition of cameras and video conferencing equipment in Lecture Room 1.



Resources Staff: Ms Julie Kane, Mr David Wong-See, Mr Claudio DaSilva, Mr Darren Cheney, Mr Paul Walker, Ms Liz Hay

Supporting Families Early 2: Supporting Families Early (SFE) Phase 2 is about to commence following the successful delivery of the Safe Start and Supporting Families Early online modules launched in February 2010. Approximately 1500 users have undertaken the online learning modules since their inception. Much has been learned from the initial SFE online training and this learning is to be taken forward into the development of SFE 2.

E-learning focus: In the next reporting period, the E-Learning and IT Department will move from the main building to the adjacent building housing the NSWIOP library and Lecture Annexe. The move will facilitate the upgrade of equipment to take on the challenge of increasing use of audiovisuals in E-Learning. There are plans to focus more on instructional design and E-Learning development in the next reporting period. To assist our expansion into this area we are currently exploring purchasing an upgraded audiovisual suite and recording equipment, along with the hardware and software to support this. The former research clinic will be used as a small audiovisual studio for producing online training media.

Library

Information literacy and research support are provided by the Institute's librarian, Mr David Wong-See. The Institute's library provides a combination of hard copy and online resources for its staff and students. Some outreach is provided to the larger mental health community and to the general public where requested. There is a strong working relationship with the Cumberland Hospital Mental Health Library, allowing extended research and retrieval services for the Institute staff.

The library has a web presence on the Institute's website allowing access to the library's catalogue of resources and also allowing access to online resources. Access to other library catalogues, free online materials, research tutorials and vetted websites are also available through the library portal. This virtual library allows support of the Institute's student population who are located remotely or undertaking online studies.

Mr David Wong-See provided research skills training for enrolled postgraduate students of the NSWIOP, in the Literature Skills Workshop conducted on 5 March 2010.

Publications and Marketing

The 2009-2010 period has seen a continued focus on marketing and publishing, supported by the appointment of Ms Julie Kane in the role of Project Officer (Database). Ms Liz Hay continued in the role of Project Officer (Publications). The Marketing group, headed up by Ms Julia George (Business Manager) continued to boost the promotion of NSWIOP programs via electronic marketing, with regular monthly e-flyers sent to targeted groups promoting NSWIOP programs. There was also promotion via journals and media advertisements in the following publications: *Australian Doctor*; *The CAPA Quarterly* (Journal of the Counsellors and Psychotherapists Association of NSW); *NCAH Magazine* (Nursing Careers and Allied Health Magazine); *The Sydney Morning Herald* (Postgraduate Education Feature); *The Sun Herald* (Distance Education Feature); and the *Newcastle Herald* (Mental Health Month Feature).

A range of NSWIOP promotional materials such as posters, flyers, bookmarks, pens, bags and other marketing collateral was developed. NSWIOP Education Staff attended numerous conferences and forums, distributing promotional materials, presenting papers and posters, and holding information booths during the period as follows: TheMHS Conference, Perth, 1-4 September 2009; COPMI/CAMH Conference, Adelaide, 26-28 October 2009; APSAD Conference, Darwin, 1-4 November 2009; TheMHS Summer Forum: Sydney, 18-19 February 2010; MHA Conference: 'Building Resilience – from surviving to thriving': 15-16 April 2010; Happiness and its Causes Conference: Sydney, 5-6 May 2010; GPCE Conference, Sydney, 21-23 May 2010; WAIMH Congress, Leipzig, 29 June -3 July 2010.

Student Database

During 2010, the Institute's student database was taken over by Eclipse and rebranded as EduPoint. The changeover was seamless for users and Eclipse state they are dedicated to continuing to develop and support the system.

In-house user training in the use of EduPoint is ongoing in small one-on-one groups, with more acceptance and reliance on the system by staff. Data integrity has greatly improved over the reporting period with more accurate and meaningful reporting across the business.

There are ongoing efforts towards better utilisation of the system functions and their alignment with internal business processes.

Ms Julie Kane, Project Officer (Database) was responsible for the database project during the reporting period.

Vale Dr Stephanie Winfield

Our dear friend and colleague Dr Stephanie Winfield passed away peacefully in May 2010.

Dr Winfield made a rich contribution during the period of her involvement with the Institute, most recently as Head of Multidisciplinary Education. Special acknowledgement is made of Dr Winfield's contribution to the Postgraduate Course in Psychiatry/Master of Psychiatry course, to which she contributed as an author, editor, tutor and lecturer.

In her work prior to the Institute, Dr Winfield worked for many years as a private psychiatrist, with her practice mainly in psychotherapy. She was always nurturing others, and supervised many psychiatry trainees. She had a broad range of interests and eclectic skills. She had a particular interest in psychotherapy and in the philosophy of psychiatry.

Her dedication to mental health education, her enthusiasm, determination, good humour and great intellect made her a well-loved and respected member of the team. She was held in very high esteem by all who knew her.

Dr Winfield resigned from the Institute due to ill health in February 2010 and died in May.

She is sadly missed.



The NSWIOP Community Education & Outreach Program, overseen by Ms Cherie Carlton, Coordinator of Community Education, has four components:

- Courses designed specifically for consumers and carers, in conjunction with the Consumer Education Coordinator**
- Training delivered to community workers working in a range of non-government organisations**
- Investment in alcohol and other drugs education for community workers**
- Education provided direct to the community via mental health promotion events.**

Highlights of the 2009/2010 year include:

Consumer and Carer Education Program

Consumer Advocacy Course – COM002

The Consumer Advocacy Course aims to: provide consumers with the knowledge and skills necessary for them to participate in service planning, advisory groups and other networking activities; assist consumers to understand the roles of advocates and representatives with particular reference to consumer values; assist consumers to identify and reflect on the ethical dimensions and boundaries of advocacy and representation; present a model of consumer advocacy that demonstrates the distinctive features of consumer advocacy in theory & practice.

Participants: 12

Date: 28-30 October 2009

Coordinator: Ms Sandy Watson

Understanding Voices and Working Towards Recovery – RMay01

This 1-day workshop was facilitated by visiting UK speaker Dr Rufus May and focused on exploring: How do challenging voices behave? Hearing voices research, coping strategies; Forming a construct/understanding of the voice hearing experience; Ways to negotiate and live with voices; Ways of working with underlying emotions; and Recovery stories. Rufus May is a clinical psychologist working in adult mental health services in the UK. He has written articles and teaches widely on psychotic experiences and recovery processes. His approach is also influenced by his experience of psychosis at the age of 18 and his recovery.

Participants: 30

Date: 23 April 2010

Coordinators: Ms Cherie Carlton and Ms Sandy Watson

Two new workshops were piloted during the period but received insufficient registrations to proceed: 'Consumer and Carer Rights' and 'Recovery Workshop for Consumers'. These workshops will be offered again in the next reporting period.

Training series for community workers: "Foundations of Mental Health Work"

In recognition of the increasingly important role that is played by NGOs in the provision of community-based services to people with mental health problems and to demonstrate our commitment to the professional development of this valuable sector of the workforce, the NSW Institute of Psychiatry again offered this workshop series developed specifically for community workers. Foundations of Mental Health Work comprises four

introductory one-day workshops that address a range of current issues and critically analyse some key concepts in mental health. The training has been designed to maximise flexibility and to enable workshops to be taken as 'stand-alone' sessions or as a 'package'. In 2010, the original workshop "Mental Health Risk Assessment and Crisis Management" was offered as two separate 1-day workshops: "Mental Health Assessment" and "Risk Assessment and Crisis Management".

Mental Health Risk Assessment and Crisis Management – COM006

This 1-day workshop focused on exploring what do we mean by "risk" and why has risk become such a focus in mental health work? What is the purpose of "assessment"? How can we approach situations potentially involving risk? What do we mean by "crisis management" and how can we best support someone in crisis?

Participants: 17

Date: 13 October 2009

Coordinator: Ms Cherie Carlton

Mental Health Literacy – COM005

A 1-day workshop which focuses on exploring the concepts of mental health and mental ill-health and on strategies for mental health promotion and the prevention of mental ill-health. The workshop also looks at what we know about what contributes to mental ill-health and at what protects people against mental health problems and promotes mental wellness and resilience. The workshop was conducted twice during the reporting period.

Participants: 25

Dates: 4 Aug 2009 and 26 May 2010

Coordinator: Ms Cherie Carlton

Mental Health Assessment – COM015

focuses on exploring: What do we mean by "assessment"? What is the purpose of "assessment"? What are the types of

assessment used in Mental Health Work? What are the interpersonal skills required to make an effective assessment? What helps and what hinders the assessment process? How can we make an assessment using recovery orientated practice?

Participants: 3

Date: 9 June 2010

Coordinator: Ms Cherie Carlton

Supporting Recovery – COM007

explores the concept of 'recovery' in the context of mental health problems and examines the difference between 'recovery' and 'rehabilitation'. Available supports and interventions are discussed and the role of medication in managing symptoms is examined. Importantly, the workshop encourages an understanding of recovery based on the experiences of people living with mental health problems, specifically what helps and what hinders the process and what workers/services can do to facilitate a person's recovery.

To date, the feedback from participants has been extremely positive and the response to advertising indicates that the series is meeting an important need in the community sector. The workshop was conducted twice during the reporting period.

Participants: 34

Dates: 1 Dec 2009 and 15 Jun 2010

Coordinator: Ms Cherie Carlton

"Drugs and Mental Illness" Workshop Series

Due to the success of the pilot workshop series of Drugs and Mental Illness (DAMI) in 2008-2009, this workshop series was again offered in 2009-2010, in response to the identified educational needs of the NGO and community sector. A fourth workshop was also added to the series: "Suicide, Drugs and Alcohol" which will commence in the next reporting period.

Drugs, Alcohol and Mental Illness

(Introduction) – COM009

explores prevalence of co-morbid mental illness and substance use disorders. The relationship between substance use and mental illness; the effects of substance use on the central nervous system and looks at how we can best support this client group within our roles.

Participants: 41

Dates: 25 Sep 2009 & 22 March 2010

Coordinator: Ms Cherie Carlton

Drugs, Alcohol and Mental Illness

(Assessment) – COM010

further examines the purpose of assessment particularly in relationship to the complexities of substance use in the presence of a mental illness; identifies specific domains for a holistic assessment and reviews tools and strategies that may enhance the assessment process, including active and reflective listening.

Participants: 32

Dates: 26 October 2009 & 3 May 2010

Coordinator: Ms Cherie Carlton

Drugs, Alcohol and Mental Illness

(Interventions) – COM011

focuses on exploring the philosophical differences between mental health and substance misuse services; reflecting upon some of the theoretical frameworks available examining how these frameworks and interventions can be useful in our roles.

Participants: 40

Dates: 20 November 2009 & 7 June 2010

Coordinator: Ms Cherie Carlton

Suicide, Drugs and Alcohol – COM019

This new workshop was developed and offered twice during the reporting period. The workshop explores the relationship between the use of drugs, alcohol and suicidality. The workshop received insufficient registrations to proceed and will be offered again in the next reporting period.

Personality Disorders Workshop

A further workshop that was added to the Community Education program during the previous period was offered again in the 2009-2010 period:

Understanding Personality Disorders – COM017

This 1-day workshop focused on exploring the concepts of personality and personality disorder, unpacking the difficulties identified in supporting people diagnosed with a personality disorder and identifying treatment and practices that are helpful.

Participants: 26

Dates: 18 June 2010

Coordinator: Ms Cherie Carlton

Auseinet Health Promotion, Prevention and Early Intervention

As part of its Workforce Development Project, Auseinet (the Australian Network for Promotion, Prevention & Early Intervention for Mental Health) recently developed a training module called 'Understanding Mental Health & Wellbeing'. This is an introduction to the positive concept of mental health (as opposed to mental illness), mental health promotion, prevention of mental ill-health and early intervention and is designed for a wide range of target groups across diverse sectors, beyond health. Ms Cherie Carlton attended the national train-the-trainer program in Adelaide in May 2009 and as part of the NSWIOP's agreement with Auseinet, has developed a 12-month implementation plan which involves incorporating this module into the existing training programs for community workers, as well as into other relevant NSWIOP programs, and working in collaboration with the Mental Health Association in delivering

COMMUNITY EDUCATION PROGRAM (continued)

an additional 6 workshops. Training was provided throughout the reporting period on an alternating basis at NSWIOP and the Mental Health Association. Sessions were facilitated by Ms Cherie Carlton with Ms Nataly Bovopoulos and Ms Katrina Davis.

Despite the closure of Auseinet in June 2010, the NSWIOP has in conjunction with the Mental Health Association, continued to facilitate the Understanding Mental Health Promotion, Prevention and Early Intervention unit. This will continue until the end of 2010 when the resources will have concluded.

Community Connections Carnival, October 2009

The NSW Institute of Psychiatry held a free one-day community event on Thursday 8th October 2009, for Mental Health Week. The aims of the day were to promote mental health, wellbeing and resilience in the community through raising community awareness about positive mental health, reducing stigma associated with mental disorders and promoting mental health as 'everyone's business'. The day also aimed to inform the community about the importance of mental health as a major contributor to our overall 'health and wellbeing' and increase the community's awareness of strategies to enhance their wellbeing and to promote community connectedness. The day was an overall success and raised funds for two community projects: Next Level Generation and the Sydney Street Choir.

Events on the day included community performances, information stalls, health and fitness demonstrations, relaxation and craft activities, resilience workshop, food stalls, a petting zoo, horse and cart rides and a kids' activity club. Sponsors of the event included many local

businesses, organisations and individuals, who donated their time, information, goods and services to make the day a success, as follows:

- ARAFMI
- Cumberland Hospital
- Eckersley's Art & Craft Parramatta
- Education Centre Against Violence
- Gold's Gym
- Mental Health Association
- Mr Balloons
- Neverfail Spring Water
- Parramatta City Council
- Parramatta Guitar Factory
- Petnet
- Staff of the NSW Institute of Psychiatry
- Sydney Theatre Company
- Taronga Zoo
- Transcultural Mental Health Centre.



Community Connections Carnival, 2009

The Institute offers an extensive range of Continuing Professional Development (CPD) learning opportunities for students. Short workshops are offered on topics of interest or specific skills. These can be stand-alone workshops developed in response to identified needs or trends in mental health, or workshops which are already linked to one of our units of study. Many of our workshops attract professional development points from associated professional bodies.

In the reporting period to 30 June 2010, the following workshops were conducted on-campus:

Assessment in Mental Health: Principles and Practice – CPD035

A 3-day workshop for mental health professionals looking to develop or update their skills in conducting mental health assessments including Mental State Exams (MSE), Risk Assessment and Biopsychosocial Assessment.

Participants: 13

Dates: 26-28 Aug 09

Coordinator: Ms Michelle Everett

Core Skills in Family Sensitive Practice – CPD015

This 2-day workshop introduces the fundamentals of family therapy, providing an introduction to the major models of interactional family therapy such as structural, systemic, solution-focused and narrative therapies.

The workshop was offered twice during the period.

Participants: 15

Dates: 6-7 July 2009 & 6-7 May 2010

Coordinators: Mr Glenn Lerner (2010), Mr Andrew Wallis (2009)



The Education Team

Top Row L-R: Dr Ros Markham, Ms Natalie Healey,

Mr Peter Bazzana, Ms Michelle Everett, Ms Christine Senediak

Bottom Row L-R: Dr Diba Pourmand, Ms Martha Birch,

Ms Cherie Carlton, Ms Carolyn Durrant, Ms Sandy Watson

Cross Cultural Mental Health Care in General Practice Workshop – CPD030

This 2-day skills-based workshop aims to enable GPs to develop practical skills in cross-cultural mental health assessment, working with refugees and asylum seekers, pharmacology and consumer and carer perspectives.

Participants: 9

Dates: 26 Sep 09

Coordinator: Ms Natalie Healey

Facilitating Recovery – CPD027 (Presented by Helen Glover and Dr Kaly)

This 3-day workshop, designed for workers in mental health and related fields, aims to examine the notion of recovery and what constitutes practice that recognises, promotes and facilitates recovery.

Participants: 36

Dates: 21-23 Oct 09

Coordinator: Ms Michelle Everett

Facilitating Recovery: Recovery in Practice – CPD027 (Presented by Rufus May)

This 3-day workshop designed for workers in mental health and related fields aims to examine the notion of recovery and consider social contexts

and values that influence recovery, how to implement recovery oriented practice within existing services, what the obstacles might be and ways forward.

Participants: 29

Dates: 19-21 April 10

Coordinator: Ms Michelle Everett

Introduction to Cognitive Behavioural Therapy (CBT) – CPD033

This 3-day workshop introduces the fundamentals of CBT with an emphasis on the application of theory to practice and provides an opportunity for skill development. Participants are taught relaxation techniques such as thought monitoring, cognitive restructuring, problem solving, relaxation training, thought stopping and activity scheduling. The workshop was conducted twice during the period.

Participants: 41

Dates: 24 Aug-25 Aug 09 and 19 Oct 09; 22

Mar-23 Mar 10 and 17 May 10

Coordinator: Mr Chris Hardwick

Literature Workshop – WLW001

The literature skills workshop covers: identifying information sources; how to search using databases; evaluating the literature; referring to the literature; and demonstrating a link between theory and practice.

Participants: 27

Dates: 14 August 09 and 5 March 10

Coordinator: Ms Kath Thorburn

Mental Health Assessment in General Practice Workshop – CPD036

This 2-day skills based workshop aims to enable students to develop practical skills in mental health assessment.

Participants: 8

Dates: 12-13 Mar 10

Coordinator: Ms Natalie Healey

Mental Health Assessment of Children, Youth and Families – CPD038

This 1-day skills based workshop aims to

enable GPs to develop practical skills in the mental health assessment of children and young people.

Participants: 7

Date: 20 Mar 10

Coordinator: Ms Natalie Healey

Mental Health Management in General Practice – CPD037

This 2-day skills based workshop aims to enable GPs to develop practical skills in mental health management. The workshop covers CBT strategies, motivational interviewing, relaxation strategies and consumer/carer perspectives.

Participants: 9

Dates: 14-15 Aug 09

Coordinator: Ms Natalie Healey

Mental Illness and Substance Abuse Workshop – CPD013

This 3-day workshop addresses understanding and working with clients who experience both drug and alcohol problems plus mental health issues.

Participants: 8

Dates: 15 Mar-17 Mar 10

Coordinator: Ms Alison Bell

Mental Illness and Substance Misuse Workshop Series – CPD044, CPD045, CPD046

This series of 3 x 1-day workshops aims to provide participants with the opportunity to increase their skills, knowledge and understanding in working with clients who experience both drug and alcohol problems and mental health issues. The series was offered twice during the period but received insufficient registrations to proceed. The series will be offered again in the next period.

Coordinator: Ms Cherie Carlton

Mindfulness as Therapy for Adolescents Workshop – CPD040

Mindfulness is emerging as a focused psychological strategy that can have a role in treating depression, personality

disorders, pain management, substance abuse, generalised anxiety and stress management. The workshop is directed at both therapists who are new to mindfulness practices as well as those who already use mindfulness-related strategies in clinical practice.

Participants: 33

Dates: 19 Mar 10

Coordinator: Mr Anthony Hillin

Motivational Interviewing for Mental Health Workers Workshop – CPD019

This 2-day workshop aims to provide an overview of the theory and practice of motivational interviewing with a particular focus on its application within the mental health context.

This workshop was offered twice during the reporting period, but received insufficient registrations to proceed.

Coordinator: Ms Alison Bell

Practical Cognitive Assessment of Older Persons – CPD051

This 1-day workshop focuses on the principles of cognitive testing, how to test cognition in patients and how to apply cognitive tests in specific situations. Participants will learn how to use and interpret the commonest cognitive test used, the Mini Mental State Examination and then go beyond that to use Clock Drawing, the 3MS and the ACE-R tests, which allow for more sensitive testing of a wider range of cognitive domains.

Participants: 15

Date: 5 March 2010

Coordinator: Dr Diba Pourmand

Psychopharmacology for Mental Health Professionals Workshop – CPD039

This workshop presented by Professor Iain McGregor aims to assist non-medical mental health providers to better understand the current range of medication being used in Australia today for the treatment of anxiety disorders, depression, bipolar disorder, schizophrenia, ADHD & substance abuse.

Participants: 55

Dates: 29 Sep 09 and 29 April 10

Coordinator: Ms Michelle Everett

Suicide Assessment & Management Workshop (Advanced) – CPD021

This 1-day workshop aims to promote an increased understanding of the phenomena of suicide, to promote the need for a reflective and critical practice model, to stress the importance of access to good clinical supervision, to assess clinical decision-making approaches and to prepare staff to be seen as a resource within their service. This workshop was offered twice during the reporting period, but received insufficient registrations to proceed.

Coordinator: Mr Peter Bazzana

Supportive Psychotherapy in General Practice – CPD031

This 2-day workshop provides GPs with an overview of the core skills required for incorporating supportive psychotherapy into clinical practice.

Participants: 7

Date: 28-29 May 2010

Coordinator: Ms Natalie Healey

Understanding and Managing Challenging Behaviours – CPD047

Presented by Ms Laura Hill & Ms Judi Weaver

This workshop is aimed at all clinicians who intend to work with older people with dementia and those who have some experience with this group who wish to enhance their skills, primarily Assistants-in-Nursing (AINs).

Participants: 10

Date: 14 August 2009

Coordinator: Dr Diba Pourmand

Writing Skills Workshop – WSW001

The aim of the writing skills workshop is to assist students to further develop their academic writing skills.

Participants: 27

Dates: 14 August 09 and 5 March 10

Coordinator: Ms Kath Thorburn

POSTGRADUATE MULTIDISCIPLINARY COURSES

Graduate Certificate/Graduate Diploma/Masters Programs

The Institute offers a Graduate Mental Health Program which is a professional skills-based program for people working in the mental health field. Courses offered include Graduate Certificates in Mental Health – four units of study (24 credit points); Graduate Diplomas of Mental Health – an additional four units of study (48 credit points in total); and Masters of Mental Health – an additional four units of study (72 credit points in total).

This comprehensive multidisciplinary program is offered mainly by distance education. Following are the accredited postgraduate courses current at 30 June 2010:

Graduate Certificate in Mental Health (Adult)	GradCertMH(Adult)
Graduate Certificate in Mental Health (Child & Adolescent)	GradCertMH(C&A)
Graduate Certificate in Mental Health (General Practice)	GradCertMH(GP)
Graduate Certificate in Mental Health (Older Person)	GradCertMH(OlderPerson)
Graduate Diploma of Family Therapy	GradDipFamTher
Graduate Diploma of Mental Health (Adult)	GradDipMH(Adult)
Graduate Diploma of Mental Health (Child & Adolescent)	GradDipMH(C&A)
Graduate Diploma of Mental Health (General Practice)	GradDipMH(GP)
Graduate Diploma of Mental Health (Perinatal & Infant)	GradDipMH(Perinat&Inf)
Graduate Diploma of Mental Health (Older Person)	GradDipMH(OlderPerson)
Master of Family Therapy	MFamTher
Master of Mental Health (Adult)	MMH(Adult)
Master of Mental Health (Child & Adolescent)	MMH(C&A)
Master of Mental Health (General Practice)	MMH(GP)
Master of Mental Health (Perinatal & Infant)	MMH(Perinat&Inf)
Master of Mental Health (Older Person)	MMH(OlderPerson)
Master of Psychiatry	MPsychiatry

POSTGRADUATE MULTIDISCIPLINARY COURSES (continued)

Following are descriptions of the accredited postgraduate courses current at 30 June 2010:

Graduate Certificates

Graduate Certificate in Mental Health (Adult) – GCADU

This program covers theoretical knowledge and practical skills relevant to recovery-oriented practice in the mental health field. The program introduces candidates to epidemiology of mental health problems and a population health approach to the delivery of mental health care. It provides candidates with the opportunity to explore and develop recovery-oriented practices, and to analyse those factors which influence care and recovery within a mental health environment. Participant numbers are included in the Core & Elective Units section below.

