

2006 2007

NSWIS annual report | 2006/2007



JOANNE PETERS, SARAH WALSH,
HEATHER GARRIOCK
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**The Hon. Graham West MP
Minister for Sport and Recreation
Minister for Gaming and Racing
Governor Macquarie Tower
1 Farrer Place
Sydney NSW 2000**

31 October 2007

Dear Minister

It gives us great pleasure to submit to you the 11th annual report for the NSW Institute of Sport – the state's elite sporting centre of excellence, for presentation to Parliament.

This report is for the 12 months to 30 June 2007 and has been prepared in accordance with section 8 of the Annual Report (Statutory Bodies) Act, 1984.

Our annual report provides an overview of the Institute's sporting achievements for the year.

Yours sincerely

**Phil Coles AM
Chairman**

**Charles Turner
CEO**



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chairman's message



The countdowns to the 2008 Olympics and Paralympics are in full swing and the past year has been an important one for the NSW Institute of Sport (NSWIS).

September 2006 saw the NSWIS officially open the doors of our new home at Sydney Olympic Park. The building, which was purpose-built for NSWIS, is a one-stop facility and was designed to incorporate a range of amenities that complement our internationally-recognised sporting programs.

Housing a range of state-of-the-art facilities, including a biomechanics lab and environmental training room, this building has greatly enhanced the services we deliver to our athletes and is proving to be a great success.

NSWIS athletes have dominated at domestic and international competitions and the sports service teams at NSWIS have been integral to these results.

With advances in sports technology and science world-wide it is vital that the NSWIS keep abreast of the latest developments in areas such as technology, sport science and coaching.

Numerous initiatives and projects have been established to help give NSWIS supported athletes an edge ahead of selection trials for the Olympic and Paralympic Games.

The NSWIS established an Applied Research Program in 2006 and it is proving to be a success with a number of research studies showing great results and with many more underway.

The NSWIS Coach Excellence Program continues to ensure that NSWIS coaches have all the latest knowledge and resources to assist them in helping our athletes.

These, and other, initiatives are vital to maintaining our primary focus of assisting NSW athletes to achieve medal-winning performances at major international events.

On the international sporting scene the NSWIS has had some fantastic results with Olympic cycling hopeful Katherine Bates crowned World Champion in 2007 and after a fantastic season Paralympian Kurt Fearnley was a finalist for the 2007 Laureus World Sportsman of the Year with a Disability Award.

The 2008 Olympic and Paralympic Games in Beijing are set to be the biggest and most competitive international competitions ever held. Overseas national bodies are pouring more resources into the development of their elite athletes and the NSWIS, to date, has been making an outstanding effort to keep-up and excel on the international arena.

A major factor in achieving our goals since our opening in 1996 is the outstanding support afforded to us by the NSW State Government. The NSWIS has enjoyed a great solid working relationship with the Government and we thank them for their ongoing support as we approach this next stage of the Institute's life.

I would like to express my sincere thanks on behalf of the NSWIS to our Principal Partner, ClubsNSW.

Providing a \$1 million a year since our inception, the Club movement is certainly an important part of elite sport in NSW, and indeed sport at all levels.

I wish to thank everyone who has helped make the past year a successful one at the NSWIS, including all of our sponsors and supporters, the athletes, coaches, staff and the Board.

The effort put in by CEO Charles Turner and his dedicated staff creates the environment that has proven to promote great success at NSWIS.

And finally, as Chairman of the Board, I want to say that I have enjoyed working with some exceptional people on the NSWIS Board and special thanks must go to Deputy Chairman, Alan Jones AO, for his contributions and support.

The next 12 months are set to be truly exciting for the NSWIS and I look forward to another year of international and domestic successes for the staff, coaches and NSWIS athletes.

A stylized, handwritten signature in dark ink, reading 'Phil Coles'.

Phil Coles AM
Chairman

ceo's message



The 2006-07 reporting period began with a whirl-wind of activity at the NSW Institute of Sport. In September 2006, the Premier of NSW, The Hon. Morris Iemma MP, officially opened the doors of our new home.

The building has state-of-the-art facilities including a fully digitised biomechanics lab, recovery centre and an environmental training room. It provides an outstanding training facility for athletes and it allows us to conduct extensive research in sport science.

As well as moving into a new home, NSWIS celebrated its 10 year anniversary. With this milestone came the opportunity to focus our attentions on the next 10 years and the direction we as an Institute will take.

The NSWIS Board has approved three priority areas for the next 10 years. These areas are quality coaching (including retention, education and development), talent identification and development, and technology application, development and applied research.

NSWIS has made a commitment to retaining and securing the best coaches for our programs and in the next decade we will continue to strive to maintain the high standard of coaching staff offered to our current and future athletes. A week of coaching seminars in May provided a wonderful opportunity for our coaches to learn from coaching guru Vern Gambetta. Not only was there enthusiastic feedback after this event from the NSWIS coaches but Gambetta reflected that his experience had also been extremely positive.

After nearly three years of operation the success of the Emerging Athlete Program (EAP) has already been reflected with even more NSWIS athletes selected to Australian junior teams for international competitions including World Championships. EAP athletes and young NSWIS scholarship holders put on an amazing display at the 2007 Australian Youth Olympic Festival in Sydney in January, showcasing the talent that is set to infiltrate the senior ranks in the coming years.

The Annual Awards Dinner at the end of 2006 recognised the many achievements of athletes and programs. Triple Commonwealth gold medallist Sophie Edington and World number one triathlete Brad Kahlefeldt took out the top male and female athlete awards.

With the start of 2007 came an air of excitement as the countdown to the Olympics and Paralympics next year began in earnest. The 2008 Olympics and Paralympics are likely to pose one of the biggest challenges in our 10-year history. But NSWIS athletes have shown that they are a real chance for producing top performances.

Cyclist Kate Bates was superb in winning World Championship gold in April and wheelchair track and road racer Kurt Fearnley is proving to be the marathon man of his sport, having topped daises across the world during the past 12 months.

Our aquatic sportsmen and women have shown us that they are ready to step up and fill the void left by retiring NSWIS star Ian Thorpe. The FINA World Championships in March gave our athletes a great opportunity to gauge their performances and assess

what is needed to achieve their goals next year in Beijing. The Australian women's water polo team (consisting of five NSWIS players) picked up a silver medal in a tight final and young NSWIS swimmer Kenrick Monk showed that he is a real medal prospect in Beijing.

Preparations for Beijing are in full swing at the NSWIS with programs and funding implemented to specifically help our potential Olympians and Paralympians. Coaches and staff are working full-throttle to ensure that all NSWIS potential Olympians and Paralympians have the opportunity to achieve their dreams and put in some personal best performances.

I would like to thank the NSW State Government, our Principal Partner ClubsNSW and our many sponsors, providers and supporters, without whom the NSWIS would not be able to extend these opportunities to our athletes.

Thanks must also be extended to my hard working staff and to the NSWIS Board for their ongoing support.

Charles Turner
CEO

principal partner's report



Commercial sponsorships rarely last more than a number of years and sponsorships involving sporting teams or organisations usually last even less time. This makes the continuing relationship between ClubsNSW and the NSW Institute of Sport all the more remarkable. The fact that ClubsNSW is now into its second decade as the Principal Partner of NSWIS is a fact both organisations should be very proud of.

I was delighted that the board of ClubsNSW recently committed for an additional two years its annual \$1 million sponsorship of NSWIS, which takes us through until at least June 2009. And with the NSW Government agreeing to renew the joint licensee ClubsNSW holds in the game of Keno for a further 15 years, I am hopeful that ClubsNSW will be able to further continue its partnership with NSWIS.

The synergies between ClubsNSW and NSWIS are obvious. Clubs are the primary provider of funds and facilities for junior and amateur sporting groups across NSW. A select few talented recipients of this funding will one day graduate to NSWIS where they will be afforded the ultimate in training and technology from specialist coaches drawn from all over the world.

The importance of club-provided sporting fields and equipment has never been greater. Local government

owned open space is increasingly being sold off to ease financial pressures and solve accommodation shortages. Club-owned and maintained sporting fields and courts are unfortunately becoming children's only opportunity to satisfy the sporting champion that lies inside all of us.

In the face of this growing state problem, clubs' provision of sporting facilities worth more than \$2 billion remains strong. This provision and maintenance includes:

- 1,621 bowling greens;
- 338 golf courses;
- 324 playing fields;
- 102 gymnasiums;
- 654 tennis courts and
- 57 swimming pools.

With continuing challenges for the Club Industry, in the form of increased poker machine tax rates and indoor smoking bans, clubs are looking at ways of generating new streams of income. I am delighted to report that for many clubs, this commitment has seen the establishment of fantastic health and fitness centres. Three such centres were recently acknowledged by NSWIS as 'Recognised Training

Facilities' (RTF). To Castle Hill RSL, Mounties and Richmond RSL, I commend you.

As the Chairman of ClubsNSW, I am also afforded the opportunity to sit on the board of NSWIS. I thank my fellow board members for their work this past year as well as for the recognition of the valuable role clubs play in assisting and developing NSWIS athletes.

I also congratulate NSWIS staff for their tireless work during the past year, the evidence of which is nowhere more evident than in the September 2006 opening of the purpose-built state-of-the-art NSWIS facility at Sydney Olympic Park.

It is the sum of all these parts, as well as the god given talent of our more than 700 NSWIS assisted athletes, that gives me great hope that Australia will enjoy numerous medal winning performances at the 2008 Beijing Olympics.

A handwritten signature in black ink that reads "Peter Newell".

Peter Newell OAM
ClubsNSW Chairman

board profiles

DURING 2006-07 THE NSWIS BOARD MET ON FIVE OCCASIONS. PHIL COLES AM, ALAN JONES AO, LIBBY DARLISON, BILL GILLOOLY AM, PETER NEWELL OAM, BOB ADBY, DONNA RITCHIE AND LIZ ELLIS ALL CONTINUED TO SERVE AS BOARD MEMBERS THROUGHOUT THE YEAR.

CHAIRMAN

Phil Coles AM

- Three-time Olympian in canoeing (1960, 1964 and 1968)
- Member of the International Olympic Committee (IOC)
- Captained Australian Surf Lifesaving team on US tour (1965)
- Member, IOC Radio and Television Commission
- Member, IOC Sport Programs Commission
- Member, IOC Sport for All Commission
- President, Oceania Tae Kwondo Union
- Honorary Life Member, International Triathlon Union
- Chef de Mission, Moscow Olympic team (1980)

Attended three meetings



DEPUTY CHAIRMAN

Alan Jones AO BA AEd SDES (Oxon)

- Highly awarded broadcaster with radio station 2GB and television network Channel 9
- Deputy Chairman, Australian Sports Commission
- Former Australian Rugby Union coach
- Former speech writer/senior advisor to former Prime Minister Malcolm Fraser
- Confederation of Australian Sport, Coach of the Year, 1985
- Rostrum Speakers Award, 1985
- Sir Roden Cutler Medal for services to charity, 2003

Attended two meetings



Libby Darlison BA (Hons) DipEd

- Director, The Miller Group - Social Policy and Management Consultants
- Chair, Premier's Council for Active Living
- Member, Board of the NSW Tow Truck Authority
- Member, Australian Institute of Social and Ethical Accounting

Attended four meetings



Bill Gillooly AM Dip Law (BAB)

- Secretary General, Local Government Association and Shires Association of NSW
- Former Director-General, NSW Department of Sport & Recreation
- President, NSW Sports Council for the Disabled (2000-2002)
- Board Member, Central West Catchment Management Authority

Attended four meetings



Donna Ritchie

- Group Manager, Initiatives & Investment, Telstra
- Captain, Australian Women's Wheelchair Basketball Team, Barcelona 1992, Atlanta 1996 and Sydney 2000 Paralympic Games.

Attended four meetings



Liz Ellis (BA LLB)

- Captain Australian Netball Team
- Captain Sydney TAB Swifts
- Director Liz Ellis Netball Clinics
- Board member State Sports Centre Trust
- Board member Institute of Sports Management.

Attended four meetings



Peter Newell OAM

- Chairman, ClubsNSW
- Chairman, ClubKeno Holdings
- Chairman and Life Member Illawarra Steelers
- Director, St George Illawarra Dragons
- Member, Club Directors Institute
- Member, Club Industry Advisory Council
- Foundation Director and Life Member of The Illawarra Connection (a regional umbrella business organisation)

Attended two meetings



Robert (Bob) Adby BEc FAIM CPA

- Director-General of the NSW Department of the Arts, Sport and Recreation
- Board Member Sydney Olympic Park Sports Centre Trust
- Advisor to the NSW Government - Major Venues
- Former Director-General Olympic Coordination Authority
- Director - Johnny Warren Football Foundation

Attended three meetings



centre of sporting excellence

THE NSW INSTITUTE OF SPORT (NSWIS) WAS ESTABLISHED AS A STATUTORY BODY UNDER THE INSTITUTE OF SPORT ACT, 1995, FOLLOWING A REVIEW RECOMMENDING CENTRAL COORDINATION AND MONITORING OF HIGH PERFORMANCE SPORT PROGRAMS IN NSW. OPERATIONS OFFICIALLY COMMENCED IN 1996.

In 2006-07 the NSWIS had almost 700 athletes on squad or individual scholarships and offered 28 sport programs.

Our specialist services ensured that NSWIS athletes in both metropolitan and regional areas of NSW had access to leading edge coaches and sports technology, while also receiving tailored support to help balance their elite sporting commitments with personal development and a career.

Our Vision

The NSWIS will be a major player in the delivery of internationally recognised programs, coaching and services to achieve world-class performance as a part of an effective, nationally coordinated, high performance sport network.

Our Mission

The NSWIS will develop and assist identified high performance NSW athletes and coaches to achieve excellence and success at the international level.

OUR VALUES

Athlete Responsibility and Success

We are committed to supporting the development of the athlete as an individual, emphasising ethics, social responsibility, sporting performance and success in life.

Performance-Based

Our operations are orientated towards achieving national team representation for world-class performance, with resources targeted according to performance and potential.

Athlete and Coach Focused

We will focus our efforts, expertise and resources towards supporting athletes and coaches to achieve their maximum potential both personally and competitively.

Commitment to Excellence

We are committed to the achievement of excellence across all areas of operations through continuous improvement, innovation and efficient management.

Prestigious Image

We will promote world-class performance, excellence, leadership, expertise and ethics to enhance our prestigious image internationally and nationally.

Teamwork

Our organisation adopts a team-based approach to deliver integrated and high quality services to our coaches and athletes within the international and national environment.

Fairness and Equity

We will incorporate fairness and equity in our operations and decision making.

Ethics

We will always promote the highest behavioural and ethical standards.

Responsibility and Accountability

We are committed to providing cost-effective and resource-efficient operations and will regularly monitor and review performance.

Communication

We will maintain and develop internal and external communication systems and processes in order to facilitate effective relationships with key stakeholders.

NSWIS PRINCIPLES FOR SUCCESS

Sporting Performance

Through an athlete-focused approach, NSWIS athletes and coaches will achieve world-class performance in international and national competition.

Leadership

Our internationally recognised programs and expertise will position the NSWIS as a major player and leader in the delivery and development of high performance sport in Australia, as part of the National Sports Network.

Excellence and Innovation

We will enhance the established high-performance culture and pursue excellence in all facets of the NSWIS' operation, in an environment which encourages innovation.

Targeted Approach

We will target resources towards NSWIS athletes and coaches with the greatest potential for international success, by providing access to world-class services, equipment and facilities at Sydney Olympic Park and NSWIS centres around the state.

Strategic Partnerships

We will actively seek, develop and enrich partnerships with government, the sporting community, institutions and commercial groups to achieve our key goals.

Promotion

We will promote the success of the NSWIS to increase our public and industry profile and enhance our international and national standing as a premier sporting institute.



operational overview

SPORT PERFORMANCE

During the reporting period the NSWIS strove to achieve world-class performance in international competition through an athlete-focused approach. Athletes were selected to the 31 NSWIS sport programs (24 sports) in consultation with program partners according to approved selection criteria and standards. (See also the individual sport reports, commencing page 30). The NSWIS offered a number of additional scholarship opportunities to NSW athletes, including Individual Scholarships, Athletes with Disabilities and Campaign 2008. NSWIS athletes won medals at several significant international events, including World Championships, internationally recognised senior and junior events.

World Champions

- Number of World Senior and Junior Champions in 2006-07: 7 (14 previous reporting period)

Medals at significant International Events

- Number of medals 2006-07: 232 (326 previous reporting period)
- Number of medals won by regional athletes: 60 international

See also: *Athlete Scorecard*, page 25

LEADERSHIP

Our internationally recognised programs and expertise position the NSWIS as a major player and leader in the delivery and development of high performance sport in Australia, as part of the National Sports Network. The NSWIS was involved in several national focus programs, projects and international links during the reporting period in the areas of sports programming, sport science and athlete services. During the reporting period the NSWIS established an Applied Research Program and developed a number of programs and initiatives in the lead-up to the 2008 Olympic and Paralympic Games.

Beijing 2008 projects and initiatives:

- IT tights - approved provision of compression tights for 'Target 2008' athletes. Women's Water Polo athletes were the first to receive tights. See ARP section of this report page 27.
- Accommodation was provided 'on-site' for targeted NSWIS Women's Water Polo athletes between "back to back" training sessions at Sydney Olympic Park. When the team trained late in the evening and then again early the next morning, rooms and nutritious meals were provided. Water Polo also implemented a post training breakfast bar for targeted athletes.
- A Massage and Recovery program was implemented for 'Team and Target 2008' athletes. Massage was made available at NSWIS three times a week in blocks for athlete access. Protein bars were provided to athletes and assisted with recovery. Products were purchased at a wholesale price from Musashi. Refer to Sport Science section of this report.
- "Breaky" at NSWIS implemented for athletes to assist with recovery between training sessions. It includes nutritious breakfast foods and healthy snacks available all day in the Athlete's Lounge.

- Big Picture Sport Meetings were conducted with identified sports to discuss the focus of the sport and identify initiatives and opportunities for delivery in the lead up to Beijing.
- Up to date information/ items of interest were provided to coaches regarding Beijing using existing forums such as Coaches Meetings and CEO Updates.
- The development and delivery of tailored debriefing services were approved to athletes/coaches who are not selected to the Olympic/ Paralympic Team or who have under/ over performed (post Games). Services will be delivered in 2007 and 2008 as required.
- A Beijing venue visit / test event program attendance was approved for a targeted staff member (departs August 2007). Targeted venues and test events will be attended in Beijing and information will be gathered for coach planning purposes, non-team member visitor reference (eg: NSWIS coaches without Olympic Team roles and NSWIS athlete families).
- 'Beijing Connect' is an extension of the 'NSWIS Connect' athlete mentoring program, which specifically focused on linking 'inexperienced athletes' aiming for Olympic selection for the first time with an experienced Olympian. The NSWIS 'Beijing Connect' project commenced in May 2007. See ACE/PD section of this report - page 19.

Emerging Talent - Emerging Athlete Program

As an NSWIS Board endorsed priority for the next 10 years, the NSWIS Emerging Athlete Program (EAP) continued to identify, motivate and recognise talented junior athletes who have produced outstanding results and/or show potential to achieve NSWIS standards and world-class results in the future.

See also the *Coaching, Athlete and Programs Services* section of this report, page 22

NSWIS Sport Speakers

The NSWIS Sport Speakers program continued to provide NSWIS athletes with a range of public-speaking and presentation opportunities. Sport Speakers aims to provide role models that successfully promote an image and message of respect and responsibility in the community.

See also the *Coaching, Athlete and Program Services* section of this report, page 20

Applied Research Program

The NSWIS Applied Research Program (ARP) was established and co-ordinated by the NSWIS board in April of 2006. The ARP's role is to undertake both independent and cooperative research that is designed to add value to NSWIS athletes, coaches and sports programs. It does this by undertaking and applying the outcomes of research to develop improved training methodology in conjunction with industry partners and coaches. The ARP supports NSWIS sporting programs and focuses on the areas of: technology for monitoring athletes; technology for athletic performance; the health of the athlete; and refining training. During the reporting period the ARP provided equipment for the NSWIS sport science laboratory and for use in athlete monitoring. It also helped

develop links to universities and corporate partners to further enhance the support to NSWIS athletes.

See Applied Research Program, page 27

National Athlete Career and Education (NACE) partnership - Football Federation Australia (FFA)

The National ACE program was contracted by the FFA to provide career and education services to A-League teams through their player welfare program, My Football Career. As part of this national initiative, ACE/PD consultants provided Player Education support for the Sydney FC, Central Coast Mariners and Newcastle United Jets clubs.

Department of Sport and Recreation (DSR) partnership - Menu review

The NSWIS was requested to undertake a review of the menu and food delivery at Department of Sport & Recreation (DSR) Centres in NSW. The primary purpose of the review was to develop 20-30 menu options for each meal for each client group (school children - primary and secondary, sporting groups and community groups) including meals for those with special dietary needs including, but not limited to, vegetarians (dairy/no dairy), diabetics and coeliacs.

A small team of specialist dietitians attended a selection of centres to review equipment, staffing and food service as well as undertaking a detailed survey of all centres.

KURT MULCAHY
PHOTO BY GETTY IMAGES ↓



The report was presented to DSR on 28 March 2007 and included recommendations, suggested menus and a prototype database. The menus and database are being tested and reviewed, with a view to implementation across all centres by the end of 2008.

EXCELLENCE AND INNOVATION

The NSWIS is committed to actively enhancing the established high-performance culture and to pursue excellence in all facets of the NSWIS' operation. During the reporting period, the NSWIS was involved in a number of initiatives and projects in an environment which encouraged innovation, including sport science, coaching, athlete services, IT and sport programming.

Research and Development

NSWIS Sport Science continued its leading research and development initiatives during the reporting period, with projects including:

- Evaluation of Hydration Status During Progressive Dehydration and Rehydration
- Creatine Supplementation and Swimming Performance
- The effect of a carbohydrate-electrolyte sports drink on intense endurance exercise performance

See also the Sport Science section of this report, page 28 - 29

Coach Excellence

As part of its implementation of standards of excellence and innovative practices the NSWIS delivered a Coach Excellence Program. The program's key strategy is to recruit, develop and retain high quality NSWIS coaches by providing opportunities for professional development and supportive management.

See also the Coaching, Athlete and Program Services section of this report, page 18

NSWIS Connect and NSWIS Connect-Beijing

An athlete mentoring program, 'NSWIS Connect' provides opportunities for athletes experiencing any aspect of 'elite sport' for the first time through links with more experienced athletes. An extension of the 'NSWIS Connect' athlete mentoring program 'NSWIS Connect-Beijing' provided 'inexperienced' athletes vying for Olympic selection with the opportunity to link with identified 'experienced' Olympians to discuss issues and provide support. The NSWIS Beijing Connect project commenced in May 2007.

See also the Coaching, Athlete and Program Services section of this report, page 19

Information Communication Technology

The re-location from the old building to our new premises at 6 Figtree Drive went seamlessly thanks to the help from the ICT unit.

Users switched off their PC's on Friday afternoon and came into the new office on Monday and switched them back on. All network applications and services were available, as was the new VoIP (Voice Over IP) telephone system. The new phone system was also integrated with the NSWIS Microsoft Outlook e-mail and calendaring system. The new information technology hardware included a state of art UPS (uninterruptable power supply) which provides power to not only the computer system but to the telephone system as well.

The data network in the new building also provides secure wireless coverage for not only Head Office but also the Sydney Aquatic Centre, Sydney Athletic Centre and Sydney Hockey Centre. Working closely with the ACE/PD unit, ICT installed the computers for the Athlete Lounge providing our athletes with access to the standard Microsoft applications as well as the internet.

Work began in January 2007 on a new athlete client relationship management system called Athletrak Pro by the company Athletic Logic. This new system will replace the current athlete database that has been used for a number of years and no longer meets the needs of our users. The new system will provide an integrated system for athlete management, strength and conditioning, sport science testing and results and a medical section. Initial design and user

specifications were developed and a number of meetings and focus group sessions were held to finalise the design of the new system. At time of writing, the new system was expected to be installed and operational by October 2007.

TARGETED APPROACH

When the NSWIS moved into its new headquarters on 6 Figtree Drive, Sydney Olympic Park it continued to provide priority access to world-class services, equipment and facilities at Sydney Olympic Park and NSWIS centres.