Coordinator: Ms Michelle Everett

Administrative Officer: Ms Amanda Kiellor

Graduate Certificate in Mental Health (Child & Adolescent) – GCCHI

This program introduces candidates to epidemiology and the population health context of mental health problems, and theoretical and practical skills for clinical work with children, adolescents and families. Participant numbers are included in the Core & Elective Units section below.

Coordinator: Ms Christine Senediak

Administrative Officer: Ms Amanda Kiellor

Graduate Certificate in Mental Health (Child & Adolescent) – GCCHI (GWAHS) Special project: Greater Western Area Health Service.

In 2009-2010, a specialised Graduate Certificate in Mental Health (Child & Adolescent) was developed for selected health workers of the Greater Western Area Health Service (GWAHS). Participant numbers are included in the Core & Elective Units section below.

Coordinator: Ms Christine Senediak

Administrative Officer: Ms Amanda Kiellor

Graduate Certificate in Mental Health (General Practitioner) – GCGP

This course aims to enable students to build on their existing experience within the field of health care delivery to meet the mental health assessment and management needs within their current and future general practice work environment. Participant numbers are included in the Core & Elective Units section below.

Coordinator: Ms Natalie Healey

Administrative Officer: Ms Corinne Warby

Graduate Certificate in Mental Health (Older Person) – GCOLD

The Certificate Program provides an overview of general concepts in: mental health of older persons; healthy ageing; identification; assessment; clinical features; treatment and types of available services for the most common disorders; and prevention and promotion. Participant numbers are included in the Core & Elective Units section below.

Coordinator: Dr Diba Pourmand

Administrative Officer: Ms Erica Khattar

Graduate Diplomas

Graduate Diploma of Family Therapy – GDFAM

The Diploma Program equips candidates with knowledge of the history & development of family therapy, a solid understanding of the principles of interactional/systemic thinking and ability to apply this critically to the assessment and management of families. A range of interventions is covered enabling participants to work with families with varied presenting problems. Participant numbers are included in the Core & Elective Units section below.

Coordinator: Ms Christine Senediak.

Administrative Officer: Ms Erica Khattar

Graduate Diploma of Mental Health (Adult) – GDADU

This program of study introduces a range of issues designed to encourage

development of knowledge and skills according to the professional interests of the candidate. It also provides opportunities for candidates to explore new areas of interest, in a range of areas including counselling and therapies, rehabilitation, supervision and leadership, and working with specific groups across the lifespan. Participant numbers are included in the Core & Elective Units section below.

Coordinator: Ms Michelle Everett

Administrative Officer: Ms Amanda Kiellor

Graduate Diploma of Mental Health (Child & Adolescent) – GDCHI

This program of study introduces a range of professional issues designed to encourage the development of professional knowledge and skills in the area of child and adolescent mental health. Units are selected depending on the professional interests of the candidate. This program of study prepares health professionals to develop their clinical skills and knowledge. Participant numbers are included in the Core & Elective Units section below.

Coordinator: Ms Christine Senediak

Administrative Officer: Ms Amanda Kiellor

Graduate Diploma of Mental Health (Perinatal & Infant) – GDINF

This course of study provides theoretical and practical knowledge for clinical work using a relationship-based approach with infants, care-givers and families in a variety of settings; and for roles in service and policy development and delivery. Students are required to have work experience in the area of infants/young children and their families. Participant numbers are included in the Core & Elective Units section below.

Course Coordinator: Dr Sarah Mares (from 1 July 2009 to 4 March 2010). The new course coordinator will be advised in the next reporting period.

Administrative Officer: Ms Amelia Hatch

POSTGRADUATE MULTIDISCIPLINARY COURSES (continued)

Graduate Diploma of Mental Health (General Practitioner) – GDGP

This course aims to enable students to further build on their existing experience within the field of health care delivery to meet the mental health assessment and management needs within their current and future general practice work environment. Participant numbers are included in the Core & Elective Units section below.

Coordinator: Ms Natalie Healey

Administrative Officer: Ms Corinne Warby

Graduate Diploma of Mental Health (Older Person) – GDOLD

The Graduate Diploma builds on the Graduate Certificate Program of study and aims to broaden students' advanced diagnostic, evaluation and intervention skills in relation to mental health of older persons. Its focus is on history and different contemporary therapeutic interventions in an applied and practical ground. Participant numbers are included in the Core & Elective Units section below.

Coordinator: Dr Diba Pourmand

Administrative Officer: Ms Erica Khattar

Master of Mental Health (Adult) – MADUC (Clinical), MADUR (Research)

This program is designed to prepare students to take on positions of leadership in the adult mental health field. This program emphasises independent study and specialisation and is structured to develop integrated theoretical and practical skills and competencies. As with the Graduate Certificate and the Graduate Diploma, a recovery philosophy continues to underpin the Masters program. Participant numbers are included in the Core and Elective Units section below.

Coordinator: Ms Michelle Everett

Administrative Officer: Ms Amanda Kiellor

Master of Mental Health (Perinatal & Infant)

– MINFC (Clinical) and MINFR (Research)

This program is designed to equip professionals working in the area of infant mental health with appropriate, comprehensive, clinical and academic skills for providing leadership within the discipline. There is an emphasis on developing students' critical thinking, analysis and awareness of current debates within the area. Participant numbers are included in the Core and Elective Units section below.

Coordinator: Dr Sarah Mares (from 1 July 2009 to 4 March 2010). The newly

appointed course coordinator will be advised in the next reporting period.

Administrative Officer: Ms Amelia Hatch



The Administration Team: L-R: Ms Lauren Clark, Ms Agnes D'Souza, Ms Helen Mannah, Ms Amelia Hatch, Ms Gerry Durcan, Ms Joanne Morgan, Ms Amanda Kiellor, Ms Corinne Warby, Ms Marion Cheeseman

Master of Mental Health (Older Person) – MOLDC (Clinical) and MOLDR (Research)

This program is designed to enhance specialised skills in the area of mental health of the older person. Current, complex and diverse aspects that have an impact on clinical presentations and continuum of care

will be covered. Students are required to complete a supervised original project that is feasible within the timeframe.

This project will help them to develop their critical thinking, examine models of practice and demonstrate competence in analysing and solving clinical problems with a creative and systematic design. Participant numbers are included in the Core and Elective Units section below.

Coordinator: Dr Diba Pourmand

Administrative Officer: Ms Erica Khattar

Master Programs

Master of Family Therapy (Clinical) – MFAMC

This program is designed to enhance specialist skills in the area of family therapy practice. Candidates specialise in clinical practice in this program. Sensitivity to culture, difference and power differentials is encouraged and the way these factors influence clinical presentations and response to treatment. Participant numbers are included in the Core and Elective Units section below.

Coordinator: Ms Christine Senediak

Administrative Officer: Ms Erica Khattar

Master of Mental Health (Child & Adolescent) – MCHIC (Clinical) and MCHIR (Research)

This program is designed to prepare students for positions of leadership in the area of child and adolescent mental health. The program emphasises independent study and enquiry and is structured to develop integrated theoretical and practical skills and competencies. Participant numbers are included in the Core and Elective Units section below.

Coordinator: Ms Christine Senediak

Administrative Officer: Ms Amanda Kiellor

Master of Mental Health (General Practitioner)

– MGPC (Clinical) and MGPR (Research)

The course builds on students' prior learning to further extend their skills in

POSTGRADUATE MULTIDISCIPLINARY COURSES (continued)

managing mental health problems in the general practice setting. Candidates will have the opportunity to meet the training requirements for the Better Outcomes in Mental Health Care (BOIHM) initiative and receive QA&CPD points from the RACGP. Participant numbers are included in the Core and Elective Units section below.

Coordinator: Ms Natalie Healey

Administrative Officer: Ms Corinne Warby

Core and Elective Units

Following are details of the core and elective units for the Postgraduate Multidisciplinary & GP programs conducted during the period 1 July 2009 to 30 June 2010:

Advanced Clinical Practice I (Perinatal & Infant) – SMI132

The unit aims to integrate students' knowledge of infant psychopathology into clinical practice through development of skills in assessment of at-risk families, identification and diagnosis of biopsychosocial pathology and treatment.

Participants: 3

Dates: 22 Feb 10 to 18 Jun 10

Coordinator: Ms Martha Birch

Advanced Clinical Practice I (Older Person) – SDO523

The focus of this unit is on providing core skills in working with older persons.

Participants: 3

Dates: 22 Feb 10 to 18 Jun 10

Coordinator: Dr Diba Pourmand

Advanced Clinical Practice II (Perinatal & Infant) – SMI133

The focus of this unit is on leadership, consultancy and advocacy, as responsibilities of the Infant Mental Health Specialist.

Participants: 8

Dates: 27 Jul 09 to 20 Nov 09

Coordinator: Dr Sarah Mares

Advanced Clinical Practice II (Older Person) – SDO524

This unit provides an overview of current therapeutic interventions in working with the elderly.

Participants: 4

Dates: 27 Jul 09 to 20 Nov 09

Coordinator: Dr Diba Pourmand



Multidisciplinary Mental Health

Program Coordinators:

L-R: Ms Martha Birch, Ms Michelle Everett,

Ms Christine Senediak, Dr Diba Pourmand

Advanced Clinical Practice in C&A Mental Health – GMC304

This unit provides students with the opportunity to critically evaluate current therapeutic models of practice for child and adolescent mental health presentations.

Participants: 1

Dates: 27 Jul 09 to 20 Nov 09

Coordinator: Ms Christine Senediak

Advanced Clinical Practice (Family Sensitive Practice) – SMF632

This unit extends on EVV012 and aims to enhance awareness and critical thinking of issues related to complex family presentations and diverse populations and contemporary issues that affect therapists working with families.

Participants: 2

Dates: 27 Jul 09 to 20 Nov 09

Coordinator: Ms Christine Senediak

Advanced Clinical Practice: Management of Complex Comorbidities in General Practice – MMV432

This unit aims to enhance students' knowledge of an exposure to treatment planning, evidence-based practice and the pharmacological and psychotherapeutic interventions for the management of complex comorbid presentations in general practice.

Participants: 5

Dates: 27 Jul 09 to 20 Nov 09

Coordinator: Ms Natalie Healey

Advanced Clinical Practice Project 1 (Older Person) – SMO532

In this unit, students will gain advanced knowledge in identification, assessment and application of different models of intervention and integrate that with their theoretical knowledge.

Participants: 3

Dates: 22 Feb 10 to 18 Jun 10

Coordinator: Dr Diba Pourmand

Becoming a Supervisor – EMV308

This subject provides students with a comprehensive framework for establishing effective models of clinical supervision.

Participants: 6

Dates: 27 Jul 09 to 20 Nov 09

Coordinator: Ms Christine Senediak

Clinical Consultation I (Family Therapy) – SDF620

This unit focuses on developing confidence and skills in applying family therapy interventions in clinical work.

Participants: 4

Dates: 27 Jul 09 to 20 Nov 09

Coordinator: Ms Christine Senediak

Clinical Consultation II (Family Therapy) – SDF621

This unit follows on from SDF620 and focuses on clinical case presentations with students presenting cases for consultation, integrating topic areas

POSTGRADUATE MULTIDISCIPLINARY COURSES (continued)

covered throughout the course.

Participants: 4

Dates: 27 Jul 09 to 20 Nov 09

Coordinator: Ms Christine Senediak

Clinical Perinatal & Infant Studies I – SDI121

This unit aims to build on the knowledge gained in Year 1. The course material connects clinical presentations and psychosocial problems in infants, toddlers and their families, in a range of settings.

Participants: 4

Dates: 22 Feb 10 to 18 Jun 10

Coordinator: Ms Martha Birch

Clinical Perinatal & Infant Studies II – SDI124

This unit aims to consolidate knowledge of the contexts in which psychosocial problems occur in infants, toddlers & families & how problems can be addressed.

Participants: 14

Dates: 27 Jul 09 to 20 Nov 09

Coordinator: Dr Sarah Mares

Clinical Supervision (GP) Year 3 – EMV309-GP

This unit aims to provide students with a theoretical framework for reflection and evaluation of therapeutic interventions undertaken in their clinical practice. Students develop and advance skills through active clinical review of their casework and clinical practice. Students are encouraged to continue the practice of regular clinical supervision to support mental health care delivery.

Participants: 2

Dates: 27 Jul 09 to 20 Nov 09

Coordinator: Ms Natalie Healey

Clinical Supervision (Perinatal & Infant) – SDI122

Students participate in weekly group supervision. The aim is to assist students to apply theoretical course material to the assessment, formulation & implementation of interventions with infants, toddlers and their families.

Participants: 19

Dates: 27 Jul 09 to 20 Nov 09

Coordinator: Dr Sarah Mares

Core Perinatal & Infant Studies I – SDI111

This unit aims to provide an overview of the field of infant mental health and its theoretical and philosophical underpinnings.

Participants: 19

Dates: 22 Feb 10 to 18 Jun 10

Coordinator: Ms Martha Birch

Core Perinatal & Infant Studies II – SDI113

This unit aims to build on the content of SDI111 and examines the principles of a population health approach to practice, as well as current issues in developmental processes from birth to three years of age in a multicultural society.

Participants: 3

Dates: 27 Jul 09 to 20 Nov 09

Coordinator: Dr Sarah Mares

Cross Cultural Mental Health Care In General Practice – MVV009

The aims of this unit are to improve the skills, knowledge and confidence of students working with patients with mental health problems from culturally and linguistically diverse backgrounds.

Participants: 7

Dates: 27 Jul 09 to 20 Nov 09

Coordinator: Ms Natalie Healey

Current Debates in Child & Adolescent Mental Health – GMC302

This unit critically analyses contemporary theoretical frameworks for understanding child and adolescent mental health.

Participants: 3

Dates: 22 Feb 10 to 18 Jun 10

Coordinator: Ms Christine Senediak

Current Debates in Perinatal & Infant Mental Health – SMI131

The unit aims to enhance student awareness and critical thinking about

complex issues in infant mental health and current social and theoretical debates in the field.

Participants: 3

Dates: 22 Feb 10 to 18 Jun 10

Coordinator: Ms Martha Birch

Current Debates in Mental Health of Older Persons – SMO531

This unit explores critical and analytical interpretations of concepts related to mental health of older persons.

Participants: 2

Dates: 22 Feb 10 to 18 Jun 10

Coordinators: Dr Diba Pourmand

Current Debates in Primary Mental Health Care: Policy & Politics – MMV431

This unit aims to enhance students' awareness and analysis of the complex factors which impact on the provision of mental health care in general practice.

Participants: 1

Dates: 22 Feb 10 to 18 Jun 10

Coordinator: Ms Natalie Healey

Facilitating Recovery – GCA004

The unit aims to provide students with an appreciation of the diversity of personal recovery experiences and to determine the characteristics of mental health practice that recognise, support and promote people's self-directed recovery from mental illness.

Participants: 16

Dates: 22 Feb 10 to 18 Jun 10

Coordinators: Ms Kath Thorburn/Ms Sandy Watson

Foundations of Family Therapy Models I – SDF615

This unit examines the history of family therapy, early models and techniques and the major ideas that have influenced the development of family therapy to the current day.

Participants: 8

Dates: 22 Feb 10 to 18 Jun 10

Coordinators: Ms Andrea Worth

POSTGRADUATE MULTIDISCIPLINARY COURSES (continued)

Foundations of Family Therapy Models II – SDF616

This unit examines the history of family therapy, early models and techniques and the major ideas that have influenced the development of family therapy to the current day.

Participants: 2

Dates: 27 Jul 09 to 20 Nov 09

Coordinators: Ms Andrea Worth

Independent Study – EVV050

This unit is designed to accommodate students who have a particular interest or area of inquiry. With the support of a supervisor, students identify a specific area of study, appropriate methods for engaging with the topic & assessment procedures to demonstrate learning.

Participants: 5

Dates: 27 Jul 09 to 20 Nov 09

and 22 Feb 10 to 18 Jun 10

Coordinators: Ms Michelle Everett,

Ms Natalie Healey, Dr Sarah Mares,

Dr Diba Pourmand, Ms Christine Senediak

Infant Observations I – SDI122

Students establish contact with a family with a baby and begin regular observation of the baby at home, which continues throughout the year.

Participants: 18

Dates: 27 Jul 09 to 20 Nov 09

and 22 Feb 10 to 18 Jun 10

Coordinator: Ms Noela Byrne

Infant Observations II – SDI114

This unit builds on SDI112. Students continue to observe the infant in his or her home and participate in weekly supervision.

Participants: 11

Dates: 27 Jul 09 to 20 Nov 09

and 22 Feb 10 to 18 Jun 10

Coordinator: Ms Noela Byrne

Introduction to Ageing and Health – SCO511

The unit introduces general concepts of health and ageing and covers core

concepts in normal ageing, demographic characteristics, biology, social theories & psychological aspects of ageing.

Participants: 14

Dates: 22 Feb 10 to 18 Jun 10

Coordinator: Dr Diba Pourmand

Introduction to Attachment Theory – EVV025

The aim of this unit is to provide an overview of Attachment Theory and a framework for assessment of infant, child and adult attachment.

Participants: 7

Dates: 27 Jul 09 to 20 Nov 09

Coordinator: Ms Martha Birch



The Accounts Team

Ms Subha Balachandar, Mr Rich Glover,

Mr Manpreet Singh, Mr Alam Muhammad

Introduction to Cognitive Behaviour Therapy (CBT) – EVV053

This unit introduces the fundamentals of CBT with an emphasis on the application of theory to practice.

Participants: 18

Dates: 27 Jul 09 to 20 Nov 09

and 22 Feb 10 to 18 Jun 10

Coordinator: Mr Chris Hardwick

Management and Leadership Skills I – EVV015

This unit aims to provide students with the opportunity to develop skills and knowledge associated with management

& leadership and to encourage students to analyse those factors which influence management and leadership within a mental health environment.

Participants: 12

Dates: 22 Feb 10 to 18 Jun 10

Coordinator: Ms Michelle Everett

Management and Leadership Skills II – EVV016

Management and Leadership II aims to provide students with the opportunity to examine some of the complex and challenging tasks or issues associated with management of mental health services, eg. strategic planning, management of change, clinical governance and health economics.

Participants: 1

Dates: 27 Jul 09 to 20 Nov 09

Coordinator: Ms Michelle Everett

Managing Challenging Behaviours in Old Age – GVA029

This unit aims to develop assessment and management skills for health professionals who are working with older adults with mental health issues that elicit problematic behaviour.

Participants: 2

Dates: 27 Jul 09 to 20 Nov 09

Coordinator: Ms Regina McDonald

Lecturer: Ms Regina McDonald

Mental Health Assessment in General Practice: Clinically Applied – MCV002

Students are encouraged to apply theoretical knowledge acquired through MCV001 and to advance clinically applied assessment skills by focusing on key techniques such as interviewing skills, mental state examination and formulation.

Participants: 7

Dates: 22 Feb 10 to 18 Jun 10

Coordinator: Ms Natalie Healey

Mental Health Assessment in General Practice: Theory – MCV001

This unit of study aims to provide the student with an opportunity to reflect on and improve their current mental health

POSTGRADUATE MULTIDISCIPLINARY COURSES (continued)

assessment practices.

Participants: 7

Dates: 22 Feb 10 to 18 Jun 10

Coordinator: Ms Natalie Healey

Mental Health Assessment of Children, Youth and Families – MVV015

This unit provides an overview of child and adolescent mental health problems relevant to general practitioners. These issues are discussed in the context of family and from a perspective of childhood development.

Participants: 4

Dates: 22 Feb 10 to 18 Jun 10

Coordinator: Ms Natalie Healey

Mental Health Management in General Practice: Clinically Applied – MCV004

This unit of study aims to clinically apply the theory introduced in MCV003. Practice and principles of the therapeutic approaches are covered in regard to different patient groups and different treatment modalities.

Participants: 9

Dates: 27 Jul 09 to 20 Nov 09

Coordinator: Ms Natalie Healey

Mental Health Management in General Practice: Theory – MCV003

This unit of study equips the student with the skills and knowledge to assist them to make evidence-based decisions relevant to the appropriate psychological and psychopharmacological management of mental health problems.

Participants: 9

Dates: 27 Jul 09 to 20 Nov 09

Coordinator: Ms Natalie Healey

Mental Health Problems of Childhood and Adolescence I – GCC026

This unit is the first of two units providing a comprehensive overview of child and adolescent problems.

Participants: 11

Dates: 22 Feb 10 to 18 Jun 10

Coordinator: Ms Christine Senediak

Mental Health Problems of Childhood and Adolescence I – GCC026 (GWAHS)

This unit conducted specifically for staff of the Greater West Area Health Service is the first of two units providing a comprehensive overview of child and adolescent problems.

Participants: 13

Dates: 22 Feb 10 to 18 Jun 10

Coordinator: Ms Lisa Clement

Mental Health Problems of Childhood and Adolescence II – GCC027

This unit is the second of two units providing a comprehensive overview of child and adolescent mental health



The Executive Team

Dr Kerri Brown, Adj Prof Ros Montague,

Ms Julia George, Dr Michael Bowden

problems with a specific focus on assessment, classification and treatment of specific emotional and behavioural problems.

Participants: 9

Dates: 27 Jul 09 to 20 Nov 09

Coordinator: Ms Christine Senediak

Mental Illness & Substance Abuse – EVV017

This unit aims to promote understanding of mental illness and the impact of substance abuse on health care outcomes.

Participants: 7

Dates: 27 Jul 09 to 20 Nov 09 and 22 Feb 10 to 18 Jun 10

Coordinator: Ms Alison Bell

Orientation to C&A Mental Health – GCC003

This unit provides an overview of the core skills required for clinical practice with children, adolescents and their families.

Participants: 7

Dates: 22 Feb 10 to 18 Jun 10

Coordinator: Ms Andrea Worth

Orientation to C&A Mental Health – GCC003 (GWAHS)

This unit conducted specifically for staff of the Greater West Area Health Service provides an overview of the core skills required for clinical practice with children, adolescents and their families.

Participants: 17

Dates: 27 Jul 09 to 20 Nov 09

Coordinator: Ms Lisa Clement

Population Health Approach to Mental Health Services – GCV001

This unit addresses the key principles of a population health model to mental health promotion, prevention of illness and disability and the provision of treatment and rehabilitation.

Participants: 15

Dates: 27 Jul 09 to 20 Nov 09

Coordinator: Ms Kath Thorburn

Primary Health Care and the Older Person – SCO516

This is a unit that aims to advance the general knowledge of students in core topics of prevention, promotion and primary health care of older persons.

Participants: 11

Dates: 27 Jul 09 to 20 Nov 09

Coordinator: Dr Diba Pourmand

Psychological Disorders of Older Person I – SCO512

The unit outlines a range of the most prevalent mental health disorders in older persons. It provides a general overview

of neuropsychology, specific aspects in clinical interview, delirium, dementia and general issues in working with older people.

Participants: 13

Dates: 22 Feb 10 to 18 Jun 10

Coordinator: Dr Diba Pourmand

Psychological Disorders of Older Person II – SCO513

This subject summarises a range of different disorders in older persons including: mood disorder, schizophrenia related disorders, anxiety, somatoform symptoms, substance misuse, and personality disorders.

Participants: 14

Dates: 27 Jul 09 to 20 Nov 09

Coordinator: Dr Diba Pourmand

Recovery-Oriented Mental Health Practice and Systems – GCA005

This unit explores what it means to work from a recovery orientation. The unit explores what informs current understandings of mental health and mental illness, and explores issues relating to classification and diagnosis.

Participants: 6

Dates: 27 Jul 09 to 20 Nov 09

Coordinator: Kath Thorburn

Research Methods - Introduction – EDV036

This unit provides an introduction to research design. The focus is on learning about methods of conducting research and how to critically analyse the research literature.

Participants: 17

Dates: 27 Jul 09 to 20 Nov 09 and 22 Feb 10 to 18 Jun 10

Coordinator: Dr Roslyn Markham

Research Project – EMV306

The aim of the unit is to provide students with research experience including practical skills in conducting critical literature reviews and research formulation through to presentation.

Participants: 1

Dates: 27 Jul 09 to 20 Nov 09 and 22 Feb 10 to 18 Jun 10

Coordinator: Dr Roslyn Markham

Special Topics in Family Therapy – EVV012

This unit presents contemporary, commonly presented issues in family therapy.

Participants: 1

Dates: 27 Jul 09 to 20 Nov 09

Coordinator: Ms Christine Senediak

Supportive Psychotherapy in General Practice – MVV434

Supportive Psychotherapy is a widely practised form of individual psychotherapy which involves supporting the patients' defences, reducing anxiety and enhancing the patient's adaptive skills.

Participants: 6

Dates: 22 Feb 10 to 18 Jun 10

Coordinator: Ms Natalie Healey

Therapeutic Perspectives in Adult Mental Health – GMA303

This unit has been developed to enhance the student's awareness of a range of psychotherapeutic frameworks and develop some key skills that emerge from each of these approaches.

Participants: 2

Dates: 27 Jul 09 to 20 Nov 09

Coordinator: Ms Christine Senediak

Transcultural Mental Health Centre Workshop Series (Unit) – SC0512U

This unit for Transcultural Clinicians is designed to provide an advanced understanding of the theory and practice of mental health presentations in older people.

Participants: 3

Dates: 22 Feb 10 to 18 Jun 10

Coordinator: Dr Diba Pourmand

The Medical Practitioner Programs conducted by the Institute include: Advanced Training in the Psychotherapies (ATP); Child, Adolescent and Family Psychiatry (CAFP); General Practitioner Postgraduate Mental Health Education Programs; and the Master of Psychiatry (MPSY)/Postgraduate Course in Psychiatry (PCP).

Advanced Training in the Psychotherapies – ATP

These programs in Advanced Training in the Psychotherapies are offered via weekly evening lectures on the premises of the Royal Australian and New Zealand College of Psychiatrists (RANZCP) to trainees in metropolitan Sydney, and via a Distance Education DVD training program for interstate and regional trainees. The following units of study were offered during the reporting period 1 July 2009 to 30 June 2010:

Core Training in Psychotherapies – MEP006

This program provides accredited Advanced Training in the Psychotherapies for psychiatric trainees who have completed basic training and are entering advanced training. The program also enables RANZCP Fellows and other specialists in Psychiatry to extend their training in the field. It introduces the fundamentals of psychotherapeutic approaches in four chapters being psychodynamic, brief and structured (IPT, CBT etc) psychotherapies, group and couples/family therapies. This training program is coordinated by the NSW RANZCP Director of Advanced Training in the Psychotherapies and related training committee.

Participants: 8

Dates: 1 Jul 09 to 23 Sep 09 and 4 Mar 10 to 30 Jun 10

Coordinator: Dr Jeffrey Streimer

Advanced Training in Psychotherapies (IDP) Year 1 – MEP007

This program provides accredited advanced training in the Psychotherapies for psychiatric trainees who have completed basic training and are entering advanced training. The program also enables Fellows of the College to extend their training in the field. It follows the Core Training and develops the psychodynamic therapies chapter which continues as MEP008 Advanced Training in Psychotherapies (IDP) Year 2. This training program is coordinated by the NSW RANZCP Director of Advanced Training in the Psychotherapies and related training committee.

Participants: 5

Dates: 14 Oct 09 to 16 Dec 09

Coordinator: Dr Jeffrey Streimer

Advanced Training in Psychotherapies (IDP) Year 2 – MEP008

This program provides accredited advanced training in the Psychotherapies for psychiatric trainees, RANZCP Fellows and other psychiatrists who have completed basic training, Core Training in Psychotherapies (MEP006) and Advanced Training in Psychotherapies IDP Year 1 (MEP007). The program also enables Fellows of the College to continue their training in the field. It develops and completes the psychodynamic therapies chapter. This training program is coordinated by the NSW RANZCP Director of Advanced Training in the Psychotherapies and related training committee.

Participants: 8

Dates: 1 Jul 09 to 16 Dec 09 and 5 Mar 10 to 30 Jun 10

Coordinator: Dr Jeffrey Streimer

Child, Adolescent and Family Psychiatry – CAFP

This two-year course is intended for Medical Practitioners who have completed Basic Training in Psychiatry and who wish to pursue Advanced Training in Child, Adolescent and Family Psychiatry. The course is accredited with the Royal Australian and New Zealand College of Psychiatrists (RANZCP).

The course complements clinical placements in Child and Adolescent Psychiatry and forms the formal education component of the training experience required by the RANZCP. Successful completion of the course, along with completion of other RANZCP training requirements, leads to the award of the RANZCP Certificate of Advanced Training in Child and Adolescent Psychiatry and membership of the RANZCP Faculty of Child and Adolescent Psychiatry.

The course is also open to Fellows of the RANZCP who wish to further study in this subspecialty, and to Paediatrician trainees who are enrolled in the Dual Fellowships Training Program (DFTP), a program jointly run by the RANZCP and the Royal Australian College of Physicians (Paediatrics).

The course attracted new enrolments from 3 trainees over the year. One trainee completed training during this period and 2 trainees deferred training during the year. One trainee returned to training. A total of twelve (12) trainees participated in the course during the period.

Dr Michael Bowden continued in the role of Director of Training, Child, Adolescent and Family Psychiatry. Many Psychiatrists, Clinical Psychologists, Social Workers, Allied Health Staff, Paediatricians and Department of Community Services workers, amongst others, contributed

MEDICAL PRACTITIONER COURSES (continued)

their expertise in presenting seminars and supervising the trainees during the year and all made a highly valued contribution that ensured the training program delivered a high standard of education to the trainees.

Links with training programs interstate and in New Zealand continued to be developed, with the continuation of regular video conferences.

Dr Jacqueline Canessa completed training during this period. New trainees this year were Dr Anjana Ferns, Dr Ursula Ptok and Dr Sameh Younan. Dr Jennifer Harris and Dr Ayesha Sarfraz took a break from training during this period. Dr Cybele Dey returned to training.

General Practitioner Mental Health Education Program

Head of Medical Programs:

Dr Michael Bowden

Course Coordinator: Ms Natalie Healey

GP Consultant: Dr Therese Roberts

Administrative Officer: Ms Corinne Warby

Highlights and achievements

Funding

The NSW Department of Health kindly provided ongoing funding for 2009-2010. The funding provides General Practitioners with the opportunity to study at a postgraduate level under a scholarship program.

The Diversity Health Institute and the Transcultural Mental Health Centre continued to provide a scholarship program for GPs enrolled in the Cross Cultural Mental Health Care in General Practice unit of study (MVV009).

Graduands

Two General Practitioners graduated from the Master of Mental Health (GP) program in April 2010. Dr Kerri Parnell and Dr Samantha Stevens bring the number of GPs to have attained a Master of Mental Health (General Practice) in Australia to a total of four.

Testimonials from the graduates:

"I recently completed a Masters of Mental Health (General Practitioner) at the NSW Institute of Psychiatry. Soon after beginning the course, my confidence in dealing with mentally ill patients improved, and my approach became more organised, disciplined and structured. In particular, learning to develop a considered formulation for each patient helped focus my care for these patients. I also honed my diagnostic skills and learned valuable new skills, such as CBT. The course enabled me to deal more effectively with abnormal illness behaviour, common in general practice, and work with patients to recognise the underlying cause of their symptoms, rather than continue to pursue physical investigations. I firmly believe the course has significantly enhanced my ability to help my patients."

(Masters Graduate, Dr Kerri Parnell, June 2010)



"I enjoyed the experience of doing the Masters degree in Mental Health (General Practitioner). The course was well run and manageable for busy doctors, with mostly telephone conferences and distance education course work. The Institute course advisors are helpful and supportive. After ten years or so out of study it was good to go back to academia and engage in some critical thinking about mental health management. I found the advice from participating psychiatrists and other supervisors during teleconferences particularly helpful, especially for problem solving some of the difficulties encountered in the delivery of mental health care in general practice. The further study involved has greatly enhanced my practice by the improvement of knowledge base and skills and has increased my work satisfaction by lowering my stress levels during difficult consultations! I recommend this course as either the year long



Diploma courses or the full three year Masters degree to all general practitioners with an interest in rounding out their knowledge base."

(Masters Graduate, Dr Samantha Stevens, June 2010)

One student graduated from the Diploma of Mental Health (GP) in April 2010: Dr Christopher An.

Eight students graduated from the Graduate Certificate in Mental Health (GP) in April 2010: Dr Young Hi Cho, Dr Imitiaz Ahmad, Dr Kris Kandasamy, Dr Denise Kent, Dr Ricki Kimbell, Dr Christine Lopacinski, Dr Nina Low and Dr Mark O'Reilly.

Current student feedback and evaluation
Following is a summary of feedback provided by the students who completed the 'Mental health assessment in general practice: Theory & Clinically Applied – MCV001 & MCV002' units of study in Semester 1, 2010.

Students reported that they learnt how to complete a mental health examination and a psychiatric assessment through the process of completing case presentations, written mental health assessment and submitting case study assessments. Students also commented that the combination of delivery methods - the ability to access the course online, articles on various subjects, access to a broad range of teaching materials, the skills-based workshop, the telephone tutorials with other students and a facilitator, and the assignments - challenged thinking and reinforced knowledge, and enhanced the overall quality of the course. Students reported having the opportunity to engage in discussions with the tutor, especially about difficult cases arising in general practice, were most beneficial. Many of the students enjoyed the flexibility of the course and sharing knowledge and ideas via interactions with fellow students. Students also reported the development of academic skills including how to research journal articles, as well as how to write and submit assignments electronically.

Following is a summary of feedback provided by the students who completed

the 'Supportive Psychotherapy in General Practice – MMV434' unit of study in Semester 1, 2010:

Students reported that they found this unit very practical and applicable to general practice. The textbook and the readings were described as interesting and relevant to General Practice setting. Students also reported that they enjoyed the Moodle discussion groups where they enjoyed engaging in debate and sharing of ideas. The weekend workshop was the most useful aspect as it allowed the opportunity to ask questions and help 'crystallise' concepts from study materials.



Supportive Psychotherapy students, May 2010

Following is a summary of feedback provided by the students who completed the 'Mental Health of Children, Youth and Families – MMV015' unit of study in Semester 1, 2010:

Students thought the assessments were relevant and the research and study for the assessments enhanced their clinical practice. The workshop was described as 'great' and they enjoyed the session with teenager role plays.

Accreditation

The NSW Institute of Psychiatry is a registered Accredited Provider with the Royal Australian College of General Practitioners (RACGP).

Ms Natalie Healey, Dr Tessa Roberts and Ms Jenn Herron are accredited Education Activity Representatives (EAR) with the Royal Australian College of General

Practitioners (RACGP), General Practice Mental Health Standards Collaboration (GPMHSC) and Australian College of Rural and Remote Medicine (ACRRM).

The Postgraduate Mental Health Program for General Practitioners is accredited with the Department of Education and Training, RACGP and GPMHSC.

Each year of the Postgraduate Mental Health Program is accredited with RACGP and GPMHSC for the 2008–2010 triennium.

Graduate Certificate: The Graduate Certificate course has been accredited by the GPMHSC as a "Mental Health Skills Training (MHST) & Focused Psychological Strategies Skills Training (FPS ST)" course. Successful completion of this activity qualifies GPs to register as a provider of focused psychological strategies with Medicare Australia through the GPMHSC. The RACGP QA&CPD program has approved this Graduate Certificate Course for the 2008–2010 triennium: 60 (Cat 1) points.

Graduate Diploma: The Graduate Diploma course has been accredited by the GPMHSC as a "Mental Health Skills Training (MHST) & Focused Psychological Strategies Skills Training (FPS ST)" course. Successful completion of this activity qualifies GPs to register as a provider of focussed psychological strategies with Medicare Australia through the GPMHSC. The RACGP QA&CPD program has approved this Graduate Diploma Course for the 2008–2010 triennium: 90 (Cat 1) points.

Masters: This course has been accredited by the GPMHSC as a "Mental Health Skills Training & Focused Psychological Strategies Skills Training" CPD course. Successful completion of this activity qualifies GPs to

register as a provider of focused psychological strategies with Medicare Australia through the GPMHSC.

The RACGP QA&CPD program has approved this Masters Course for the 2008–2010 triennium: 120 (Cat 1) points.

All attached workshops/ALMs and off campus workshops/ALMs are accredited with RACGP, GPMHSC and ACRRM, as follows:

- CPD036 Mental Health Assessment in General Practice* (ALM & MHST)
- CPD037 Mental Health Management in General Practice* (ALM & MHST)
- CPD038 Mental Health Assessment of Children, Youth and Families* (ALM & MHST)
- CPD030 Cross-cultural Mental Health Care in General Practice* (ALM & MHST)
- CPD031 Supportive Psychotherapy in General Practice* (ALM & MHST)
- CPD033 Introduction to CBT (ALM & FPS-ST)
- CDP025 Interpersonal Therapy & Interpersonal Counselling (ALM)
- Off campus – Treatment based mental health skills for mental health and AOD workshop/ALM* (ALM & MHST)
- All listed active learning modules (ALMs) are accredited with RACGP and attract 40 (Cat 1) RACGP QA&CPD points.

*Workshops are accredited by GPMHSC as 'Mental Health Skills Training' (MHST). CPD033 Introduction to CBT is accredited by GPMHSC as 'Focused Psychological Strategies Skills Training (FPS-ST)'. All listed workshops are accredited by ACRRM and attract a variety of CPD points.

General Practitioner Consultant/Editor Project Officer

GP Consultant/Editor/Project Officer, Dr Tessa Roberts, MMH(GP), has continued to work on updating and improving course materials for the Graduate Certificate program, enhancing its relevance to

MEDICAL PRACTITIONER COURSES (continued)

general practice. She has been involved in the delivery of Masters level units by way of managing online web forums and marking assessments. She has been involved in the design, research and development of new Mental Health Skills Training (MHST) and Focused Psychological Strategies Skills Training (FPS-ST) programs. In addition Dr Roberts has been actively involved in achieving accreditation requirements and in the development and delivery of marketing strategies and promotional activities.

Consumer and carer consultation

Mental health consumer and carer consultants are involved in the planning, design, development, delivery, review and evaluation of all education programs offered to GPs at the Institute.

Mr Phil Escott, Consumer consultant and Mrs Peta Woods, Carer consultant have provided consultancy, presented at both Graduate Certificate workshops, at the 'Introduction to CBT workshop', and been actively involved in the accreditation of the GP Postgraduate Mental Health Program.

Young people's consultant: Miss Jodie Parkins has reviewed course materials specifically on child and adolescent mental health for the 'Mental Health Assessment in General Practice' and 'Mental Health Management in General Practice' units of study.

Project and Unit Coordinators

GP Consultant, Tessa Roberts: General Practitioner Postgraduate Mental Health Program

Natalie Healey, Unit Coordinator: Mental health assessment in general practice – MCV001, MCV002; Mental health management in general practice – MCV003, MCV004

Jenn Herron, Unit Coordinator: Cross cultural mental health care in general practice – MVV009

Dr Raphael Chan, Unit Coordinator: Mental health of children, youth and families – MVV015

Dr Stephanie Winfield, Unit Coordinator: Supportive psychotherapy in general practice – MVV434

Dr Tessa Roberts, Unit Coordinator: Current Debates in primary mental health care: policy and politics – MMV431

Matthew Evans, Unit Coordinator: Interpersonal Psychotherapy and Interpersonal Counselling – MVV013

Course Advisory Committee

Members: Dr Michael Bowden (Chair), Natalie Healey (Secretary), Corinne Warby (Scribe), Dr Cath Hickie, Dr Tessa Roberts, Dr Justine Ellis, Jenn Herron, Phil Escott, Peta Woods, Dr Winston Lo (Student), Professor Dimity Pond, Dr Cathy Marshall, Dr James Best, Dr Paul Cullen, Dr Lucy Cooper (Student), Felicity Gemmell-Smith. Meeting dates: November 2009 and May 2010.

Collaborative Project with GPNWSW

The 'Treatment based mental health skills for mental health and AOD' workshop/ALM was developed in collaboration with GP NSW. It is accredited with RACGP as a Category 1 Activity (40 QA&CPD points), ACRRM as well as with GPMHSC as a Mental Health Skills Training program. The workshop was been widely advertised to Divisions of General Practice across Australia. Since then the NSW Institute of Psychiatry has received twelve requests for quotes from various Divisions, many of them in rural locations. The workshop/ALM was piloted by Murrumbidgee Division of General Practice (Griffith, NSW) in June 2010.

The workshop was developed and written by Ms Cherie Carlton.

Workshop Coordinator: Ms Natalie Healey
Workshop Facilitators: Ms Cherie Carlton, Dr Kitty Lo, Dr Hester Wilson

Workshop Administrator: Ms Paula McGauley

General Practice Conference and Exhibition (GPCE)

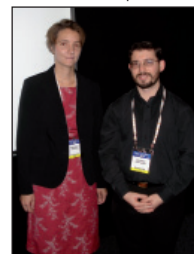
The NSW Institute of Psychiatry provided a series of mental health education sessions at the General Practice Conference and Exhibition (GPCE) in 22-23 May 2010.

Dr Justine Ellis facilitated 3 one hour presentations on 'Management of depression and anxiety in adolescents'.



Dr Justine Ellis

Dr George Liangas and Dr Ursula Ptok facilitated 3 one hour presentations on 'Psychiatric emergencies'. 147 GPs registered across the six sessions. Presentations were positively evaluated by the



Dr George Liangas and Dr Ursula Ptok

GPs who attended the education sessions. GPCE Convenors have requested that the Institute provide mental health education at the GPCE 2011.

General Practice NSW Meeting

Attendance at the General Practice NSW (GPNWSW) Annual Update Meeting. Ms Natalie Healey and Ms Cherie Carlton attended the meeting held on 22 and 23 March 2010. Attendance has resulted in: increased networking with Divisions of General Practice and other education providers across NSW; and opportunities for collaborative projects.

Australian General Practice Network (AGPN) Conference

Ms Natalie Healey attended the Australian General Practice Network (AGPN) national conference in Melbourne on 24-25 May 2010. This conference provided the opportunity to: develop a working relationship with the AGPN; to strengthen the relationship with GPNWSW and with Division staff from across Australia; to network with national organisations; and to

MEDICAL PRACTITIONER COURSES (continued)

promote the NSW Institute of Psychiatry mental health education programs for GPs and other disciplines.



Ms Natalie Healey, AGPN Conference

Marketing and Promotion

The GP marketing team comprises: Ms Julia George, Ms Liz Hay, Ms Natalie Healey, Ms Julie Kane, Dr Tessa Roberts, Ms Corinne Warby.

The General Practice mailout database continues to expand. The 2009-2010 marketing strategy incorporated multiple approaches: GP webpage on the NSWIOP website was overhauled by Ms Corinne Warby and will now be updated 4 times per year; eflyer email; flyer mail outs; *Australian Doctor* Advertisement (September 2009), RACGP and GPMHSC websites; promotion kindly supported by Meg Bennett and Dora Tomaras at General Practice NSW and Divisions of General Practice across NSW. Targets included: increasing enrolments into the Graduate Certificate course; increasing the appeal for GP Registrars; and rural and interstate GPs.

Master of Psychiatry – MPSY

Dr Louise Nash and Dr Catherine Hickie worked together to co-ordinate the Post-graduate Course in Psychiatry/Master of Psychiatry. Ms Victoria Brown continued to be the administrator of the course. Ms Corinne Warby commenced in March to provide additional administrative support. Corinne has been instrumental in establishing and updating the first year website. In 2011 the website will be live for both first and second year.

In 2009 curriculum changes were implemented to increase the number of expert lectures, update tutorial materials

and move from a CD-ROM to web-based access for course material. There were changes across the three years but the focus for substantial change was on the first year of the course. At the commencement of 2010 Year 1 students had access to course material, tutorial timetables and readings via a password protected website.

After consultation with Directors of Psychiatry Training from Area Health Services and the NSW Branch Training Committee a one day introductory lecture series was held for first year psychiatry registrars in January 2010. The program focused on immediate clinical skills required for the registrars commencing their terms in acute psychiatry and avoided duplication of material provided in local orientation programs. This format will be followed again in 2011.

In 2010 we strengthened our teaching of Indigenous Mental Health by including Professor Ernest Hunter from Far North Queensland as part of the lecture program.

The shift to align the PCP course more closely with RANZCP training requirements continued with first year assignments set within guidelines for RANZCP cases; written examination workshop and practice written examinations were again well attended.

The exam workshop was run by Dr Martin Cohen with support from IMET. The trial examination was supported by the NSW Branch Training committee of RANZCP, the Directors of Training and IMET.

A proposal to review the teaching of psychotherapy across the three years of the course was developed with input from Dr Jeff Streimer (RANZCP section of psychotherapy) and Dr Loyola McLean (Psychotherapy Educator) and Ms Joanne

Shaw.

Expert lectures in the PCP program were delivered by a wide range of academic and clinical psychiatrists as well as leaders in fields of psychology and social work. These experts included academic psychiatrists from the following organisations: University of Western Sydney, University of Sydney (including Brain and Mind Research Institute), University of New South Wales (including Clinical Research Unit for Anxiety Disorders), Black Dog Institute, Prince of Wales Medical Research Institute, NPI and Service for the Treatment and Rehabilitation of Torture and Trauma Survivors, Newcastle University, University of Notre Dame, Macquarie University, University of Queensland. In addition advanced psychiatry trainees awarded Institute Fellowships contributed to PCP teaching in tutorial programs and lectures based on their research and special projects.

In 2010 the number of doctors enrolled in the PCP course is 110 across the three years, with 43 of these enrolled in the Master of Psychiatry degree.

Lecturers and Tutors during the reporting period:

Lecturers: Ms Colleen Alford, Professor John Allan, Dr Megan Alle, Dr Stephen Allnutt, Professor Gavin Andrews, Dr Letitia Aydos, Dr Umesh Babu, Dr Frederica Barzi, Dr Bruce Boman, Professor Philip Boyce, Dr Amanda Bray, Mr Tom Brideson, Dr Nicholas Burns, Professor Vaughan Carr, Dr Raphael Chan, Ms Lea Crisante, Dr Jackie Curtis, Dr Matthew Davies, Dr Gary Galambos, Dr Gregory de Moore, Mr Jason Fowler, Dr Shuli Futeran, Dr Bruce Gynther, Mr Dusan Hadzi-Pavlovic, Dr Blake Hamilton, Dr Anthony Harris, Professor Phillipa Hay, Professor Philip Hazell, Professor John Hodges, Dr Rosemary Howard, Dr Greg Hugh, Professor Ernest Hunter, Dr Patrick Kelly, Dr Peter Kelly, Dr Beth Kotze, Dr Veruska Krigovsky, Profes-

MEDICAL PRACTITIONER COURSES (continued)

sor Timothy Lambert, Professor Colleen Loo, Ms Laurie Lovell-Simons, Dr John McClean, Dr Loyola McLean, Dr Cathy McMahon, Mr Mark McMahon, Ms Alison Mahoney, Dr Ros Markham, Dr Jeanette Martin, Dr Catherine Mason, Professor Gerald Muench, Professor Philip Mitchell, Dr Anne Noonan, Dr Nick O'Connor, Dr Maryanne O'Donnell, Dr Martyn Patfield, Professor Gordon Parker, Professor Antoinette Redoblado-Hodges, Dr Paul Rhodes, Dr Michael Robertson, Ms Emma Robinson, Professor Perminder Sachdev, Dr Grant Sara, Professor Derrick Silove, Dr Jean Starling, Dr Jeff Snars, Dr Zachary Steele, Ms Leonie Sullivan, Dr Anne-Marie Swan, Dr Tad Tietze, A/Professor Julian Trollor, Dr Bev Turner, Dr Duncan Wallace, Professor Gary Walter, Dr Anne Wand, Professor Philip Ward, Professor Cyndi Shannon Weickert, Dr Edward Wims, Ms Andrea Worth, Dr Peter Wurth

Tutors: Dr Farideh Absalan, Dr Nazeer Ahmed, Dr Megan Alle, Dr Umesh Babu, Dr David Bell, Dr Jenny Bergen, Dr Elsa Bernardi, Dr Sasha Campbell, Dr Matthew Davies, Dr Gregory de Moore, Dr Angela Dixon, Dr Charles Doutney, Dr Joanne Ferguson, Mr Jason Fowler, Dr James Friend, Dr Vinay Gupta, Dr Jennifer Harris, Dr Millie Ho, Dr Matthew Holton, Dr Rosemary Howard, Dr Neil Jeyasingam, Dr Stephen Koder, Dr Kath Knight, Dr Lahvinya Kulaendra, Dr Sonia Kumar, Dr Yael Levy, Dr Thomas Li, Dr George Liangas, Dr Neil Maclean, Dr Anne Noonan, Dr Andrew Pethebridge, Dr Neil Philips, Professor Joseph Rey, Dr Swapnil Sharma, Dr Andrew Singer, Dr Clive Smith, Dr Kathy Smith, Dr Ramesh Vannitamby, Dr Anne Wand, Dr Richard White, Dr Sameh Younan, Dr Rasia Yuvarajan.