During the reporting period the NSWIS actively targeted its resources towards the NSWIS' athletes and coaches with the greatest potential for international success. Those athletes, coaches and staff with potential for participation at Beijing were targeted by a number of initiatives.

Initiatives (including Beijing 2008 Initiatives)

During the reporting period additional financial support was available for NSWIS initiatives, enabling sports programs to access additional opportunities to enhance and improve performance. The eight programs that specifically benefited from the funding were:

Canoe - Slalom - Supported a specialist coach position as part of a partnered approach (National Centre of Excellence - Penrith)

Cycling - Assisted the NSWIS Cycling program to establish a strategic partnership with FRF Couriers. The partnership was developed to support a UCI Continental Road team (FRF Couriers/NSWIS) of up to 15 athletes who compete nationally and internationally on the road cycling circuit

Diving - Supported a part time assistant coach position, which was filled by former NSWIS athlete and Olympic medallist, Rebecca Manuel

Men's Artistic Gymnastics - Provided additional funding to assist Prashanth Sellathurai to attend the Paris and Cottbus World Cups

Swimming - Provided sport science servicing to 'Team' and 'Target 2008' athletes residing in the Northern High Performance Centre

Tennis - Provided travel assistance to allow NSWIS athletes and coaches to attend the European training base for specialist coaching and to expose them to international standards of competition

Triathlon - Supported Brad Kahlefeldt and training partners to attend a series of high altitude camps in France in preparation for Olympic selection and the Olympic Games

Winter Sports - Maintained snowboarding as an NSWIS Winter Sports discipline in partnership with Ski and Snowboard Australia and the Olympic Winter Institute



REBECCA SANDERS, KATE HOLLYWOOD AND
MEGAN RIVERS
PHOTO BY GETTY IMAGES ←

Additional Funding Opportunities

A number of additional opportunities were funded by the NSWIS during the reporting period, including venue access and capital equipment, as well as specialist programs for international tours, coach development and women in high performance sport.

Venue Access

During the reporting period \$499,000 was made available for venue access. This funding provided NSWIS athletes with access to world class/Olympic venues in 20 sport programs - baseball, basketball (including wheelchair basketball), canoe - slalom, canoe - sprint, cycling, diving, equestrian, hockey - men's, hockey - women's, netball, rowing, soccer - men's, soccer - women's, softball, swimming, track & field, triathlon, water polo - men's, water polo - women's and weightlifting.

Capital Equipment

A total of \$385,000 was made available for additional capital equipment support. This funding assisted the NSWIS to achieve sporting success through the provision of the latest technology in sport related equipment, benefiting nine sports programs - canoe-slalom, canoe-sprint, cycling, rowing, sailing, softball, swimming, track & field and triathlon.

Talent on Tour

A total of \$50,000 was provided through 'Talent on Tour' funding to assist athletes who gained selection in national teams for Junior World Championships with expenses. Athletes from 12 sports benefited from funding including: baseball, canoe-slalom, cycling, diving, rowing, sailing, softball, track & field, triathlon, water polo-men's, weightlifting and wheelchair track & road. The funding contributed to the cost of tours which were not fully funded by the NSO's or SSO's.

Women in High Performance Sport

\$50,000 of additional funding was made available through NSWIS to support the development of women in service and coaching roles. Three NSWIS coaches specifically benefited from the program: Rebecca Manuel (Diving), Chantal Meek (Canoe - Sprint) and Louise Sauvage (Wheelchair Track and Road).

Coach Excellence

During the reporting period \$50,000 was provided for NSWIS Coach Excellence initiatives, enabling sports to enhance and improve coaching expertise.

The program supported:

- **Sport Specific Initiatives** - eight sports benefited including Rowing, MAG, Baseball, Weightlifting, Triathlon, AWD Wheelchair Tennis, Swimming and Soccer
- **High Performance and General Development Initiatives** - the Gambetta Lecture Series and Level 1 Strength & Conditioning course
- **Coach Networking Lunches** - three topics presented
- **Technology to assist Coaching** - the continuation of Headzone and development of the Neptune and Streaming projects.

See *Coaching* section of this report - page 18.

Regional Sport Forum

The NSWIS Regional/Mobile Program provided opportunities and resources for the NSWIS High Performance Service units to deliver quality services to NSWIS athletes and their coaches in their home environments. The State Government contributed \$848,000 during the reporting period for the delivery of the Regional/Mobile Program, which benefited around 220 athletes from 28 NSWIS sport programs.

See also the *Coaching, Athlete and Program Services* section of this report, page 23

STRATEGIC PARTNERSHIPS

During the reporting period the NSWIS actively sought, developed and enriched its partnerships with the government, the sporting community, institutions and commercial groups to successfully achieve outcomes.

Strategic partnerships were continued with the NSW Government, NSW Department of Arts, Sport and Recreation, The University of Sydney and the Australian Sports Commission, as well as SSOs and Regional Academies of Sport.

The NSWIS continued to strengthen its relationship with a series of sponsors, strategic partners, providers and venue supporters throughout the reporting period. A variety of new sponsors and strategic partners were also secured.

Nine award category sponsors and seven event providers were also secured for the 2007 NSWIS Annual Awards Dinner.

ClubsNSW - Principal Partner

ClubsNSW has been the Principal Partner of the NSWIS since 1995, with its annual contribution of \$1 million helping to ensure that the NSWIS remains one of Australia's leading sporting institutes.

As part of its commitment to ClubsNSW, NSWIS athletes attended six ClubsNSW regional meetings during the reporting period. NSWIS athletes also attended numerous other ClubsNSW events including the ClubsNSW Awards for Excellence dinner in 2007 and the 2006 ClubsNSW Conference.

NSWIS athletes have participated in several ClubsNSW organised community events including the Youth Off the Streets/NSWIS Bowls event held on February 1, 2007. At this event NSWIS Bowls athletes joined young people from disadvantaged backgrounds to encourage them to try something new.

As part of their sponsorship, ClubsNSW presented the 2006 ClubsNSW Male Athlete of the Year Award at the 2006 Annual NSWIS Awards. NSWIS Triathlete Brad Kahlefeldt won the award after claiming the world number one ranking and Commonwealth Games gold in 2006. Kahlefeldt won this prestigious award ahead of fellow NSWIS athletes Michael Blackburn (Sailing), Kurt Fearnley OAM (Track & Field), Ben Kersten (Cycling), Brent Livermore OAM (Hockey), Michael McCann OAM (Hockey), Tom Slingsby (Sailing) and Stephen Wooldridge OAM (Cycling).

2007 also saw the continuation of the 'Employ an Athlete Program' that encourages ClubsNSW member clubs to provide flexible employment opportunities to NSWIS athletes.

The 'Recognised Training Facility' program was launched in late 2006. This program grants ClubsNSW member clubs NSWIS Recognised Training Facility status once all established criteria are met. In return these clubs provide NSWIS athletes residing in the surrounding area free access to their gyms. To date three ClubsNSW member clubs have joined the program.

Universities

Athletes located within the three NSWIS regional High Performance Centres benefited from access to quality University-supported venues, including The Forum Sports & Aquatic Centre University of Newcastle, the University Recreation & Aquatic Centre (University of Wollongong) and the Southern Cross University Gym (Lismore). During the reporting period, new agreements were signed with The Forum Sports & Aquatic Centre University of Newcastle and the University Recreation & Aquatic Centre (University of Wollongong).

The University of Sydney

The NSWIS continued its long-standing relationship with The University of Sydney during the reporting period. Almost 40 NSWIS scholarship holders studied at the University and received support through the Sydney University Elite Athlete Program.

The University also presented exclusively at the NSWIS ACE/PD Education Seminar.

NSWIS Sport Science continued its strong links with the University's cooperative through several research studies, including:

- The effect of assisted and resisted freestyle swimming on stroke mechanics - Ben Williams

- Ventilatory Acclimatisation to Hypoxia in endurance-trained athletes - Nathan Townsend
- Creatine supplementation in swimming performance - Melissa Hopwood
- Evaluation of hydration status measured during progressive dehydration and rehydration - Nathan Versey
- Investigation into the acute effects of stride frequency modification on maximum velocity in sprinting - Allison Laing
- Elite flatwater kayak paddling performance with the swivel seat and the traditional fixed seat: an on-water analysis - Jacob Michael

The University of Sydney continued its sponsorship of The University of Sydney Academic Excellence award category at the 2006 NSWIS Awards Dinner. NSWIS athlete Greg Mail (Men's Cricket) won the award.

Bankstown District Sports Club - Official Sponsor, NSWIS Cycling Program

The Bankstown District Sports Club (BDSC) continued its unwavering commitment to the NSWIS through their support of the NSWIS Cycling Program. The BDSC support proved vital to the delivery of the Program not only through being a sponsor, but also as a venue supporter. The Dunc Gray Velodrome, managed by the BDSC, is the home of our track cyclists and Head Coach's office.

Macquarie Bank Sports - Program Sponsor, NSWIS Emerging Athlete Program

In 2006 Macquarie Bank Sports continued its commitment to support the NSWIS Emerging Athlete Program. The sponsorship enabled the NSWIS to continue its successful talent identification program.

Classic Sportswear

In addition to supplying the NSWIS generic and sport-specific uniforms during the reporting period, Classic Sportswear continued its sponsorship of the Coach Excellence Program in 2006/2007.

Carbine Club of NSW - Supporter of the Talent on Tour Program

The Carbine Club of NSW renewed its one-year sponsorship of the NSWIS Talent on Tour Program during the reporting period.

The program is an NSWIS initiative that provides assistance to athletes in gaining selection in Junior National Teams for Junior World Championships. The funding provided by the Carbine Club of NSW allowed several additional junior athletes to gain valuable international experience.

The Natural Confectionery Company - Official Provider of Confectionery Products

The Natural Confectionery Company continued to provide NSWIS athletes with a 99% fat-free alternative energy source. The athletes (and staff) look forward to each delivery.

Headzone - Technical Partner

The NSWIS continued its cooperative agreement with Headzone to further develop and utilise the Headzone waterproof Coach Communication System.

See also the Coaching, Athlete and Programs Services section of this report, page 18.

Accor

In 2007 Accor and the NSWIS entered into a strategic partnership in which Accor became the Preferred Accommodation Provider to the NSWIS. This partnership sees the NSWIS receive significant discounts on accommodation rates within Australia.

This relationship will also see the development of an Employ an Athlete Program - providing potential for NSWIS athletes to work at Accor hotels in athlete friendly, flexible positions.

I-Med - Preferred Medical Imaging Provider

I-Med continued its valuable support of the NSWIS, offering NSWIS scholarship holders 'Bulk Billing' on all Medicare rebatable medical imaging (radiology) items, as well as a discount on items not covered by Medicare eg MRI scans referred by non-specialists. The sponsorship has also allowed NSWIS to purchase four bone-stimulators which speed the healing process of bone fractures by up to 30 percent, allowing athletes to return to training and competition sooner.

Itsports

In 2007 the NSWIS and Itsports formed a strategic partnership. Itsports are in the business of producing compression garments developed to assist elite athletes in their sporting performance. In June 2007 NSWIS hosted the Itsports Tights launch in the Ian Thorpe Theatre.

PE Sports Vision - Provider, Vision Testing Equipment

PE Sports Vision, the creator of the Sports Vision Trainer units, continued its support of the NSWIS. The units assist athletes in developing and improving reflexes, peripheral vision and hand-eye coordination.

Powerade - Official Sports Drink

PowerAde is the 'Official Sports Drink of the NSW Institute of Sport', providing athletes with product throughout the year. During the reporting period, the NSWIS has worked closely with Powerade to provide the scientific testing needed in the product development process. Powerade were the award sponsor for the 2006 Powerade Academic Excellence award category.

FINSIA - Provider, Financial Education Services

The Financial Services Institute of Australasia (FINSIA) - formerly the Securities Institute - continued its partnership with the NSWIS by providing scholarships to NSWIS athletes interested in forging a career in the financial sector. During the reporting period, two athletes benefited from FINSIA scholarships: Jonathan Newton (Swimming) and Adrian Comminotto (Triathlon)

APM Training Institute - Provider

Three NSWIS athletes were offered scholarships with APM Training Institute in 2006-07. Two athletes graduated from their scholarships in 2006 - Luke Michael (canoe sprint) and Lindy Hou (AWD - cycling) - while one athlete commenced his scholarship in 2007 - Peter Hardcastle (Rowing).

Dale Carnegie Training - Provider

The NSWIS continued its partnership with Dale Carnegie Training, with more athletes (and NSWIS staff) benefiting from high-quality public speaking courses. During the reporting period three athletes attended training courses: Katie Brown (cycling), Preya Carey (track & field) and Kaarle McCulloch (cycling).

Fitness Institute of Australia - Provider

During the reporting period the Fitness Institute of Australia continued its relationship with the NSWIS, providing NSWIS athletes with scholarships to their fitness courses. Athletes to benefit from this agreement were: Certificate III (2006) - Sophie Edington (swimming), Janelle Lindsay (AWD - cycling), Tyler McLachlan (cycling), Michael McCann (hockey) and Danica Howlett (softball). Certificate IV (2006) - Chris Darlington (winter sports) and Natalie Ward (softball). Certificate III - Craig Branch (winter sports), Ryan Bellamy (tennis), Kelly Gentle (softball), Alex Hardman (hockey), Laura Verlinden (track & field), Certificate IV - Rebecca Sanders (hockey) and Diploma (2007) - Troy Sachs (AWD - basketball).

Providers

The NSWIS was fortunate to have the support of a number of providers during the reporting period:

- De Bortoli Wines
- Coca Cola Amatil
- Southern Design & Print Group

Venue Supporters

The following venues were identified as supporter venues in the reporting period:

- AIS Sprint Canoe Facility - Prizzey Park
- Auburn Basketball Centre
- Bexley Golf Club
- Bonville International Golf Resort
- Dunc Gray Velodrome
- Jindabyne Sport & Recreation Centre
- Lake Ainsworth Sport & Recreation Centre
- Mingara Recreation Club / Mingara Leisure Centre
- Perisher Blue
- Penrith Whitewater Stadium
- Sydney Academy of Sport
- Sydney Cricket Ground Trust
- Sydney International Equestrian Centre
- Sydney International Regatta Centre
- Sydney Olympic Park Aquatic Centre
- Sydney Olympic Park Athletic Centre
- Sydney Olympic Park Sports Centre
- The Forum Sports & Aquatic Centre University of Newcastle
- Kosciusko Thredbo
- University Recreation & Aquatic Centre
- (University of Wollongong)

2006 NSWIS ANNUAL AWARDS DINNER

The 2006 NSWIS Annual Awards dinner was held on Thursday 30th November at the Sydney Town Hall. The evening celebrated the achievements of NSWIS athletes, coaches and programs both in and out of the sporting arena throughout 2006. The event was hosted by NSWIS Deputy Chairman Alan Jones AO and was a sparkling success with over 750 guests being entertained by comedian Vince Sorrenti as well as performances by the Young Divas. Special guests on the evening included The Hon Sandra Nori MP and ClubsNSW Chairman Peter Newell OAM. These guests were joined by an array of NSWIS Olympians, Paralympians and Commonwealth Games representatives. Many organisations provided their support to help make the night a success.

Award Category Sponsors and Winners:

- ClubsNSW Male Athlete of the Year - Brad Kahlefeldt (triathlon)
- NSW Department of Tourism, Sport & Recreation Female Athlete of the Year - Sophie Edington (swimming)
- Sydney Olympic Park Authority Coach of the Year - Gary Sutton (cycling)
- NSW Department of Tourism, Sport & Recreation Team Athlete of the Year (Large Teams) - Rebecca Rippon (water polo)
- NSW Department of Tourism, Sport & Recreation Team Athlete of the Year (Small Teams) - Sophie Edington (swimming)
- Sydney Olympic Park Authority Program of the Year - Cycling
- Prime Television Regional Excellence - Swimming (Far North Coast)
- Webster Signage Group Junior Athlete of the Year - Dani Samuels (track and field)
- Ian Thorpe/Grand Slam International Outstanding Achievement - Male - Stephen Wooldridge (cycling)
- Ian Thorpe/Grand Slam International Outstanding Achievement - Female - Kate Nichols (cycling)

JUSTIN MERLINO
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- NSW Institute of Sport Career Development - Manuela Berchtold (winter sports)
- Powerade Academic Excellence - Rahul Anne (baseball)
- The University of Sydney Academic Excellence - Greg Mail (men's cricket)

Award Dinner Providers:

- Southern Design and Print Group
- Tooheys
- De Bortoli Wines
- Coca-Cola
- Relativity
- Accor

SPONSORSHIP SERVICING

VIP hospitality was extended to sponsors and supporters at a variety of NSWIS, state, national and international sporting events, including the UCI Track Cycling World Cup and the Carbine Club of NSW Luncheon series.

All relevant NSWIS supporters were acknowledged and promoted wherever possible. This recognition included all issues of *the edge* magazine, the 2006 NSWIS Annual Awards Dinner, the NSWIS website and athlete uniforms, where appropriate.

Friends of NSWIS

The Friends of NSWIS provides support to the NSWIS via donations made through the Australian Sports Foundation. The funding supports NSWIS scholarship athletes with identified training costs, to provide for sports related coaching, camps and clinics, coaching development and the purchase of sporting equipment.

PROMOTION

The success of the NSWIS was actively promoted during the reporting period, increasing NSWIS' public and industry profile and enhancing its international and national standing as a premier sporting institute.

Media

The NSWIS Media unit continued to produce news stories, press releases and other media opportunities for NSWIS athletes, coaches, staff, programs and services. The unit also created a daily news service during the FINA World Swimming Championships in March 2007.

Website and Intranet

The NSWIS website continued to show strong growth in web visitations and content development during the reporting period. There were 1,470,290 successful page views and 10,159 unique visitors.

The NSWIS IT unit continued to provide an intranet service for internal staff, enabling staff to access important internal documents securely and easily. The Intranet complemented the information provided on the NSWIS website.

Publications

The NSWIS produced two editions of *The Edge* magazine, an Annual Report, and 38 editions of the Latest NSWIS News (electronic newsletter). The unit also assisted with the production of various unit publications such as Coach Excellence, EAP newsletters and *The Balance* newsletter.

ALEXANDRA CROAK
PHOTO BY GETTY IMAGES →



nswis organisational chart june 2007



coaching, athlete & program services

The Coaching, Athlete and Program Services (CAPS) unit of NSWIS delivered the following high-performance sport services:

Coaching and Programs Services:

- Coaching Services
- Sport Programs Services
- Regional / Mobile Services
- Emerging Talent, including Emerging Athlete Program Services

Athlete Services:

- Athlete Career, Education and Professional Development (ACE/PD) Services
- Sport Psychology Services

1. QUALITY COACHING

During 2005 the NSWIS Board endorsed quality coaching as a priority service area. A new position of Coordinator - Coaching and Program Services was established to ensure that coach excellence was promoted and supported as a key service area within NSWIS. The Coach Excellence program was also enhanced when Classic Sportswear confirmed ongoing support for the program. This program continued to be a success over the 2006-2007 reporting period.

Coaching Recruitment and Opportunities

The NSWIS has recruited quality staff and supported coaching opportunities for sports, targeting current and former athletes where appropriate, including:

- Coaches were successfully recruited in the sports of swimming, canoe sprint, canoe slalom, netball, soccer, triathlon (NTID) and golf during the reporting period
- Canoe-Sprint - Chantal Meek continued to work with emerging athletes (Women in High Performance Sport Program)
- Wheelchair Track and Road - Louise Sauvage continued to work with high-performance and emerging athletes (Women in High Performance Sport Program)
- Diving - Rebecca Manuel continued to work with high-performance and emerging athletes (Women in High Performance Sport Program)
- Tennis, hockey, track and field, cycling, netball - the NSWIS continued to support Regional / Emerging Athlete Program coaching positions in partnership with State Sporting Organisations (SSO's)
- Swimming - three scholarship coaches were appointed through the Emerging Athlete Program in partnership with Swimming NSW
- Rowing - Approval was provided for the establishment of Emerging Athlete Scholarship Coaching opportunities (to commence in September 2007)
- ASC scholarship coaches - NSWIS hosted ASC scholarship coaches in equestrian, cycling, wheelchair basketball through National Sporting Organisations (NSO's)

All new coaches to NSWIS were introduced to NSWIS as a group at the "Lunch with the CEO" to talk about the culture and expectations of NSWIS.

Coach Excellence - Sport Specific Development Opportunities

In addition to the resources available in each sport budget, the Coach Excellence program, with the assistance of Classic Sportswear, provided opportunities for coach professional development.

The program catered for a diverse range of coaches based on their current level, role and future aspirations. It supported a variety of quality coaching opportunities, including:

- Rowing - Andrew Randell attended a World Cup regatta in Switzerland and the under-23 World Championships in Amsterdam.
- Men's Artistic Gymnastics - Songliang Xiong attended World Cups in France and Germany.
- Baseball - Andre Desjardins attended the American Baseball Coaches Convention and Exposition.
- Weightlifting - Luke Borreggine attended Oceania Weightlifting Championships.
- Triathlon - Justin Drew attended international competitions in the USA in support of NSWIS athletes.
- AWD Wheelchair Tennis - Kathy Fahim was supported to attend the French Open and Slovak Open in support of a NSWIS athlete.
- Swimming - approved attendance of Jim Fowlie to the American Swim Coaches Association Conference.
- Soccer - Alen Stajcic attended Olympic Qualifying match in North Korea and completed Sportscode analysis on the Matildas matches.

Coach Excellence - High Performance Sport and General Coach Development Opportunities

Throughout the reporting period, opportunities were provided for coaches across sports to access information, seminars and educational opportunities:

- International Coach Visit - Mr Vern Gambetta (USA) an internationally recognised expert in functional strength delivered a total of 19 sessions (71 hours) over a 10 day period. Sport specific sessions that were conducted included:
 - Presentations for Diving, Hockey (Men's and Women's), Netball, Soccer (Men's and Women's) and Softball
 - Dryland Training session for Swimming - 18 swimming network coaches attended
 - 82 network coaches attended over four full day weekend sessions covering topics including training the developing athlete, functional strength training, core training and plyometrics
 - Speed to the Max (Field Sport Speed) was attended by six NSWIS sports and strength and conditioning staff and representatives from three NRL clubs, the Waratah's, the Opals, the Sydney Kings and the Sydney Academy of Sport
 - The NES network were invited to 'share' one pilot session via Webex (computer / phone hook up)
- A "Coach Excellence Planner" was developed and used to assist coaches

develop an individual development action plan (including sport specific, high performance sport and general development areas).

- Strength and Conditioning - 10 NSWIS coaches completed their level 1 strength and conditioning qualification with the Australian Strength & Conditioning Association.
- Physiology, Technical Analysis, Strength and Conditioning - focus was placed on the development of training and competition planning skills and practices with coaches.
- Lawn Bowls - Cameron Curtis attended ASC's Team Sports Conference.
- Hockey - John Bessell continued a Graduate Diploma in Coach Education at The University of Sydney.
- Diving - Rebecca Manuel continued a Graduate Certificate in Education at the University of Sydney.
- The 'Kelvin Giles Strength and Conditioning DVD syllabus' was available to all coaches and NSWIS commenced development of 'Athlete Competencies' resources
- General development opportunities for coaches were also provided through NSWIS ICT (eg: Office 2007) and ACE/PD (eg: time management)
- Identified coaches were approved for 'flexible work' considerations (eg: coaches with new babies, relocating coaches).

Coach Networking Lunches

In order to facilitate development and encourage the sharing of information across sports a series of informal working lunches were held for targeted coaches, including:

- "Athlete Learning Styles" (17th January 2007) - NSWIS Sports Psychologist Paul Penna presented and then facilitated discussion relating to athlete and coach learning styles and how this impacts coaching.
- "What Athletes Expect from Coaches" (14th February 2007) - four Olympic athletes shared their views regarding their expectations of their coaches and how these have evolved through their career from the junior to elite level. Coaches left with a greater understanding of expectations and strategies to apply.
- "Physiological Responses to Training in Males and Females" (14th March 2007) - NSWIS Principal Scientist Kenneth Graham provided an update of the literature and research to provide some assistance when prescribing training for the two genders.

Technology to assist Coaching

The Coordinator - Coaching and Program Services worked directly with coaches and service staff to improve the use of technology by coaches including:

- Headzone - continued use of this coach communication system in the sailing, rowing, sprint canoe and winter sports programs.
- Neptune File Sharing Service - several NSWIS sports used Neptune to share short video clips across the internet. This offers a secure, simple way for coaches to distribute video to athletes and coaches anywhere in Australia or overseas.
- Streaming - an in-house video streaming system that allowed athletes and coaches in several NSWIS sports to view entire games or games packages in the Athletes' Lounge at their own convenience.