CUSTOMISED COURSES CONDUCTED OFF-CAMPUS

During this year under review, the Institute designed and developed, in consultation with employers, the following training programs in mental health. These customised programs were delivered across Australia by NSWIOP Education Staff and contracted lecturers. Lecturers for these programs are acknowledged in the "Personnel Involved in Teaching" section of this Annual Report.

Centacare – Canberra

Date: 29 July 2009

Participants: 8

Coordinator: Ms Michelle Everett

Centacare – Canberra

Dates: 24-25 Aug 2009

Participants: 28

Coordinator: Ms Kath Thorburn

Centacare – Canberra

Date: 7 Sep 2009

Participants: 26

Coordinator: Ms Kath Thorburn

Child & Adolescent Mental Health Workshop – SESIAHS, Sydney

Date: 26 Nov 2009

Participants: 19

Coordinator: Ms Michelle Everett

Clinical Supervision (Advanced) – GSAHS, Canberra

This workshop was designed to improve staff skills in advanced clinical supervision.

Date: 9 Mar 2010

Participants: 11

Coordinator: Ms Christine Senediak

Clinical Supervision – ACTMH, Canberra

This workshop was designed to improve staff skills in clinical supervision.

Date: Mon 9 Nov 2009

Participants: 9

Coordinator: Ms Christine Senediak

Clinical Supervision – Brain Injury Unit

This workshop was designed to improve staff skills in clinical supervision.

Date: 8 Feb 2010

Participants: 8

Coordinator: Ms Christine Senediak

Clinical Supervision – Greater Southern Area Health Service(GSAHS), Queanbeyan

This workshop was designed to improve staff skills in clinical supervision.

Date: 21 May 2010

Participants: 18

Coordinator: Ms Christine Senediak

Clinical Supervision – GSAHS, Wagga

This workshop was designed to improve staff skills in clinical supervision.

Dates: 29-30 April 2010

Participants: 15

Coordinator: Ms Christine Senediak

Clinical Supervision – Specialised Mental Health for Older Person Service (SMHOPS), Canberra

This workshop was designed to improve staff skills in clinical supervision.

Date: 10 June 2010

Participants: 14

Coordinator: Ms Christine Senediak

Cognitive Behavioural Therapy – GSAHS, Batemans Bay

This workshop was designed to improve staff skills in the use of cognitive behavioural therapy.

Date: 9 June 2010

Participants: 10

Coordinator: Ms Michelle Everett

Cognitive Behavioural Therapy – GSAHS, Canberra

This workshop was designed to improve staff skills in the use of cognitive behavioural therapy.

Dates: 27-28 May 2010

Participants: 20

Coordinator: Ms Michelle Everett

Cognitive Behavioural Therapy – GSAHS, Goulburn

This workshop was designed to improve staff skills in the use of cognitive behavioural therapy.

Date: 4 June 2010

Participants: 14

Coordinator: Ms Michelle Everett

Cognitive Behavioural Therapy – GSAHS, Griffith

This workshop was designed to improve staff skills in the use of cognitive behavioural therapy.

Dates: 10- 11 June 2010

Participants: 18

Coordinator: Ms Michelle Everett

Cognitive Behavioural Therapy – GSAHS, Pambula

This workshop was designed to improve staff skills in the use of cognitive behavioural therapy.

Dates: 7-8 June 2010

Participants: 16

Coordinator: Ms Michelle Everett

Cognitive Behavioural Therapy – GSAHS, Wagga

This workshop was designed to improve staff skills in the use of cognitive behavioural therapy.

Dates: 31 May-2 June 2010

Participants: 36

Coordinator: Ms Michelle Everett

Consumer Advocacy – ACT Mental Health, Canberra

Date: 25-27 Nov 2009

Participants: 13

Coordinator: Ms Cherie Carlton

Crisis Intervention – COMHET, Bankstown

Date: 15 Sep 2009 & 18 Aug 2009

Participants: 30

Coordinators: Mr Peter Bazzana, Ms Michelle Everett

CUSTOMISED COURSES CONDUCTED OFF-CAMPUS (continued)

Current Thinking and Practices in Rehabilitation in Mental Health – Hunter New England Mental Health, Newcastle

Dates: 19-20 Oct 2009

Participants: 25

Coordinator: Ms Michelle Everett

General Practice Conference and Exhibition

NSWIOP provided a series of mental health education sessions at the GPCE in 2010. Dr Justine Ellis facilitated three x 1-hour presentations on 'Management of depression and anxiety in adolescents'. Dr George Liangas and Dr Ursula Ptok facilitated 3 x 1-hour presentations on 'Psychiatric emergencies'.

Dates: 22-23 May 2010.

Participants: 147

Coordinator: Ms Natalie Healey

Introduction to Mental Health Medication – NSW Rape Crisis Service, Sydney

Date: 23 Sep 2009

Participants: 12

Coordinator: Ms Cherie Carlton

Introduction to Mental Illness & Substance Misuse – NSSACHS Manly Hospital, Manly Hospital

Date: 9 April 2010

Participants: 12

Coordinator: Ms Cherie Carlton

Medication Training – MAST, Surry Hills

Date: 30 Sep 2009

Participants: 12

Coordinator: Mr Peter Bazzana

Mental Health – Centrelink, Sydney

Dates: 29 Jan 2010

Participants: 28

Coordinator: Mr Peter Bazzana

Rehabilitation and Recovery – SSWAHS

This program focused on the concept of recovery and the practices that support

people's self directed recovery, with a particular focus on the role of the rehabilitation worker.

Dates: 17, 18 & 19 Aug 2009

Participants: 21

Coordinator: Ms Kath Thorburn

Rivendell Supervision – SSWAHS, Rivendell Concord

This series of 8 fortnightly supervision sessions was conducted for staff of Rivendell Adolescent Unit.

Dates: 2 Feb 10 to 29 Jun 10

Participants: 80

Coordinator: Ms Christine Senediak

Safe Custody Course – NSW Police, Hurstville

These 1-day workshops were part of the NSW Police Training for Custody Sergeants and provided an introduction to mental health knowledge, skills and strategies required to assist Police Officers in supporting people with mental health problems.

Dates: 4 March 2010, 25 March 2010, 22 April 2010, 3 June 2010

Participants: 80

Coordinator: Mr Peter Bazzana

Safe Custody Course – NSW Police, Sydney

These 1-day workshops were part of the NSW Police Training for Custody Sergeants and provided an introduction to mental health knowledge, skills and strategies required to assist Police Officers in supporting people with mental health problems.

Dates: 30 July 2009, 10 Sep 2009, 22 Oct 2009, 10 Dec 2009

Participants: 87

Coordinator: Mr Peter Bazzana

Suicide Assessment and Management (Advanced Module) – ACT Health, Canberra

This advanced workshop was designed to assist staff of ACT Mental Health to

further develop the knowledge and skills to assist them to better work with persons with possible suicidal behaviour.

Date: 24 July 2009 and 30 Oct 2009

Participants: 28

Coordinator: Mr Peter Bazzana

Suicide Assessment and Management (Introductory Module) – ACT Health, Canberra

This workshop was designed to assist staff of ACT Mental Health to develop the knowledge and skills to assist them to better work with persons with possible suicidal behaviour.

Date: 23 July 2009, 29 Oct 2009

Participants: 29

Coordinator: Mr Peter Bazzana

Suicide Assessment – Transcultural Mental Health, Cumberland

Date: 12 April 2010

Participants: 12

Coordinator: Mr Peter Bazzana

Suicide Risk Assessment – ACT Dept Justice & Com Safety, Canberra

Date: 25 May 2010

Participants: 13

Coordinator: Mr Peter Bazzana

Treatment Based MH Skills for Comorbid Conditions – Murrumbidgee Div of GP, Murrumbidgee

This workshop was developed in collaboration with GP NSW. It is accredited with RACGP as a Category 1 Activity (40 QA&CPD points), ACRRM as well as with GPMHSC as a Mental Health Skills Training program. The workshop was been widely advertised to Divisions of General Practice across Australia. The workshop was piloted by Murrumbidgee Division of General Practice (Griffith, NSW)

Date: 19 June 2010

Participants: 12

Coordinator: Ms Natalie Healey

CUSTOMISED COURSES CONDUCTED OFF-CAMPUS (continued)

Working with People Diagnosed with Borderline Personality Disorder – Transcultural Mental Health, Cumberland

Date: 17 Aug 2009

Participants: 4

Coordinator: Ms Michelle Everett

Working with People who have Experienced Trauma – Transcultural Mental Health, Cumberland

Date: 10 Aug 2009

Participants: 6

Coordinator: Ms Michelle Everett

The Institute continues to promote mental health education to various external bodies. During the reporting period to 30 June 2010, NSWIOP staff were involved in the following programs for external bodies.

Adj Prof Ros Montague, Director

- Attended Australian Mental Health Outcomes and Classification Network (AMHOCN) Conference – Adelaide
- Presented at Department of Immigration and Citizenship (DIAC), Melbourne – Introduction to Mental Health Workshop
- Presented at DIAC, Canberra – Compliance Basics Course
- Presented at Mental Health for Health Care Interpreters Workshop
- Attended Happiness & Its Causes Conference – Sydney
- Attended IACAPAP Conference, Beijing – Improving Child Mental Health: Increasing Awareness and New Pathways for Care
- Attended Djirruwang Executive Group and Course External Advisory Group Forum – Charles Sturt University
- Attended National Mental Health Workforce Strategy Plan Project Forum
- Presented at Parramatta Marist High School – Staff Inservice
- Attended Psychologist Registration Board – Meeting and Function
- Attended MHPod Implementation Forum
- Facilitated collaborative project with QCMHL

Dr Michael Bowden, Head of Medical Programs

- Taught Master of Mental Health (General Practitioner) students, NSWIOP
- Co-presented oral presentation “At the Cutting-Edge: Aspiring to Best Practice in Working with Children with Chronic Illness” with Ms D Carmody,

Ms M English, Ms V Jermyn and Ms M Lee. RANZCP Faculty of Child and Adolescent Psychiatry Annual Conference, Queenstown, New Zealand.

- Co-authored paper: Eapen V and Bowden M: “Pediatric Psychosomatic Medicine: Australia” in: Shaw R, DeMaso D (Eds). Textbook of Pediatric Psychosomatic Medicine. American Psychiatric Publishing Inc, Arlington, 2010.
- Coordinated Training Workshop “Leadership and Management” for Advanced Trainees in Psychiatry.
- Attended RANZCP Faculty of Child and Adolescent Psychiatry Annual Conference, Queenstown, New Zealand.
- Attended RANZCP Congress, Auckland, New Zealand.

Dr Kerri Brown, Head of Multidisciplinary Education

- Presented at Department of Immigration and Citizenship (DIAC), Canberra – Introduction to Mental Health workshop
- Attended Happiness and its Causes Conference, Sydney
- Publication: Kemp AH, Quintana DS, Gray MA, Felmingham KL, Brown K, Gatt J. “Impact of Depression and Anti-depressant Medication on Heart Rate Variability: A Review and Meta-Analysis”. Biological Psychiatry, 67(11): 1067-74, 2010

Ms Cherie Carlton, Community Education Officer

- Presented a workshop for the Mental Health Association “From Surviving to Thriving” Resilience Conference, April 2010
- Attended Happiness and its Causes Conference, Sydney
- Attended CAG
- Consultant, CAG Recovery Forum
- Consultant, State Promotion,

Prevention and Early Intervention Strategic Development

- Consultant, Statewide PPEI facilitated by Hunter NE Mental Health

Ms Michelle Everett, Coordinator, Adult Mental Health Programs

- Clinical Supervision – Richmond Fellowship, Charmian Clift Cottages
- Attended TheMHS Conference, Sydney, September 2009
- Attended TheMHS Summer Forum, Sydney, February 2010
- Attended Happiness & Its Causes Conference, Sydney, May 2010
- Member, Local Organising Committee, TheMHS Conference, 2010

Dr Cath Hickie, Joint Coordinator Master of Psychiatry/PCP

- Attended Royal Australian and New Zealand College of Psychiatrists Annual Congress, Auckland 2-6 May 2010

Dr Louise Nash, Joint Coordinator Master of Psychiatry/PCP

- Presented at Annual Congress of the Royal Australian and New Zealand College of Psychiatrists, May 2010, Auckland: Nash L. ‘How medico-legal matters impact on doctors.’
- Publication: Nash L, Daly M, Kelly P, van Ekert E, Walter G, Walton M, Willcock S and Tennant C. Factors associated with psychiatric morbidity and hazardous alcohol use in Australian doctors. MJA 2010; 193 (3): 161-166.
- Publication: Nash L, Kelly P, Daly M, Walter G, van Ekert E, Walton M, Willcock S, Tennant C. Australian doctors’ involvement in medicolegal matters: a cross-sectional self-report study. MJA 2009;191:436-440

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Dr Diba Pourmand, Coordinator of Older Persons Programs

- Coordinator, "Mental Health of Older Persons in the Cross Cultural Context" workshops, for bilingual counsellors, with the collaboration of the Transcultural Mental Health Centre.
- Ran Group Psychoeducation sessions for Farsi speaking women, Iranian Community Centre (Hamyari Centre), North Parramatta
- Consultant, Family Planning Group Working Party, Transcultural Mental Health Centre, Griffith.
- Facilitator, Sudanese Women's Group, Bankstown Community Centre.

Ms Christine Senediak, Senior Project Officer

- Consultant, Transcultural Mental Health Centre
- Clinical Supervisor, Rivendell Adolescent Unit
- Clinical Supervisor, Karitane Family Support
- Clinical Supervisor, Intern Psychology Training Program: Transcultural Mental Health Centre
- Individual Supervision, Clinical Psychologists, SSWAHS Child and Adolescent Service
- Attended Mind and its Potential Conference
- Attended Charles Sturt University Clinical Supervision Workshop, North Coast NSW.



NSWIOP Information Booth at the TheMHS Summer Forum

The following Special Projects were undertaken by NSWIOP during the reporting period:

- Accredited Persons Project
- Australian Mental Health Outcomes and Classification Network (AMHOCN) Project
- Community Services NSW - Clinical Issues Unit Training Project
- Crossing Bridges NSW Statewide Training Program
- Department of Immigration and Citizenship (DIAC) Education Project
- 'Hello Dad' and 'Getting to Know You' - Infant Filming projects
- Mental Health Emergency Care (MHEC) Learning and Development Program
- Mental Health Legislative Framework (MHLF) Education Project
- Queensland Centre for Mental Health Learning (QCMHL) - Training Resource Development
- SafeStart (SS) and Supporting Families Early (SFE) Training Projects
- School-Link Statewide Training Program
- Specialist Mental Health Services for Older People (SMHSOP) Project

Details of the activities of these projects for the period to 30 June 2010 are outlined below.

Accredited Persons Project

Coordinator: Mr Peter Bazzana

Project Officer: Ms Jenny Shaw

There is provision within the Mental Health Act legislation (Sect 136) for the appointment of Accredited Persons. This provision is designed to improve mental health care in emergency situations, particularly in areas where psychiatrists and experienced medical officers are not available at short notice. The Mental Health and Drug & Alcohol Office has identified that there is a need to provide a specific training program to appropriately qualified and experienced mental health professionals in order for them to gain recognition as Accredited Persons under the NSW Mental Health Act 2007.

During the reporting period, The New South Institute of Psychiatry (NSWIOP) continued to conduct the Accredited Persons Training Program for the Mental Health and Drug & Alcohol Office, NSW Health Department. The NSWIOP training program included:

Attending a two-day Accredited Persons training program focusing on legal and

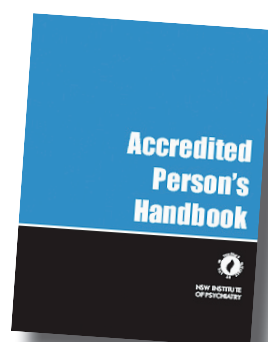
clinical issues relevant to the role of Accredited Persons

Completion of a written assessment task designed to demonstrate that the participant has attained the relevant knowledge and skills to carry out their responsibilities as an Accredited Person under the NSW Mental Health Act 2007

Upon successful completion of the training program, students are recommended to Mental Health and Drug & Alcohol Office, NSW Health Department to be registered as Accredited Persons under the NSW Mental Health Act 2007.

The successful participants are then accredited for 3 years, at which point they will be required to undertake an online refresher program to become re-accredited.

Over the past 12 months there have been 2 Accredited Persons workshops held at the NSWIOP where a total of 56 people attended the courses. Further Accredited Persons training courses are planned to run in regional areas over the next 12 months.



Accredited
Persons
Handbook

Australian Mental Health Outcomes and Classification Network (AMHOCN)

AMHOCN Training and Service Development: Mr Tim Coombs

AMHOCN Network Coordination: Ms Rosemary Dickson

AMHOCN Network Administrative Assistant: Ms Lauren Clark

The NSW Institute of Psychiatry has been contracted by the Federal Department of Health and Ageing to undertake Training and Service Development and Network Coordination activities for the Australian Mental Health Outcomes and Classification Network (AMHOCN). AMHOCN has been funded to support the implementation of routine outcome measurement in Australia's public mental health services. Funding for these activities was extended until June 2011.



During 09-10, AMHOCN Training and Service Development (TSD), managed by Mr Tim Coombs, conducted a number of jurisdictional training workshops and best practice forums in collaboration with the States and Territories. During 09-10, AMHOCN delivered training and gave presentations to 594 clinicians, consumers, carers and service managers.

The aim of these training activities was to highlight the use of mental health information within services by showcasing the latest developments in the use of the outcomes and casemix measures, sharing experiences and engaging members of the sector in the information development agenda. The forums and workshops demonstrated the clinical utility of the National Outcomes

and Casemix Collection (NOCC) suite and were delivered across all age groups (Child and Adolescent, Adult and Older Persons). These activities gave participants a greater understanding of how the NOCC suite can facilitate consumer engagement and were attended by clinicians, team leaders, service managers, consumers and carers.

AMHOCN has also co-facilitated workshops specifically for service managers. These provide opportunities for senior staff to better understand the uses of the information collected by their services and to focus on how that information might drive quality improvement initiatives.

During the year, AMHOCN also organised and facilitated other specialised forums e.g. for National Trainers, comprising jurisdictional representatives who have responsibility for supporting the sustainable implementation of routine outcome measurement. These forums and teleconferences help to stimulate collaborative activity in outcome measurement and ensure consistency in key training messages.

During this past year, AMHOCN produced a training resource "Using the National Outcomes and Casemix Collection in team reviews and case presentation", specifically tailored for the three main mental health program streams - Adult, Child and Adolescent and Older Persons.

AMHOCN is currently working on the development of additional training resources, particularly relating to the use of outcome measures with Aboriginal and Torres Strait Islander people, resources for team leaders and also for psychiatrists. AMHOCN is also collaborating on a project with the Royal Australian and New Zealand College of Psychiatrists (RANZCP) on the development of a brochure on outcome

measurement for consumers. Another collaborative project is being undertaken with the Queensland Mental Health Information Unit on the development of a DVD on using all NOCC measures in clinical practice – this has included script development, concept development, filming, editing.

AMHOCN continues to provide online training in the measures that make up the National Outcomes and Casemix Collection across all age groups. This training can be found at: <http://amhocn.org/training-service-development/online-training>

Trainees enrol and have access to the online training for one month. Pending successful completion of a knowledge test and attaining 80% concordance with consensus ratings for a vignette, trainees then receive a certificate of completion from the New South Wales Institute of Psychiatry. AMHOCN has also made available online training for the Mental Health Nurse Incentive Program.

AMHOCN undertook a major re-design of its website during 09-10 and moved it to a new domain name. The site is now available at: <http://amhocn.org> and provides greater accessibility to training resources including the online training, the Web Decision Support Tool and reports on the National Outcomes and Casemix Collection data, plus a range of other information related to outcome measurement.

AMHOCN continues to support benchmarking activity in forensic mental health services across Australia. This involves the organisation and facilitation of regular meetings and the collation and analysis of data on Key Performance Indicators and a snapshot census of the participating forensic mental health services plus other special projects.

Following discussions at the Mental Health Information Strategy Subcommittee (MHISS), AMHOCN undertook work on a discussion paper for the MHISS Public Reporting Working Group which includes a review of the literature on the public reporting of performance data and which outlines the deliberations and recommendations from the MHISS Public Reporting Working Group. AMHOCN also provided secretariat support for the Working Group.

AMHOCN Network Coordination, undertaken by Ms Rosemary Dickson with project and administrative assistance from Ms Lauren Clark, has continued to support the training and service development activities of AMHOCN and has also provided secretariat services for the Mental Health Information Development Expert Advisory Panels. These panels replace the previous Mental Health Outcomes Expert Groups. Four target population specific panels were established – Adult, Child and Adolescent, Older Persons, Forensic. A National Panel has also been set up comprising the Chairs and Deputy Chairs of the population specific panels. The panels provide advice to MHISS on issues that pertain to the mental health information development agenda, including outcome measurement. They continue to provide advice to AMHOCN on training, data collection, analysis and reporting issues associated with the National Outcomes and Casemix Collection. The panels meet face-to-face with much work being undertaken via teleconference or web based communication.

In addition to work associated with training and service development and coordination of the Expert Panels, AMHOCN components (Analysis and Reporting, Training and Service

Development and Data Bureau) have continued to work together on a range of projects such as the “Review of Recovery Measures” and the development of reports on data quality.

Community Services NSW Clinical Issues Unit

Tender for delivery of education

Project Team: Ms Cherie Carlton, Ms Michelle Everett, Mr Anthony Hillin, Ms Marie Pinter, Ms Sadie Robertson, Ms Kath Thorburn

**Administrative Officer:
Ms Helen Mannah**

NSWIOP successfully tendered for an opportunity to design and write four modules of education to be delivered to Community Service Centre Staff (Child Protection) staff at weekly Practice Solution Sessions.

NSWIOP drew on the expertise of existing staff and contracted content experts to write four modules for a series of in-service education sessions addressing “Mental Health Problems and Families”.