2. ATHLETE SERVICES - ATHLETE CAREER AND EDUCATION / PROFESSIONAL DEVELOPMENT (ACE/PD)

"A balanced approach to sporting excellence"

As a part of the National Athlete Career and Education (NACE) program, ACE/PD staff assisted athletes to achieve their educational and vocational aspirations more effectively, without compromising their sporting objectives.

437 (137 more than in the 2005-2006 reporting period) detailed face-to-face assessments were completed, with recommendations for action made for

coaches and key service staff.

On 1,564 occasions NSWIS, AIS and National senior team athletes visited or had direct contact with ACE/PD staff for career counselling, resume building and/or education guidance.

710 athletes participated in the ACE/PD Professional Development program, with 60 seminars and workshops delivered on various topics, ranging across public speaking, media preparation and cooking skills.

NSWIS new facility

Staff, athletes and coaches capitalised on the new NSWIS facility making excellent use of:

- Athlete Lounge / Study Area - computers with internet access, telephone (local calls), breakfast cereals and fresh fruit were available to athletes
- Demonstration Kitchen - 'shopping tours' followed by healthy and effective meal preparation classes were conducted

Olympic and Paralympic Games Campaigns

Preparation and support of athletes for the Beijing Olympic and Paralympic Games commenced with a function in April 2007 to mark '500 days to go' until the Opening Ceremony of the 2008 Olympic Games. All identified athletes, coaches and staff were invited and received information on the city of Beijing, a summary of services available through NSWIS and a small gift.

NSWIS Connect - Beijing

An extension of the 'NSWIS Connect' athlete mentoring program, which provides 'inexperienced' athletes with the opportunity to link with identified 'experienced' athletes to discuss issues and obtain support. The NSWIS Beijing connect project commenced in May 2007.

Beijing Connect specifically focused on linking 'inexperienced athletes' aiming for Olympic selection for the first time with an experienced Olympian.

Dual Olympic Softball medallist Fiona Crawford became the mentor to Olympic hopefuls Prashanth Sellathurai (Men's Artistic Gymnastics), Rebecca Sanders (Hockey), Phil Thuau (Cycling) and Preya Carey (Track & Field). Fiona provided support and leadership to them individually and as a group, looking at a range of topics to assist them to achieve their goals. Fiona's role as mentor will continue as they undertake their Beijing Olympic campaigns.

Workshops and events

ACE/PD held 60 workshops/events during the reporting period, attended by 864 athletes, parents, coaches or staff. In 2005-06 48 courses reached 1087 people.

WORKSHOP / EVENT NO. HELD TOTAL ATTENDEES

Topic	Athletes	Coaches	Staff	Parents	Total Attendees
Basic Budgeting	23	2	0	0	25
Basic Finance	9	0	0	0	9
Career Planning	49	4	0	32	85
Computer Skills	15	2	1	0	18
Cooking	110	9	4	0	123
Nutrition - General	182	12	4	13	211
Meal Planning	2	1	2	0	5
Nutrition - Health Breakfast	14	2	5	0	21
Nutrition - Performance	43	3	2	0	48
Nutrition - Hydration	8	0	0	0	8
Supermarket shopping	12	0	0	0	12
Media training	89	5	6	0	100
NSWIS Connect	4		1		5
Presentation skills & Public Speaking	3	11	12		26
Sponsorship	23	2	0	0	25
Study Skills	15	0	0	0	15
Studying in the USA	15	0	0	0	15
Time Management	94	7	5	7	113
Total	710	60	42	52	864

Career

Individual and specialised services were offered to 1,564 athletes during the reporting period, including career and education guidance, resume development and assistance with interview technique, helping them to be 'job ready'. 176 athletes were employed full time, six undertook apprenticeships/traineeships and 104 were working as well as undertaking study of some sort. Employment opportunities were circulated directly to athletes and coaches via e-mail and e-newsletter. ACE/PD staff assisted athletes negotiate with existing employers for flexible work arrangements as required.

74 NSWIS athletes registered their employer with the NSWIS Athlete Employer Register (an increase from 41 in the previous year). Employers received a letter of thanks from the CEO, a certificate of appreciation, regular updates on NSWIS athlete results and invitations to any relevant NSWIS functions.

ClubsNSW members were invited to register interest in participating in an 'Employ an Athlete Scheme'. Six Clubs registered for the program, with athletes referred, as needed, to best suit the needs of the athlete and the Club.

Education

333 (46%) NSWIS athletes were involved in studies during the reporting period, with 176 (53%) in secondary and 157 (47%) in tertiary institutions. NSWIS staff assisted athletes attending school, TAFE and university with subject/course selection, negotiation of flexible study arrangements and liaison with staff, teachers, lecturers and principals as required.

The NSWIS assisted 52 athletes with pre and post HSC decisions. Of these athletes five were in their first year of pathways, 25 received places at university, four accepted TAFE/private college positions and four chose to accept scholarships at US colleges. Five athletes were provided with assistance to ensure that they undertook activities to enhance their continued participation in their sport.

NSWIS continued to work closely with long term partner The University of Sydney. Links included shared professional development opportunities, attendance and presentation at workshops and involvement with various programs and projects.

Annual Education Seminar

The 5th Annual Education Seminar was hosted by the NSWIS in July 2006 to assist athletes with post-school choices. 37 athletes and 27 parents attended the event. Presenters included representatives from The University of Sydney, APM Training Institute, the Australian Training Company, TAFE NSW, Finsia (formerly the Securities Institute), Teach NSW, Fitness Institute Australia, and the Universities Admissions Centre. The seminar provided information on a range of post-school options with flexibility and consideration for the commitments of elite athletes.

Elite Athlete Friendly Universities

With the establishment of the Elite Athlete Friendly University (EAFU) network in 2004/2005, the Australian university network members recognised the demands on elite athletes, and made a commitment to developing policies and practices to assist these athletes.

The NSWIS assisted the National ACE program with ongoing education for NSW-based universities, specifically in developing successful submissions and hosting professional development opportunities for key university staff. NSW institutions recognised as part of the EAFU include Southern Cross University, the University of New England, Newcastle University, Macquarie University, University of Western Sydney, University of Technology, Sydney, Charles Sturt University, University of Wollongong, University of NSW and the Australian Catholic University. The Australian College of Physical Education (ACPE) was endorsed as an Elite Athlete Friendly Institution.

Technical and Further Education (TAFE)

During the reporting period, ACE/PD strengthened its links with TAFE NSW. These links provided NSWIS athletes with options for flexible study using Distance Education, classroom teaching or both to complete their field of study. The Open Training and Education Network was utilised to provide distance education options.

Professional Development and Training

ACE/PD delivered a number of professional development and training opportunities to NSWIS athletes during the reporting period, including links with educational institutions, the NSWIS Sport Speakers program and a range of athlete resources and workshops.

Several organisations entered into agreements with the NSWIS to provide educational services to NSWIS athletes, including the APM Training Institute, Finsia, Dale Carnegie Training, the Fitness Institute of Australia and the Australian Training Company.

NSWIS Sport Speakers

The NSWIS Sport Speakers program aimed to provide role models that successfully promoted an image and message of respect and responsibility in the community. During the reporting period 31 functions were attended by 33 NSWIS athletes, with a total of \$12,700 being paid directly to speakers. ACE/PD staff provided athletes with information and training to ensure that the right message was delivered to their audiences in a professional way.

NSWIS Connect

An athlete mentoring program, 'NSWIS Connect', was started and it provides opportunities for athletes experiencing any aspect of 'elite sport' for the first time through links with more experienced athletes. The general program targeted aspects of sport experienced for the first time including:

- NSWIS scholarship offer
- National team selection
- Transition to 'Professional' status

Examples of sports or event specific 'arms' of 'NSWIS Connect' program included:

- NSWIS Connect - Golf - 'linked' athletes making the transition to professional golf with experienced professional golfers including NSWIS alumni
 - NSWIS Connect - Beijing - 'linked' Olympic hopefuls to experienced Olympians.
- See ACE/PD section on page 19



3. ATHLETE SERVICES - SPORT PSYCHOLOGY

Sport Psychology provided NSWIS athletes and coaches with opportunities to improve their performance at training, prior to, during and following competition. The unit worked cooperatively with coaches and athletes to identify areas for improvement, before developing specific programs to assist individuals, groups and teams to perform when it counts.

During the reporting period sport psychology staff made 685 individual athlete contacts and 558 formal coach contacts. Training and competition was attended for all sports where services such as mental skills training, performance planning, team cohesion and athlete support were delivered.

NSWIS Sport Psychology Input and Attendance at World Class Competition included:

- Fina 2007 World Championships (Swimming) - Melbourne, Australia
- World Cup Events (Swimming and Diving) - Sydney
- Freestyle Moguls Continental Cup - Jindabyne
- Snowboard Slopestyle Pro Event & Snowboard Halfpipe Pro Event
- Under-23 Rowing World Championships - Belgium

NSWIS Sport Psychology Input and Attendance at National Competition included:

- National Weightlifting
- National Softball GP Series
- National Sailing Regatta
- Rowing Selection and National Trials
- Diving Nationals
- Alpine Giant Slalom Nationals
- Swimming Nationals

SUZANNE BALOGH
PHOTO BY GETTY IMAGES ←

- Snow Sports Nationals

- Equestrian Melbourne 3 day event ***

Other areas prioritised by Sport Psychology included:

- **Olympic/Paralympic Campaign** - targeted athletes and sports were identified as 'priorities' and services focused on preparing athletes for performance, selection/non-selection, success at these events.
- **Coach Excellence** - Ongoing development of relationships with coaches for priority sports with a view to gaining greater insight into coaching requirements, sport culture and environment.

4. PROGRAMS SERVICES

The Programs Services area delivered quality sports administration services while continuing to maintain and develop its strategic partnerships, specifically with National Sporting Organisations (NSOs), State Sporting Organisations (SSOs) and the Australian, State and Regional network of Institutes and Academies of Sport.

In addition Programs staff worked with coaches and program partners to:

- develop systems and resources that assisted with the delivery of more effective and repeatable high performance programs
- identify and implement initiatives with Head Coaches, NSWIS staff and program partners that enhanced athlete opportunities for improvement

Joint Management Committee meetings for each sport program were held from September - November 2006 and April - June 2007. Joint Management Committees included representatives from program partnerships (NSO's and SSO's).

Individual Scholarships

The NSWIS Individual Scholarship Program supported NSW athletes who were not already supported by NSWIS squad programs, providing financial assistance, sport psychology, ACE/PD and sport science services to scholarship holders.

The criteria for selection was high and required each athlete to be placed in the top 10 in the world (open) or ranked number one in the world (junior). During the reporting period the program supported 11 athletes: Suzanne Balogh OAM (shooting), Michale Briant (water skiing), Astrid Loch-Wilkinson (bobsleigh), Luke Madill (mountain bike), Karina Nowlan (water skiing), David Palmer (squash), Semir Pepic (judo), Jeremy Rolleston (bobsleigh), Thomas Turner (shooting), Billy Jolliffe (BMX), Amiel Cavalier (downhill mountain bike).

Athletes with Disabilities

The NSWIS Athlete with Disabilities (AWD) Program was a joint program between the NSWIS, Australian Paralympic Committee (APC) and NSW Sport and Recreation (DSR) for high performing athletes with a disability, considered to be among the top 25 athletes in NSW eligible for the Paralympic Games. The program provided athletes with access to competition and training support, as well as a broad range of NSWIS support services including sports science, sports medicine, strength and conditioning, sport psychology, nutritional advice and ACE/PD.

During the reporting period the program supported 25 of NSW's high-performance AWD athletes: Ben Austin OAM (swimming), Ryley Batt (wheelchair rugby), Peter Brooks OAM (cycling), Shannon Dallas (winter sports), Ben Demery (cycling), Patrick Donachie (swimming), Toireasa Gallagher (cycling), Shaun Hopkins (cycling), Lindy Hou OAM (cycling), Toby Kane (winter sports), Peter Leek (swimming), Matthew Levy (swimming), Janelle Lindsay (cycling), Marty Mayberry (winter sports), Damien Narbeshuber (swimming), Andrew Newell (track and field), Jayme Paris (cycling), Rick Pendleton (swimming), Jan Pike (equestrian), Katherine Proudfoot (track and field), Sarah Rose (swimming), Prue Watt (swimming), Nicholas Watts (winter sports), Ben Weekes (wheelchair tennis) and Louise Williams (winter sports).

The achievements of AWD athletes were celebrated at the 2006 NSWIS Awards Dinner. In the Career Development category AWD cyclists Peter Brooks, Lindy Hou and Janelle Lindsay were all finalists. Lindsay Hou was also a finalist for the NSW Arts, Sport and Recreation Female Athlete of the Year category. In the Ian Thorpe/Grand Slam International Outstanding Achievement (female) and (male)

categories Janelle Lindsay (AWD Cycling) and Toby Kane (AWD Winter Sports) were both finalists. AWD Alpine Skiing coach Steve Graham was a finalist in the Telstra Coach of the Year category.

Campaign 2008

Campaign 2008 commenced in January 2007 to support athletes who were not already supported through NSWIS squad programs or individual scholarships, assisting with their preparation for the 2008 Beijing Olympic Games.

Campaign 2008 supported seven athletes with their preparation for the Beijing Olympics: Isis Dalton (modern pentathlon), Chloe Esposito (modern pentathlon), Stuart Gomez (badminton), Kimberly Mason (gymnastics), Khaleen Young (BMX), Michael Naray (archery), Alexandra Feeney (archery).

Athlete Welcomes

NSWIS scholarship holders were welcomed to the Institute by coaches, service staff and program partners. This provided an opportunity for athletes to experience all that the new facility offered and gave access to information regarding scholarship benefits including services available to athletes. Athletes and coaches were provided with information regarding Anti-Doping guidelines and Safe Sporting environments, including harassment free sport requirements.

5. EMERGING TALENT - EMERGING ATHLETE PROGRAM

The NSWIS Emerging Athlete Program (EAP) continued to identify, motivate and recognise talented junior athletes who have produced outstanding results or have shown potential to achieve NSWIS selection standards and world-class results in the future.

ANDREW HOY
PHOTO BY GETTY IMAGES ↓



Macquarie Bank Sports sponsorship combined with the continued support from the Department of Sport and Recreation for the EAP, enabled the NSWIS to provide EAP athletes with the opportunity to receive specialist high performance coaching services as well as access to training opportunities with NSWIS elite athletes.

Programs were delivered in partnerships that included State and National Sporting Organisations, National Talent Identification and Development and targeted Regional Academies of Sport, clubs and schools. These partnerships were important as they assisted with establishing sustainable programs for the future development of athletes.

Following the success of the Emerging Athlete Program in Track & Field, a number of sports have commenced planning, implemented or improved dedicated programs including:

Hockey - NSWIS/HNSW EAP

NSWIS Hockey and Hockey NSW continued to work together to support and further develop a successful Emerging Athlete Program through coach John Bessell. The program was improved to include metropolitan athletes for the first time in addition to the 33 qualifying regional athletes. A centralised camps component was introduced to the program, utilising Sydney Olympic Park. Athletes developed their hockey and personal skills, whilst they were introduced to the world class facilities offered by NSWIS. Targeted regional visits and the ongoing monitoring of athlete development remained a component of the program.

Swimming - NSWIS/SNSW EAP

In January 2007, NSWIS formed a partnership with Swimming NSW to deliver an Emerging Athlete Program for emerging talented athletes identified as potential national representatives. The program supports three squads (level 1, level 2, level 3) and included 61 athletes aged 13-19. The EAP was established and delivered under the direction of NSWIS Head Coach Jim Fowle. Three new EAP scholarship coaching opportunities were also established to assist with EAP delivery and development of coaches within NSW.

Cycling - NSWIS/CNSW EAP

NSWIS Cycling and Cycling NSW continued to work together to provide support to talented emerging athletes with a view to assisting them to achieve NSWIS selection standards in the future. The program supported up to 90 athletes over two tiers targeting athletes generally 13-18. Athletes were invited to attend up to three centrally based camps coordinated by the NSWIS/CNSW Regional and Coaching Development Coordinator Graham Seers. In targeted areas, the EAP was delivered in partnership with Regional Academies of Sport. During the reporting period two EAP athletes were selected to the under-19 National Team to represent Australia at the Junior World Championships in August 2007.

Sprint Canoe - NSWIS/NTID EAP

In May 2007, NSWIS together with NSW Canoeing, the Australian Institute of Sport, Australian Canoeing and the National Talent Identification and Development program confirmed a program that reflected a coordinated approach to talent development in NSW. The program, to be implemented in 2007, includes quality coach development and will support emerging talented athletes with the potential for national representation. Athletes in the sport of canoeing and talent transfer athletes from surf lifesaving and other similar sports will be eligible. The EAP/NTID program will be coordinated by Elite and EAP Coordinating Coach Guy Wilding. The EAP/NTID program will be delivered through network centres/ clubs throughout NSW and may include projects such as the Mackellar Girls High School targeted school sport program.

Water Polo - NSWIS / NSWWPI / AWPI EAP

NSWIS Water Polo, NSW Water Polo Inc (NSWWPI) and Australian Water Polo Inc (AWPI) continued to work together to provide support to talented emerging athletes to assist them to achieve NSWIS selection and national representative standards in the future. The program provided a link between the NSWWPI ITC and NSWIS Programs with a two tiered approach supporting up to five male and five female emerging athletes who accessed quality training at sessions with the NSWIS squads and a further 20 athletes who trained in a mixed squad under the guidance of NSWIS Training Coach Les Kay (10 females aged 16-18 and 10 males aged 14-16).

The Men's Youth Development Group, conducted in collaboration with the NSWWPI and AWPI, continued to provide skill development opportunities for targeted 16-18 year old male athletes.

Triathlon - NSWIS/TA/NTID EAP

In November 2006 the NSWIS Triathlon in conjunction with TNSW, TA and National Talent Identification and Development established the NSWIS EAP/NTID program. The program provides recognition and motivation for up to fifteen athletes, aged 16-23, who have been identified as potential world class athletes or with the potential to achieve NSWIS selection standards in the future. The program focused on establishing quality coaching, training, competition access and facility use in three identified regional 'hotspots'. Talented athletes in the sport of triathlon and talent transfer athletes from complimentary sports were eligible. Three EAP coaches assisted NSWIS Head Coach Justin Drew to deliver the decentralised program in Wollongong, the North Coast and Newcastle.

Rowing - NSWIS/NSWRA "Blues Squad"

NSWIS Rowing and the NSW Rowing Association (NSWRA) continued to support the NSWIS/NSWRA 'Blues Squad'. The squad is overseen by NSWIS/NSWRA Elite Development Coordinator Stani Slavova. The program included under-21 rowers (including those aged 16-19) and provided camps-based opportunities for training and development in metropolitan areas and Jindabyne.

NSWIS is working with Rowing Australia and NSWRA to incorporate the "Blues Squad" into the new National Elite Development Program (NEDP) for the 2007/08 season. This will be implemented in September 2007.

Track and Field - NSWIS/ANSW EAP

One of the most successful sport specific Emerging Athlete Programs operating during the reporting period was the NSWIS/ANSW Track and Field EAP.

NSWIS is currently working with the Department of Sport and Recreation and other targeted organisations to improve emerging talent and elite development pathways and opportunities in the future.

The table below summarises the NSWIS sports that established and/or delivered EAP / emerging talent programs.

Sport	Sport Specific EAP Approved Maximum	Sport Specific EAP Actuals 2006/07	General EAP
Basketball			3
Basketball - Wheelchair			3
Canoe - Slalom	6	6	
Canoe - Sprint	15	0	
Cycling	Tier 1 - 10 Tier 2 - 80	Tier 1 - 10 Tier 2 - 80	
Diving	6	6	
Equestrian			5
Hockey	60	55	
Netball (Sprites)	25	25	
Rowing (Blues Squad)	30	30	
Soccer - women	22	22	8
Softball			12
Swimming	Tier 1 - up to 15 Tier 2 - up to 35 Tier 3 - 45	Tier 1 - 3 Tier 2 - 13 Tier 3 - 45	
Track and Field	205	205	
Tennis			5
Triathlon (NSWIS/TA/NTID)	20		
Water Polo - Men	Elite - 5		
Youth Development - 20			
Junior - 10	Elite - 5		
Youth Development - 20			
Junior - 10			
Water Polo - Women	Elite - 5		
Junior - 10	Elite - 5		
Junior - 10			
Weightlifting			1
Winter Sports			5
TOTAL ATHLETES	624	550	42

7. REGIONAL AND MOBILE SERVICES

The NSWIS Regional/Mobile Program provided opportunities and resources for the NSWIS High Performance Service units to deliver quality services to NSWIS athletes and their coaches in their home environments.

The State Government contributed \$848,000 during the reporting period for the delivery of the Regional/Mobile Program, which benefited around 220 athletes from 28 NSWIS sport programs.

Since its launch in 2000, the Regional/Mobile Program has supported a significantly increased number of regional athletes. In 2000, the program supported approximately 120 athletes, while in 2006-07 the program supported approximately 220 athletes.

Regional Highlights

Three regional athletes (Hayden Stoeckel, Lara Davenport, Tay Zimmer) were selected in the National Team for the 2007 World Swimming Championships:

- Tay Zimmer won a bronze medal in the 100m backstroke at the 2007 World Swimming Championships
- Hayden Stoeckel won a gold medal (heat swimmer) in the 4x100m medley relay at the 2007 World Swimming Championships

HIGH PERFORMANCE CENTRES

The NSWIS continued a hub-based service delivery and support model for the Regional/Mobile Program.

Northern High Performance Centre

The Northern High Performance Centre (NHPC) supported five sports during the reporting period (canoe-sprint, triathlon, swimming, soccer and baseball) and an additional 20 individual athletes from other NSWIS sport programs.

The key focus in the northern area was the enhancement of sports science support including the establishment and implementation of weekly sports science servicing support for the Olympic preparation of five elite NSWIS swimming athletes at Kingscliff. Strength and conditioning services were provided by contracted service provider, Glen Workman.

Key partners included: Southern Cross University - Lismore and Sprint-Canoe partners Australian Canoeing, the Australian Institute of Sport and the Queensland Academy of Sport.

Supporters included: Ballina RSL, Bonville International Golf Resort and Banora Point RSL (Twin Towns)

Official Training Venues included: Alstonville Pool, Banora Point Pool, AIS Robina (Gym and Sprint Canoe), Lake Ainsworth Sport and Recreation Centre, Harbour Health (Coffs Harbour), Southern Cross University Gym (Lismore Union Campus), the Queensland Academy of Sport (Tullebudgera) and Five Star Fitness (Port Macquarie).

Central High Performance Centre

The Central High Performance Centre (CHPC) supported five sports during the reporting period (equestrian, triathlon, basketball, soccer and track and field) as well as providing support to an additional 20-35 individual athletes from other NSWIS sport programs (including emerging athlete programs for hockey and netball).

The key focus for the central area was providing access for NSWIS athletes to high quality training facilities including strength and conditioning and pool facilities at The Forum (University of Newcastle) and Mingara One.

Key partners included: the University of Newcastle and Mingara Recreation Club/Mingara Leisure Centre

Official Training Venues included: Glendale Athletics Centre, Gatorade Regional Athletics Track (Mingara), Mingara One (pool and gym), NSW Equestrian Centre (Lochinvar), The Forum (NuSport - University of Newcastle Sports Association) and selected high schools (basketball training).

Southern High Performance Centre

The Southern High Performance Centre (SHPC) supported five sports during the reporting period (winter sports, triathlon, track & field, wheelchair basketball and basketball) as well as supporting an additional 20-30 individual athletes from

other NSWIS sport programs (including two emerging athlete programs for hockey and netball).

The key focus for the southern area was delivery of 'newly established elements' of the Winter Sports program following the Olympic Winter Games.

Key partners included: University of Wollongong and Jindabyne Sport and Recreation Centre.

Official Training Venues included: University Recreation and Aquatic Centre (University of Wollongong), Beaton Park Leisure Centre, Jindabyne Sport and Recreation Centre, Perisher Blue Ski Resort, Thredbo Alpine Resort and Warilla Bowling and Recreation Club.