Crossing Bridges NSW Children of Parents with Mental Illness (COPMI) Training Program



**Project Officer:
Ms Carolyn Brooks**

**Administrative Officer:
Ms Marion Cheeseman**

The Crossing Bridges NSW project was a state-wide training program for adult mental health workers that addressed the needs of children and families where the parent has a mental

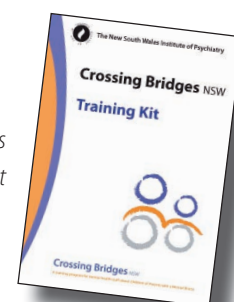
illness. The project was funded by MH-Kids over an 18 month period, from February 2009 to August 2010. The training involved a one-day workshop that covered relevant policy and research, an assessment framework, case studies and strategies for talking with children. An important part of the day was a presentation by someone who had lived as a parent or child, in a family affected by parental mental illness. The workshops were open to all mental health workers and representatives from local non government organisations working with children and families.

The first workshop was held in August 2009. Over the next 12 months a total of 34 workshops were held across the state; from Tweed Heads to Albury, and from Maroubra to Broken Hill. A total of 540 participants attended the training; 378 of these were adult mental health workers.

The workshops were very well received. Participants appreciated the lived experience presentation, the resources that were made available as part of the training, and the opportunity to discuss different scenarios with a range of other workers. Many participants indicated they would like further training in family work, especially further strategies for talking with children.

At the conclusion of the project a Crossing Bridges Training Kit was produced to be distributed to each of the area health services, in order that further training may be carried out by local clinicians.

*Crossing Bridges
Training Kit*



Department of Immigration and Citizenship (DIAC) Education Project

Project Coordinator:
Mr Peter Bazzana

Administrative Officer: Ms Lauren Clark/Ms Paula McGaulley

The Institute has been contracted to provide a range of courses to DIAC staff in various locations around Australia. This project has been continuing since September 2006. The aims of the project are to increase the levels of mental health literacy amongst a number of different classes of DIAC workers, as a result there have been several variations to the program. The program has been consistently evaluated well by the staff who have attended and the program continues to grow in response to the ever changing demands on DIAC services.

There were 11 workshops conducted in Sydney, Canberra and Melbourne, as follows:

20 Jul 2009	10 staff attended
3 Aug 2009	9 staff attended
21 Sep 2009	21 staff attended
20 Oct 2009	22 staff attended
4 Nov 2009	15 staff attended
23 Nov 2009	20 staff attended
8 Feb 2010	26 staff attended
1 Mar 2010	20 staff attended
22 Mar 2010	20 staff attended
24 Mar 2010	8 staff attended
10 May 2010	17 staff attended

In total this project has provided face-to-face training to 188 DIAC staff during the reporting period. The project will continue for 2010/2011.

"Hello Dad" and "Getting to Know You" Infant Filming projects

Project Officer: Dr Bijou Blick

Administrative Officer:
Ms Marion Cheeseman

During the reporting period, 553 copies of the films were sold in Australia and overseas ("Getting to Know You", "Getting to Know You - Extended Version" and "Hello Dad" combined). Since their initial release, over 6,000 copies of the films have been distributed, both in Australia and overseas. Both films are now approved for use on 5 hospital education channels in NSW and South Australia.

"Hello Dad" A DVD produced in conjunction with Good Beginnings

The original DVD continues to be widely used in the community. In response to community demand an additional extended version of the film has been created and a manual is currently under production. This package should be completed and ready for distribution in 2011.

"Getting to Know You" and "Getting to Know You - Extended Version"

Both films continue to be widely used in the community. In particular the extended version has been implemented as a core component of the Parent Aide Unit at the Mater Children's Hospital Brisbane.

"Getting to Know You - the next age group"

The makers of "Getting to Know You" and "Hello Dad" are currently engaged in their next film project for older babies. The aim of this new project is to continue the series of films to cover the remaining period of infant development (from 3-15 months of age). The target audience will be the same as the previous films in the

series, i.e. both parents and professionals working in the field of infant health. The film is currently progressing well. Filming has been completed and the project is in post-production with an expected completion date of early 2011.

Mental Health Emergency Care (MHEC) Learning and Development Program

Project Coordinator:
Ms Tracy Robinson

Project Officers: Ms TL Tran-Tremble, Mr Danny Hill, Dr Rachel Rossiter, Ms Georgia-Lee Pollard, Ms Denika Novello, Mr Dean Pung (IT)

Administrator:
Ms Rebel Lindsay-Egan

The Mental Health Emergency Care Learning and Development Program commenced in September, 2008 with the primary aim of increasing the capacity of NSW public sector health service personnel to provide safe, effective, acceptable and contemporary mental health emergency care services. It was developed by the Centre for Rural and Remote Mental Health (CRRMH) and it is being delivered in collaboration with the NSW Institute of Psychiatry (NSW OP). This program is funded by The Mental Health & Drug and Alcohol Office for the duration of 18 months and it consists of two components:

1. An accredited, online academic course that would articulate into formal tertiary qualifications; and
2. A three-day, non-accredited, workshop-style course to be delivered "face-to-face" in each NSW Area Health Service.

Face-to-face training

The face-to-face version of the MHEC-

SPECIAL PROJECTS (continued)

L&D program is a 3-day, workshop-based, vocationally oriented course. These commenced in May 2009 and targeted staff from Emergency Departments (EDs) and MHS staff who are new to mental health emergency care or who provide services to people presenting to hospital EDs with acute mental health problems. Two face-to-face MHEC-L&D courses were offered to each of the eight NSW Area Health Services, with no course costs imposed. By 30 June 2010, 5 face-to-face courses were conducted in SESIAHS, NCAHS, SSWAHS, HNEAHS and NSCCAHS, with a total of 93 attendants.

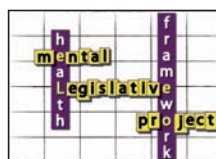


*MHEC Training
Participant's Manual*

Online accredited course

The academic version of the MHEC L&D program was developed as a 13 week postgraduate level course. Mr Mike Hayden finalised the adaptation of the face-to-face training for online delivery. The online course has been designed to reflect the need for a more rigorous academic approach to mental health emergency care. The course has been approved as an accredited elective in Master of Mental Health at the NSW Institute of Psychiatry and Masters of Mental Health Nursing, and Masters of Health Science at the University of Newcastle. There are up to 32 "fee-relief" scholarships (16 for rural and 16 for metropolitan based clinicians) offered to NSW health employees. In Semester 1 2010, this course was offered at Newcastle University and there were 13 scholarships granted to staff from all AHS (excluding NSCCAHS) and 13 completed the course successfully. This course is being offered at The NSWIOP in Semester 2 2010 and will be reported on in the next reporting period.

Mental Health Legislative Framework Education Project



Project Coordinator:
Mr Peter Bazzana
Project Officer: Ms TL Tran-Tremble

The Mental Health Legislative Framework Education Project commenced in July 2009. This project aims to support mental health workers in NSW to better understand the legislative frameworks in which they practice. The project involves the development of a suite of web-based training and resources, supported by monthly workshops based at the NSWIOP, with 4 rural AHS receiving training based at their local areas. The workshops are primarily designed for new staff and also to assist those who want to update their current knowledge. There have been 7 workshops at the NSWIOP and 162 people attended.

Face-to-face training sessions outside of NSWIOP were conducted by Mr Peter Bazzana, Mr Etienne Kitto and Ms Robin Scott on the following dates:

- GSAHS – Queanbeyan, Wagga Wagga and Jerilderie, 73 attended.
- GWAHS – Orange, Dubbo and Broken Hill, 67 attended.
- HNEAHS – Tamworth and Newcastle, 35 attended
- NCAHS – Coffs Harbour and Ballina, 42 attended
- Official visitors – Gladesville, 60 attended.

In total this project has provided face-to-face training to 439 participants.

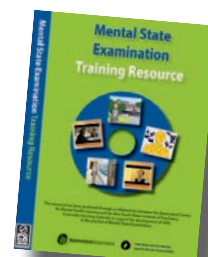
Mental State Examination Training Resource Queensland Centre for Mental Health Learning

Project Coordinators: Mr Peter Bazzana, Ms Michelle Everett, Mr Anthony Hillin, Adj Prof Ros Montague, Dr Stephanie Winfield

A CD-ROM Training Resource on use of the Mental State Examination was developed through a collaboration between the Queensland Centre for Mental Health Learning (QCMHL) and the New South Wales Institute of Psychiatry. It provides learning materials to support the development of skills in the practice of Mental State Examination (MSE).

The CD-ROM contains a multimedia interactive course designed to build practitioners' skills in observing and recording information for the Mental State Examination. The course aims to improve practitioners' knowledge and capacity in conducting a Mental State Examination. It demonstrates how to conduct an Mental State Examination through the use of three scenarios and covers the key domains of a Mental State Examination. This CD-ROM is for training purposes only and practitioners should use this resource in conjunction with clinical supervision.

*Mental State
Examination
Training Resource
CD-ROM*



Safe Start (SS) and Supporting Families Early (SFE) Training

Project Coordinators:
Dr Sarah Mares
and Prof Cathrine Fowler

Project Officer: Ms Julie Selke

IT Support: Mr Darren Cheney
and Mr Paul Walker

The NSW Health Safe Start (SS) and Supporting Families Early (SFE) Training Project began in June 2009 and ran for 6 months to December 2009. The Safe Start project was developed by NSW Health to help identify women, infants and their families experiencing psychosocial difficulties, including postnatal depression, and to offer appropriate care and support.

NSWIOP was contracted to develop 6 hours of online training for all NSW Health midwives and child and family nurses. This online training in Psychosocial Risk Assessment and Depression Screening was a core component of the SFE and SS Strategic Policies developed by NSW Health.

The online training modules were successfully completed and delivered in February 2010. All registered midwives and registered child and family health nurses employed by NSW Health were required to complete this training program, which comprised 12 training modules.

Dr Sarah Mares coordinated the project, with Professor Cathrine Fowler (UTS) and Ms Julie Selke (Project Officer), with IT Support from Mr Darren Cheney and Mr Paul Walker at NSWIOP. The SFE and SS Core Training was developed in collaboration with a Steering Group coordinated through MH-Kids by Ms Karen Raine.



Safe Start Online Training

School-Link Statewide Training Program

School-Link Training Coordinators:
Mr Anthony Hillin
and Dr Robert McAlpine

Administrative Officer:
Ms Agnes D'Souza

School-Link is a collaborative initiative between the NSW Department of Health and NSW Department of Education and Training (DET) to improve mental health outcomes for adolescents and their families. School-Link Training is provided to approximately 2,000 clinicians across NSW, including school and TAFE counsellors, adolescent mental health workers, drug and alcohol workers, Juvenile Justice psychologists and counsellors and DOCS psychologists.

School-Link Training Phase 1: Adolescent depression and related disorders consolidates relevant knowledge and collaboration between school and TAFE counsellors and adolescent mental health workers. The course addresses epidemiology, assessment, management, early intervention, resilience and interagency collaboration. A half-day module on Cognitive Behaviour Therapy is included. This course was initially delivered during 2000-2002. Regular two-day update courses continue to be provided.

School-Link Training Phase 2: Further issues in assessment and management-Self-harm utilises the issue of self-harm to illustrate key issues in the assessment and management of adolescent depression and related disorders. This course builds on skills developed in School-Link Training Phase 1. School-Link Training Phase 2 was initially delivered during 2003 and regular one-day update courses continue to be provided.

School-Link Training Phase 3: Mental distress and wellbeing in aboriginal, culturally and linguistically diverse (CALD) and same sex attracted (SSA) young people provides an overview of mental health and wellbeing in these three diversity groups and addresses issues of service access and engagement, assessment and management. This course also includes an introduction to Interpersonal Psychotherapy for depressed adolescents (IPT-A) and explores the application of IPT-A for Aboriginal, SSA and CALD young people. Development of this course involved extensive consultations with Aboriginal stakeholders, including over fifty Aboriginal mental health and education workers, as well as elders and young people. School-Link Training Phase 3 was initially delivered during 2004-2005 and regular two-day update courses continue to be provided.

School-Link Training Phase 4: Coexisting mental disorder and problematic substance abuse in adolescents addresses the assessment and management of comorbid mental health and drug and alcohol issues. Discussions were undertaken with Drug and Alcohol service stakeholders to ensure that appropriate Drug and Alcohol staff access School-Link Training Phase 4. School-Link Training Phase 4 was initially delivered during 2006-2007 and regular two-day update courses continue to be provided.

School-Link Training Phase 5: Assessment and management of anxiety in children and young people was developed during 2007-2008 and two-day courses continue to be provided.

Outcomes

During 2009-2010 the following outcomes were achieved:

Over 700 participants attended School-Link Training courses comprising school and TAFE counsellors, child and adolescent mental health workers, drug and alcohol workers, Juvenile Justice psychologists and counsellors and DOCS psychologists in metropolitan, rural and regional locations.

School-Link Training Phase 1

One (2-day) update course of School-Link Training Phase 1 was conducted. All participants were provided with detailed Course Handbooks, PowerPoint notes and relevant resources.

A presentation for school counsellors to present to secondary school staff groups on adolescent depression continues to be distributed. This presentation is designed for school counsellors to deliver to teaching staff in secondary schools. Five hundred CDs were produced and were distributed by the Department of Education and Training. PowerPoint presentation and trainers' notes are provided.

The use of these CDs has been supported by presentations to school counsellors and executive staff in DET aimed at demonstrating the effective use of this resource. This resource is also being made available to non-DET schools and other agencies.

School-Link Training Phase 2

One (2-day) School-Link Training Phase 2 course was delivered. All participants were provided with a Course Handbook (204 pages), and PowerPoint notes.

A presentation for school staff groups on adolescent self-harm continues to be distributed. This presentation is designed for school counsellors to deliver to secondary teachers. PowerPoint presentation and trainers' notes are provided. Similar to the Depression CD, the use of these CDs on Adolescent Self-harm has been supported by presentations to school counsellors and executive staff in DET aimed at demonstrating the effective use of this resource. This resource is also being made available to non-DET schools and other agencies.

School-Link Training Phase 3

One (2-day) course was conducted. All participants were provided with a CD including three Handbooks (233 pages) and Readings (204 pages), PowerPoint notes and a range of resources to promote service access. Two posters promoting service access for young people were distributed to participants.

School-Link Training Phase 4

One (2-day) course was conducted. A comprehensive CD and course handouts were distributed to participants. This CD includes seventeen readings (250 pages), three clinical tools, video interviews, pre-and post-course learning activities and resources with live links between readings and internet-based resources. The CD was distributed to participants before their participation in the face-to-face training.

School-Link Training Phase 5: Assessment and management of anxiety in children and young people

was developed.

Nine (2-day) courses were conducted. A comprehensive CD and course handouts were distributed to participants. This CD includes eight readings (165 pages), video interviews (100 minutes), eight clinical tools, psychoeducation materials

for parents and teachers and resources and pre-and post-course learning activities. The CD has been distributed to participants before their participation in the face-to-face training.

A presentation for school staff groups on anxiety in children and young people was developed. This presentation is designed for school counsellors to deliver to teachers. PowerPoint presentation and trainers' notes are provided.

Similar to the Depression and Self-harm CDs, the use of these CDs for anxiety in children and young people has been supported by presentations to school counsellors and executive staff in DET aimed at demonstrating the effective use of this resource. This resource is also being made available to non-DET schools. 750 CDs were distributed.

Evaluation

School-Link Training Phase 1, 2, 3, 4 and 5 have been highly evaluated by participants, eg:

- 99% of participants stated that Phase 5 training would help them deliver a better service to their clients;
- 99% stated that were satisfied with Phase 5 training;
- 99% stated that they would recommend a colleague attend this training.

Conversion of the face-to-face School-Link Training Program to e-Learning

Face-to-face delivery of the School-Link training program by the two Statewide School-Link Training Coordinators has ceased. Work has commenced on converting the suite of five School-Link training courses to 10 e-Learning modules.

Other presentations and activities

Attendance at School-Link Training Phase 1, 2, 3 & 4 and satisfactory completion of assessable tasks has been recognised by the Higher Education Board as two units of study towards Diploma and Masters Degrees at the NSW Institute of Psychiatry.

The following additional presentations were delivered by the School-Link Training Coordinators:

- Interpersonal Psychotherapy: organised and co-presented a 2-day course with Prof Scott Stuart at NSWIOP;
- Interpersonal Psychotherapy for Adolescents (IPT-A): presented an introductory (2-day) and an advanced (1-day) course to psychiatrists training in child and adolescent psychiatry;
- Self harm in adolescents: presentation at Westmead Hospital's CHERI conference;
- Mindfulness for adolescents: organised a 1-day seminar with Mal Huxter at NSWIOP;
- Managing self-harm in schools: presentation to school-counsellors;
- Imagery Rescripting and Reprocessing Therapy: presentation to DOCS psychologists.

In addition, support and regular liaison was given to the 17 Area School-Link Coordinators in addressing local interagency issues and organising School-Link Training courses.

Mr Anthony Hillin and Dr Robert McAlpine are the Statewide School-Link Training Coordinators, NSW Institute of Psychiatry.

Specialist Mental Health Services for Older People (SMHSOP) Project

Project Officer: Ms Amelia Renu

Administrative Officer: Ms Erica Khattar

Development of a training package on Specialist Mental Health Services for Older People (SMHSOP) core competencies for managers/clinicians is currently in progress. The aims of this project are to: determine the areas of relevance for the core competencies; determine appropriate format for a training package and develop a training package; and conduct initial train-the-trainer sessions for SMHSOP directors/clinical co-ordinators/sector managers.

The project is due for completion in 2011.

Multidisciplinary & General Practitioner Postgraduate Units

Unit	Duration	Participants
Advanced Clinical Practice I (Perinatal & Infant) - SMI132	15 weeks	3
Advanced Clinical Practice I (Older Person) - SD0523	15 weeks	3
Advanced Clinical Practice II (Perinatal & Infant) - SMI133	15 weeks	8
Advanced Clinical Practice II (Older Person) - SD0524	15 weeks	4
Advanced Clinical Practice in C&A Mental Health - GMC304	15 weeks	1
Advanced Clinical Practice (Family Sensitive Practice) - SMF632	15 weeks	2
Advanced Clinical Practice: Management Complex Comorbidities - MMV432	15 weeks	5
Advanced Clinical Practice Project (Older Person) - SM0532	15 weeks	3
Becoming a Supervisor - EMV308	15 weeks	6
Clinical Consultation I (Family Therapy) - SDF620	15 weeks	4
Clinical Consultation II (Family Therapy) - SDF621	15 weeks	4
Clinical Perinatal and Infant Studies I - SDI121	15 weeks	4
Clinical Perinatal and Infant Studies II - SDI124	15 weeks	14
Clinical Supervision (GP) year 3 - EMV309-GP	15 weeks	2
Clinical Supervision (Perinatal & Infant) - SDI122	15 weeks	19
Core Perinatal & Infant Studies I - SDI111	15 weeks	19
Core Perinatal & Infant Studies II - SDI113	15 weeks	3
Cross Cultural Mental Health Care In General Practice - MVV009	15 weeks	7
Current Debates in Child & Adolescent MH - GMC302	15 weeks	3
Current Debates in Perinatal & Infant Mental Health - SMI131	15 weeks	3
Current Debates in Mental Health of Older Persons - SM0531	15 weeks	2
Current Debates in Primary MH Care: Policy & Politics - MMV431	15 weeks	1
Facilitating Recovery - GCA004	15 weeks	16
Foundations of Family Practice I - SDF615	15 weeks	8
Foundations of Family Practice II - SDF616	15 weeks	2
Independent Study - EVV050	15 weeks	5
Infant Observations I - SDI112	15 weeks	18
Infant Observations II - SDI114	15 weeks	11
Introduction to Ageing and Health - SC0511	15 weeks	14
Introduction to Attachment Theory - EVV025	15 weeks	7
Introduction to Cognitive Behaviour Therapy - EVV053	15 weeks	18
Issues in Child and Adolescent Mental Health - SCD216	15 weeks	3
Management and Leadership Skills in Mental Health Services I - EVV015	15 weeks	12
Management and Leadership Skills in Mental Health Services II - EVV016	15 weeks	1
Managing Challenging Behaviours in Old Age - GVA029	15 weeks	2
Mental Health Assessment in General Practice: Clinically Applied - MCV002	15 weeks	7
Mental Health Assessment in General Practice: Theory - MCV001	15 weeks	7

SUMMARY OF COURSE ACTIVITY 2009-2010

Mental Health Assessment of Children, Youth and Families (GP) – MVV015	15 weeks	4
Mental Health Management in General Practice: Clinically Applied – MCV004	15 weeks	9
Mental Health Management in General Practice: Theory – MCV003	15 weeks	9
Mental Health Problems of C&A I – GCC026 & GCC026(GWAHS)	15 weeks	24
Mental Health Problems of C&A II – GCC027	15 weeks	9
Mental Illness & Substance Abuse – EVV017	15 weeks	7
Orientation to C&A Mental Health – GCC003 & GCC003(GWAHS)	15 weeks	24
Population Health Approach to Mental Health Services – GCV001	15 weeks	12
Primary Health Care and the Older Person – SC0516	15 weeks	11
Psychological Disorders of Older Person I – SC0512	15 weeks	13
Psychological Disorders of Older Person II – SC0513	15 weeks	14
Recovery Oriented Mental Health Practice and Systems – GCA005	15 weeks	6
Research Methods - Introduction – EDV036	15 weeks	17
Research Project – EMV306	15 weeks	1
Special Topics in Family Therapy – EVV012	15 weeks	1
Supportive Psychotherapy in GP – MVV434	15 weeks	6
Therapeutic Perspectives in Adult Mental Health – GMA303	15 weeks	2
Transcultural MH Centre Unit (Psychological Disorders) – SC0512U	15 weeks	3
Total - 57 Units		423

Continuing Professional Development Workshops

Unit	Duration	Participants
Assessment in Mental Health: Practice and Systems – CPD035	1 day	12
Core Skills in Family Sensitive Practice – CPD015	2 days x 2	15
Cross Cultural Mental health Care in General Practice Workshop – CPD030	1 day	10
Debate April 2010 – Current Debates in Mental Health Theory & Practice	1 day	70
Facilitating Recovery Workshop – CPD027	3 days x 2	65
Introduction to Cognitive Behavioural Therapy – CPD033	3 days x 2	41
Interpersonal Psychotherapy for Adolescents (IPT-A) – CPD048	3 days	9
Interpersonal Psychotherapy (IPT) – with Professor Scott Stuart	2 days	25
Literature Skills Workshop - WLW001	1 day	27
Mental Health Assessment in General Practice Workshop – CPD036	2 days	8
Mental Health Assessment of Children and Youth – CPD038	1 day	7
Mental Health Management in GP – CPD037	1 day	9
Mental Illness and Substance Abuse Workshop – CPD013	3 days	8
Mindfulness as Therapy for Adolescents Workshop – CPD040	1 day	33
Practical Cognitive Assessment of Older Persons – CPD051	1 day	14
Psychopharmacology for Mental Health Professionals – CPD039	2 days x 3	55
Supportive Psychotherapy in GP – CPD031	1 day	7

SUMMARY OF COURSE ACTIVITY 2009-2010

Understanding and Managing Challenging Behaviours – CPD047	1 day	10
Writing Skills Workshop - WSW001	1 day	27
Total – 19 Workshops		452

Courses for Medical Practitioners

Unit	Duration	Participants
Advanced Training in the Psychotherapies - ATP	1 year	20
Child, Adolescent and Family Psychiatry - CAFP	2 years	12
Master of Psychiatry - MPSY	3 years	234
Total – 3 Courses		266

Consumer, Carer and Community Programs

Unit	Duration	Participants
Community Connections Carnival	1 day	100
Consumer Advocacy Course - COM002	3 days	12
Drugs, Alcohol & Mental Illness: Introduction - COM009	1 day	41
Drugs, Alcohol & Mental Illness: Assessment- COM010	1 day	32
Drugs, Alcohol & Mental Illness: Intervention - COM011	1 day	40
Mental Health Assessment - COM015	1 day	4
Mental Health Literacy - COM005	2 x 1 day	25
Risk, Assessment & Crisis Management - COM006	1 day	18
Supporting Recovery – COM007	2 x 1 day	34
Understanding Mental Health & Wellbeing (Auseinet Module)	6 x 1 day	90
Understanding Personality Disorders – COM017	1 day	28
Understanding Voices and Working Towards Recovery – RMA01	1 day	17
Total – 11 Workshops		441

Customised Off-Campus Courses

Unit	Duration	Participants
Advanced Clinical Supervision, GSAHS – Canberra	½ day	11
Cognitive Behavioural Therapy (CBT), GSAHS – Country	11 days	114
Centacare – Canberra	5 days	62
Child & Adolescent MH Workshop, SESIAHS – Sydney	1 day	19
Clinical Supervision – ACT Mental Health	1 day	9
Clinical Supervision – Brain Injury Unit	1 day	8
Clinical Supervision – GSAHS Wagga	2 days	15
Clinical Supervision – GSAHS Queanbeyan	1 day	18

SUMMARY OF COURSE ACTIVITY 2009-2010

Clinical Supervision – SMHOPS Canberra	½ day	14
Consumer Advocacy – ACT Mental Health Canberra	3 days	13
Crisis Intervention – COMHET Bankstown	2 days	30
Current thinking and practices in rehabilitation in MH – Hunter MH Newcastle	2 days	25
Introduction to Mental Health Medication – Rape Crisis Service– Sydney	1 day	12
Management of depression & anxiety in adolescents – GPCE Workshops	1 day	147
Medication Training – MAST Surry Hills	1 day	12
Mental Health, Centrelink – Sydney	1 day	28
Mental Illness and Substance Misuse – Introduction, NNCCAHS – Manly	1 day	12
Rehabilitation & Recovery – SWSAHS	3 days	21
Rivendell Supervision, SSWAHS – Concord	11 days	180
Safe Custody Workshops – NSW Police	4 days	127
Suicide Assessment and Management, ACT Mental Health – Introduction	1 day	29
Suicide Assessment and Management, ACT Mental Health – Advanced	1 day	28
Suicide Assessment and Management – Transcultural MH Centre	1 day	12
Suicide, Risk Assessment ACT Mental Health – Dept of Justice and Safety	1 day	13
Treatment Based MH Skills for Co morbidity Conditions – GP Murrumbidgee	1 day	12
Working with People who experienced Trauma – Transcultural MH Centre	1 day	6
Working with People diagnosed with BPD – Transcultural MH Centre	½ day	4
Total – 27 Programs		981

Special Projects

Unit	Duration	Participants
Accredited Persons Training Project	2-day workshops	56
AMHOCN Project	1-2 day workshops	594
Crossing Bridges COPMI Training Project	1-day workshops	540
Department of Immigration and Citizenship (DIAC) Project	1-day workshops	188
Mental Health Legislative Framework Training Project	1-day workshops	439
Mental Health Emergency Care (MHEC) Project	3-day workshops	93
School Link Statewide Training Program	1-2 day workshops	700
Total – 7 Projects		2610

Total number of participants attending all programs

5173

TRAINING FELLOWSHIPS

Training Fellowships in Child, Adolescent and Family Psychiatry, Special Training in Psychiatry and Research are allocated each year. The scheme is competitive and successful applicants receive grants of between one and two years' duration. This scheme is funded by the NSW Health Department and is administered by the Institute. In addition to receiving training, Fellows (who are usually senior clinicians) provide an essential clinical service at hospitals and community centres where they are placed. This service is funded by the fellowship scheme and is provided at no cost to those institutions.

Fellowships in the field of Intellectual Disability Mental Health are offered by the New South Wales Institute of Psychiatry in conjunction with Ageing, Disability and Home Care (ADHC) NSW. This is a developing subspecialty area of psychiatric practice. Increasingly, all psychiatrists are contributing to the care of people with intellectual disability. Training Fellowships in Intellectual Disability Mental Health are offered for periods up to 12 months. The Fellowships provide an opportunity for training in the specific area of intellectual disability mental health, primarily in clinical work but which may include a research component. They are designed to enable fellows to acquire skills which will not be possible without the Fellowships.

Child, Adolescent and Family Psychiatry Fellowships

Dr Jacqueline Canessa completed her Fellowship during the period.

Dr Katie Frankish continued her Fellowship during the period.

Dr Cybele Dey recommenced her Fellowship during the period.

Dr Sally Cleworth, Dr Georgios Liangas, Dr Ursula Ptok and Dr Sameh Younan commenced their Fellowships on 18 January 2010.

Training in Research Fellowships

Dr Alex Apler, Dr Alyosha Jacobson, Mr Luke Johnston, Ms Paula Watkins and Dr Deepinder Miller completed their Fellowships during this period.

Mr Anton du Toit commenced his Fellowship entitled: "A retrospective outcome study of an intensive residential intervention for complex child mental health problems" on 4 January 2010.

Dr Neil Jeyasingam commenced his Fellowship entitled: "Prevalence of Personality Disorders in Geriatric Admissions" on 18 January 2010.

Dr Daniel Pellen commenced his Fellowship entitled: "A computerised psychological treatment for problematic cannabis use in early psychosis" on 18 January 2010.

Dr Michelle Smith commenced her Fellowship entitled: "Validation of the Postnatal Risk Questionnaire: a pilot study" on 1 March 2010.

Special Training Fellowships

Dr Margot Phillips, Dr Shulamit Futeran, Dr Millie Ho and Dr Glen Smith completed their Fellowships during the period.

Dr Matthew Davies commenced his Fellowship entitled "E-Mental Health" on 19 July 2009 and finished on 18 January 2010.

Dr Leticia Aydos commenced her Fellowship entitled: "Perinatal Psychiatry Training: developing skills across a maternity hospital and a community-based early intervention service" on 20 January 2010.

Dr David Bell commenced his Fellowship entitled: "The effects of exposure to humour of patients presenting to an acute psychiatric ward" on 18 January 2010.

Dr Lahvinya Kulaendra commenced her Fellowship entitled: "Perinatal and early infancy Fellowship" on 18 January 2010.

Dr Kitty Lo commenced her Fellowship entitled: "Effectiveness and safety in the use of varenicline in patients with schizophrenia" on 18 January 2010.

Intellectual Disability Mental Health Fellowships

Dr Ramesh Vannitamby commenced his Fellowship on 20 July 2009.

HONORARY FELLOWSHIPS

In April 2010, the inaugural Honorary Fellowship Awards of the NSW Institute of Psychiatry were implemented, following a consultative process and the establishment of an Honorary Fellowships Awards Committee.

A nomination and approval process for the awarding of fellowships was established. The general criteria for awarding of the fellowships are outstanding service to The NSW Institute of Psychiatry or a recognised contribution to the advancement of mental health education or research.

Three recipients were appointed as the inaugural 2010 Honorary Fellows of the NSW Institute of Psychiatry, in honour of their outstanding contributions to the organisation. Professor Tony Baker, Mr Robert Fritchley and Judge Angela Karpin received their awards during the NSWIOP Postgraduate Graduation Ceremony in April 2010. The awards were presented by Institute Board Member, Mr Phil Escott.

2010 Honorary Fellow of the NSW Institute of Psychiatry Professor Tony Baker

Chair of the Academic Board who has made and continues to make a major contribution to establishing the academic governance structure of the Institute.



2010 Honorary Fellow of the NSW Institute of Psychiatry Mr Robert Fritchley

Former Manager of the Institute for 29 years, whose advocacy for mental health education in general and the Institute in particular, evidences his passion and dedication.

2010 Honorary Fellow of the NSW Institute of Psychiatry Judge Angela Karpin

Former Chair of the Institute Board for 9 years and current Chair of the Ethics Committee and the Standing Committee for Community Outreach and Education.



RESEARCH ETHICS COMMITTEE

Judge Angela Karpin chairs the Institute's Research Ethics Committee. The committee is approved by the National Health and Medical Research Council (NHMRC). Dr Ros Markham is Secretary of the Committee and Ms Erica Khattar provides administrative support. In the reporting period to 30 June 2010, one research application was approved: "The Understanding of Mental Illness by Traditional Healers in Botswana" by Dr Andrew Ntsowe, approved on 30 September 2009.

WORLD HEALTH ORGANISATION

During this reporting period the Institute continued as a World Health Organisation (WHO) Collaborating Centre in Mental Health and Substance Abuse. Under this program, WHO funds Fellows to undertake training programs in mental health and substance misuse offered by the Institute.

The Institute hosted 24 senior Indian doctors who had been awarded one month WHO Fellowships in Drug and Alcohol Medicine, from 12 October to 4 November 2009.

The Institute also hosted Dr Gaspar Quintao from East Timor for three months from 24 May 2010 to 13 August 2010, supported by Papua New Guinea University and AusAid.

MULTICULTURAL POLICIES AND SERVICES PLAN

The Institute continues to ensure that all of its educational programs promote the principles of multiculturalism and emphasise the importance of cross-cultural issues. During the reporting period 2009-2010, the following programs with a specific cross-cultural focus were conducted.

For the next reporting period, 2010-2011, the Institute will continue to address multicultural issues in course planning and review and continue to ensure representation from cross-cultural stakeholders in Course Advisory Committees and Academic Planning meetings.

Community workshops, presentations and consultations

- Ms Cherie Carlton's Community Programs refer to culture and the significance of cultural context and diversity within the context of mental ill health and substance use.
- Ms Michelle Everett and Ms Christine Senediak were involved in training intern psychologists at the Transcultural Mental Health Centre
- Dr Diba Pourmand conducted a 6-month series of workshops for bilingual clinicians on: "Mental Health of Older Persons in the Cross Cultural Context", with the collaboration of the Transcultural Mental Health Centre.
- Dr Diba Pourmand ran Group Psychoeducation sessions for Farsi speaking women at the Iranian Community Centre (Hamyari Centre) in North Parramatta
- Dr Diba Pourmand was involved in a Family Planning Group Working Party at the Transcultural Mental Health Centre, Griffith.
- Dr Diba Pourmand conducted a women's group for Sudanese women at Bankstown Community Centre.

MULTICULTURAL POLICIES AND SERVICES PLAN (continued)

- Ms Christine Senediak, Dr Diba Pourmand and Ms Michelle Everett worked with a Sudanese Community organisation this year and presented at their "Happiness Forum" in April 2010.

Department of Immigration and Citizenship Workshops

- Mr Peter Bazzana conducted training sessions for the Department of Immigration and Citizenship on "Mental Health Awareness", which include a cross-cultural component.

Health Care Interpreters Course

- The Institute continues to offer the "Health Care Interpreters" workshop series every 2 years, in conjunction with the Sydney West Health Care Interpreter Service. The course will be conducted again in the next reporting period.

Medical Programs

- The Child, Adolescent and Family Psychiatry Course offers cross-cultural components throughout the course curriculum.
- The General Practitioner Postgraduate Program includes a unit and workshop on "Cross Cultural Mental Health Care in General Practice".
- The Master of Psychiatry/Postgraduate Course in Psychiatry offers cross-cultural components throughout the course curriculum.

Postgraduate Programs

- The Adult Mental Health Program offers a cultural competency segment in the "Population Health Approach" workshop; a "Cultural Issues in Psychotherapy" topic in the Therapeutic Perspectives in Adult Mental Health unit; and specific content regarding the impact of pre- and post-migration trauma in the new "Trauma and Mental Health" units, which received input from the Transcultural Mental Health Centre.
- The Perinatal & Infant Postgraduate programs offer the following cross-cultural focused sessions: "The Cultural Context of Early Development"; "Aboriginal Families and Communities"; "Principles of Assessment I – Assessment of the Infant and Family, including Cultural Issues"; "Families in High Risk Environments – Issues of Poverty, Ethnicity and Chaos"; "Reviewing the Cultural and Societal Context of Perinatal & Infant Mental Health"; "Reviewing Dilemmas in the Provision of Non-Parental Care: Childcare in a Social and Cultural Context"; and "Psychological Tests and Assessment of Parenting Capacity: Culture Fairness".
- The Family Therapy Postgraduate Program offers cross-cultural components throughout the program.
- The Child and Adolescent Postgraduate Program offers cross-cultural components throughout the program.
- The Older Persons Postgraduate program offers the "Mental Health of Older Persons in Cross-Cultural Context" unit, in conjunction with the Transcultural Mental Health Centre.

EQUAL EMPLOYMENT OPPORTUNITY (EEO)

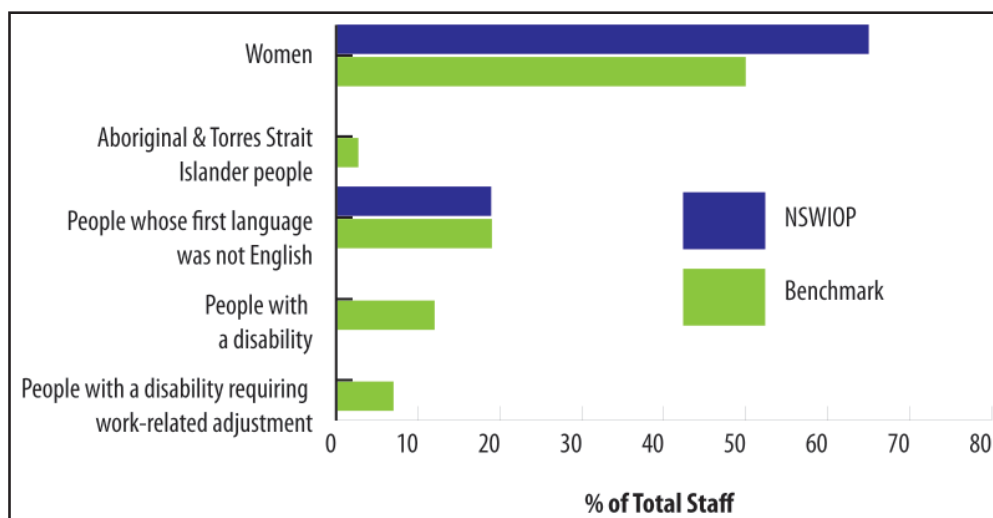
Statistical Information on EEO target groups

1 Staff numbers are as at 30 June

2 Excludes casual staff

3 Minimum target by 2015

Table 1. Trends in the Representation of EEO Groups 1

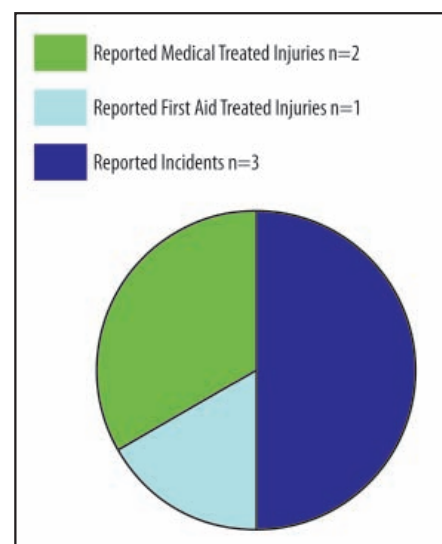


The Institute aims to provide fair and equitable employment opportunities conducted without discrimination, to ensure and promote equal employment opportunities inclusive of women, racial minorities and the physically disabled. The Institute strives to ensure that its workplace is free of discrimination and harassment. Staff are encouraged to take advantage of flexible working arrangements and leave options to help them maintain an effective work and life balance.

OCCUPATIONAL HEALTH AND SAFETY (OHS)

Financial Year in Summary: Accident/Injury 2009-10

Date of Injury	Cause of Accident	Action Plan to Prevent Accident Re-Occurring	Workers Compensation Claim for Medical Expenses
30 Jan 2009	Motor vehicle accident on way home from work	n/a	Yes
7 Aug 2009	Shut filling drawer on finger	n/a	No
2 Mar 2010	Fall off steps at external facility when lecturing	n/a	Yes



NSWIOP has two officers currently certified as First Aid Officers. These officers attend annual training in line with the continued commitment to comply with safety requirements in the workforce. In addition, NSWIOP management continues to support and promote the health and wellbeing of staff in the workplace by subsidising healthy lunchtime activity programs.

DISABILITY PLAN

The Institute provides mental health education to clinicians, allied health personnel, consumers, carers and NGO community workers. We are committed to creating and promoting opportunities for people with disabilities (mental and physical) and their carers to participate in our courses, through improved services and access to facilities. We are committed to raising awareness of mental health disability issues through specific workshops for consumers and carers. We are committed to promoting diversity and equal opportunities in our workforce.

Identifying and removing barriers to services for people with a disability

- Physical access to building
- Designated disabled parking areas
- Toilet facilities for people with disabilities
- Development of accessible elearning formats and distance learning opportunities
- Promoting an inclusive environment and Equal Employment Opportunities
- Providing adaptive technology
- Easily accessible student hot desks

Educational information formats that are accessible to people with a disability to participate in our courses

- Expanding our learning programs to include more distance learning opportunities
- Teaching and learning materials available in various formats: hard-copy, CD-ROM, Moodle, online streaming, video-conferencing, podcasts, and easier access to classrooms
- Adjustments made to learning formats as requested e.g. larger print
- Adaptive software provided to facilitate access to information and communication e.g. magnification and speech
- Special needs support available for students experiencing difficulties in learning, including students with mild intellectual disability and/or physical ailments.
- Distance education and elearning options available to allow greater flexibility and easier access.

Making buildings and facilities physically accessible to people with a disability

- Upgrading of some lecture rooms to include hearing loop facilities. First front row of the tiered seating to be replaced by free standing chairs to allow access for wheelchairs
- Ramps available on request to allow wheelchair access to the building
- Disabled toilets and easy to operate mixer-taps in toilet and kitchen area
- Telephone headsets available on request
- Provided designated parking specifically for disabled drivers
- Additional classroom assistance for people with a disability
- Improved physical access to student hot desks.

Increasing employment participation of people with a disability

- Exploring avenues where staff with disabilities can complement the workforce
- Workplace diversity increased to include a person with a disability in the workforce (contract staff)
- Promote positive attitudes in the workforce and a culture of Equal Employment Opportunity.

WASTE REDUCTION AND PURCHASING POLICY (WRAPP)

The Institute endorses the principles of the NSW Government's Waste Reduction and Purchasing Policy (WRAPP). Strategies implemented to reduce waste include promoting double-sided printing, disposing of old e-waste to recycling companies for reuse, shredding and recycling paper documents, continued support for the recycling of waste paper and toner cartridge products.

Strategies to increase purchases of recycled content products include purchasing of copy paper from suppliers certified against the ISO standards for quality and environmental management.

All Institute internal lights and air-conditioners are switched off each night to reduce use of electricity consumption and assist the reduction of our carbon footprint. Plans are underway to upgrade the current air-conditioning system to an improved and more energy efficient system.

PRIVACY AND PERSONAL INFORMATION PROTECTION

The Institute complies with the requirements of the Privacy and Personal Information Protection Act 1998 in collection of data from our students. A privacy statement is included in the Course Application Form which clearly states:

"The information you supply on this form is needed by the NSWIOP to manage your enrolment and participation. The NSWIOP will also use the information to notify you of the NSWIOP's future courses and events. If you do not wish to receive this information please tick this box. No personal information will be disclosed outside the NSWIOP without your express consent, except where required by law. Enquiries should be directed in the first instance to NSWIOP on (02) 9840 3833."

Information collected is stored securely in a password-protected environment with a secure data backup system. Students may have access to their information upon request and they are encouraged to keep their information accurate and up-to-date through submission of an "Enrolment Variation" Form which is publicly available on the NSWIOP website and which is included in all student learning packages given to students on CD-ROM.

GENERAL USE OF INSTITUTE FACILITIES

The Institute encourages various groups, associations and government departments to use its facilities for meetings and education programs and during the period 1 July 2009 to 30 June 2010 the following have done so:

- Centre for Population Health
- Children's Court Clinic
- Children's Hospital Westmead
- Community Forensic Mental Health
- Department of Ageing, Disability & Home Care - Regional Casework Consultant Team
- Education Centre Against Violence (ECAV)
- Industries Mutual Credit Union
- Interpreter Services, SWAHS
- Sydney West Area Health Service
- The College of Medical Hypnosis



The Year in Review 2010

Statement of Comprehensive Income (\$'000)

	2010	2009
Total Revenue	8,689	9,667
Total Expenses	6,527	7,106
Surplus (Deficiency)	2,162	2,561

The Institute has experienced an 11% overall reduction in revenue. This has translated in a 16% reduction in surplus for the year.

The operating result this year is a surplus of K\$2,162 compared with a surplus of K\$2,561 the previous year. The Institute had fewer projects in this financial year than last financial year. The Institute received a one-off payment from the NSW Health Department for IT and Infrastructure development.

Statement of Financial Position (\$'000)

	2010	2009
Total Assets	12,971	9,980
Total Liabilities	5,299	4,470
Net Assets (Equity)	7,672	5,510

In summary, at 30 June 2010, the statement of Financial Position shows that the Net Assets/Equity of the Institute was K\$7,672. This compared with K\$5,510 for the 2008/09 year, an increase of K\$2,162 which arose as a result of an increase in total assets of K\$2,991 offset by an increase in total liabilities of K\$829.

Current Assets increased by K\$2,947 due to an increase in Cash K\$3,294 and a decrease in receivables of K\$347. Non-current assets increased by K\$44 net, as there was some acquisition of new assets during the period.

Total liability at 30 June 2010 of K\$5,299 was an increase of K\$829 (19%) over 2009, compared to a 3% decrease in the previous year.

Government Funding

The overall normal funding from government has not seen any significant increase. There was a specific grant of K\$189 received from the NSW Health Department for the development of Psychiatric Courses to enable the Institute to meet the requirements of the NSW Department of Education's Higher Education Directorate. The Institute also received a one-off payment of K\$1,200 for improvement and enhancement of Fellowship Programs from the NSW Health Department.

On the recurrent budget the increase of funding is the same as previous years.

Comparison of funding this year is in line with previous years, which is around a 2% to 3% increase on the previous year's funding.

External Review Source

The Institute has experienced a reduction in its major revenue sources. The Institute was less successful in project tendering as well as a decrease in earnings from course fees for the year under review. Earnings from tendering this year have decreased to (K\$2,901) as compared to (K\$3,411) in 2008/09, a decrease of 15% compared to an increase of 48% the previous year. Earnings from course fees have decreased to K\$1,487 as compared to K\$1,578 in 2008/09, a decrease of 6%.

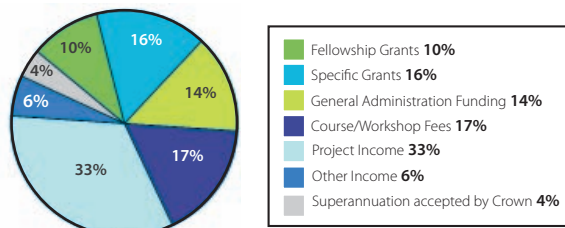
Interest Income

The Institute has implemented a strategy whereby funds for employee entitlements and surplus from earnings are invested in Treasury Corporation Hour Glass Facilities. Investments in these facilities have earned the Institute K\$361 (K\$357) on average, a compounded rate of return of 3.74% p.a. this year and (5.23%) p.a. the previous year. This is a 29% decrease in earnings on the previous year, reflecting a decrease in interest rates in the economy during the year under review.