Regional Athlete Assistance

Athletes living remote from the activity locations of the three high performance centres were able to access NSWIS support through Regional Athletes Assistance. Assistance included travel to competition and official NSWIS training camps, subsidised local gym memberships and mobile service delivery (including coaching, physiology, biomechanics, strength and conditioning, sports psychology, sports medicine, nutrition, ACE/PD, technical analysis and program management).

NSWIS-supported Regional programs

During the reporting period the NSWIS successfully delivered dedicated NSWIS regional training programs:

Swimming

NSWIS-supported coach Greg Salter continued to deliver dedicated training programs for NSWIS athletes on the Far North Coast of NSW - Banora Point and Kingscliff. A north coast regional servicing program was established and implemented that included weekly sports science support for 'Olympic focused' preparation of five elite NSWIS swimming athletes at Kingscliff.

KATHERINE BATES
PHOTO BY JOHN VEAGE ↓

Triathlon

NSWIS Triathlon Coach Justin Drew continued to coordinate the NSWIS Triathlon Program from the Far North Coast, capitalising on venues such as Lake Ainsworth Sport and Recreation facility for camps and daily training for athletes located at Lennox Head.

Winter Sports

NSWIS Winter Sports Coordinator Kate Greenwood coordinated the NSWIS, OWI, SSA partnered high performance Winter Sports Program from Jindabyne Sport and Recreation facility, Perisher Blue and Kosciusko Thredbo Resorts.

Canoe - Sprint

The NSWIS continued to partner Australian Canoeing, the Australian Institute of Sport and the Queensland Academy of Sport to conduct a National Centre of Excellence (NCE) program based at Robina, South East Queensland. The NCE catered for Australia's top athletes while providing an opportunity for NSWIS elite development athletes located in Northern NSW to train at a world-class facility. The NSWIS Regional Coach Ben Hutchings had a dual role to provide national coaching to athletes at the NCE and to provide elite development coaching to athletes in Northern NSW.

Netball

The NSWIS Regional Netball Program supported nine full scholarship holders plus an additional 25 Sprites (emerging athletes) in 2006/2007. Athletes received quality coaching through NSWIS Head Coach Lisa Beehag and a pool of identified specialist skills coaches at 'home'. The Netball Program continued to benefit from strong relationships with Regional Academies of Sport and Netball NSW.

Soccer

NSWIS Assistant Soccer - Men's Coach Mark Jones coordinated the delivery of the Men's program under the guidance of the Men's Head Coach. Nine athletes were supported as part of the program, enabling them to train in both their regional home environment and centrally in preparation for weekly competition. A network of regional coaches was also utilised and they were responsible for assisting with day-to-day program delivery for 16 regional female athletes. The Soccer program was reviewed during the reporting period with a new structure recommended for implementation in July 2007.

Tennis

NSWIS Regional Development Coach Ben Pyne continued to coordinate delivery of day-to-day training programs for targeted regional athletes. Ben participated in on-court sessions with Regional Academy of Sport athletes as well as liaising with Regional Academy staff and service providers to ensure value-added services were included in athlete programs.

Appointments

- Kate Perrin - Sport Consultant
- Bronwen Watson - Sport Consultant
- Trent Steed - Sport Consultant
- Nikita Cuffe - Administrator
- Robert Medicott - Coordinator Coaching and Programs
- Annalise Davidson - ACE/PD and Sport Consultant
- Kellie Hayes - Senior Sport Consultant - Programs
- Kate Charge - Senior Sport Consultant - Regional/Mobile Services and Emerging Talent
- Cathryn Lynton - Athlete Services Administrator

Departures

- Meredith Evans - Sport Consultant (Secondment)
- Trent Steed - Sport Consultant
- Lisa Gatt - Athlete Services Administrator
- Angela Yong - Sport Consultant
- Nikita Cuffe - Programs Administrator (to NSWIS Marketing)



athlete scorecard

SPORT

SPORT	National Teams/Squads Selection		No of International Events Attended		NSWIS Athletes Winning Medals at Significant International Events		World Champions Senior and Junior	
	05/06	06/07	05/06	06/07	05/06	06/07	05/06	06/07
NSWIS Sports								
Squad Programs	05/06	06/07	05/06	06/07	05/06	06/07	05/06	06/07
Baseball	0	7	0	2	0	0	0	0
Basketball (including Wheelchair)	10	6	3	1	14	6	0	0
Bowls	8	4	3	3	5	3	0	0
Canoe-Sprint	18	13	5	3	21	9	1	0
Canoe-Slalom	8	9	3	2	0	0	0	0
Cricket – Men	0	0	0	0	0	0	0	0
Cricket – Women	0	0	0	0	0	0	0	0
Cycling	20	19	24	9	18	5	2	1
Diving	6	3	4	5	10	0	0	0
Equestrian	9	6	6	1	6	0	0	0
Golf	5	6	9	2	5	0	0	0
Gymnastics – MAG	1	6	2	2	2	1	0	0
Hockey – Men	12	12	8	3	10	3	0	0
Hockey – Women	11	11	6	6	18	8	0	0
Netball	0	0	1	0	5	0	0	0
Rowing	8	13	2	3	9	9	5	3
Sailing	7	24	6	9	11	16	3	3
Soccer – Men	0	0	0	0	0	0	0	0
Soccer – Women	21	24	1	3	0	13	0	0
Softball	0	7	0	3	0	13	0	0
Swimming	18	8	8	6	20	14	1	0
Tennis	5	3	4	2	0	2	0	0
Track and Field (incl. Wheelchair)	33	20	15	10	20	22	0	4
Triathlon	15	15	16	17	13	11	0	1
Water Polo - Men	4	9	1	2	4	0	0	0
Water Polo - Women	13	12	2	3	19	12	0	0
Weightlifting	3	2	2	2	6	2	0	0
Winter Sports	24	1	36	1	16	0	0	0
SUB TOTAL	297	259	175	167	326	232	14	7

OTHER PROGRAMS

Individual Athlete Programs

Individual Scholarship	25	22	18	10	53	22	3	3
TOTAL	330	290	181	187	379	291	15	10

*Wheelchair Track and Road results included in Track and Field

*Wheelchair Basketball results included in Basketball

a new home

AN IMPORTANT DATE DURING THE REPORTING PERIOD WAS SEPTEMBER 6, 2006.

On this day the Honourable Morris Iemma MP, Premier of NSW, opened the doors to the NSWIS' new home at 6 Figtree Drive, Sydney Olympic Park.

Crucial to the Institute's commitment to excellence and the development of world-class performances was the realisation of a state-of-the-art, purpose-built facility.

In addition to providing a base for the NSWIS' internationally recognised sport programs, this facility also provides a central location for elite athletes and coaches in NSW to access the full range of NSWIS services.

The building is in an ideal location because of its proximity to international standard training facilities, which remain as a legacy of the 2000 Olympic Games.

Designed to incorporate a range of purpose-built and unique athlete amenities, including a rehabilitation centre, environmental training room and on-line library, construction of this one-of-a-kind building began in March 2004.

THE FACILITIES

Physiology and Biochemistry Laboratories

The Physiology and Biochemistry laboratories have been designed to allow an integrated management of the athlete's health and fitness by sport medicine, physiology and nutrition staff.

This allows the science and medical staff to work together to measure athletes both at rest and exercising in an environmentally controlled facility. The laboratories are fitted with automated analysers giving staff time to focus on the analysis of results and the improvement of athlete performance.

Biomechanics Laboratory

The new Biomechanics laboratory houses a 60m indoor running track and automated digitising system for the technique analysis. As part of the enhanced services, athletes can be analysed at the beginning of their scholarship year for factors that may predispose them to injury.

This allows biomechanics, physiotherapy and strength and conditioning staff to provide athletes with the best information on injury prevention and technique optimisation.

Environmental Training Room

The Environmental Training Room allows athletes to prepare for adverse environments while still at home by controlling the temperature and humidity. Regular training in this facility prior to traveling allows athletes to adapt to new environmental conditions in 3-5 days, instead of the normal 10-14 days.

Athlete Training Centre

The Athlete Training Centre is equipped with the latest strength and power development machines, as well as a range of different endurance training options including exercise bikes and rowing ergometers.

The Centre allows for the rehabilitation of injured athletes through the coordinated use of the training and recovery centres.

Athlete Recovery Centre

The Athlete Recovery Centre assists an athlete's body to quickly recover from hard training sessions or competitions. The Centre features a cold plunge pool, hot spa pool and contrast showers which feature multiple jets set at different levels. The contrast showers are especially important for wheelchair athletes who may have difficulty accessing the plunge pool and spa.

The Recovery Centre also incorporates a massage area and a steam room.

Performance Analysis

This area incorporates an integrated video and games statistical analysis unit which allows coaches to analyse and edit video footage. Athletes can then access this footage via the Athlete Lounge to receive feedback on their performances at training and in competition.

Athlete Lounge

The Athlete Lounge is an area set aside exclusively for athletes to use when visiting the NSWIS, whether it be before or after a training session or when meeting with a coach or staff member.

The Lounge is an area where athletes can complete school or university work, surf the internet and check emails, study competition and training footage or just simply relax.

The Lounge is stocked with a range of useful Athlete Career Education and Professional Development materials including study guides and employments tips.

The Ian Thorpe Theatre

Named after one of the NSWIS' most successful athletes, the Ian Thorpe Theatre can accommodate up to 100 people.

The Theatre has been fitted out with the latest audio visual equipment for a range of uses, from video reviews sessions for coaches and teams to corporate seminars. The Theatre also has a kitchenette for catering purposes and is available for hire.

Seminar Rooms

The NSWIS has four seminar rooms with audio visual capabilities. The rooms can be set to different configurations and can operate individually or as one large seminar room, accommodating up to 150 people.

Seminar Room 2 is also equipped with an industrial kitchen for catering purposes. This kitchen is used by NSWIS athletes for cooking lessons, which are an important part of the Nutrition Program.

applied research program

THE NSWIS APPLIED RESEARCH PROGRAM (ARP) WAS ESTABLISHED BY THE NSWIS BOARD IN APRIL 2006.

THE ARP'S ROLE IS TO UNDERTAKE BOTH INDEPENDENT AND COOPERATIVE RESEARCH THAT IS DESIGNED TO ADD VALUE TO NSWIS ATHLETES, COACHES AND SPORTS PROGRAMS.

IT DOES THIS BY UNDERTAKING AND APPLYING THE OUTCOMES OF RESEARCH TO DEVELOP IMPROVED TRAINING METHODOLOGY IN CONJUNCTION WITH INDUSTRY PARTNERS AND COACHES.

THE ARP SUPPORTS NSWIS SPORTING PROGRAMS AND FOCUSES ON THE AREAS OF: TECHNOLOGY FOR MONITORING ATHLETES; TECHNOLOGY FOR ATHLETIC PERFORMANCE; THE HEALTH OF THE ATHLETE; AND REFINING TRAINING.

DURING THE REPORTING PERIOD THE ARP PROVIDED EQUIPMENT FOR THE NSWIS SPORT SCIENCE LABORATORY AND FOR USE IN ATHLETE MONITORING. IT ALSO HELPED DEVELOP LINKS TO UNIVERSITIES AND CORPORATE PARTNERS TO FURTHER ENHANCE THE SUPPORT TO NSWIS ATHLETES.

FOCUS AREAS OF ARP

The ARP has taken the three focus areas as identified and approved by the NSWIS board as the basis for its approach to supporting the broader NSWIS operations. These are:

1. Developing a comprehensive research and development program to enhance the training and performance of NSWIS athletes.
2. Developing educational resources that provide enhanced nutrition knowledge to NSWIS athletes and coaches.
3. Providing appropriate professional staff resources to NSWIS coaches and athletes.

STRATEGIC PARTNERSHIPS

The ARP set out to be a key player in the University and Institute Research Networks in a manner that benefits the performance of NSWIS athletes and provides appropriate professional development opportunities for staff.

Partnerships were formed and developed with iMed, the University of Sydney (maths, engineering, exercise and sport science, and physiotherapy), the University of NSW (Aerospace engineering) and the Australian Catholic University.

Links with government bodies have been established, including the Office of Science and Medical Research and the Department of State and Regional Development.

PROJECTS AND GRANTS

A number of research grants from the National Elite Sport Council and NSW Sporting Injuries Committee were secured and submissions, in conjunction with the University of Sydney, for funding within the Australian Research Council's Linkage Grant Program were completed.

Grants from the NSW Sporting Injuries Committee included: "The Relationship between Musculoskeletal screening and injuries in Athletes at the NSW Institute of Sport" and "The effect of external ankle support on ankle and knee joint loading in cutting and landing tasks" - Benedicte Vanwanseele (University of Sydney).

The ARP established the Injury Research Group and began extensive work on and proposed a number of research projects.

With the initial establishment of the ARP completed future plans for the ARP include: an Accredited Research Centre; competition for larger grants through cooperative research submissions; funding from commercialised spin-offs (e.g. IT Sports); coordinating and undertaking research that benefits NSWIS and its athletes; and further enhancing the support to NSWIS athletes.

Some of the major projects during the reporting period were:

POWERADE STUDY

The ARP assisted with ongoing research projects on new product development. Powerade is the 'Official Sports Drink of the NSW Institute of Sport', providing athletes with product throughout the year. During the reporting period, the NSWIS has worked closely with Powerade to provide the scientific testing needed in the product development process.

THE EFFECT OF COMPRESSIVE TIGHTS ON RESISTANCE EXERCISE PERFORMANCE

Kenneth Graham, Mark Moresi and David Bourke (IT Tights)

Compressive clothing is now being used by athletes in training and competition based on the claims of manufacturers for the compressive clothing to have positive effects on both performance and recovery.

This study seeks to examine the acute effects of compressive clothing on aspects of resistance and power exercise performance.

THE USE OF BIOMECHANICS IN DEVELOPING A MODEL TO PREDICT PERFORMANCE AND INJURY RISK IN ADOLESCENT FEMALE ATHLETES DURING A LONGITUDINAL STUDY

Mark Moresi PhD Thesis

Adolescent female athletes repeatedly exposed to high training volumes coinciding with growth can be exposed to increased injury risk. The study will serially monitor training responses via musculoskeletal and neuromuscular parameters using advanced technologies and recently developed protocols in bone parameters and biomechanics.

The study aims to explain differences between young athletes exposed to large volumes of weight-bearing (athletics and gymnastics) and non-weight-bearing (water polo) training and non-athletic controls and to improve prediction of injury in adolescent females committed to popular national and emerging sports.

THE MODELLING OF FATIGUE AND RECOVERY

Kenneth Graham PhD Thesis

This project seeks to determine if the fatigue and recovery processes that occur during intense training and the non training phases can be monitored and modelled to determine when an athlete has recovered from the imposed load and is capable of undertaking another intense phase of training.

The project also seeks to develop a model which can be used to examine the effectiveness of other strategies on delaying fatigue and accelerating recovery in high performance athletes.

THE RELATIONSHIP BETWEEN MUSCULOSKELETAL SCREENING AND INJURIES IN ATHLETES AT THE NSW INSTITUTE OF SPORT

Geraldine Naughton, Maria Romati and Kenneth Graham

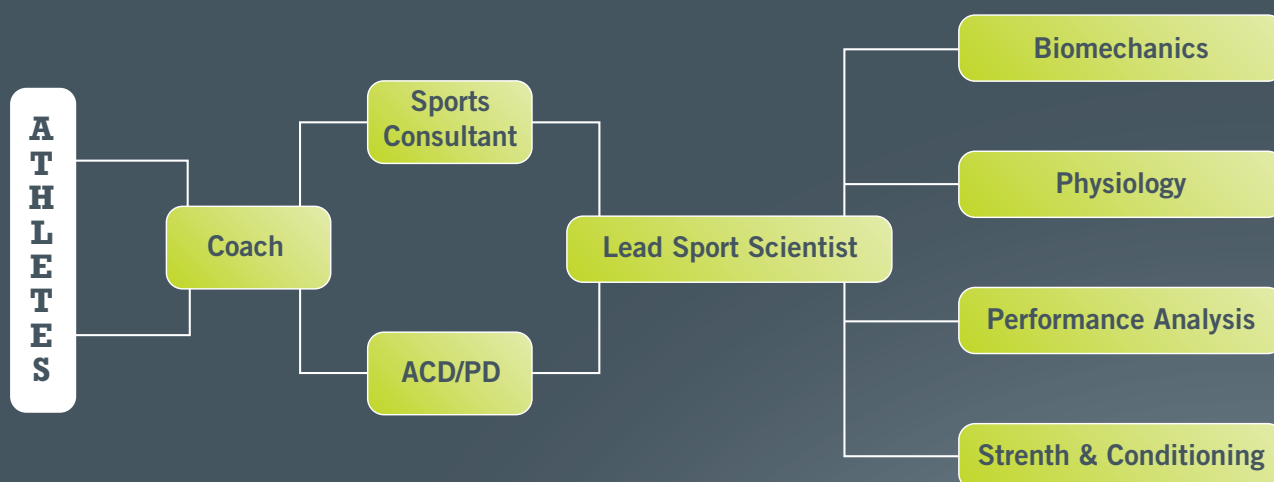
A retrospective investigation into risk factors for injuries identified through the musculoskeletal screening of scholarship athletes at the NSW Institute of Sport. This study will examine trends emerging from 10 years of routine athlete screening and injury reporting. The outcome will advance the understanding of musculoskeletal injury.

sport science services

NSWIS undertook a significant restructure of Sport Science and Sports Medicine Services in the 2006-07 year with the subsequent division into the Applied Research Program and Sport Science Services. The NSWIS Sport Science Services team use the high performance disciplines of Physical Preparation (physiology and strength and conditioning) and Technical Analysis (biomechanics and performance analysis) in an integrated and cooperative manner to provide athletes and coaches with the best information for optimising training and maximising performance. The Sport Science program is developed

around the athletes' and sports' competition and training programs. This is achieved by working with the coach to analyse and optimise the annual program and by developing an integrated service plan.

With the change in structure, there has been a change in the service approach from a discipline to a sport based focus where each sport has a Lead Sport Scientist who is responsible for working with the coach to plan the best use of sport science for that sport. Each Lead Sport Scientist is then supported by the discipline expertise of the other Sport Science staff members.



SPORT SCIENCE STAFF

John Marsden.	MAppSc.	Sport Science Co-ordinator	
Chris Calingao	BEng	Sport Science Technician	
Carly Watson	BExSc	Sport Science Administration (0.5)	
Nathan Townsend	PhD	Sen. Sport Scientist: Physiology	
Katie Slattery	BSc (Hons)	Sport Scientist: Physiology	PhD in progress UTS
Ben Williams	MAppSc	Sen. Sport Scientist: Biomechanics	
Mark Moresi	BAppSc (Hons)	Sport Scientist: Biomechanics (0.5)	PhD in progress ACU (Sydney)
Max Stuelcken	BAppSc (Hons)	Sport Scientist: Biomechanics (0.5)	PhD in progress U Syd
Jamie Ryan	BAppSc	Sen. Sport Scientist: Performance Analysis	
Natalie Legge	BSc	Sport Scientist: Performance Analysis	
Michael Hetherington	BAppSc	Sen. Sport Scientist: Strength and Conditioning	
Tom Reddin	BAppSc	Sport Scientist: Strength and Conditioning	
Aaron Holt	BAppSc	Sport Scientist: Strength and Conditioning	MAppSc in progress ECU
Sam Pervan	BAppSc	Sport Scientist: Strength and Conditioning	MAppSc In progress USyd
Sally-Anne Bailey	BAppSc	Sport Scientist: Strength and Conditioning	

PERFORMANCE ANALYSIS

The NSWIS Performance Analysis team has an extensive range of equipment and expertise to assist the coach in analysing competition and training performance. Real time and delayed video and statistical data collected during competition and training are used to provide the athlete and coach with feedback regarding skill and game tactics. NSWIS also has a dedicated facility where coaches can learn how to and then use the equipment and software.

PHYSIOLOGY

The NSWIS Physiology team uses its equipment and expertise to monitor the influence of training, competition and environment on the physiologic function of the athlete. The facilities at NSWIS provide the physiology staff with a comprehensive range of analysis equipment as well as an environmental chamber that can be used to prepare our athletes for competition in hot and/or humid environments.

BIOMECHANICS

NSWIS Biomechanists are able to measure and assess movement in all sports using a variety of techniques and equipment, including the high speed multi-camera Vicon / Kistler force plate / Noraxon EMG System built around a 55m synthetic indoor running track, in order to provide feedback on the modifications needed to improve the technical component of performance. They are also able to assist in providing information to coaches, doctors and physiotherapists aimed at minimising injury risks for athletes.

STRENGTH & CONDITIONING

NSWIS athletes have the opportunity in our new building to train in a facility specifically designed to accommodate an athlete's physical development. Sport science staff can use video feedback and power monitoring systems to optimise the athlete's technique and training methods. There is also a range of equipment that sport science staff can use on the training field to assist with speed and agility development. GPS systems are available to setup training sessions that replicate game situations and maximise fitness gains. NSWIS Strength and Conditioning specialists are active in developing resources that will enhance training practices used by NSWIS athletes.

SPORT SCIENCE SERVICES

Sport science servicing for athletes and their programs are categorised under CORE and ELECTIVE services delivered as either part of sport servicing or NSWIS requirements. The timing of the servicing is planned by the coach and the Lead Sport Scientist for the sport.

Core Services:

- a) Education Programs: providing information to the athletes on the relevance and benefit of the sub-disciplines to sport.
- b) Athlete Profiling: using basic athlete assessment to help determine the athletes' strengths and weaknesses
- c) Strength and Conditioning: working with the coach to put in place training programs that optimise athlete development

Elective Services:

Elective services are those provided to sports that are sub-discipline based and are designed to address specific issues that may arise with a sport. Some examples of these projects could include a heat acclimatisation program, using GPS during games / training in order to optimise training variables or running a hydration education program.

One of the main areas of Elective Servicing is when Sport Science staff provide extra services during training camps and competition. In the past year NSWIS Sport Science Staff have been involved with the Australian Swimming Team preparation for the World Championships, the NSW men's and women's AHL competition, the NSWIS rowing camp at Jindabyne, the NSWIS boys soccer program competition in Malaysia and national and international events with the NSWIS track and field, diving, equestrian, wheelchair basketball, softball, rowing and canoe slalom.

PROJECTS

A number of projects were undertaken by the NSWIS during the reporting period, including:

The Female Athlete Resource Kit:

The NSWIS Sport Science staff have initiated a project to develop a resource kit on "Being an Elite Female Athlete". Staff have worked with ACE-PD and medical and nutrition staff to put together an education module to help female athletes understand the unique factors that impact on both performance and general health.

Long Term Athlete Development: Assessment and Training Modules

Many NSWIS athletes are at the beginning of their journey to become an elite athlete. The Sport Science Unit is recognising this by developing a model for Long Term Athlete Development. The resources developed include a program to assess physical competency - the foundations of fitness development, intervention modules based on the results of the assessment and a staff guidelines manual to ensure consistency of implementation across staff.

The use of GPS in Training and Competition:

The use of GPS technology with sport is rapidly expanding. NSWIS is staying at the forefront of this technology using it extensively with our hockey, soccer, equestrian, rowing, softball and sprint and slalom canoe programs. It is being used by the sport science staff to monitor performance variables during competition and training, and to develop fitness training modules that mimic game-like situations.

Monitoring Training Stress and Strain

The NSWIS Sport Science staff are piloting methods to monitor athlete stress and strain during training and competition. This includes quantifying training loads via GPS/heart rate/training logs and cross referencing with changes in heart function by looking at heart rate variability. This work can provide information on over or under training in athletes.

Biomechanics and Sport

The new biomechanics facilities at NSWIS have been used to investigate starting and running technique in sprinters, landing technique in netball and pitching, and throwing and batting technique in softball and baseball.

Performance Analysis and Sport

There have been significant advances over the past twelve months in the Performance Analysis area. The netball and water polo programs are using mobile coding devices (CODA) that allow for real time coding of multiple individuals during games. Performance Analysis staff are also using real time statistical analysis of sports to determine game efficiency and look at game and player strategies. This can help coaches get the ideal mix of players for that game on to the field.

swimming

INTRODUCTION

The focus of the NSWIS Swimming Program is to increase the number of NSW athletes and coaches on National Open Teams and progressing to achieve international success (medals and finals).

The NSWIS Swimming Program has elite and emerging athlete components. It is a decentralised program that supports athletes in their home clubs, through training camps.