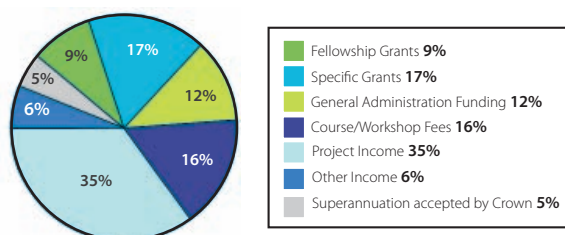
Dissection of Revenue (\$'000)

	2010	2009
Fellowship Grants	840	840
Specific Grants	1,389	1,687
General Administration Funding	1,182	1,134
Course/Workshop Fees	1,487	1,578
Project Income	2,901	3,411
Other Income	525	555
Superannuation accepted by the Crown	365	462
Total	8,689	9,667

Dissection of Revenue 2010



Dissection of Revenue 2009



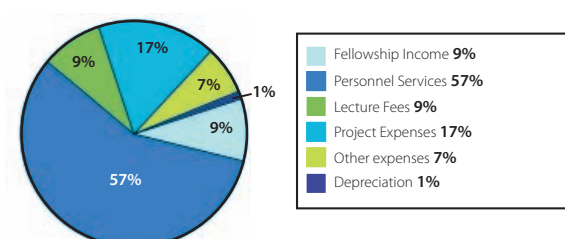
Expenses

This year has seen an overall decrease in expenditure. This decrease is in line with decreased activities and the operating result. Overall, expenses this year have decreased by K\$579 (9%). Personnel Services Expenses decreased as a result of a decrease in activities of K\$143 (4%). There was an increase in fellowship expenses of K\$138 (21%); lecturer expenses increased by K\$4 (1%) and other operating expenses decreased by K\$73 (15%).

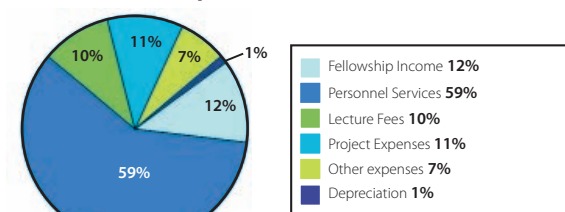
Dissection of Expenditure (\$'000)

	2010	2009
Fellowship Allowances	797	659
Personnel Services	3,882	4,025
Lecture Fees	620	616
Project Expenses	730	1,236
Other Expenses	434	507
Depreciation	64	63
Total	6,527	7,106

Dissection of Expenses 2010



Dissection of Expenses 2009





THE NEW SOUTH WALES INSTITUTE OF PSYCHIATRY

STATEMENT BY THE MEMBERS OF THE BOARD OF DIRECTORS FOR THE YEAR ENDED 30 JUNE 2010

We declare that, in accordance with Section 41C (1A) and (1B) of the Public Finance and Audit Act, 1983, we are of the opinion that the financial report for the year ended 30 June 2010 (attached):

- 1) exhibits a true and fair view of the financial position and performance of the New South Wales Institute of Psychiatry;
- 2) has been prepared in accordance with Public Finance and Audit Act, 1983, The Public Finance and Audit Regulation, 2005, and the Treasurer's Directions and in compliance with Australian Accounting Standards, which include Australian Accounting Interpretations.

Further we are not aware of any circumstances which would render any particulars included in the financial report to be misleading or inaccurate.

Dr Roslyn Montague
Director, Board Member

Rich Glover
Chief Finance Officer



GPO BOX 12
Sydney NSW 2001

INDEPENDENT AUDITOR'S REPORT

New South Wales Institute of Psychiatry

To Members of the New South Wales Parliament

I have audited the accompanying financial statements of the New South Wales Institute of Psychiatry (the Institute), which comprises the statement of financial position as at 30 June 2010, the statement of comprehensive income, statement of changes in equity and statement of cash flows for the year then ended, a summary of significant accounting policies and other explanatory notes.

Auditor's Opinion

In my opinion, the financial statements:

- present fairly, in all material respects, the financial position of the Institute as at 30 June 2010, and its financial performance for the year then ended in accordance with Australian Accounting Standards (including the Australian Accounting Interpretations)
- are in accordance with section 41B of the *Public Finance and Audit Act 1983* (the PF&A Act) and the Public Finance and Audit Regulation 2010

My opinion should be read in conjunction with the rest of this report.

The Board's Responsibility for the Financial Statements

The members of the Board are responsible for the preparation and fair presentation of the financial statements in accordance with Australian Accounting Standards (including the Australian Accounting Interpretations) and the PF&A Act. This responsibility includes establishing and maintaining internal controls relevant to the preparation and fair presentation of financial statements that are free from material misstatement, whether due to fraud or error; selecting and applying appropriate accounting policies; and making accounting estimates that are reasonable in the circumstances.

Auditor's Responsibility

My responsibility is to express an opinion on the financial statements based on my audit. I conducted my audit in accordance with Australian Auditing Standards. These Auditing Standards require that I comply with relevant ethical requirements relating to audit engagements and plan and perform the audit to obtain reasonable assurance whether the financial statements are free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial statements. The procedures selected depend on the auditor's judgement, including the assessment of the risks of material misstatement of the financial statements, whether due to fraud or error. In making those risk assessments, the auditor considers internal controls relevant to the Institute's preparation and fair presentation of the financial statements in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Institute's internal controls. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by the members of the Board, as well as evaluating the overall presentation of the financial statements.

I believe that the audit evidence I have obtained is sufficient and appropriate to provide a basis for my audit opinion.

My opinion does *not* provide assurance:

- about the future viability of the Institute
- that it has carried out its activities effectively, efficiently and economically
- about the effectiveness of its internal controls.

Independence

In conducting this audit, the Audit Office of New South Wales has complied with the independence requirements of the Australian Auditing Standards and other relevant ethical requirements. The PF&A Act further promotes independence by:

- providing that only Parliament, and not the executive government, can remove an Auditor-General
- mandating the Auditor-General as auditor of public sector agencies, but precluding the provision of non-audit services, thus ensuring the Auditor-General and the Audit Office of New South Wales are not compromised in their role by the possibility of losing clients or income.



Heather Watson
Director, Financial Audit Services

22 December 2010
SYDNEY

THE NEW SOUTH WALES INSTITUTE OF PSYCHIATRY
STATEMENT OF COMPREHENSIVE INCOME FOR THE YEAR ENDED 30 JUNE 2010

	Notes	2010 \$000	2009 \$000
REVENUES			
Contributions from State Government	2	3,776	4,124
Course Fees		1,487	1,578
Project Income		2,901	3,411
Other Income	3	150	202
Gain/(Loss) on Disposal of Non-current Assets	4	14	(5)
Interest Received		361	357
Total Revenues		8,689	9,667
EXPENSES			
Personnel Services	5	3,882	4,025
Fellowship Allowances & Expenses		797	659
Lecture Fees		620	616
Project Expenditure		730	1,236
Other Operating Expenses	6	434	507
Depreciation		64	63
Total Expenses		6,527	7,106
SURPLUS / (DEFICIT) FOR THE YEAR		2,162	2,561
TOTAL COMPREHENSIVE INCOME FOR THE YEAR		2,162	2,561

The accompanying notes form part of these financial statements.

THE NEW SOUTH WALES INSTITUTE OF PSYCHIATRY
STATEMENT OF FINANCIAL POSITION AS AT 30 JUNE 2010

	Notes	2010 \$000	2009 \$000
CURRENT ASSETS			
Cash	7	9,138	6,344
Other Financial Assets	8	3,000	2,500
Receivables	9	655	1,002
TOTAL CURRENT ASSETS		<u>12,793</u>	<u>9,846</u>
NON CURRENT ASSETS			
Plant and Equipment	10	149	76
Intangibles	11	29	58
TOTAL NON-CURRENT ASSETS		<u>178</u>	<u>134</u>
TOTAL ASSETS		<u>12,971</u>	<u>9,980</u>
CURRENT LIABILITIES			
Payables	12	5,299	4,470
TOTAL CURRENT LIABILITIES		<u>5,299</u>	<u>4,470</u>
NET ASSETS		<u>7,672</u>	<u>5,510</u>
REPRESENTED BY:			
EQUITY			
Accumulated Funds	13	7,672	5,510
TOTAL EQUITY		<u>7,672</u>	<u>5,510</u>

The accompanying notes form part of these financial statements.

THE NEW SOUTH WALES INSTITUTE OF PSYCHIATRY
STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 30 JUNE 2010

	Notes	2010 \$000	2009 \$000
CASH FLOWS FROM OPERATING ACTIVITIES			
PAYMENTS			
Personnel Services		(3,480)	(3,588)
Suppliers and Other Expenses		(2,672)	(2,983)
		<u>(6,152)</u>	<u>(6,571)</u>
RECEIPTS			
Contributions from State		3,540	2,666
Course Fees		1,760	1,636
Project Income		3,723	4,107
Interest Received		361	404
Other		154	202
		<u>9,538</u>	<u>9,015</u>
NET CASH PROVIDED BY OPERATING ACTIVITIES	13	<u>3,386</u>	<u>2,444</u>
CASH FLOWS FROM INVESTING ACTIVITIES			
Purchase of Investment		(500)	0
Payment for purchase of Plant & Equipment		(124)	(23)
Proceeds from the Sale of Plant and Equipment		32	
NET CASH USED IN INVESTING ACTIVITIES		<u>(592)</u>	<u>(23)</u>
Net Increase/(Decrease) in Cash Held		2,794	2,421
Cash at the beginning of the financial year		<u>6,344</u>	<u>3,923</u>
Cash at the end of the financial year	7	<u><u>9,138</u></u>	<u><u>6,344</u></u>

The accompanying notes form part of these financial statements.

THE NEW SOUTH WALES INSTITUTE OF PSYCHIATRY
STATEMENT OF CHANGES IN EQUITY FOR THE YEAR ENDED 30 JUNE 2010

	2010 \$000	2009 \$000
Accumulated funds at start of year	5,510	2,949
Surplus/(Deficit) for the year	<u>2,162</u>	<u>2,561</u>
Accumulated funds at end of year	<u>7,672</u>	<u>5,510</u>

The accompanying notes form part of these financial statements.

THE NEW SOUTH WALES INSTITUTE OF PSYCHIATRY
NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2010
STATEMENT OF SIGNIFICANT ACCOUNTING POLICIES

Reporting Entity

The financial statements are for the New South Wales Institute of Psychiatry (the Institute) under the *New South Wales Institute of Psychiatry Act 1964*. It is scheduled as a statutory body under the *Public Finance and Audit Act 1983*. No other entity is subject to its control.

The financial statements for the year ended 30 June 2010 have been authorised for issue by the Board on 20 December 2010.

1. Accounting Policies

(a) Basis of Preparation

The financial statements are general purpose financial statements which have been prepared in accordance with applicable Australian Accounting Standards, (which include Australian Accounting Interpretations) the requirements of the *Public Finance and Audit Act 1983* and Regulation 2010; and Treasurer's directions.

Property, plant and equipment and certain financial instruments are measured at fair value. Other financial statements items are prepared in accordance with the historical cost convention.

Judgements, key assumptions and estimations management has made are disclosed in the relevant notes to the financial statements.

All amounts are rounded to the nearest one thousand dollars (\$1,000) and are expressed in Australian currency.

(b) Income Recognition

Income is measured on an accruals basis at the fair value of the consideration or contribution received or receivable. Additional comments regarding the accounting policies for the recognition of income are discussed below.

(i) Government Contributions

Government Contributions and Contributions from Other Bodies (including grants and donations) are generally recognised as income when the Institute obtains control over the assets comprising the appropriations/contributions. Control over appropriations and contributions are normally obtained upon the receipt of cash.

THE NEW SOUTH WALES INSTITUTE OF PSYCHIATRY

NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2010

(ii) Sale of Goods

Revenue from the sale of goods is recognised as revenue when the Institute transfers the significant risks and rewards of ownership of the assets.

(iii) Rendering of Services

Revenue is recognised when the service is provided or KPI's were attained or by reference to the stage of completion (based on labour hours incurred to date).

(iv) Investment Income

Interest revenue is recognised using the effective interest method as set out in AASB 139 Financial Instruments: *Recognition and Measurement*.

(c) Personnel Services

All employees of the Institute reside with the Department of Health. Staff costs are shown in the statement of comprehensive income as personnel services in the financial statements of the Institute. Provisions in the Statement of Financial Position represent amounts payable to the Department of Health in respect of personnel services.

(d) Superannuation

The Institute's liability for defined benefit superannuation is assumed by the Crown Entity. The agency accounts for the liability as having been extinguished; resulting in the amount assumed being shown as part of the non-monetary revenue item described as "Contribution from State Government".

The superannuation expense for the financial year is determined by using the formulae specified in the Treasurer's Directions. The expense for certain superannuation schemes (i.e. Basic Benefit and First State Super) is calculated as a percentage of the employees' salary. For other superannuation schemes (i.e. State Superannuation Scheme and State Authorities Superannuation Scheme), the expense is calculated as a multiple of the employees' superannuation contributions.

(e) Insurance

The Institute's Insurance activities are conducted through the NSW Treasury Managed Fund Scheme of self insurance for Government agencies. The expenses (premium) are determined by the Fund Manager based on past claims experience.

THE NEW SOUTH WALES INSTITUTE OF PSYCHIATRY
NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2010

(f) Rent and Other Costs

The Institute is located on the grounds of Cumberland Hospital. No rent is paid on the premises occupied by the Institute. Estimates provided by commercial property agents in the Parramatta district state that a fair rent for property of a similar size would be about \$600,000 - \$700,000 (\$500,000 - \$600,000; 2008/09) per annum.

(g) Accounting for the Goods and Services Tax (GST)

Revenues, expenses, assets and liabilities are recognised net of the amount of GST, except the amount of GST incurred by the Institute as a purchaser that is not recoverable from the Australian Taxation Office (ATO). In these circumstances, the GST is recognised as part of the cost of acquisition of an asset or as part of an item of expense.

Receivables and payables are stated with the amount of GST included.

The net amount of GST recoverable from, or payable to, the ATO is included as a current asset or liability in the Statement of Financial Position.

Cash flows are included in the statement of cash flows on a gross basis. However the GST components of cash flows arising from investing and financing activities which are recoverable from, or payable to, the ATO are classified as operating cash flows.

(h) Acquisition of Assets

The cost method of accounting is used for the initial recording of all acquisitions of assets controlled by the Institute. Cost is the amount of cash or cash equivalents paid or the fair value of the other consideration given to acquire the asset at the time of its acquisition or construction or, where applicable, the amount attributed to that asset when initially recognised in accordance with the specific requirements of other Australian Accounting Standards.

Assets acquired at no cost, or for nominal consideration, are initially recognised as assets and revenues at their fair value at the date of acquisition.

Fair value means the amount for which an asset could be exchanged between knowledgeable, willing parties in an arm's length transaction.

Where payment for an item is deferred beyond normal credit terms, its cost is the cash price equivalent, i.e. the deferred payment amount is effectively discounted at an asset-specific rate.

THE NEW SOUTH WALES INSTITUTE OF PSYCHIATRY

NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2010

(i) Capitalisation Thresholds

Plant and equipment and intangible assets individually costing \$5,000 and above (or forming part of a network costing more than \$5,000) are capitalised.

(j) Revaluation of Plant and Equipment

There has been no revaluation of any of the Institute's plant and equipment as they are non-specialised assets. Non-specialised assets with short useful lives are measured at depreciated historical cost, as a surrogate for fair value.

(k) Impairment of Property, Plant and Equipment

As a not-for-profit entity with no cash generating units, the Institute is effectively exempted from *AASB 136 Impairment of Assets* and impairment testing. This is because AASB 136 modifies the recoverable amount test to the higher of fair value less costs to sell and depreciated replacement cost. This means that, for an asset already measured at fair value, impairment can only arise if selling costs are material. Selling costs are regarded as immaterial.

(l) Depreciation of Plant and Equipment

Depreciation and amortisation is provided for on a straight line basis for all depreciable assets so as to write off the depreciable amounts of each asset as it is consumed over its useful life to the Institute.

Depreciation rates used are as follows:

Plant and Equipment	25% per annum
Motor Vehicles	20% per annum
Furniture & Fittings	20% per annum

(m) Maintenance

Day-to-day servicing costs or maintenance are charged as expenses as incurred, except where they relate to the replacement of a component of an asset in which case the costs are capitalised and depreciated.

(n) Intangible Assets

The Institute recognises intangible assets only if it is probable that future economic benefits will flow to the Institute and the cost of the asset can be measured reliably. Intangible assets are measured initially at cost. Where an asset is acquired at no or nominal cost, the cost is its fair value as at the date of acquisition.

THE NEW SOUTH WALES INSTITUTE OF PSYCHIATRY

NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2010

The useful lives of intangible assets are assessed to be finite. Intangible assets are subsequently measured at fair value only if there is an active market. As there is no active market for the Institute's intangible assets, the assets are carried at cost less any accumulated amortisation.

The agency's intangible assets are amortised using the straight line method at 20% per annum.

In general, intangible assets are tested for impairment where an indicator of impairment exists. However, as a not-for-profit entity with no cash generating units, the Institute is effectively exempted from impairment testing. {See Note 1 (k)}.

(o) Receivables

Receivables are non-derivative financial assets with fixed or determinable payments that are not quoted in an active market.

Receivables are recognised initially at fair value, usually based on the transaction cost or face value. Subsequent measurement is at amortised cost using the effective interest method, less an allowance for any impairment of receivables.

Short-term receivables with no stated interest rate are measured at the original invoice amount where the effect of discounting is immaterial. An allowance for impairment of receivables is established when there is objective evidence that the entity will not be able to collect all amounts due. The amount of the allowance is the difference between the asset's carrying amount and the present value of estimated future cash flows, discounted at the effective interest rate. Bad debts are written off as incurred.

(p) Payables

These amounts represent liabilities for goods and services provided to the Institute and other amounts, including interest. Payables are recognised initially at fair value, usually based on the transaction cost or face value.

Subsequent measurement is at amortised cost using effective interest method.

Short-term payables with no stated interest rate are measured at the original invoice amount where the effect of discounting is immaterial.

THE NEW SOUTH WALES INSTITUTE OF PSYCHIATRY

NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2010

(q) Standards and Interpretations issued not yet effective

At the reporting date, a number of Accounting Standards adopted by the AASB had been issued but are not yet operative and have not been early adopted by the Institute of Psychiatry.

It is not anticipated that there will be any material impact for the New South Wales Institute of Psychiatry during the period of initial application of these Standards.

THE NEW SOUTH WALES INSTITUTE OF PSYCHIATRY
NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2010

	2010 \$000	2009 \$000
2. CONTRIBUTION FROM STATE GOVERNMENT		
General Administration - Department of Health	2,571	2,822
Fellowship Programs - Department of Health	840	840
Superannuation Accepted by Crown Entity	365	462
	<u>3,776</u>	<u>4,124</u>
3. OTHER INCOME		
Consultancy & Counselling	5	3
NSWIOP Clinic Sessions	0	5
CD & Video Sales	105	43
Other	40	151
	<u>150</u>	<u>202</u>
4. GAIN ON DISPOSAL OF NON-CURRENT ASSETS		
Motor Vehicles	46	0
Less: Accumulated Depreciation	<u>(28)</u>	<u>0</u>
Written Down Value	18	0
Less: Proceeds from Disposal	<u>(32)</u>	<u>0</u>
(Gain) on Disposal of Non-Current Assets	<u>(14)</u>	<u>0</u>
Plant and Equipment	0	132
Less: Accumulated Depreciation	<u>0</u>	<u>(127)</u>
Written Down Value	0	5
Less: Proceeds from Disposal	<u>0</u>	<u>0</u>
Loss on Disposal of Non-Current Assets	<u>0</u>	<u>5</u>
5. PERSONNEL SERVICES EXPENSES		
Personnel Services were acquired from the Department of Health and the cost comprises:		
Salaries and Wages	2,878	2,780
Superannuation	365	463
Annual and Long Service Leaves	401	467
Payroll and Fringe Benefit Tax	154	153
Other Personnel Related Expenses	84	162
Total Personnel Services Expenses	<u>3,882</u>	<u>4,025</u>
6. OTHER OPERATING EXPENSES		
Other Operating Expenses	416	488
Audit fees	18	19
	<u>434</u>	<u>507</u>
7. CASH		
Petty Cash	1	1
Cash at Bank	5,423	2,763
Daily Rollover Cash (11am)	3,714	3,580
	<u>9,138</u>	<u>6,344</u>
8. OTHER FINANCIAL ASSETS		
Term Deposit with NSW Treasury Corporation	<u>3,000</u>	<u>2,500</u>

THE NEW SOUTH WALES INSTITUTE OF PSYCHIATRY
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FOR THE YEAR ENDED 30 JUNE 2010

	2010 \$000	2009 \$000
9. RECEIVABLES		
Student Fees	0	1
Project Receivables	562	982
Allowances for Impairment	0	0
Prepaid Expenses	16	19
Other Receivables - GST	77	0
	<u>655</u>	<u>1002</u>

10. PLANT & EQUIPMENT

	Plant and Equipment \$000	Furniture & Fittings \$000	Motor Vehicles \$000	Total \$000
At Cost				
At 1 July 2009	256	30	75	361
Additions	0	70	54	124
Disposal	0	0	(45)	(45)
At 30 June 2010	<u>256</u>	<u>100</u>	<u>84</u>	<u>440</u>
Accumulated Depreciation				
At 1 July 2009	223	30	31	284
Depreciation for the year	14	4	17	35
Write back on Disposals	0	0	(28)	(28)
At 30 June 2010	<u>237</u>	<u>34</u>	<u>20</u>	<u>291</u>
Carrying Value 30 June 2010	<u>19</u>	<u>66</u>	<u>64</u>	<u>149</u>
Carrying Value 30 June 2009	<u>32</u>	<u>0</u>	<u>44</u>	<u>76</u>

11. INTANGIBLES

	Software \$000	Total \$000
At Cost		
At 1 July 2009	145	145
At 30 June 2010	<u>145</u>	<u>145</u>
Accumulated Amortisation		
At 1 July 2009	87	87
Amortisation for the year	29	29
At 30 June 2010	<u>116</u>	<u>116</u>
Carrying Value 30 June 2010	<u>29</u>	<u>29</u>
Carrying Value 30 June 2009	<u>58</u>	<u>58</u>

12. PAYABLES

Personnel Services	1,212	1,116
Fellowship Allowance	265	205
Lecturer Fees	41	11
Other Payables	375	271
Audit Fees	19	19
Fees Invoiced in Advance	36	40
Student Fees Paid in Advance	501	241
Projects Uncompleted Funds	1,750	1,441
GST Collected	337	268
DADHC - Project Unspent Fund	763	858
	<u>5,299</u>	<u>4,470</u>

THE NEW SOUTH WALES INSTITUTE OF PSYCHIATRY
NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2010

	2010 \$000	2009 \$000
13. RECONCILIATION OF SURPLUS/(DEFICIT) TO NET CASH FLOWS FROM OPERATING ACTIVITIES		
Surplus/(Deficit) for the year	2,162	2,561
Add Back: Non Cash Items		
Depreciation	64	63
(Gain)/Loss on disposal of non-current assets	(14)	5
	<u>2,212</u>	<u>2,629</u>
Increase/ (Decrease) in Payables	828	(153)
(Increase)/Decrease in Receivables	346	(32)
	<u>1,174</u>	<u>(185)</u>
Net Cash provided by /(Used in) Operating Activities	<u>3,386</u>	<u>2,444</u>

14. FINANCIAL INSTRUMENTS

The New South Wales Institute of Psychiatry principal financial instruments are outlined below. These financial instruments arise directly from the Institute's operations or are required to finance its operations. The Institute does not enter into or trade financial instruments including derivatives.

The Institute's main risks arising from financial instruments are outlined below together with the Institute's objectives, policies and processes for measuring and managing risk. Further quantitative and qualitative disclosures are included throughout these financial statements.

The Director has overall responsibility for the establishment and oversight of risk management and reviews and agrees policies for managing each of these risks. Risk management policies are established to identify and analyse the risk faced by the Institute, to set risk limits and controls and to monitor risks. Compliance with policies is reviewed by the Executive Management Team on a continuous basis.

(a) Financial Instrument Categories

	Total carrying amount as per the Statement of Financial Position	
	2010	2009
	\$000	\$000
Financial Assets		
Class:		
Cash and Cash Equivalent (note 7)	9,138	6,344
Other Financial Assets (note 8)	3,000	2,500
Receivable at amortised cost (note 9)	563	983
	<u>12,701</u>	<u>9,827</u>
Financial Liabilities		
Payables (note12)	<u>816</u>	<u>627</u>

Notes

1. Excludes statutory receivables and prepayments (i.e. not within scope of AASB 7)
2. Excludes statutory payables and unearned revenue (i.e. not within scope of AASB 7)

(b) Credit Risk

Credit risk arises when there is the possibility of the Institute's debtors defaulting on their contractual obligations, resulting in a financial loss to the Institute. The maximum exposure to credit risk is generally represented by carrying amount of the financial assets (net of any allowance for impairment).

Credit risk arises from the financial assets of the Institute, including cash and receivables. No collateral is held by the Institute. The Institute has not granted any financial guarantees.

THE NEW SOUTH WALES INSTITUTE OF PSYCHIATRY

NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2010

Cash

Cash comprises cash on hand and bank balances. Interest is earned on daily bank balances at a commercial rate determined by the bank.

The Institute has placed funds on deposit with NSW Treasury Corporation, which has been rated "AAA" by Standard and Poor's. These deposits are similar to money market or bank deposits and can be placed "at call" or for a fixed term. For fixed term deposits, the interest rate payable by 'Tcorp' is negotiated initially and is fixed for the term of the deposit, while the interest rate payable on at call deposits can vary. The interest earned on at call deposit was calculated using weighted average effective cash interest rate and was computed on monthly basis and the average monthly and year end rates were 3.7%, (5.07% for 2008/09) and 4.45%, (2.95 for 2008/09) respectively. The interest earned on term deposit was calculated using weighted average effective short-term interest rate and was computed on a term basis and the average term and year end rates were 3.77%, (5.39% for 2008/09) and 4.45%, (3.09% for 2008/09) respectively. None of these assets are past due or impaired.

Receivables- trade debtors

All trade debtors are recognised as amounts receivable at balance date. Collectability of trade debtors is reviewed on an ongoing basis. The majority of receivables recognised as trade debtors represent Course fees outstanding. Uncollected fees will result in academic results and certificates not released to students and other participants.

Debts which are known to be uncollectible are written off. An allowance for impairment is raised when there is objective evidence that the Institute will not be able to collect all amounts due. This evidence includes past experience, and current and expected changes in economic conditions and debtor credit ratings. No interest is earned on trade debtors.

The only financial assets that are past due or impaired are 'sales of goods and services' in the 'receivables' category of the statement of financial position. Student fees Ineligibles represent the majority of financial assets that are past due or impaired.

		\$000	
	Total	Past due but not impaired	Considered impaired
2010			
<3 months overdue	405	405	0
3 months - 6 months overdue	0	0	0
> 6 months overdue	0	0	0
2009			
<3 months overdue	870	870	0
3 months - 6 months overdue	0	0	0
> 6 months overdue	0	0	0

The ageing analysis excludes statutory receivables, as these are not within the scope of AASB 7.

(c) Liquidity Risk

Liquidity risk is the risk that the Institute will be unable to meet its payment obligations when they fall due. The Institute continuously manages risk through monitoring future cash flows and maturities planning to ensure adequate holding of high quality liquid assets. The objective is to maintain a balance between continuity of funding and flexibility through the use of overdrafts, loans and other advances.

During the current and prior years, there were no defaults or breaches on any loans payable. No assets have been pledged as collateral. The Institute's exposure to liquidity risk is deemed insignificant based on prior periods' data and current assessment of risk.

The liabilities are recognised for amounts due to be paid in the future for goods or services received, whether or not invoiced. Amounts owing to suppliers (which are unsecured) are settled in accordance with the policy set out in Treasurer's Direction 219.01. If trade terms are not specified, payment is made no later than the end of the month following the month in which an invoice or a statement is received. Treasurer's Direction 219.01 allows the Minister to award interest for late payment.

The table below summarises the maturity profile of the Institute's financial liabilities together with the interest rate exposure.

			Interest Rate Exposure (\$'000)			Maturity Dates
2010	Weighted Average Effective Interest Rate	Nominal Amount (1) (\$'000)	Fixed Interest Rate	Variable Interest Rate	Non-interest Bearing	< 1 yr
Payables	0	816	0	0	816	816
2009						
Payables	0	627	0	0	627	627

Notes

- 1 The amounts disclosed are the contractual undiscounted cash flows of each class of financial liabilities, therefore the amounts disclosed above may not reconcile to the statement of financial position.

THE NEW SOUTH WALES INSTITUTE OF PSYCHIATRY

NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2010

(d) Market Risk

Market risk is the risk that the fair value or future cash flows of a financial instrument will fluctuate because of changes in the market prices. The Institute has no exposure to foreign currency risk and does not enter into commodity contracts.

A reasonably possible change in risk variable has been determined after taking into account the economic environment in which the Institute operates and the time frame for the assessment (i.e. until the end of the next annual reporting period). The analysis is based on risk exposures in existence at the reporting date. The analysis is performed on the same basis for 2010. The analysis assumes that all other variables remain constant.

Interest rate risk

The Institute has minimal exposure to interest rate risk from its holdings in interest bearing financial assets. The Institute does not account for any fixed rate financial instruments at fair value through profit or loss or as available-for-sale. Therefore, for financial instruments, a change in interest rates would not affect profit or loss or equity. A reasonably possible change of +/- 1% is used, consistent with current trends in interest rates. The basis will be reviewed annually and amended where there is a structural change in the level of interest rate volatility. The Institute's exposure to interest rate risk is set out below.

	Carrying Amount \$'000'	-1% Profit	Equity	1% Profit	Equity
2010					
Financial Assets					
Cash and Cash Equivalent	9,138	(91)	(91)	91	91
Other Financial Assets	3,000	(30)	(30)	30	30
2009					
Financial Assets					
Cash and Cash Equivalent	6,344	(63)	(63)	63	63
Other Financial Assets	2,500	(25)	(25)	25	25

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NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2010

15. Commitments for Expenditure

(a) Other Expenditure Commitments

Aggregate other expenditure for the acquisition of legal publications and minor equipment contracted for at balance date and not provided for:	2010 \$000	2009 \$000
Not later than one year	5	14
Grater than one year	0	0
Total (including GST)	<u>5</u>	<u>14</u>

(b) GST on Commitments

The total commitments for 2010 include input tax credits of \$455 (\$1,317 for 2008/09)

16. PROGRAM INFORMATION

The Institute operated under one program with the following objective:

"To assist and foster research and investigation into the causation, prevention, diagnosis and treatment of mental illness and diagnosis; assist and foster postgraduate education and training in psychiatry."

17. After Balance Date Events

There are no after balance date events to be included in the financial statements as at 30 June 2010

18. Contingent Liabilities

In July 2010, the Department of Health, invoiced the Institute \$838,000 for Superannuation Guarantee Contributions for the period 1 July 2005 – 30 June 2010. The Department is the employer of Institute staff under an arrangement in which some employment costs are passed on to the Institute.

The Department advise that Superannuation Guarantee Contributions were not previously invoiced due to clerical error. Based on management's understanding of the employment arrangements, management dispute the validity of the late charges and the matter remains largely unresolved.

Management does not believe the invoices meet the recognition criteria for a liability under Australian Accounting Standards. In accordance with these Standards, management considers these invoices to be contingent liabilities of the Institute.

Management is working with the Department to resolve the issue.

END OF AUDITED FINANCIAL STATEMENTS



Members of the Institute Board

- Her Honour Judge Helen L Syme (Chair)
- Mr Gregory Clark – Australian College of Mental Health Nurses
- Ms Diandra Dunne – Representative of Allied Health Professionals
- Mr Phil Escott – Consumer Interests
- Professor Brian Kelly – University of Newcastle
- Professor Timothy Lambert – The University of Sydney
- Mr David McGrath (or delegate) – NSW Health Department
- Adj Professor Ros Montague – The NSW Institute of Psychiatry
- Dr Nicholas O'Connor – The Royal Australian and New Zealand College of Psychiatrists
- Dr Zachary Steel – University of New South Wales
- Dr Andrew Wilson – Business Sector

Standing Committee for Training of Psychiatrists

- Dr Michael Bowden (Chair) – The NSW Institute of Psychiatry
- Dr Bruce Boman – Central Sydney Area Health Service
- Dr David Bell – Student Representative
- Dr Catherine Hickie – The NSW Institute of Psychiatry
- Dr Alyosha Jacobson – Student Representative
- Adj Professor Ros Montague – The NSW Institute of Psychiatry
- Dr Louise Nash – The NSW Institute of Psychiatry
- Dr Jeffrey Streimer – Advanced Training in the Psychotherapies

Standing Committee for Research

- Adj Professor Ros Montague (Chair) – The NSW Institute of Psychiatry
- Professor Jane Stein-Parbury – University of Technology, Sydney
- Professor Timothy Lambert – The

University of Sydney

- Professor John Franklin – Macquarie University

Standing Committee for Multidisciplinary Education

- Dr Kerri Brown (Chair) – The NSW Institute of Psychiatry
- Mr Greg Clark – Australian and New Zealand College of Mental Health Nurses
- Ms Diandra Dunne – Representative of Allied Health Professionals
- Ms Michelle Everett – The NSW Institute of Psychiatry
- Ms Chris McCabe – Education Centre Against Violence
- Ms Joy Pennock – South Western Sydney Area Health Service

Standing Committee for Community Outreach & Education

- Judge Angela Karpin (Chair)
- Ms Nataly Bovopoulos – Mental Health Association NSW
- Ms Cherie Carlton – The NSW Institute of Psychiatry
- Mr Phil Escott – Board Member/Community Representative
- Ms Simone Montgomery – Mental Health Co-ordinating Council
- Ms Sandy Watson – The NSW Institute of Psychiatry

Academic Board

- Professor Tony Baker (Chair) – University of Technology
- Dr Kerri Brown – The NSW Institute of Psychiatry
- Dr Michael Bowden – The NSW Institute of Psychiatry
- Perinatal and Infant Coordinator (to be advised) – The NSW Institute of Psychiatry
- Adj Prof Ros Montague – The NSW Institute of Psychiatry
- Dr Diba Pourmand – The NSW Institute of Psychiatry

- Ms Christine Senediak – The NSW Institute of Psychiatry

State Subspecialty Advanced Training Sub Committee, Child & Adolescent Psychiatry

- Dr Michael Bowden (Chair) – The NSW Institute of Psychiatry
- A/Prof David Dossetor – Children's Hospital, Westmead
- Professor Valsa Eapen – Liverpool Hospital
- Dr Michael Fairley – Prince of Wales Hospital
- Dr Katie Frankish – Trainee Representative
- Professor Philip Hazell – Sydney South West Area Health Service
- Dr Nick Kowalenko – Northern and Central Coast Area Health Service
- Dr Peter Krabman – Coral Tree Family Service
- Professor Florence Levy – Prince of Wales Hospital
- Dr Alison Saunders – Redbank House
- Dr Choong-Siew Yong – Hunter New England Area Health Service
- Dr Jean Starling – Children's Hospital, Westmead

Advisory Committee Mental Health Older Person

- Dr Jill Floyd – Epping Clinic (Chair)
- Dr Nazeer Ahmed – Senior Consultant Psychiatrist
- Ms Penny Callaghan – Private
- Ms Brandi Cole – Student Representative, St Vincent's Hospital
- Dr Carol Gregory – Cambridge University Correspondent
- Mr Patrick Livermore – "The Hut" Rehabilitation and Aged Care, Gosford Hospital
- Dr Lee Fay Low – Dementia Research Centre, University of NSW
- Ms Regina McDonald – South Western Sydney Area Health Service
- Ms Liz Peters – Private

COMMITTEES (continued)

- Dr Diba Pourmand – The NSW Institute of Psychiatry
- Ms Yvonne Santalucia – Area Ethnic Aged Health Adviser, South Western Sydney Area Health Service
- Ms Tammy Schwartz – Consultant, Aged Care Clinical Psychologist
- Dr Joanne Wright – Private
- Ms Linda Lewis – Aboriginal Employment
- Dr Ros Markham – The NSW Institute of Psychiatry
- Dr Diba Pourmand – The NSW Institute of Psychiatry
- Dr John Quilter – Australian Catholic University
- Ms Anne Riches – Private

Child & Adolescent Mental Health Course Advisory Committee

- Ms Christine Senediak (Chair) – The NSW Institute of Psychiatry
- Ms Karen Haye – South Western Sydney Area Health Service
- Adj Prof Ros Montague – The NSW Institute of Psychiatry
- Perinatal and Infant Coordinator (to be advised) – The NSW Institute of Psychiatry
- Ms Caroline Rae – South Eastern Sydney/Illawarra Area Health Service
- Ms Leanne Redman – South Western Sydney Area Health Service
- Dr Caroline Stevenson – Macquarie University

Consumer Education Committee

- Ms Sandy Watson (Chair) – The NSW Institute of Psychiatry
- Dr Kerri Brown – The NSW Institute of Psychiatry
- Ms Cherie Carlton – The NSW Institute of Psychiatry
- Mr Phil Escott – Private
- Mr Ian Hoffman – Private
- Ms Carmel Jones – MHDAO
- Ms Alison Kokany – Private

Ethics Advisory Committee

- Judge Angela Karpin (Chair)
- Mr Gordon Foy – South Western Sydney Area Health Service
- Dr John Franklin – Macquarie University
- Rev Doug Hutchinson – Goulburn Diocese

Finance Committee

- Dr Andrew Wilson (Chair)
- Ms Julia George – The NSW Institute of Psychiatry
- Mr Rich Glover – The NSW Institute of Psychiatry
- Adj Prof Ros Montague – The NSW Institute of Psychiatry

Family Therapy Training Committee

- Ms Christine Senediak (Chair) – The NSW Institute of Psychiatry
- Mr Hugh Crago – Private
- Mr Glenn Lerner – Private
- Mr Ron Perry – Private
- Ms Tiina Porm – Student Representative
- Ms Andrea Worth – The NSW Institute of Psychiatry

General Practitioner Course Advisory Committee

- Dr Michael Bowden (Chair)
- Dr James Best
- Dr Lucy Cooper (Student)
- Dr Paul Cullen
- Dr Justine Ellis
- Mr Phil Escott
- Ms Felicity Gemmell-Smith
- Ms Natalie Healey (Secretary)
- Ms Jenn Herron
- Dr Cath Hickie – The NSW Institute of Psychiatry
- Dr Winston Lo (Student)
- Dr Cathy Marshall
- Adj Prof Ros Montague – The NSW Institute of Psychiatry
- Professor Dimity Pond

- Dr Tessa Roberts – The NSW Institute of Psychiatry
- Ms Corinne Warby (Scribe) – The NSW Institute of Psychiatry
- Ms Peta Woods

Perinatal and Infant Mental Health Course Advisory Committee

- Chair: To be advised
- Dr Bijou Blick – The NSW Institute of Psychiatry
- Dr Kerri Brown – The NSW Institute of Psychiatry
- Professor Bryanne Barnett – St John of God Hospital
- Ms Noela Byrne – The NSW Institute of Psychiatry
- Dr Julie Campbell – The University of Western Sydney
- Dr Robyn Dolby – Macquarie University
- Ms Kate Donohue – Western Sydney Area Health Service; Course Graduate
- Dr Nick Kowalenko – Royal North Shore Hospital
- Dr Ros Markham – The NSW Institute of Psychiatry
- Ms Marianne Nicholson – Private Practice
- Dr Susan Priest – University of NSW
- Ms Beulah Warren – Private Practice

Supporting Families Early (SFE) and Safe Start (SS) Steering Committee

- Ms Sandra Heriot (Chair) – MHDAO/ MH-Kids
- Ms Karen Raine – MHDAO/MH-Kids – Secretariat
- Ms Deborah Beasley – PHCPB
- Mr Darren Cheney – NSWIOF
- Prof Cathrine Fowler – PHCPB (UTS & Tresillian)
- Dr Sarah Mares – The NSW Institute of Psychiatry (to Mar 2010)
- Ms Anne Robertson
- Ms Julie Selke – The NSW Institute of Psychiatry (to Jan 2010)
- Mr Paul Walker – The NSW Institute of Psychiatry

Adj Prof Ros Montague

- Director, NSWIOP
- Adjunct Professor, Charles Sturt University
- Member, Standing Committee for the Training of Psychiatrists, NSWIOP
- Member, Senior Education Staff Committee, NSWIOP
- Member, Academic Board, NSWIOP
- Chair, Standing Committee for Research, NSWIOP
- Member, Intellectual Disability Mental Health Fellowships Sub-Committee, NSWIOP
- Member, Psychiatry State Training Council, IMET
- Honorary Consultant, New Children's Hospital Adolescent Medicine
- Member, Centre for Rural & Remote Mental Health Education Committee
- Member, Reference Group - School Based Education and Prevention Programmes (Depression)
- Member, Australian Psychological Society
- Member, College of Clinical Psychologists
- Member, School-Link Steering Committee, NSW Health Department
- Member, Mental Health Program Council, NSW Health Department
- Member, Mental Health Workforce Development Sub-Committee, NSW Health Department
- Chair, Mental Health Education, Training and Support Working Group, NSW Health Department
- Member, Psychology Expert Reference Group, Department of Community Services
- Member, System Educational Accountability Committee, Parramatta Diocese, Catholic Schools Council
- Member, Clinical Psychology Program Advisory Committee, Macquarie University
- Member, Mental Health Emergency Learning and Development Program, MHDAO, NSW Health Department

- Key Advisor, NSW Multicultural Mental Health Plan Implementation Committee, MHDAO, NSW Health Department
- Member, Djirruwang Executive Group
- Member, IMET Psychiatry State Training Council Working Party - Education Support Fund applications
- Member, MHPOD Implementation Steering Group, MHDAO, NSW Health Department

Dr Catherine Bailey

- Unit Coordinator, Perinatal & Infant Mental Health Graduate Diploma (2nd Year), NSWIOP
- Fellow of the Royal Australian and New Zealand College of Psychiatrists
- Child and Adolescent Psychiatrist in Private Practice
- Certificate in Child and Adolescent Psychiatry (RANZCP)

Mr Peter Bazzana

- Education Officer, NSWIOP
- Member, Mental Health Review Tribunal
- Member, Mental Health Workforce Development Sub-Committee, NSW Health Department
- Conjoint Fellow, School of Medicine and Public Health, University of Newcastle
- Member, Mental Health Emergency Learning and Development Program, MHDAO, NSW Health Department
- Member Mental Health Consultation Liaison Nurses Association
- Member, Statewide Risk Assessment & Management Training Program Reference Group, NSW Health Department
- Member, Reference Group, CTO clinical decision-making project, Sydney University, Centre for Values, Ethics & the Law in Medicine
- Member, Mental Health Review Tribunal, Professional Development Education Committee

Ms Martha Birch

- Course Coordinator, NSWIOP
- Secretary of AAIMHI (Australian Association for Infant Mental Health Inc) NSW Branch
- Consultant, Hunter Institute of Mental Health, Children's Services Advisory Group
- Consultant, PIFA (Parent Infant Family Australia)
- Member, Ethics Sub-committee for ANZAP (Australia and New Zealand Association for Psychotherapy)

Dr Michael Bowden

- Head of Medical Programs, NSWIOP
- Director of Training, Child and Adolescent Psychiatry, NSWIOP and RANZCP
- Senior Staff Specialist Child and Adolescent Psychiatrist, Children's Hospital Westmead
- Honorary Director of Training, Dual Fellowships Training Program, RANZCP
- Clinical Lecturer, Dept of Psychological Medicine & Dept of Child Health, Western Clinical School, University of Sydney
- Fellow of the Royal Australian and New Zealand College of Psychiatrists
- Member of the Faculty of Child and Adolescent Psychiatry, RANZCP
- Member of the Australian Medical Association
- Chair, Standing Committee for the Training of Psychiatrists, NSWIOP
- Chair, State Subspecialty Advanced Training Subcommittee, Child and Adolescent Psychiatry, NSW Institute of Psychiatry, IMET and RANZCP
- Member, Academic Board, NSWIOP
- Member, Senior Academic Staff Committee, NSWIOP
- Member, Joint Training Committee, Dual Fellowships Training Program, RACP and RANZCP
- Member, Institute for Medical Education and Training (IMET): Psychiatry Network Oversight

STAFF ACTIVITIES (continued)

Committee

- Member, Subcommittee for Advanced Training in Child and Adolescent Psychiatry, RANZCP
- Member, NSW Branch Training Committee, RANZCP
- PhD Candidate, Faculty of Medicine, University of Sydney. Research Topic: 'Family Risk and Resilience in Serious Paediatric Liver Disease'.
- Chair, Education Subcommittee, NSW IMET
- Chair, Intellectual Disability Mental Health Fellowships Committee, NSWIOOP
- Member, Intellectual Disability Mental Health Working Group, Department of Ageing, Disability and Home Care

Dr Kerri Brown

- Head of Multidisciplinary Education, NSWIOOP
- Member Australian Psychological Society (Clinical Board)
- Clinical Lecturer, Psychiatry, Western Sydney Clinical School, Faculty of Medicine, University of Sydney

Ms Cherie Carlton

- Coordinator, Community Education, NSWIOOP
- Member, Australian Association of Social Work, Accredited Mental Health Social Worker

Ms Michelle Everett

- Coordinator, Adult Mental Health Programs, NSWIOOP
- TheMHS Conference Organising Committee
- Member, Australian Psychological Society
- Official Visitor, NSW Mental Health Act

Dr Catherine Hickie

- Coordinator, Postgraduate Course in Psychiatry/Master of Psychiatry, NSWIOOP
- Director of Clinical Training, Bloomfield Hospital, Greater Western Area Health

Service

- Fellow of the Royal Australian and New Zealand College of Psychiatrists
- RANZCP (NSW Branch) representative, NSW Health GP Procedural Training Committee.
- Editorial Board Member, *The Permanente Journal*
- Conjoint Senior Lecturer, School of Psychiatry University of NSW
- Library Committee, Centre for Rural and Remote Mental Health, University of Newcastle.
- GP Postgraduate Mental Health Program, Course Advisory Committee, NSWIOOP

Dr Louise Nash

- Coordinator, Postgraduate Course in Psychiatry/Master of Psychiatry, NSWIOOP
- VMO Psychiatrist Greater Western Area Health
- Fellow of the Royal Australian and New Zealand College of Psychiatrists
- Member, Senior Academic Staff Committee, NSWIOOP
- Member, NSW Branch Training Committee, RANZCP
- Member, International Early Psychosis Association

Dr Diba Pourmand

- Coordinator, Mental Health of Older Person Programs, NSWIOOP
- Consultant, Transcultural Mental Health Centre
- Clinical Supervisor, Intern Psychology Training Program: Transcultural Mental Health Centre
- Member, Academic Board, NSWIOOP
- Member, Ethics Committee, NSWIOOP
- Member, Senior Academic Staff Committee, NSWIOOP
- Member, NSW Branch Training Committee, RANZCP
- Member, International Early Psychosis Association

Ms Christine Senediak

- Coordinator, Child & Adolescent Programs, Family Therapy Programs, NSWIOOP
- Member, Australian Psychological Society
- Member, Family Therapy Association
- Consultant, Transcultural Mental Health Centre
- Clinical Supervisor, Rivendell Adolescent Unit
- Clinical Supervisor, Karitane Family Support
- Clinical Supervisor, Intern Psychology Training Program: Transcultural Mental Health Centre
- Individual Supervision, Clinical Psychologists, SSWAHS Child and Adolescent Service