During the reporting period the program focused on increasing NSW representation on the National team for the 2007 World Championships. Eight athletes were selected in the Australian team for the World Championships with Tay Zimmer winning bronze in the women's 50m Backstroke, Craig Stevens winning bronze in the Men's 800m Freestyle and Kenrick Monk and Grant Brits winning silver in the Men's 4 x 200m Freestyle Relay. Kenrick Monk and Hayden Stoeckel also won gold medals as heat swimmers in the Men's 4 x 100m Medley Relay.

In January 2007, NSWIS formed a partnership with Swimming NSW to deliver an Emerging Athlete Program for talented athletes identified as potential national representatives. The program consists of three squads (EAP level 1, EAP level 2, and EAP level 3) and has 61 athletes aged 13 - 19 years in the program.

The EAP Level 1 and 2 squads commenced centralised training sessions at SOPAC (Sunday and Wednesday mornings) with regular testing provided to monitor athletes' progress.

The EAP Level 3 is a mini-camps-based program divided into specific events. These smaller camps allow a more individual approach with athletes with an increasing focus on technique correction and coach education of EAP network coaches.

The EAP is delivered under the direction of NSWIS Head Coach Jim Fowlie. Jim oversees the professional development of three EAP scholarship coaches who assist in the delivery of the EAP.

EVENT HIGHLIGHTS

International

- 2007 FINA OWS World Cup, London
 - 1 athlete (1 gold)
- 2007 World Championships, Melbourne
 - 8 athletes (2 gold, 2 Silver, 2 bronze)
- 2007 Mare Nostrum Series, Monaco
 - 5 athletes (1 gold, 1 bronze)
- 2007 Mare Nostrum Series, Canet, France
 - 5 athletes (1 gold, 2 silver, 1 bronze)
- 2007 Mare Nostrum Series, Barcelona, Spain
 - 5 athletes (2 gold, 4 silver, 1 bronze)
- 2007 Junior Pan Pacs, Maui
 - 4 athletes (9 gold, 1 silver)

National

- 2006 National Short Course Championships, Hobart
 - 12 athletes (3 gold, 5 silver, 6 bronze)
- 2007 National Championships, Brisbane
 - 20 athletes (4 gold, 6 silver, 7 bronze)
- 2007 National Age Championships, Perth - 5 athletes (12 gold, 5 silver, 6 bronze)

ATHLETE HIGHLIGHTS

- Kenrick Monk, Grant Brits, Hayden Stoeckel, Tayliah Zimmer, Lara Davenport, Shelley Clark, Craig Stevens and Ky Hurst were selected in the Australian team for the 2007 World Championships.
- Tay Zimmer and Craig Stevens both won a bronze medal at the 2007 World Championships.
- Kenrick Monk and Grant Brits won a silver medal in the men's 4 x 200m freestyle relay at the 2007 World Championships in Melbourne

- Kenrick Monk and Hayden Stoeckel won gold medals in the 4 x 100m Medley relay as heat swimmers at the 2007 World Championships in Melbourne

- Ky Hurst won gold in the FINA Open Water Swimming World Cup in London.

AWARDS

- Sophie Edington was awarded both the NSW Department of Arts, Sport and Recreation Female Athlete of the Year and the NSW Arts, Sport & Recreation Team Athlete of the Year (Small Teams) awards at the 2006 NSWIS Awards Dinner
- The Swimming Program was awarded the Prime Television Regional Excellence Award at the 2006 NSWIS Awards Dinner
- Tayliah Zimmer was a finalist for the NSW Arts, Sport and Recreation Female Athlete of the Year and the NSW Arts, Sport and Recreation Team Athlete of the Year (small teams) awards at the 2006 NSWIS Awards Dinner.
- Greg Salter was a finalist for the Telstra Coach of the Year at the 2006 NSWIS Awards Dinner.
- Kirsten Thomson was a finalist for the Career Development award at the 2006 NSWIS Awards Dinner.
- Daniel Arnannart was a finalist for the Webster Signage Junior Athlete of the Year at the 2006 NSWIS Awards Dinner.
- The Swimming program won the Prime Television Regional Excellence award at the 2006 NSWIS Awards Dinner.

VENUES

Sydney Olympic Park Aquatic Centre
Home Clubs/Centres

PROGRAM PARTNERS

Swimming NSW
Swimming Australia Ltd





KENRICK MONK
PHOTO BY DELLY CARR ←

CRAIG STEVENS
PHOTO BY GETTY IMAGES →

2006/07 NSWIS SQUAD

Gold: Tayliah Zimmer, Ian Thorpe, Kenrick Monk, Craig Stevens, Hayden Stoeckel, Grant Brits, Ky Hurst, Lara Davenport

Silver: Sophie Edington, Ethan Rolff, Tim Dodd, Daniel Arnannart, Jono Newton, Josh Minogue, Shelley Clark, Andrew Beato, Stephen Parkes, Tim Laforest, Nic Donald

Bronze: James Beasley

Associate: James Stacey, Michelle Engelsman, Sarah Paton

COACHES

Head Coach: Jim Fowlie

Network Coaches: Greg Salter, Tracey Menzies, Steve Alderman, Tony Shaw, Jon Bell, Ian Dodd, Chris Myers, Ron McKeon, Craig Burns, Bruce Forbes

2006/07 EAP SQUAD

EAP Level 1: Kristy Morrison, Brianna McConville, Mitchell Patterson

EAP Level 2: Kathleen Brennan, Fiona Connell, Erin Malone, Sara Marson, Sylwia Pasieczny, Luane Rowe, Monique Van Balen, Shaun Abbott, Shane Cross, Andrew Davis, Adam Kable, Theo Pasialis, Riley Schmidt

EAP Level 3: Micaela Abbott, Jessica Ashwood, Jessie Bullen, Pheobe Cater, Kylie Crofts, Zoe Diamond, Kailah Elliott, Nicole Ellis, Natalie Fegan, Jessica Legge, Samantha Marshall, Nicole Mee, Charlotte Mittlehner, Kacey Pilgrim, Erin Priestly, Meagan Ramsay, Caitlan Sinclair, Eliza Smith, Suay Toprak, Jordan White, William Aitken, Chris Ashwood, Josh Beard, Nathan Broadbent, Keiran Casey, Alex Clarke, Matthew Crisafi, Michael Evans, Michael Fell, Thomas Fraser-Holmes, Loui Freiss, Alex Kelshaw, Brendan Micallef, Harrison Pullinger, Nathaniel Romeo, Ian Sarno, Brandon Sibir, Jaimie Stack, Lachlan Staples, Christian Swallow, Calum

Timms, Benjamin Treffers, Kenneth To, Dylan Wyatt, Michael Young

NSWIS Scholarship Coaches: Steve Alderman, Justin Rothwell

Network Coaches: Greg Morrison, Doug Leabon, Graeme Carroll, Leanne Speechley, Michael Mullens, Andrew Hunter, Graeme Brewer, Toby Condon, Bruce Vyvyan, Rick Curl, Rodney Furlong, Frank Hohman, Mary Sortwell, Pancha Thambo, Colin Robson, Paul Sharman, Steve Garner, Anne Maree Couperwhite, Sheridan Erskine, Adrian Adam, John Bladon, Gavin Stewart, Jon Shaw, Kim Taylor, Dave Negus, Ron McKeon, Chris Meyers, Marianne Moellers, Matthew Brown, Xin Song Qu, Cathryn Hendrickson

cycling

INTRODUCTION

Winner of the 2006 NSWIS Program of the Year Award, the NSWIS Cycling Program supports some of Australia's leading senior and junior athletes competing in the cycling disciplines of both road and track.

The program enjoyed another outstanding year with Katherine Bates becoming the 2007 Women's Points Race World Champion representing Australia along side Ben Kersten and Phil Thuaux at the 2007 World Track Cycling Championships in Spain.

In November 2006 the NSWIS Cycling Program formed a strategic partnership with FRF Couriers, establishing the FRF Couriers/NSWIS UCI Continental Team. The team was developed to support up to 15 NSW road cyclists that have the potential to move into the national program or professional circuit through a dedicated and holistic program. The FRF Couriers/NSWIS UCI Continental Team is funded by FRF Couriers.

In addition to the FRF Couriers partnership, NSWIS Cycling and Cycling NSW continued to work together to coordinate the NSWIS/CNSW Emerging Athlete Program (EAP). The program provided support to talented athletes to assist them to achieve NSWIS selection standards in the future in the disciplines of track and road. During the reporting period, NSWIS/CNSW Regional and Coaching Development Coordinator, Graham Seers hosted two regionally based road cycling camps, in preparation for national junior team selection trials. The program was a success with EAP athletes Lauren Kitchen and Tim Guy selected to the under-19 National Team to represent Australia at the Junior World Championships in August 2007.

Towards the end of the reporting period the Cycling Program worked closely with Cycling NSW and Cycling Australia to develop a clear coach pathway in NSW. The pathway will potentially provide new coaching roles and excellent development opportunities for NSW Cycling coaches. It is anticipated that this will be implemented at the beginning of 2008.

The Bankstown Districts Sports Club continued to be a financial supporter of the NSWIS Cycling Program.

PROGRAM HIGHLIGHTS

International

- Australian team: 2007 Track World Championships, Palma de Majorca, Spain - 3 athletes (1 gold)
- Australian team: 2007 Road World Championships, Salzburg, Austria - 5 athletes
- Australian team: 2006 World Junior Road Cycling Championships, Belgium - 1 athlete
- Australian team: 2006 World Junior Track Cycling Championships, Belgium - 1 athlete
- Australian team: 2006-07 World Cup Track Cycling Circuit - 6 athletes (1 gold, 1 silver, 2 bronze)
- Australian team: 2006 under-23 World Road Cycling Championships, Salzburg, Austria - 1 athlete

National

- NSW Team: 2007 Australian Track Cycling Championships, Sydney - 12 athletes (7 gold, 3 silver, 4 bronze)

ATHLETE HIGHLIGHTS

- Katherine Bates won gold at the 2007 Track World Championships in Palma de Majorca, Spain.
- Katherine Bates, Ben Kersten and Phil Thuaux represented Australia at the 2007 Track World Championships in Palma de Majorca, Spain.
- Bradley McGee, Matthew White, Katherine Bates, Natalie Bates and Olivia Gollan were selected to represent Australia at the 2006 Road World Championships in Salzburg, Austria.
- Shaun Higginson was selected to represent Australia at the 2006 under-23 Road World Championships in Salzburg, Austria.
- Bradley McGee, Katherine Bates, Rochelle Gilmore, Phil Thuaux, Stephen Wooldridge and Kaarle McCulloch were selected to represent Australia on the 2006/07 UCI Track World Cup circuit.
- Kaarle McCulloch made her senior international debut at the Los Angeles leg of the 2006/07 Track Cycling World Cup circuit winning a bronze medal in the Women's Team Sprint.
- Kaarle McCulloch and Angus Morton were selected to represent Australia at the Junior Cycling World Championships held in Belgium in August 2006.
- Two NSWIS EAP athletes (Tim Guy and Lauren Kitchen) were selected to the under-19 National Team to represent Australia at the Junior World Championships in August 2007.

AWARDS

- Cycling was named Sydney Olympic Park Program of the Year at the 2006 NSWIS Annual Awards Dinner.
- Gary Sutton was named Telstra Coach of the Year at the 2006 NSWIS Annual Awards Dinner.
- Kate Nichols received the Ian Thorpe / Grand Slam International Outstanding Achievement - Female award at the 2006 NSWIS Annual Awards Dinner.
- Stephen Wooldridge received the Ian Thorpe / Grand Slam International Outstanding Achievement - Male award at the 2006 NSWIS Annual Awards Dinner. Stephen was a finalist for two other awards - NSW Arts, Sport and Recreation Male Athlete of the Year award and the NSW Arts, Sport and Recreation Team Athlete of the Year - Small Team award.
- Ben Kersten was named Male Track Cyclist of the Year at the 2006 Cycling Australia Awards Dinner
- Katherine Bates received an AIS Achievement Award in 2006.
- Katherine and Natalie Bates were finalists for the NSW Arts, Sport and Recreation Female Athlete of the Year award at the 2006 NSWIS Annual Awards Dinner.
- Ben Kersten was a finalist for the NSW Arts, Sport and Recreation Male Athlete of the Year award at the 2006 NSWIS Annual Awards Dinner.

VENUES

Dunc Gray Velodrome
Canterbury Velodrome

PROGRAM PARTNERS

NSW Cycling Federation
Cycling Australia



BEN KERSTEN
PHOTO BY GETTY IMAGES ←

NATALIE BATES
PHOTO BY GETTY IMAGES ↓

2006-07 SQUAD

Gold: Natalie Bates, Katherine Bates, Graeme Brown, Rochelle Gilmore, Ben Kersten, Bradley McGee, Stephen Wooldridge

Gold Associate: Shaun Higginson, Ashley Humbert, Mark Renshaw, Christopher Sutton, Matthew White

Silver: Olivia Gollan

Bronze: Skye-Lee Armstrong

Gold Junior: Mitchell Pearson, Matthew Pettit

Silver Junior: Luke Cridland, Mitchell Chapman, Kaarle McCulloch, Jackson-Leigh Rathbone, Amanda Spratt

Bronze Development (1): Sally Cowman, Elizabeth Georgouras, Angus Morton, Phillip Thuaux, Dean Windsor

Bronze Development (2): Katie Brown, Kieran Cameron, Kate Nichols, Chris Pascoe, David Tanner, Josh Wall

FRF Couriers/NSWIS UCI Continental Team: Anthony Bennett, Brendan Brooks, Robert Cater, Luke Cridland, John Ebeling, Troy Glennan, Jason Hegert, Peter Herzig, Brendan Jones, Chris Jory, Robert Lyte, Peter McDonald, Joe McDonnell, Tyler McLachlan and David Treacy

Emerging Athletes - Tier 1: Sinead Cosgrove, Luke Davidson, Megan Dunn, Scott Law, Peter Lewis, Lachlan Morton and Andrew Taylor

Emerging Athletes - Tier 2: Jacinta Aitken, Matthew Anderson, Ashlee Ankudinoff, Shaun Baxter, Andrea Beer, Jack Bennett, Caitlin Brooks, Alex Carver, Scott Carver, Anthea Clarke, Aaron Donnelly, Caleb Ewan, Josh Ewan, Jordan Fawkes, Paul Fellows, Olsen Garland, Chloe Geyer, Jessica Griffiths, Tim Guy, Jack Hickey, Katie Jones, Ethan Kimmence, Lauren Kitchen, Richard Lang, Jackson Law, Joseph Lewis, Stephen Lewis, Ellen Marks, Tirian McManus, Liam Melville, Justin Miendertsma, Josie Moit, Briannon Moloney, Elizabeth Nicholls, Joseph Northey, Brodie Pearse, Netasha Pearse, Jackson Pratt, Tom Pritchard, Dirk Roshier, Kayla Salopek, Dale Scarfe, Anthony Scott, Sam Spokes, Nick Spratt, Geoff Straub, Brodie Talbot, Angus Tobin, Alexander Tomlinson, Lawrence Van Schie, Blair Windsor, Nicholas Woods and Ben Young

COACHES

Head Coach: Gary Sutton

NSWIS/CNSW Regional and Coaching Development Coordinator: Graham Seers

Network Coaches: John Beatty, Mark Chapman, Mick Chapman, Gus Dawson, Tom Dawson, Glenn Doney, Damian Grundy, Warren McDonald, Rodney McGee, Barrie McLean, Kevin Nichols, David Short, Brian Stephens and Mark Windsor

track & field

INTRODUCTION

The NSWIS Track and Field Program provides support to both able-bodied and wheelchair track and road athletes.

The primary focus during the reporting period was the preparation of athletes for several major competitions. For track and field these events were the 2006 World Junior Championships and World Cup and the 2007 National Championships and World Championship Trials. The wheelchair squad focused on the 2006 IPC World Championships which were held in Assen, Netherlands in September 2006. As well as a number of international road races from the 10k distance through to the marathon

During the reporting period the program continued to employ a range of initiatives to improve the performances of scholarship holders. The NSWIS also held several coach development seminars during the reporting period. These seminars included a presentation on the latest sports science developments in coaching and a specific sprints/relay session with National High Performance Coordinator for Sprints/ Relays, Paul Hallam. A throws clinic was also held on 'Developing Athleticism for Young Throwers'. Presenters included NSWIS Track and Field Strength and Conditioning Coach Rudolf Sopko, and Level V coaches Peter Lawler and Merv Kemp. US middle distance coach John Marshall held a seminar for local coaches on 400 metre and middle distance running and Vern Gambetta held several practical seminars on developing the emerging elite athlete and application of functional strength training. During this time the wheelchair track and road athletes focused on specific intensive training camps both in Australia and abroad in preparation for the World Championships.

The NSWIS Track and Field Program also ran a dedicated Emerging Athlete Program (EAP) in partnership with Athletics NSW. The EAP was expanded during the reporting period to include more athletes. The EAP also sought partnerships with Regional Academies of Sport and high schools to strengthen the elite athlete pathway in these areas. The annual EAP camp was held at the Sydney Academy of Sport, Narrabeen 8-11 July with 120 athletes and 50 coaches attending sport specific education seminars and training sessions with elite level athletes and coaches.

EVENT HIGHLIGHTS

International

Track and Field

- Australian team: 2007 World Championships, Osaka Japan
Australia – 7 athletes selected
- Australian team: 2007 World University Games, Bangkok Thailand, 5 athletes selected
- Australian team: 2007 World Youth (U18)

Championships, Ostrava Czech Republic 3 NSWIS and 10 EAP athletes selected

- Australian team: 2006 World Junior (U20) Championships, Beijing China, 6 NSWIS and 6 EAP athletes (1 gold)
- Oceania team: 2006 World Cup, Athens Greece, 5 athletes (1 bronze)

Wheelchair Track and Road

- 2006 IPC World Championships, Assen, Netherlands - 5 athletes (3 gold)
- 2006 New York Marathon (Kurt Fearnley, gold, new course record)
- 2007 Los Angeles Marathon (Kurt Fearnley, gold)
- 2007 Paris Marathon (Kurt Fearnley, gold)
- 2007 New York 10k (2 athletes, 1 gold, 1 bronze)

National

Track and Field

- 2007 Australian Championships and World Championships Selection Trials –22 athletes (6 gold, 3 silver, 4 bronze)
- 2007 Australian Under 23/ Under 20 Championships - 7 athletes (5 gold, 1 silver, 1 bronze)
- 2006/07 Telstra A-Series, Canberra – 12 athletes (4 gold, 5 silver, 2bronze)
- 2006/07 Telstra A-Series, Sydney – 9 athletes (4 gold, 2 silver, 1 bronze)
- 2006/07 Telstra A-Series, Melbourne– 11 athletes (1 gold, 2 silver, 4 bronze)

Wheelchair Track and Road

- 2007 Summer Down Under Series – 5 athletes (5 gold, 3 silver, 3 bronze)

ATHLETE HIGHLIGHTS

Track and Field

- Dani Samuels won a gold medal and set a new under-20 Australian record in the Women's Discus at the World Junior Championships. She was ranked No.1 in the world for under-20 in 2006.
- Dani Samuels was named female Team Captain for the 2006 World Junior Team
- Eloise Wellings finished fourth in the World Cup in Athens and seventh at the World Athletic Final in Stuttgart in 2006. She was ranked 11th in the world for 3000m in 2006.
- Jane Saville was ranked ninth in the World in the women's 20km race walk for 2006. She finished third in the World Walking Challenge in Mexico in March 2007.
- Lachlan Renshaw is ranked eighth in the world for under 20 800m in 2006

- Joshua Ross wins the sprint double, and third consecutive 100m title, at the 2007 Australian Championships and World Championships selection trials

- Justin Merlino wins first senior 110m hurdle National title and moves to second on the Australian All-Time rankings

Wheelchair Track and Road

- Kurt Fearnley, Yen Tran, Paul Nunnari, Angie Ballard and Richard Nicholson were selected for Australia for the 2006 IPC World Championships. Andrew Dawes (Head Coach) and Louise Sauvage (Elite Dev Coach) were selected on the coaching staff for this team.
- Kurt Fearnley won his third consecutive Oz Day 10km and six major international marathon road races in 2006.
- Kurt Fearnley won gold three medals in the IPC World Athletics Championships.
- Angie Ballard won the 200m at the 2007 Swiss Championships.
- Christie Dawes placed third in the International New York 10k.
- Kurt Fearnley qualified for the IAAF Osaka World Championships for the 1500m wheelchair event (Andrew Dawes was selected as coach).
- Kurt Fearnley, Angie Ballard and Christie Dawes all achieved multiple Beijing qualifiers

AWARDS

- Dani Samuels was awarded the 'Spirit of Sport' Scholarship at the Sports Australia Hall of Fame Awards in 2006
- Kerry McCann was honoured with the prestigious 'The Don' award at the Sports Australia Hall of Fame Awards in 2006
- Joshua Ross won Best Performance by a NSW Athlete at an Australian Championships and Outstanding Male Athlete of the Year awards at the 2007 Athletics NSW Annual Awards Dinner
- Jane Saville won the Outstanding Female Athlete of the Year award at the 2007 Athletics NSW Annual Awards Dinner
- NSWIS Network Coach Esfir Dvoskina (coach of Justin Merlino) won the AIMS Coach of the Year award at the 2007 Athletics NSW Annual Awards Dinner
- NSWIS Network Coach Denis Knowles (coach of Dani Samuels) won the Australian Track and Field Coaches Association Coach of the Year award at the 2007 Athletics NSW Annual Awards Dinner
- Kurt Fearnley was nominated for the Laureus International Sports Awards



- Kerryn McCann, Dani Samuels and Jane Saville were finalists in the NSW Arts, Sport and Recreation Female Athlete of the Year category at the 2006 NSWIS Awards
- Dani Samuels won the Webster Signage Group Junior Athlete of the Year Award and was a finalist in the Ian Thorpe/Grand Slam International Outstanding Achievement category at the 2006 NSWIS Awards
- Kurt Fearnley was a finalist in the ClubsNSW Male Athlete of the Year category at the 2006 NSWIS Awards
- Denis Knowles and Andrew Dawes were finalists in the Telstra Coach of the Year category at the 2006 NSWIS Awards
- Annabel Thomson was a finalist in the Career Development category at the 2006 NSWIS Awards
- Lachlan Renshaw was a finalist in the University of Sydney Academic Excellence category at the 2006 NSWIS Awards
- The Track and Field program was a finalist in the SOPA Program of the Year category at the 2006 NSWIS Awards
- Rosemary Hayward and Clinton Hill were finalists in the NSW Arts, Sport and Recreation Team Athlete of the Year (small) category at the 2006 NSWIS Awards

VENUES

Sydney Olympic Park Athletic Centre
Sydney Academy of Sport and Recreation
Campbelltown Sports Ground
Wollongong City Track
Bankstown Athletic Centre
Greystanes Throwing Centre
Blacktown Olympic Park
ES Marks Field
Hunter Sports Centre (Glendale)
Sylvania Athletics Track
Mingara Recreation Club and Leisure Centre
Parramatta Park
Sydney Olympic Park State Sports Centre
Centennial Park
Newcastle City Track
University of Wollongong

PROGRAM PARTNERS

Athletics NSW
Athletics Australia
Wheelchair Sports NSW

2007-08 SQUAD: TRACK AND FIELD

Gold: Youcef Abdi, Ambrose Ezenwa, William Hamlyn-Harris, Kerryn McCann, Andrew Murphy, Eloise Wellings (nee Poppett) Joshua Ross, Dani Samuels, Jane Saville, Natalie Saville, Matthew Shirvington, Cheryl Webb, Justin Merlino

Silver (U/26): Nick Bromley, Lachlan Chisholm, Kris Neofytou, Jeremy Roff, John Thornell, Elliot Wood

Silver (U/26 Relay): Preya Carey, David Geddes, Rosemary Hayward, Annabelle Smith

Silver (U/23): Leigh Bennett, Naomi Bligh, Laura Cornford, Lisa Grant, Lachlan Renshaw, Jaimee-Lee Starr (nee Hoebergen), Brad Woods, Claire Mallett, Kurt Mulcahy, Lara Tamsett, Sophia Begg, Madeline Heiner, Matthew Outzen, Zoe Pelbart, Brooke Simpson, Lucy Starrat, Annabel Thomson, Laura Verlinden

Bronze Junior: Annabel Davies, Chloe Tighe, Olivia Tauro, Selma Kajan

Associate: Joel Milburn, Lisa Morrison, Scott Westcoff, Emma Rilen

COACHES: TRACK AND FIELD

Program Coordinator: Nicole Boegman-Stewart (since October 2006)

Jumps Coach: Victor Saneev

Strength & Conditioning Coach: Rudolf Sopko

Emerging Athlete Coordinator: David Tarbotton

National Events Coordinator – Sprints, Relays: Paul Hallam

HOME COACHES: Tony Anderson, John Atterton, Simon Baker, Nic Bennett, Nic Bideau, David Chisholm, Esfir Dvoskina, Tony Fairweather, Ian Garrett, Penny Gillies, Ken Green, Roger Green, Paul Hallam, Stuart Hayward, Di Huxley, Bill Jacobs, Alija Kajan, Denis Knowles, Ian Leitch, Tony Lester, John Marshall, Robert Medlicott, Andrew Murphy, Chris Neofytou, Fred O'Connor, Emil Rizk, Bruce Scriven, Peter Simpson, Larry Spencer, Dick Telford, Chris Wardlaw, Lindsay Watson, Matt White, Sean Williams, Robyn Wright

2006-07 SQUAD: WHEELCHAIR TRACK AND ROAD

Full: Yen Tran, Angela Ballard, Christie Dawes, Kurt Fearnley OAM

Associate: Richard Nicholson,

COACHES: WHEELCHAIR TRACK AND ROAD

Head Coach: Andrew Dawes

Elite Development Coach: Louise Sauvage

rowing

INTRODUCTION

The NSWIS Rowing Program supports NSW athletes vying for places on the Australian Junior, under-23 and Senior A teams. The program was well represented at international competitions during the reporting period with 11 athletes named in the National Senior A team, six in the under-23 team and two in the Junior team.

During the reporting period the program employed a number of new strategies to improve the standard and depth of rowing in the state. In conjunction with the NSW Rowing Association, the program has successfully managed an Emerging Athlete Program (EAP) for the past 18 months with great success.

The EAP is overseen by NSWIS/NSWRA Elite Development Coordinator Stani Slavova. It is a camps based program targeting identified under-21 athletes who are aiming to achieve NSWIS selection standards.

The pinnacle event for the NSWIS EAP Rowing program was the Australian Youth Olympic Festival (AYOF). The event was held in Sydney in January with the NSWIS rowers competing in State teams. The NSW men's eight crew, which included seven NSWIS EAP athletes and two scholarship holders, took gold while the women's eight, with seven NSWIS EAP athletes, won a silver medal. NSWIS EAP athletes contributed to the securing of an additional six silver medals at the event which attracted athletes from China, Great Britain, New Zealand and Australia.

The NSWIS Rowing Program has also introduced the use of the Weber Biomechanics and Minimaxx systems. The Weber is an established biomechanics system with the capacity to measure oar angles and pin forces in two dimensions. The Minimaxx is a small unit with the ability to provide immediate feedback at the end of the session or race on velocity, boat position, stroke rate and other feedback regarding improving performance in the boat. This provides coaches and athletes with the opportunity to make positive technical changes resulting in improved boat speed and or efficiency. The use of the Weber and Minimaxx systems will provide a significant edge for NSWIS rowers as they seek selection in the 2008 Olympic team.

In February 2007, 28 NSW rowers were named in the 98 strong Olympic Rowing Shadow Team. Eighteen of these athletes have achieved selection in the Senior rowing team which will compete at the World Championships in 2007. NSWIS rowers, with the help of NSWIS services, will be a significant force in the 2008 Olympic Rowing team.

In early 2007, Rowing Australia launched the National Elite Development Program (NEDP) which will provide funding to each State for the identification, recruitment, development and management of suitably talented rowing athletes and coaches for Junior (under-19) and under-23 World Championship competition.

NSWIS/NSWRA submitted an application for funding under this program in May and will implement NSO's revised model from September 2007. The NSWIS program will include the establishment of centralised elite crew training, under-23 camps program and continuation of the NSWIS/NSWRA EAP (Blues Squad) for the under-19 category.

EVENT HIGHLIGHTS

International

- Australian team: 2006 World Cup, Austria – 2 athletes
- Australian team: 2006 World Cup, Munich – 9 athletes
- Australian team: 2006 World Championships, Eaton – 11 athletes
- Australian team: 2006 World under - 23 Championships, Belgium – 6 athletes
- Australian team: 2006 World Junior Championships, The Netherlands – 2 athletes
- NSW Team – 2007 Australian Olympic Youth Festival – Sydney – 14 EAP athletes, 2 NSWIS Scholarship holders

National

- 2007 National Championships, Nagambie, Victoria – 23 athletes (6 gold, 9 silver, 11 bronze)

ATHLETE HIGHLIGHTS

- Liz Kell and Brooke Pratley won the 2006 World Championship in the Women's double scull.
- Renee Kirby (GOLD), Verena Stocker (GOLD), Chris Clyne (SILVER), Fergus Pragnell (SILVER), Hugh McLeod (BRONZE), and Katelyn Gray (BRONZE) were part of the Australian team for the 2006 World under-23 Championships in The Netherlands.
- Bede Clark (BRONZE), Kurt Spencer (BRONZE) were part of the Australian team for the 2006 World Junior Championships in Germany.

AWARDS

- Chris Clyne was a finalist for The University of Sydney Academic Excellence award at the 2006 NSWIS Awards Dinner.
- Liz Kell and Hugh McLeod were finalists in the Ian Thorpe/Grand Slam International Outstanding Achievement (female) and (male) categories at the 2006 NSWIS Awards Dinner. Liz Kell was also a finalist for the NSW Arts, Sport and Recreation Female Athlete of the Year award.

VENUES

Sydney International Regatta Centre
Mosman Rowing Club
UTS Rowing Club
Sydney University's Women's Boat Club
Sydney University Boat Club
University of NSW Rowing Club
St George Rowing Club
Nepean Rowing Club
Sydney Rowing Club

PROGRAM PARTNERS

NSW Rowing Association
Rowing Australia





LIZ KELL AND BROOKE PRATLEY
PHOTO BY GETTY IMAGES →

NSWIS ROWERS
PHOTO BY NATHAN TOWNSEND ←

2006-07 SQUAD

Gold: Francis Hegerty, James Chapman, Matt Ryan, Tom Laurich, Peter Hardcastle, Liz Kell, Marty Rabjohns, Jaxon Ruddock, Dan Noonan

Silver: Chris Clyne, Katelyn Gray, Hugh McLeod, Fergus Pragnell, Renee Kirby, Verena Stocker, Kyeema Doyle, Nick Baxter, Rod Chisholm, Zoe Uphill, Miranda Bennett

Bronze: Ian Allsop, Bede Clarke, Kurt Spencer, David Matthews, Stephen Stewart, Geoff Stewart, Chris Ritchie, Nick Hudson, Richard Allsop, Danjels Reedman

2006/07 EAP SQUAD

Renee Kirby, Sarah Phillips, Laura Polin, Alex Handley, Brynne Allen, Peta Eddington, Chloe O'Regan, Irma Kajan, Alicia Boehm, Kate Darke, Sarah Handley, Rachell See, Ashley Peppernell, Kristina Scott, Emma Costello, Ellie Bawden, Mitchell Estens, Edward Boyce, William Chambers, Cadeyrn Neville, Andrew Connolly, Andrew Heffer, Tom Ing, David Neuhaus, Richard Allsop, Alistair Matthews, Cameron Girdlestone, Will Townsend, Asher Hammond, Philip Matthews, Bede Clarke, Henry Mander, Alekander Berzins, Kurt Spencer

COACHES

Technical Coordinator: Dr Andrew Randell

Elite Development Coordinator: Stani Slavova

Program Coordinator: Damien Gilmore (February 2006 - February 2007), Kate Perrin (commenced February 2007)

Network Coaches: Ron Batt, Alan Bennett, Daniel Bishop, John Bowes, Lindsay Callaghan, Phil Bourguignon, Murray Clarke, Nick Garratt, Ellen Randell-Griffiths, Frank Thorn, Glenn Bates

winter sports

INTRODUCTION

The NSWIS Winter Sports Program provided support to athletes competing in the disciplines of Alpine Skiing, Freestyle Moguls Skiing, Cross Country Skiing and Snowboard Halfpipe.

During the reporting period the program implemented a number of initiatives. The moguls and snowboard squads utilised the services of the OWIA acrobatics coach, Anthony Khoury, to work on aerial awareness, skills and to provide feedback on their gymnastic techniques.

All disciplines used Dartfish technology, enabling them to isolate key positions in a skill through video analysis.

The Freestyle Moguls squad continued to use the Headzone communication system. The Headzone system uses a receiver in the athlete's helmet which allows the coach to relay immediate instructions at a distance to athletes via radio before and during a training run. Peter Topalovic worked closely with Headzone with the aim of helping to develop the system to assist freestyle athletes. The squad will soon be able to use the new lightweight helmets which have been purchased from Europe.

The Northern Hemisphere season proved to be a challenge for all Winter Sports athletes with several World Cup and Europa Cup events being cancelled or rescheduled due to poor snow conditions. Despite these setbacks, the program generally performed well with the following highlights:

EVENT HIGHLIGHTS

International

- 2006 FIS World Cup, Lake Placid USA
- 2006 FIS World Cup, Calgary, Canada
- 2006 FIS World Cup, Sungwoo, Korea
- 2006 FIS World Cup, Furano, Japan
- 2006 FIS World Cup, Bardonecchia, Italy
- 2006 FIS World Cup, Stoneham Canada
- 2006 FIS World Cup, Panorama, Canada
- 2006 FIS World Cup, Mammoth Mountain, Canada
- 2006 FIS World Cup, SL, SUI
- 2007 FIS World Championships (Moguls), Madonna di Campiglio
- Europa Cup, Airolo, Switzerland
- 2007 World Junior Freestyle Championships, Airolo, Switzerland

ATHLETE HIGHLIGHTS

- Holly Crawford won two bronze, three silver and one gold in the 2006 FIS World Cup (snowboard) events as well as finishing first in the European Open halfpipe event in Laax, Switzerland, Jan 07
- Jono Brauer - Australian Alpine Champion, GS & SL, Australia New Zealand Cup Overall and all discipline titles Champion
- Katya Crema - National GS Champion, AUS 2nd FIS GS Race Panorama, BC Canada 24th NorAm Super G Big Mountain, MT USA. Five top-10 full FIS race finishes
- Ramone Cooper selected for FIS World Championships in Madonna di Campiglio, placed 15th in Single moguls finals after qualifying 6th in the eliminations (one place ahead of Olympic gold medalist Dale Begg-Smith)

- Ramone Cooper placed sixth in single moguls and fourth in dual moguls at the Junior world championships in Airolo, Switzerland.
- Emma Chapman Davies placed 10th at the Europa Cup (her highest score)
- Rob Lovick made a successful return from injury with a 10th place at Europa Cup
- Ben Sim – selected for Under-23 Australian Team (Cross Country) for World Championships in Italy
- Aimee Watson – selected for Australian Junior Team (Cross Country) for World Championships and won a bronze medal in NORAM Cup, Rossland Canada

AWARDS

- The Winter Sports program was a finalist in the Prime Television Regional Excellence category at the 2006 NSWIS Awards Dinner.
- Manuela Berchtold won the Career Development Award at the 2006 NSWIS Awards Dinner.

VENUES

Perisher Blue Resort
Kosciusko Thredbo
Jindabyne Sport and Recreation Centre

PROGRAM PARTNERS

Olympic Winter Institute of Australia
Perisher Blue Pty Ltd
Kosciusko Thredbo Pty Ltd
NSW Snow Sports Association
Ski and Snowboard Australia
Sydney Academy of Sport and Recreation

HANNAH TRIGGER
PHOTO BY BEN ALEXANDER →

MATTHEW HUNTER
PHOTO BY BEN ALEXANDER ↓



2006-07 SQUAD

Alpine:

Jono Brauer, Craig Branch, Hugh Stevens, Bryce Stevens, Demian Franzen, Will Clifford, Tom Matthias, Christian Geiger, Patrick Sweeney, Katya Crema, Tomi Crewes

Cross Country:

Chris Darlington, Ben Sim, Aimee Watson

Freestyle Moguls:

Rohan Chapman-Davies, Emma Chapman-Davies, David Graham, Ramone Cooper, Sam Hall, Rob Lovick, Hugh Norton, Katie Blamey

Snowboard:

Simone Pritchard, Hanna Trigger, Matthew Hunter, Nathan Johnston, Ben Johnson, Torah Bright

Associate:

Andrew Burton, Holly Crawford, Nick Fisher

COACHES

Program Coordinator: Kate Greenwood

Alpine Head Coaches: Matt Lyon, Mike Gould

Alpine Assistant Coaches: Joe Draxl, Helmut Spiegl

Freestyle Head Coach: Peter Topalovic

Cross Country Head Coach: Nick Almoukov

Snowboard Head Coach: Ben Alexander



MICHAEL BLACKBURN
PHOTO BY ANDREA FRANCOLINI ↑

2006-07 SQUAD

Gold: Nickey Bethwaite, Michael Blackburn, Darren Bundock, Angela Farrell, Karyn Gojnich, Helen Impey, Malcolm Page, Tom Slingsby and Nathan Wilmot

Silver: Ben Austin, Jessica Crisp, Iain Murray, Anthony Nossiter, Nathan Outteridge, Andrew Palfrey, Corey Plant, and Allison Shreeve

Bronze: Josh Beaver, Melanie Dennison and Michael Lancey

Associate: Alisha Kawalla, Gabrielle King, James Levy, Michael McCormick, Michelle Muller, Jye Murray, Hannah Nattrass, Jeremy Roberts and Jason Waterhouse

COACHES

Coordinating Coach: Erik Stibbe

Network Coaches: Lars Kleppich, David Adams, Emmit Lazich, Craig Ferris, Nic Sturgess, Kristen Kosmala, Larry Cargill, Traks Gordon and Richard Scarr.

sailing

INTRODUCTION

The NSWIS Sailing Program has had some outstanding successes during the reporting period with five athletes involved in World Championship winning performances.

The Laser class saw two NSWIS athletes battle it out for first and second, with Michael Blackburn the eventual winner of the 2006 Laser World Championships, edging out Tom Slingsby, second. Darren Bundock continued with outstanding form winning the 2006 Tornado World Championships in Argentina whilst Nathan Wilmot and Malcolm Page took out the silver medal in the 470 World Championships.

At June 30, 2007, five NSWIS athletes (four boats) were ranked in the top ten in the World for their class with a further nine (five boats) ranked in the top 20. Darren Bundock and his Victorian partner Glenn Ashby were ranked number one in the World for the Tornado class.

Seven boats have made the qualifying standard for Beijing. A potential twelve NSWIS athletes are available for selection to the 2008 Olympic Games.

During the reporting period, out of a possible nine positions on the National Youth Squad, seven were NSWIS athletes. Gabrielle King and Jason Waterhouse/Jeremy Roberts achieved outstanding results for their first International event at the Youth Sailing World Championships placing fifth and fourth respectively.

EVENT HIGHLIGHTS

International

- 2006 ISAF International Tornado World Championships, Argentina
– 1 athlete (1 gold)
- 2006 Laser World Championships, Korea
– 2 athletes (1 gold, 1 silver)
- 2006 470 World Championships, China
– 2 athletes (1 silver)

- 2007 Kiel Week Regatta, Germany
– 5 athletes (1 gold, 1 bronze)
- 2007 Breitling Regatta, The Netherlands
– 12 athletes (1 gold, 1 silver)
- 2007 Semaine Olympique Francaise
– 12 athletes (1 gold, 1 silver)
- 2007 Princess Sofia Trophy, Palma De Mallorca
– 11 athletes (1 gold, 1 bronze)
- 2007 Rolex Miami OCR, Miami
– 6 athletes (1 gold, 1 silver)
- 2006 Volvo Youth Sailing World Championships, Great Britain
– 6 athletes

National

- 2006 Sail Melbourne
– 3 athletes (1 silver, 1 bronze)
- 2006 Yngling Nationals, Brisbane
– 3 athletes (gold)

ATHLETE HIGHLIGHTS

- Darren Bundock won gold at the 2006 ISAF International Tornado World Championships
- Michael Blackburn won gold at the 2006 Laser World Championships, Tom Slingsby won silver
- Nathan Wilmot and Malcolm Page won silver at the 2006 470 World Championships
- Darren Bundock was ranked number one in the world for Tornado class, Tom Slingsby was ranked number two in the World for the Laser class and Nathan Wilmot and Malcolm Page were ranked number two in the World for the 470 class (June 2007)
- Alisha Kawalla, Gabrielle King, Jye Murray, Hannah Natrass, Michelle Muller, Jason Waterhouse and Michael McCormick were all been selected to represent Australia at the 2007 Volvo Youth Sailing World Championships in Canada.

AWARDS

- Darren Bundock was named Yachting Australia's 2007 Male Sailor of the Year.
- Michael Blackburn was a finalist for Yachting Australia's 2007 Male Sailor of the Year.
- Jye Murray was a finalist for Yachting Australia's 2007 OAMPS Insurance Brokers Youth Sailor of the Year.
- Gabrielle King was a finalist for Yachting Australia's 2007 OAMPS Insurance Brokers Youth Sailor of the Year.
- Michael Blackburn was a finalist for 2006 Clubs NSW Male Athlete of the Year at the NSWIS Annual Awards Dinner
- Tom Slingsby was a finalist for 2006 Clubs NSW Male Athlete of the Year at the NSWIS Annual Awards Dinner
- Nathan Outteridge was a finalist for 2006 Ian Thorpe/Grand Slam International Outstanding Achievement - Male at the NSWIS Annual Awards Dinner
- Malcolm Page and Nathan Wilmot were finalists for 2006 NSW Arts, Sport and Recreation Team Athlete of the Year - Small Team at the NSWIS Annual Awards Dinner
- Jonathon Bonnitcha was a finalist for The University of Sydney Academic Excellence award at the 2006 NSWIS Awards Dinner.
- The Sailing program was a finalist in the Sydney Olympic Park Program of the Year category.

VENUES

Middle Harbour Yacht Club

PROGRAM PARTNERS

Yachting NSW
Yachting Australia

RYAN ROWLAND-SMITH
PHOTO BY GETTY IMAGES →

2006 NSWIS AWARD WINNER RAHUL ANNE
PHOTO BY SUDESH ARUDPRAGASAM ↓



baseball

INTRODUCTION

The NSWIS Baseball Program prepares junior athletes for state and national representation and for careers with Major League Baseball sides in the USA and Canada.

During the reporting period, six NSWIS athletes were offered professional contracts with Major League clubs while another six athletes were awarded college scholarships to study and play in the USA. A further 12 athletes were named in national under age (AA and AAA) squads. Twenty-one NSWIS scholarship holders were among the 50 athletes chosen to attend the Major League Baseball Australian Academy Program on the Gold Coast with Head Coach and former Major League All-star David Nilsson.

The NSWIS Baseball Program continues to operate a strong regional component, operating out of the Wauchope Baseball Field near Port Macquarie.

PROGRAM HIGHLIGHTS

International

- 3 former NSWIS athletes played in the major leagues this year - Grant Balfour, Chris Snelling and Ryan Rowland Smith
- 6 athletes signed professional contracts with Major League teams in the USA and Canada.
- Australian team: 2006 World Boys Tournament, Japan - 2 athletes (6th).
- Australian team: 2006 AAA World Junior Baseball Championships, Cuba - 5 athletes (9th)

National

- 14 athletes were part of the NSW team which came fourth at the
- 2007 under-19 National AAA Championships
- 15 athletes were part of the NSW team which came 5th at the
- 2007 under-17 National AA Championships
- 21 athletes were selected to attend the Major League
- Baseball Australian Academy Program on the Gold Coast.

ATHLETE HIGHLIGHTS

- Grant Balfour, Chris Snelling and Ryan Rowland Smith played in the Major Leagues with Tampa Bay Devil Rays, Oakland A's and Seattle Mariners respectively.
- Jarrod Eacott, Tim Atherton, David Harriot, Michael Lennox, Gavin Dlouhy and Shaun Tabrett signed professional contracts with Major League teams in the USA and Canada.

AWARDS

- Rahul Anne won the Academic Excellence Award at the 2006 NSWIS Awards Dinner.
- Gavin Dlouhy was a finalist for the Career Development Award at the 2006 NSWIS Awards Dinner.

VENUES

Blacktown Olympic Park
Blacktown Indoor Centre
Wauchope Baseball Field

PROGRAM PARTNERS

Baseball NSW
Australian Baseball Federation



2006-07 SQUAD

Byron Aird, Mitchell Bray, Max Brennan, Tim Atherton, Ryan Bennett, Mason Curtis, Brock Dodd, Joshua Goldsmith, Scott Harrison, Jarrett Commene, Brandon Costa, Cody Dawes, Alex Howe, Adam Howe, David Kandalis, Ryan Griffin, Travis McDonald, David Manuelle, Matthew Smith, Todd Van Steensel, Craig Fisher, David Harriot, Dean Hazell, Lachlan Hodge, Wesley Hore, Michael Lennox, Richard Olson, Timothy Stanford, Will Symons, Jarryd Sullivan, Ryan Tansley, Joel Townsend, Michael Vine, Jake Webster, Luke Wilkins

COACHES

Head Coach: Andre Desjardins
Batting Coach: Barry Sundstrom
Pitching Coaches: Barry Holland, Matthew Sundstrom
Infield Coach: Grahame Cassel
Field Coach: Alex Stewart
Network Coach: Shaun Smith

basketball

INTRODUCTION

The NSWIS Basketball Program is an integrated program which supports both able-bodied and wheelchair basketball athletes.

The program has been coordinated by Head Coach, Rob Beveridge, who supervised the training program for the able-bodied athletes aged 18 to 22. Former Australian player and Australian women's wheelchair basketball team Head Coach Gerry Hewson is the Assistant Coach of the program. He oversees the training of wheelchair basketball athletes. Scholarship holders are supported through a number of regional and network coaches.

Rob Beveridge resigned from the position of Head Coach in June 2007 after 10 years of service. Rob has been an integral part of the NSWIS Basketball program and its development and the NSWIS wished him well with his future endeavours.

Athletes also benefit from the involvement of their coaches in National programs. Rob Beveridge is an Assistant Coach to the Australian Senior men's team that participated in the 2006 World Championship in Japan.

EVENT HIGHLIGHTS

International Basketball

- 2006 Nike All Asia Camp, China – 1 athlete

Wheelchair Basketball

- Australian Men's team: 2007 Arafura Games (Paralympic Qualifier) - 4 athletes (gold) Qualification for the 2008 Paralympic Games achieved.
- Australian men's team: 2007 Paralympic Cup, Birmingham, United Kingdom - 2 athletes (silver)
- Australian women's team: 2007 Osaka Cup - 5 athletes (silver)
- Australian women's team: 2007 IWBf Oceania Qualifying Tournament (Paralympic Qualifier), Sydney - 5 athletes (Gold) Qualification for the

2008 Paralympic Games achieved.

- Australian Women's Team: 2007 4 Nations Tournament, Sydney - 5 athletes (silver)
- Australian Men's Development Team: 2006 Far East & South Pacific games for the Disabled (FESPIC) - 3 athletes (silver)

National

Basketball

- NSW men's team: 2007 under-20 National Championships, Ballarat, Vic - 6 athletes (gold)
- Rob Beveridge was Head Coach of the NSW Men's Team
- NSW women's team: 2007 under-20 National Championships, Ballarat, Vic - 4 athletes (fourth)

Wheelchair Basketball

- Hills Hornets: 2006 National Women's Wheelchair Basketball League - 4 athletes (gold)
- West Sydney Razorbacks: 2006 National Wheelchair Basketball League - 5 athletes (silver)

ATHLETE HIGHLIGHTS

Basketball

- Josh Clifford, Anatoly Bose, Tom Wright, Dominique Cooks, (Ross Allsop and Daniel Jackson - NSWIS graduates) won gold with the NSW team at the 2007 under-20 National Championships. Rob Beveridge was the coach of the NSW men's team.
- Anatoly Bose, Maddy Plunkett, Kevin White, Tom Wright were selected to play for US Colleges
- Taylor Goodall, Shaun Mullan, Tom Wright, Anatoly Bose, Sophie Kleeman, Michelle Joy were selected to National Junior Squads

Wheelchair Basketball

- Brett Stibners and Bill Latham were part of the
- Australian men's team which won the silver medal at the 2007 Paralympic Cup.

- Brett Stibners, Bill Latham, Darren Skuse, Brendan Dowler were part of the 2007 Arafura Games (Paralympic Qualifier).
- Liesl Tesch, Sarah Stewart, Katie Hill, Tina McKenzie and Kylie Gauci were part of the 2007 Osaka Cup.
- Liesl Tesch, Sarah Stewart, Katie Hill, Tina McKenzie and Kylie Gauci were part of the 2007 Oceania Women's Paralympic Qualifier.
- Liesl Tesch, Sarah Stewart, Katie Hill, Tina McKenzie and Kylie Gauci were part of the 2007 4 Nations Tournament.

AWARDS

- NSWIS Basketball Head Coach Rob Beveridge was selected as Head coach the World under-20 team at the 2007 Nike Hoop Summit in the USA.
- Rob Beveridge appointed as Basketball Director for 2007 Nike All Asia camp in Beijing, China
- Lauren Davidson was a finalist for the Powerade Academic Excellence award at the 2006 NSWIS Awards Dinner.

VENUES

Auburn Basketball Centre - Maitland Basketball Stadium
University of Wollongong - St Josephs College (Hunters Hill)
King George V Recreation Centre (Sydney City)
Illawarra Sports High School

PROGRAM PARTNERS

Basketball NSW - Basketball Australia
NSW Wheelchair Sports Association

2006-07 BASKETBALL SQUAD

Gold: Anatoly Bose, Joshua Clifford, Dominique Cooks, Joshua Duinker, Talar Goodall, Ben Hollis, Tom Wright, Jessica Mansell, Maddy Plunkett

Silver: Lauren Davidson, Amelia Todhunter

Associate: Kevin White (Ross Allsop and Daniel Jackson - NSWIS Graduates)

EAP: Daniel Cinelli, Sophie Kleeman, Michelle Joy

2006-07 WHEELCHAIR BASKETBALL SQUAD

Gold: Brendan Dowler, Kylie Gauci, Sarah Stewart, Jenny Nicholls, Tina McKenzie, Katie Hill, Anthea Castelli, Jeremy Van Asperen, Bill Latham, Sharnie Grazules, Liesel Tesch

Bronze: Simon Fish

Associate: Tristan Knowles, Brett Stibners, Darren Skuse, Troy Sachs

EAP: Ben Cooper, John McPhail, Shawn Russell

COACHES

Head Coach: Rob Beveridge

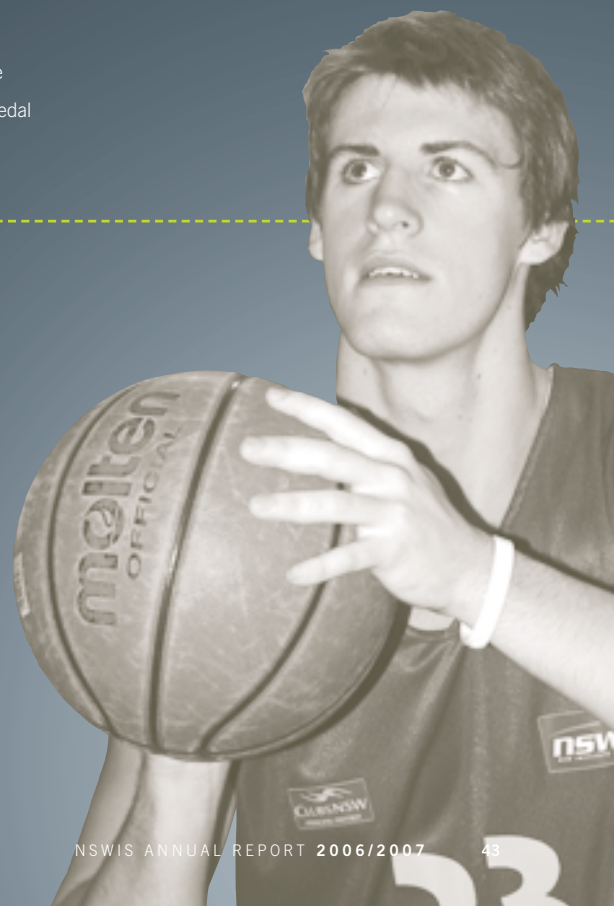
Assistant Coach: Gerry Hewson

Network Coaches: Alan Cox, Rex Nottage, Matthew Flinn, Tim Mallon

Regional Coaches: Luke Bobilak, Ken Lowry, John Wallace

ASC Scholarship Coach: Ben Osborne

WAYNE BROWN
PHOTO BY SUDESH ARUDPRAGASAM →



bowls

INTRODUCTION

The NSWIS Bowls Program prepares nationally identified male and female senior athletes to achieve medal winning performances at international competitions. The program is made up of gold and silver tier scholarships. The gold tier targets national squad members and the silver tier supports identified athletes and under-25 male and female athletes contesting open and under-25 international, national and state competitions.

Following exceptional performances at the 2006 Commonwealth Games, the NSWIS squad continued to perform well internationally with several squad members contributing to gold medals at the Asia Pacific Championships and helping to secure both the Trans Tasman Trophy against NZ and the World Team Cup (both the men's and women's trophies). A major individual highlight for the year was the success of silver tier bowler Melanie Macaulay who won gold in Hong Kong at the Junior World Cup in May.

During the reporting period the program continued to build a strong coach network and home club programs. With the assistance of the NSW Bowls Junior Committee, the program began to establish links with Regional Academies of Sport to further develop the game in NSW.



EVENT HIGHLIGHTS

International

- Asia Pacific Championships - Christchurch
3 athletes contributed to 4 gold, 2 silver and 2 bronze
- Trans Tasman Series - Christchurch
4 athletes – Series win
- World Team Cup – Tweed Heads
3 athletes - men's and women's gold
- Junior World Cup Singles (U25), Hong Kong
2 athletes – 1 gold

National

- Australian Open - Melbourne
1 singles runner up, 2 semi-finalists, 1 pairs runner up, 1 triples semi-finalist
- Barham Grand Prix – Women's triples & fours champions, men's triples runners up
- Australian Sides Championships - Tasmania
5 athletes contributing to winning men's National Sides Championship
- Women's National Round Robin – ACT
7 athletes contributing to winning National Round Robin series
- 7 athletes contributing to winning both the men's and women's Australian Super League titles
- Australian Indoor Championships, Tweed Heads
Karen Murphy – runner up



ATHLETE HIGHLIGHTS

- Aron Sherriff (Silver tier) selected to make his debut for Australia in the coveted singles position at the World Team Cup in May
- Melanie Macaulay - 2007 Junior World Cup Singles - gold
- World Team Cup – Tweed Heads. Karen Murphy, Wayne Turley and Aron Sherriff contributing to winning both the men's and women's World Team Cup.
- Karen Murphy, Wayne Turley and Leif Selby - 4 gold, 2 silver and 2 bronze at 2007 Asia Pacific Championships.
- David Ferguson – Winner NSW State Pairs Championship
- Aron Sherriff and Jesse McKenzie – Australian U25 Selection – series win vs New Zealand

AWARDS

- Karen Murphy was a finalist for the NSW Arts, Sport and Recreation Team Athlete of the Year (small teams) award at the 2006 NSWIS Awards Dinner.

VENUES

Roselands Bowling Club
Warilla Bowling & Recreation Club

PROGRAM PARTNERS

Bowls Australia
Royal NSW Bowling Association
NSW Women's Bowling Association

2006/07 SQUAD

Gold Tier

Scott Caundle, Bill Cornells, Leif Selby, Wayne Turley, Aron Sherriff, Karen Murphy, Sharyn Renshaw, Maria Rigby

Silver Tier

Mark Berghofer, David Ferguson, Chris Green, Jesse

McKenzie, Chris Macauley, Matthew Smith, Zeljko Trbara, Arleen Jeffery, Melanie Macaulay, Lisa Mitchell, Sarah Rumble, Anne Watson, Katrina Wright, Stacey Woodhouse, Jessica Watkins

COACHES

National Head Coach: Cameron Curtis

Coordinating Coach: Geoff Campbell, Kevin Trezise

canoe slalom

INTRODUCTION

The NSWIS Canoe Slalom Program operates through the National Centre of Excellence (NCE) at the Penrith Whitewater Stadium. The NCE supports national level athletes and is run in conjunction with the Australian Institute of Sport and Australian Canoeing.

The focus of this unique partnership is to produce international medal winning performances and sustainable success. During 2006/07 10 NSWIS athletes were selected to represent Australia in the Senior National team at World Cups and seven athletes were selected for the 2006 World Championships.

In May 2007, NSWIS together with NSW Canoeing, the Australian Institute of Sport, Australian Canoeing, the National Talent Identification and Development program and Western Sydney Academy of Sport established a coordinated approach to talent development in NSW. The program focuses on providing quality coaching and supports emerging talented athletes with the potential for national representation. This will include supporting EAP athletes who may also be members of the WSAS Slalom Canoe program.



EVENT HIGHLIGHTS

International

- Australian team: 2006 World Championships Prague, Czech Republic - 7 athletes
- Australian team: Oceania International Canoe Slalom Race Mangahao 2007, New Zealand- 7 athletes
- Australian team: 2007 World Series 1 Australian Open Slalom Race Penrith, Australia - 6 athletes
- Australian team: Pan American Championships Iguazu Falls 2007, Brazil - 1 athlete
- Australian team: 2007 Worlds Series 2 Slovak Open Slalom Race Bratislava, Slovakia- 3 under-22, 1 senior, 1 junior
- Australian team: 2007 International Slalom Soca, Slovenia - 3 under-22, 1senior, 1 junior
- Australian team: 2007 International Slalom Race Slovenian Open Tacen, Slovenia-3 under-22
- Australian team: 2007 International Slalom Race Merano, Italy-2 under-22, 1 senior, 1 junior
- Myriam Fox - National Coach, World Championships 2006
- Zlatan Ibrahimbegovic - NSWIS Head Coach and National Junior Head Coach and national coach for Team 22 and Senior National Team

KATE LAWRENCE ←

ATHLETE HIGHLIGHTS

- 2006 World Championships Prague, Czech
 - Republic - Women's team event - 5th
 - Kate Lawrence and Jacqui Lawrence
 - Women's K1 - 13th Kate Lawrence
 - C2 - 13th - Lachlan Milne
- Oceania International Canoe Slalom Race 2007, New Zealand
 - Women's K1-1st Kate Lawrence, 2nd Jacqui Lawrence
 - Men's K1-2nd Anthony Brown
 - Men's C1-2nd Mathew Gabb
 - Men's C2-1st Lachlan Milne
- World Series 1 Australian Open Penrith 2007, Australia
 - Women's K1-2nd Louise Natoli, 3rd Jacqui Lawrence, 4th Kate Lawrence
 - Men's K1-3rd Anthony Brown
 - Men's C1-7th Mathew Gabb
 - Men's C2-5th Lachlan Milne
- Pan American Championships Iguazu Falls 2007, Brazil
 - Men's C2-7th Lachlan Milne
- World Series 2 Slovak Open Bratislava 2007, Slovak Republic
 - Women's K1- 4th Kate Lawrence, 24th Jacqui Lawrence, 25th Rosalyn Lawrence
 - Men's K1 -24th Will Forsythe, 26th- Sam Lyons
- International Canoe Slalom Soca 2007 Bovec, Slovenia
 - Women's K1-2nd Kate Lawrence, 7th Rosalyn Lawrence
 - Men's K1-16th Will Forsythe, 42nd Sam Lyons, 54th Ben Jones
- Slovenian Open Slalom Race Tacen 2007, Slovenia
 - Race 1**
 - Men's K1-25th Sam Lyons, 49th Will Forsythe, 73rd Ben Jones
 - Race 2**
 - Men's K1- 22nd Will Forsythe, 25th Sam Lyons
 - Men's K1 Junior event -2nd Ben Jones
- Canoe Slalom International Race on the Passirio River in Merano, Italy
 - Ladies K1 Junior event - 4th Rosalyn Lawrence
 - Women's K1 -7th Jacqui Lawrence and 10th - Kate Lawrence
 - Men's K1 -7th Will Forsythe, 18th Sam Lyons

AWARDS

- Kate Lawrence was a finalist for the University of Sydney Academic Excellence Award at the 2006 NSWIS Awards

VENUES

Penrith Whitewater Stadium

PROGRAM PARTNERS

Australian Canoeing
Australian Institute of Sport

SQUADS

NSWIS/AIS: Robert Parker, Anthony Brown, William Forsythe, Matthew Gabb, Jacqueline Lawrence, Kate Lawrence, Sam Lyons, Lachlan Milne, Louise Natoli, John Wilkie,

NSWIS Associate: Craig Borrows, Amanda Pain, Helena Merrett, Jonathan Davies,

NSWIS Bronze: Emmie Barrett, Ben Jones, Craig Borrows, Rosalyn Lawrence Chris Horylck, Karl Hageman

COACHES

Head Coach: Myriam Fox (to December 2006), Zlatan Ibrahimbegovic (from January 07)

canoe sprint

INTRODUCTION

During the reporting period the NSWIS Canoe Sprint Program continued to support the National Centre of Excellence (NCE) Program based in the Gold Coast. The NCE is a joint initiative between the NSWIS, the Australian Institute of Sport, the Queensland Academy of Sport and Australian Canoeing.

In addition to supporting the NCE, the NSWIS also maintained a home-based program catering to athletes living in the Sydney metropolitan and surrounding areas.

The NSWIS Program continued to be well represented on both senior and junior National teams.

In May 2007 the NSWIS, together with NSW Canoeing, Australian Institute of Sport, Australian Canoeing and the National Talent Identification and Development program, established a coordinated approach to talent development in NSW. The program focuses on providing quality coaching and it supports emerging talented athletes with the potential for national representation. This will include canoe athletes and talent transfer athletes from surf lifesaving and other similar sports. The EAP/NTID program will be coordinated by Guy Wilding, Elite and EAP Coordinating Coach. The EAP/NTID program will be delivered through network centres/clubs throughout NSW and may include schools such as the Mackellar Girls High School targeted school sport program.

The integrated school sport program for Year 9 students through the Manly Warringah Kayak Club and Mackellar Girls High School continued for its second year. This program aims to boost club membership by providing links to talented athletes at local schools. NSWIS athlete Chantal Meek continued to be the mentor and coach of the pilot program.

EVENT HIGHLIGHTS

International

- Australian team: 2006 World Championships - 9 athletes
- Australian team: 2006 Australian Junior International Tour - 5 athletes
- Australian team: 2007 World Cup tour - 6 athletes
- Australian team: 2007 U23 National Team - 2 athletes
- Australian team 2007 Junior Team - 3 athletes
- 2006 Flatwater Racing World Championships, Szeged, Hungary
 - Women's K4 500m - 6th Paul Harvey and Shelley Oates-Wilding
 - Women's K4 1000m - 5th Paul Harvey and Shelley Oates-Wilding
 - Women's K2 1000m - 6th Chantal Meek
- Ben Hutchings National Men's Coach World Championships 2006 and World Cup 1 and 2, 2007
- Guy Wilding - Head Coach, under-23 National Team tour 2007
- 2006 World Cup 3 Guang Zhou, China - Luke Michael and Jake Michael - K2 1000m- Gold
- World Cup 2 Szeged Hungary - Chantal Meek Women's K4 500m 4th
- World Cup 3 Gerardmer, France - Chantal Meek Women's K2 500m 2nd

ATHLETE HIGHLIGHTS

- Chantal Meek, Shelley Oates-Wilding, Paula Harvey, Daniel Collins, David Rhodes, Luke Michael, Jake Michael, David Smith and Steve Burns were selected in the Australian team for the 2006 World Championships.
- Chantal Meek, Paula Harvey, David Rhodes, Luke Michael, David Smith and Tate Smith were selected in the Australian team for the 2007 World Cup series.
- Murray Stewart and Joanne Brigden-Jones were selected for the 2007 Australian under-23 National Team
- Lauren Smith, Haydn Boon and Chris Sirote were selected for the 2007 Australian Junior Team

VENUES

Sydney International Regatta Centre
Australian Institute of Sport Sprint Canoe Facility,
Robina Queensland

PROGRAM PARTNERS

NSW Canoeing
Australian Canoeing
Australian Institute of Sport
Queensland Academy of Sport

2005-06 SQUAD

Gold: Steve Burns, Daniel Collins, Paula Harvey, Chantal Meek, Jake Michael, Luke Michael, David Rhodes, David Smith, Shelley Oates-Wilding

Silver: Tate Smith, Elyse Yardley, Tony Schumacher, Tim Jacobs, Nick Holt Joanne Brigden-Jones, Murray Stewart

Bronze: Dean Blanche, Haydn Boon, , Alex Buckton, Oliver Dunstan, Chris Sirote, Lauren Smith

COACHES

NSWIS Elite & EAP Coordinating Coach: Guy Wilding (from March 07)

NSWIS/NCE Coach: Ben Hutchings

Coordinating Coach: Jimmy Walker (July 06 - March 07)

Network Coaches: Christine Duff, Terry Prosser and Brett Worth

CHANTAL MECK
PHOTO BY GETTY IMAGES →



cricket

INTRODUCTION

The NSWIS supports both men's and women's cricket at different levels.

The NSWIS provides support to the NSW men's cricket team from June through to October each year with athletes granted access to the NSWIS gym for pre-season training.

The NSWIS supports the NSW under-19 women's squad. The squad has full access to NSWIS services including Sport Science, Sport Psychology and Athlete Career, Education and Professional Development advice. This squad competes once a year in the National under-19 Championships. In 2007 NSW won these Championships for the tenth time in 11 seasons. Two 16-year-old NSWIS athletes (Ellyse Perry and Alyssa Healy) went on to represent the Australian Shooting stars (youth team under-23). They played in New Zealand against the New Zealand open team (1 game) and three games against their open-aged A team.

EVENT HIGHLIGHTS - WOMEN'S

National

→ 2007 Australian under-19 Championships- 13 athletes (gold)

VENUES

Sydney Cricket Ground

AWARDS

→ Greg Mail won the University of Sydney Academic Excellence award at the 2006 NSWIS Awards Dinner. Mark Cameron was a finalist for this award.

→ Moises Henriques was a finalist in the Webster Signage Junior Athlete of the Year category at the 2006 NSWIS Awards Dinner.

PROGRAM PARTNERS

Cricket NSW
Cricket Australia

ELYSSE PERRY
PHOTO BY GETTY IMAGES →

2006-07 MEN'S SQUAD

Aaron Bird, Douglas Bollinger, Nathan Bracken, Jarrad Burke, Mark Cameron, Beau Casson, Stuart Clark, Michael Clarke, Tom Cooper, Edward Cowan, Scott Coyte, Murray Creed, Peter Forrest, Brad Haddin, John Hastings, Nathan Hauritz, Moises Henriques, Phillip Hughes, Philip Jacques, Simon Katich, Usman Khawaja, Jason Krejza, Stuart MacGill, Greg Mail, Matthew Nicholson, Aaron O'Brien, Stephen O'Keefe, James Packman, Martin Paskal, Matthew Phelps, Ben Rohrer, Craig Simmons, Daniel Smith, Steven Smith, Dominic Thornley, Graham Thorpe and David Warner.

COACHES

Head Coach: Trevor Bayliss
Player Welfare Manager: Tony Lewis

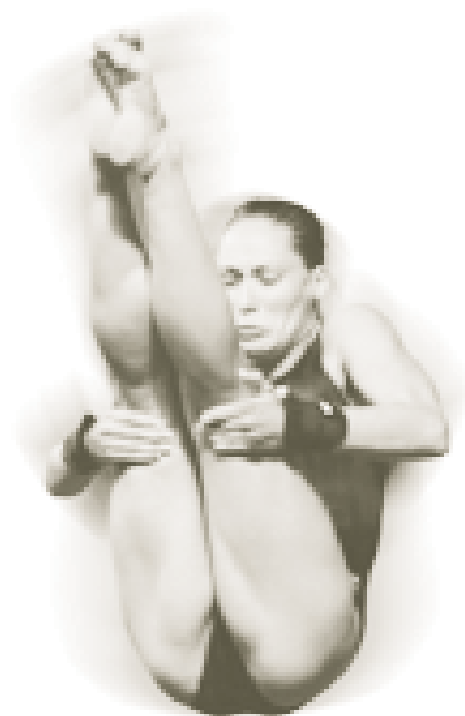
2006-07 WOMEN'S SQUAD:

Erin Burns, Jessica Bill, Sohryn Carter, Ashleigh Corby, Jessica Cox, Sarah Coyte, Clare Creadson, Rhiannon Dick, Emma Doutreband, Ashleigh Endacott, Rene Farrell, Dominique Georgiou, Mary-Anne Germanos, Corinne Hall, Aimee Harris, Alyssa Healy, Samantha Hinton, Nicole Honeysett, Alex Julien, Claire Koski, Lisa Kuschert, Corinne Loader, Sally Moylan, Erin Osborne, Kate Owen, Alison Parkin, Melissa Penman, Ellyse Perry, Hannah Perry, Emily Rixon, Carly Ryan, Asha Smith, Samantha Spotswood, Emma Thompson, Gizelle Van Der Merwe, Lauran Wright and Rebecca Wyborn.

COACHES

Head Coach: Kerry Marshall
High Performance Coach: Lisa Sthalekar





diving

INTRODUCTION

The NSWIS Diving Program has experienced a successful 12 months with four NSWIS divers invited to train at the AIS high performance centre in Brisbane as members of the National squad. Developing talent Olivia Wright made her foray into international competition, joining Alex Croak, Peter Hill and Kathryn Blackshaw at FINA Grand Prix competitions in Spain and Italy. Peter Hill also attended Grand Prix events in the USA, Canada, China and Germany.

Two NSWIS athletes represented Australia at the 2007 FINA World Championships in Melbourne and Alex Croak continues to be a high achiever in the Diving program, earning a bronze medal at the Italian Grand Prix.

The NSWIS Diving program continued to foster the development of emerging young divers through its Talent Development / Talent Transfer invitational program. During the reporting period two rounds of invitational programs were completed, resulting in three talented athletes being identified and progressing to bronze scholarship level.

EVENT HIGHLIGHTS

International

- **Australian Team:** 2007 FINA World Championships - 2 athletes.
- **Australian Team:** 2007 FINA Diving Grand Prix, Italy - 3 athletes (1 bronze)
- **Australian Team:** 2007 FINA Diving Grand Prix, Spain - 3 athletes
- **Australian Team:** 2007 FINA Diving Grand Prix, Fort Lauderdale, USA - 1 athlete
- **Australian Team:** 2007 FINA Diving Grand Prix, Canada - 1 athlete
- **Australian Team:** 2007 FINA Diving Grand Prix, China - 2 athletes
- **Australian Team:** 2007 FINA Diving Grand Prix, Germany - 1 athlete
- **Australian Team:** 2006 FINA Grand Prix China - 1 athlete
- **Australian Team:** 2006 FINA Grand Prix, Spain - 1 athlete
- **Australian Team:** 2006 Junior World Championships - 1 athlete
- **Australian Team:** 2006 Diving Lund, Sweden - 2 athletes (1 gold)

National

- 2007 Australian Age Diving Championships - 3 athletes (2 gold)
- 2007 Australian Open Diving Championships - 6 athletes (2 gold, 2 silver, 4 bronze)

ATHLETE HIGHLIGHTS

- Alex Croak and Peter Hill were selected in the Australian team for the 2007 FINA World Championships.
- Alex Croak, Peter Hill, Kathryn Blackshaw, and Olivia Wright represented
- Australian at FINA Grand Prix meets.
- Alex Croak won a bronze medal at the 10m Platform at the FINA Italy Grand Prix meet.
- Alex Croak and Peter Hill won gold medals at the 2007 Australian Championships.

AWARDS

- Alexandra Croak was a finalist for The University of Sydney Academic Excellence award at the 2006 NSWIS Awards Dinner.
- Chava Sobrino was a finalist for the Telstra Coach of the Year at the 2006 NSWIS Awards Dinner.

VENUES

Sydney Olympic Park Aquatic Centre

PROGRAM PARTNERS

Diving NSW
Diving Australia

2006-06 SQUAD

Gold: Alex Croak, Kathryn Blackshaw

Silver: Thomas Rickards, Peter Hill, Jasmine Considine, Olivia Wright, Matthew Mitcham

Bronze: Beth Alexander, Rhiannan Iffland, Gemma Allinson, Josiah Purss, Catriona Luxford

Invitational Talent Development/ Talent Transfer: Grace Rowe, Georgia Shaw, Nicole Foo, Harry Stacey, Alissa Barker, Tegan Heap, Michael Maritz, Tegan Selmes, Bronte Davis-Russell, Tamara Ambrose

COACHES

Head Coach: Chava Sobrino

Elite Development Coach: Rebecca Manuel

equestrian

INTRODUCTION

The NSWIS Equestrian Program remains the only state institute/academy program to provide year round support to athletes in all three major competition disciplines - eventing, showjumping and dressage.

The program utilises the services of expert coaches, including National representatives Wayne Roycroft and Heath Ryan. They work individually with riders as well as holding regular squad schools. These squad schools provide an opportunity for athletes to work with NSWIS support services including sport psychology, sport science and performance analysis.

During the reporting period, the NSWIS Equestrian Program continued to work with Australian Sports Commission scholarship coach, Sam Lyle. A noted three-day event rider at the National level, Sam is completing his studies through Sydney University while working with National Eventing Head Coach Wayne Roycroft.

Sam is assisting to increase the level of coach support available to younger NSWIS scholarship holders and emerging athletes.

EVENT HIGHLIGHTS

International

- 2006 World Equestrian Games, Germany
- 9 athletes (1 bronze)
- 2006 Burghley Horse Trials, England
- 4 athletes (1 silver, 1 bronze)
- Australian team: 2006 Trans Tasman Challenge, New Zealand, 3 athletes

National

- 2007 Adelaide International Horse Trials
- 7 athletes (1 gold, 1 silver)
- 2006 Melbourne International 3 Day Event
- 9 athletes
- 2006 Sydney CDI3 - Star
- 4 athletes (3 gold)

ATHLETE HIGHLIGHTS

- Andrew Hoy won team bronze in Eventing at the World Equestrian Games
- Edwina Alexander achieved the best ever Australian Showjumping result at a WEG, placing fourth in the Individual round, Germany.
- Kristy Oatley achieved the most successful Dressage performance by an Australian at WEG, placing 18th, Germany
- Heath Ryan won the Adelaide International Horse Trials, with seven NSWIS riders placed in the top 10
- Paul Athanasoff, Chris Chugg, David Robertson and Edwina Alexander have all achieved qualifying standard for Beijing (Showjumping).

AWARDS

- Andrew Hoy was nominated to the first FEI Athletes Committee. The Athletes Committee will act as a consultative body and as a link between the active Athletes and the FEI. It ensures that the Athletes' points of view are taken into account in FEI decisions and furthermore that the rights of the athletes are respected.
- Sam Lyle was a finalist in the Career Development category at the 2006 NSWIS Awards Dinner.

VENUES

Sydney International Equestrian Centre
Charles Sturt University - Wagga Wagga
NSW Equestrian Centre - Lochinvar
Roycroft Stables

PROGRAM PARTNERS

Equestrian Federation of Australia - NSW Branch
Equestrian Federation of Australia

2006/07 SQUAD

Eventing: Emma Armstrong, Craig Barrett, Tim Bolland, Jessica Irvine Brown, Olivia Bunn, Christopher Burton, Hamish Cargill, Phillip Dutton, Katherine Eykamp, Ali Foye, Peter Gillis, Claudia Graham, Sam Lyle, Emma Mason, Jess Mitchell, Rebel Morrow, Robert Palm, Nicola Richardson, Shane Rose, Heath Ryan, Sharmayne Spencer, Stuart Tinney and Ryan Wood.
Eventing Associate: Andrew Hoy, Boyd Martin, Matt Ryan and Paul Tapner.

Showjumping: Paul Athanasoff, Rob Brown, Chris Chugg, David Robertson, Vicki Roycroft and George Sanna.

Showjumping Associate: Edwina Alexander

Dressage: Matthew Dowsley, Sue Hearn, Kristy Oatley, Heath Ryan, Rozzie Ryan, Rachel Sanna

EAP: Lauren Balcome, Emma Hoath, Clinton van der Sanden

COACHES

Program Coordinator: Judith Fasher

Eventing Head Coach: Wayne Roycroft

Showjumping Coordinator: Andrew Inglis

Dressage Coordinator: Cathy Drury-Klein

Eventing Coaches: Craig Barrett, Prue Barrett, Sam Lyle, Rozzie Ryan, Stuart Tinney

Regional Coaches: Jamie Coman, Hunter Doughty

ANDREW HOY
PHOTO BY THE HORSE MAGAZINE →



golf

INTRODUCTION

The NSWIS Golf Program supports 12 of the state's leading male and female amateur players. The program aims to prepare athletes for selection on National teams and for careers on the professional circuit.

The program was extremely successful in achieving its goals with two scholarship holders, Sunny Park and Rohan Blizzard, winning their respective 2007 Australian Amateur titles. Seven athletes were also included in the Australian squad, five in the Australian team and 60 percent of athletes improved both rank and average over the first half of 2007.

One of the major initiatives of the program during the reporting period was the purchase of the K-vest system which assists athletes by giving them biomechanical feedback on their swing.

The program had a change in Head Coach in February when Peter Knight moved on to a role at Golf Australia. New Head Coach Glenn Whittle brings to the program a wealth of experience having worked with the Jack Newton Foundation and at the PGA.

PROGRAM HIGHLIGHTS

International

→ Australian team (men): British Amateur Championships - 2 athletes (silver)

National

→ NSW men's team: 2007 Australian Men's Amateur Foursomes (gold)

ATHLETE HIGHLIGHTS

→ Sunny Park and Rohan Blizzard won their respective 2007 Australian Amateur Championships

→ Tim Stewart won the 2007 Riversdale Cup

→ Tim Stewart - runner up in the 2007 British Amateur Championships

→ Rudi Bezuidenhout and Rohan Blizzard won the 2007 Australian Men's Amateur Foursomes

→ Frances Bondad won the 2007 Australian 72 hole Stroke Championship

VENUES

Moore Park Golf Club
Concord Golf Club
NSW Golf Club
Bexley Golf Club
State Sports Centre Golf
Barton Park Driving Range
Macquarie Uni Driving Range
Strathfield Golf Club
Camden Lakeside

PROGRAM PARTNERS

NSW Golf Association
Women's Golf NSW

2006-07 SQUAD

Jamie Arnold, Julia Boland, Skye Choueiri-Solly, Tim Stewart, Matthew Jones, Jenny Fox, Rohan Blizzard, Sunny Park, Rebecca Flood, Frances Bondad, Rudolph Bezuidenhout, Matthew Smith

COACHES

Head Coach: Peter Knight (until February 2007)
Glenn Whittle (from February 2007)

Home Coaches: Gary Barter, Mark Holland, Tony Meyer, Alex Mercer, Graham Blizzard, Mark Patterson, Ian Triggs, Gary Edwin, Luke Edwin

WON JOON LEE
PHOTO BY GETTY IMAGES →



PRASHANTH SELLATHURAI
PHOTO BY JAMES RANKIN JRP →



men's artistic gymnastics

INTRODUCTION

The NSWIS Men's Artistic Gymnastics (MAG) Program supported both senior elite and junior development athletes during the reporting period.

One of the major highlights for the program was the performances of Prashanth Sellathurai. Following on from a silver medal at the Commonwealth Games, Prashanth won silver medals on Pommel Horse at the 2006 World Championships and 2007 Paris World Cup.

In preparation for Olympic qualification and the 2008 Beijing Olympics, NSWIS provided additional support for Prashanth and Head Coach Songliang Xiong to attend World Cup competitions in Shanghai, Paris and Cottbus.

Strong performances of junior athletes in the NSWIS MAG program have resulted in selection of three athletes to compete at the Australian Youth Olympic Festival and International Junior team Cup in Berlin. The program excelled at domestic competitions, with two athletes claiming five medals at the 2006 National Championships, including two gold, one silver and three bronze.

EVENT HIGHLIGHTS

International

- 2006 World Championships, Denmark - 1 athlete (silver, pommel horse)
- 2006 World Cup Final, Sao Paulo Brazil - 1 athlete, fourth
- 2006 Shanghai World Cup - 1 athlete, pommel horse, seventh.
- 2007 International Junior Team Cup, Berlin - 3 athletes.
- 2007 Gymnova London Open - 1 athlete
- 2007 World Cup, Paris - 1 athlete, silver on Pommel Horse
- 2007 World Cup, Cottbus - 1 athlete
- 2007 International Apparatus Challenge. Australia v China, Melbourne; 2 athletes, 3 medals including 2 gold and 1 silver
- 2007 Australian Youth Olympic Festival, 3 athletes selected.

National

- 2007 National Championships Melbourne - 3 athletes, 5 medals including 2 gold, 1 silver, 2 bronze

ATHLETE HIGHLIGHTS

- Prashanth Sellathurai: 2006 World Championships: silver (pommel horse), 2007 Paris World Cup: silver (pommel horse), International Apparatus Challenge versus China: 2 gold (rings and pommel horse), Australian Championships: gold (Pommel Horse), silver (Parallel bars), bronze (rings),
- Luke Wiwatoski; International Apparatus Challenge in Melbourne: silver (horizontal bars), 2007 National Championships: gold (horizontal bars), bronze (floor), represented Australia at the Gymnova London Open.

VENUES

Sydney Olympic Park Sports Centre

PROGRAM PARTNERS

NSW Gymnastics Association
Australian Gymnastics Federation

2006/07 SQUAD

Ben Astley, Alexander Hunt, Chris Martin, Michael Mercieca, Mitchell Morgans, Jack Rickards, Prashanth Sellathurai, Declan Stacey, Harry Stacey, Luke Wiwatoski

COACHES

Head Coach: Songliang Xiong
Network Coaches: Peter Abbott, Robert Hong, Max Holmes

men's hockey

INTRODUCTION

The NSWIS Men's Hockey Program aims to develop the mental, physical, tactical and technical abilities of the players with the aim of enhancing their chances of selection in senior and junior National teams.

The program was represented at the senior international level by a group of five players during the reporting period. Three of these players, Brent Livermore, Michael McCann and Matthew Naylor, were part of the Australian team that won the silver medal at the 2006 Men's World Cup.

Five athletes were on AIS scholarship during the reporting period. Matthew Naylor, Daniel McPherson and Eli Matheson retained their scholarships and Simon Orchard and Nathan Burgers were offered full AIS scholarships in early 2007.

Five athletes were selected to the Australian Youth Olympic Festival (AYOF) Squad, with four contributing to a gold medal. NSWIS Head Coach Larry McIntosh was selected as Assistant Coach for the AYOF. Following outstanding performances at AYOF and under-21 national titles six athletes were selected for the National youth squad. These athletes were Joshua White, Joshua Poulton, Matthew Butterini, Simon Orchard, Joshua Miller and Kieren Govers.



EVENT HIGHLIGHTS

International

- Australian team: 2006 Men's World Cup, Germany
- 3 athletes (silver)
- Australian team: 2006 Champions Trophy, Spain
- 3 athletes (fourth)
- Australian team: 2006 Test Series vs Korea, Canberra
- 3 athletes (won series)
- Australian team: 2007 Test Series vs The Netherlands, Canberra
- 5 athletes (won series)
- Australian team: 2007 Sultan Azlan Shah Trophy, Malaysia
- 4 athletes (gold)
- Australian team: 2007 AYOF, Sydney
- 4 athletes (gold)

National

- NSW team 2006 Australian under-21 Championships
- 9 athletes (bronze)
- NSW team: 2007 Australian under-18 Championships
- 1 athlete (silver)

ELI MATHESON
PHOTO BY REG BLUNT ←

2006/07 SQUAD

Gold: Michael McCann

Gold Associate: Brent Livermore, Eli Matheson, Daniel McPherson, Matthew Naylor

Silver: Darryn Booth, Matthew Butterini, Kieran Govers, Joshua Miller, Simon Orchard, Mark Paterson, Josh Poulton and Joshua White

Silver Associate: Nathan Burgers

Bronze: Brendan Booth, David Bourke, Sam Clifton, Stephen Coombes, Alister Cullen, Scott Garner, Alex Hardman, William Humphreys, Joshua Miller, Ian Paterson, James Piper, Nicholas Russ, Jeremy Walzak, and Matthew Wark.

ATHLETE HIGHLIGHTS

- Brent Livermore, Michael McCann and Matthew Naylor were part of the Australian team that won the silver medal at the 2006 Men's World Cup in Germany.
- Brent Livermore, Eli Matheson, Daniel McPherson and Matthew Naylor were part of the Australian team that won the 2007 Sultan Azlan Shah Trophy, Malaysia.
- Joshua Poulton, Matthew Butterini, Simon Orchard, Kieran Govers and Joshua Miller were part of the Australian team which won the gold medal at the 2007 Australian Youth Olympic Festival, Sydney.
- Simon Orchard and Nathan Burgers were offered full time AIS scholarships based in Perth

AWARDS

- Brent Livermore and Michael McCann were both finalists for the NSW Department of Arts, Sport and Recreation Team Athlete of the Year (large teams) Award and the ClubsNSW Male Athlete of the Year Award at the 2006 NSWIS Awards Dinner.
- The Program was a finalist In the SOPA Program of the Year Category at the 2006 NSWIS Awards Dinner

VENUES

Sydney Olympic Park Hockey Centre
Regional hockey centres

PROGRAM PARTNERS

Hockey NSW
Hockey Australia

EAP Tier A: David Collins, Todd Delvin, Heath Edwards, Sam Hall, Matthew Johnson, Dane McIlveen, Will McLean, Duncan Pearce, Brett Seton, Tristan White, Matthew Willis

EAP Tier B: Josh Anderson, Thomas Budden, Cameron Busenel, Lindsay Heath, Jarron Holmes, Adam Imer, Andrew Kelly, Ronan Myrskylainen, Steven Ogilvie, Andrew Palmer, James Riddell, Dan Riley, Alex Swart, Troy Urquhart, and Josh Willot.

COACHES

Head Coach: Larry McIntosh

EAP Coach: John Bessell

women's hockey

INTRODUCTION

The NSWIS Women's Hockey Program aims to enhance the mental, physical, technical and tactical abilities of players to prepare them for selection in junior and senior National teams.

The program was well represented at the three major international tournaments held during the reporting period. Two athletes won silver at the 2006 World Cup, four athletes were part of the team that came fifth at the 2006 Champions Trophy and three athletes were part of the Australian team that came fourth at the 2007 Champion's Trophy.

Seven athletes, Harriet Moore, Jillian Morrison, Emily Hurtz, Samantha Gale, Alison Bruce, Casey Eastham and Jade Close were all selected to the Australian team for the Australian Youth Olympic Festival. Jade Close withdrew due to injury and the team won silver.

During the reporting period Jade Close, Megan Rivers and Jacklyn McRae were all selected to the National Development Squad.

EVENT HIGHLIGHTS

International

- Australian team: 2006 Champions Trophy, Netherlands - 4 athletes (fifth)
- Australian team: 2006 World Cup, Spain - 2 athletes (silver)
- Australian team: 2007 Champions Trophy, Argentina - 3 athletes (fourth)
- Australian team: 2007 Australian Youth Olympic Festival - 7 athletes (silver)

National

- NSW Arrows: 2007 Australian Hockey League - 7 athletes (fourth)
- NSW team: 2006 Australian under-21 Championships - 10 athletes (silver)
- NSW team: 2007 Australian under-18 Championships - 1 athlete (gold)

ATHLETE HIGHLIGHTS

- Harriet Moore, Jillian Morrison, Emily Hurtz, Samantha Gale, Alison Bruce and Casey Eastham were part of the Australian team that won silver at the AYOF.
- Jacklyn McRae, Fiona Johnson, Casey Eastham, Samantha Gale and Kellie-Lee James attended a WAIS, VIS, AIS tour of New Zealand
- Jade Close, Megan Rivers and Jacklyn McRae were all selected to the National Development Squad

AWARDS

- Kate Hollywood was a finalist for both the Webster Signage Junior Athlete of the Year Award and the NSW Arts, Sport and Recreation Team Athlete of the Year (large teams) Award at the 2006 NSWIS Annual Awards Dinner
- The Program was a finalist for the SOPA Program of the Year Award at the 2006 NSWIS Annual Awards Dinner

VENUES

Sydney Olympic Park Hockey Centre
Regional Hockey Centres

PROGRAM PARTNERS

Hockey NSW
Hockey Australia

KELLIE-LEE JAMES
PHOTO BY REG BLUNT ←



2006/07 SQUAD

Gold Associate: Toni Cronk, Megan Rivers, Melanie Twitt

Gold: Casey Eastham, Susannah Harris, Fiona Johnson, Kate Hollywood, Rebecca Sanders

Silver: Jade Close, Samantha Gale, Emily Hurtz, Harriet Moore, Jillian Morrison

Bronze: Belinda Brooks, Alison Bruce, Kellie-Lee James, Jacklyn McRae, Airlie Ogilvie, Lyndal Ogilvie, Yasmine Phillips and Nicole Yourman.

EAP Tier A: Emma Cobbin, Jemma Delamont, Jessica Ford, Vanessa Kristaly, Jade Warrender, Shelley Watson, Kellie White and Casey Younie.

EAP Tier B: Gillian Bennett, Molly Bright, Ashley Carr, Natasha Christian, Ashley Cocking, Jamaya Ferguson, Danielle Hemingway, Rebecca Landers, Katie Lewis, Haidee Makin, Karen McGrath, Kirsten Pearce, Ashlea Pointer, Parambir Sandhu, Shelley Stevenson, Jess Sullivan, Catherine Wark and Hollie Webster.

COACHES

Head Coach: Tracey Belbin

EAP Coach: John Bessell

netball

INTRODUCTION

The NSWIS Netball Program provides world-class coaching, training, competition, facilities and support services to developing athletes between the ages of 16-21.

The program aims to enhance the skill level of athletes in order to improve their chances of selection into State teams, Commonwealth Bank Trophy teams and National squads and teams.

The program also continued with its policy of providing athletes with international experience. During the reporting period the squad travelled to Fiji for training and competition. The aims of the tour were to: expose athletes to the rigours of international competition and travel, expose athletes to varying conditions and provide Young Australian players exposure to a different international style - in particular 'zone'.

EVENT HIGHLIGHTS

National

- NSW team: Australian 17 & Under Championships, Melbourne - 3 athletes (gold)
- NSW team: Australian 19 & Under Championships, Melbourne - 9 athletes (bronze)
- NSW team: Australian 21 & Under Championships - 2 athletes (bronze)
- Tasmanian NSW team: Australian 21 & Under Championships - 1 athlete
- Sydney Swifts: Commonwealth Bank Trophy - 1 athlete
- Hunter Jaegers: Commonwealth Bank Trophy - 5 athletes

ATHLETE HIGHLIGHTS

- Alex Harding was selected to the Australian 21 & Under team for series against Jamaica and England
- Maryanne Hamilton, Lauren Russell, Courtney Tairi, Kelly Pepper and Kimberley Borger were selected in the Australian 19 & Under Talent Squad
- April Letton and Alison Lovat, were selected in the Australian 17 & Under Talent Squad
- April Letton (captain), Alison Lovat and Nicole Thorogood were part of the NSW 17 & Under side that won gold at the 2007 National Championships
- Maryanne Hamilton was selected as captain for the NSW 19 & Under side at the 2007 National Championships
- Lauren Russell played for Tasmania in the 21 & Under National Championships

AWARDS

- Maryanne Hamilton was named NSWIS Netballer of the Year
- Courtney Tairi was named the NSWIS Netball Program's Player's Player of the Year
- Maryanne Hamilton was named the State League Division 1 Player of the Year.
- April Letton was named the State League Division 2 Player of the Year.
- Jaimie Patterson was named the NSWIS Netball Program's Most Improved Athlete.
- Maryanne Hamilton was a finalist for the Academic Excellence Award at the 2006 NSWIS Awards Dinner

VENUES

Anne Clark Centre | Sydney Olympic Park venues | Regional netball venues

PROGRAM PARTNERS

Netball NSW | Netball Australia

LIZ ELLIS
PHOTO BY GETTY IMAGES ↓

2006-07 SQUAD

Full: Kimberly Borger, Ashleigh Brazill, Natalie Carthew, Kristy Durheim, Clara Gordon, Nicole Hahn, Maryanne Hamilton, Alex Harding, Jessica Hills, Jessica Holz, Kasey Ledbrook, April Letton, Alison Lovat, Ashlee Mann, Angela McIlwain, Vanessa Mullampy, Jaimie-Lee Patterson, Kelly Pepper, Breeana Powell, Nikki Robson, Lauren Russell, Heather Smith, Madeleine Smith, Nicole Styles, Courtney Tairi and Nicole Thorogood.

EAP: Kate Bell, Madeleine Bird, Briony Bobeth, Talisha Brown, Sarah Dobson, Ellie Free, Tamara Hamshaw, Kate Imrie, Chloe Madden, Natarlia Manning, Jamie McLean, Blaire McQueen, Jess Mitchell, Emily Murray, Kate Rutherford and Megan Wetherall.

COACHES

Head Coach: Lisa Beehag **Assistant Coaches:** Joanne Morgan, Nardia Macdonald



JESSE PINTO
PHOTO BY SUDESH ARUDPRAGASAM →

JAMES RAITI
PHOTO BY SUDESH ARUDPRAGASAM ↓

men's soccer



INTRODUCTION

The NSWIS Men's Soccer Program caters for talented junior athletes aged 15-17 years. The program aims to prepare athletes for selection to the under-17 Australian team and for Australian Institute of Sport scholarships.

During the reporting period eight NSWIS athletes were invited to trial for the Australian under-17 team which will compete in the 2009 World Cup Trials later in 2007.

As it has done in the past, the squad undertook an international tour with the aim of exposing more players to the demands of touring and playing and to the different styles of soccer played overseas. Following on from a tour to Argentina, the 2007 squad traveled to Malaysia, playing eight matches against club and national level teams.

NSWIS was pleased to welcome accomplished coach Jean Paul de Marigny to the Head Coach position of the Men's Soccer program. De Marigny has been integral in ensuring the NSWIS squad accesses regular high quality competition and develops strong links with A-League clubs. The NSWIS team gained entry into the NSW under-20 Youth Premier League for the first time in 2007. The competition has provided excellent player

development and the opportunity for detailed sports science GPS studies on players.

The NSWIS Soccer program underwent a restructure in June to more closely reflect the philosophies of the FFA and better support elite and developing athletes throughout NSW. The new structure includes a Central Men's, Central Women's and Northern program. Garry Phillips joined the NSWIS Soccer program as Acting Head Coach of the Northern program.

EVENT HIGHLIGHTS

International

→ **Australian team:** Team for 2009 under-17 World Cup qualifiers, 8 athletes.

→ **Australian team:** Qantas Young Socceroos South American Tour, 1 athlete

→ **Australian Team:** 10th International Football tournament, Japan - 4 athletes

→ **NSWIS team:** 2006 Malaysian Tour – 30 athletes (6 wins, 1 draw, 1 loss).

National

→ 2006 NSW under-14 State team: 11 athletes - bronze

→ 2006 NSW under-15 State team: 8 athletes - gold

ATHLETE HIGHLIGHTS

→ 8 NSWIS athletes graduated to the AIS program: Sebastian Ryall, Peter Cvetanovski, Matther Harper, James Holland, Marko Jesic, Matt Jurman and Jason Naidovski, Andrew Redmayne

→ Dean Bouzanis graduated from the NSWIS program and signed for Liverpool FC, UK.

→ Jared Lum was invited to attend a two week training camp with Liverpool FC, UK.

VENUES

Hunter Sports Centre
Valentine Sports Park
Sydney Olympic Park Athletic Centre

PROGRAM PARTNERS

Soccer NSW
Northern NSW Soccer Federation
Football Federation of Australia



2006-07 SQUAD

Thomas Andrew, Kearyn Baccus, Mark Bishop, Joshua Birch, Samuel DiRienzo, Nicholas Fitzgerald, James Fogarty, Sam Gallagher, Sam Gallaway, Rhyann Grant, Brendan Griffin, Jon Griffiths, Jordan Griffiths, Brendan Hall, Brendan Hamill, Stefan Heleta, Rob Henretty, Zac Handley, Adam Jenner, Benjamin Kantarovski, George Khoury, George Klappas, Robert Kolak, Jared Lum, Alex Mansueto, Anthony Musumeci, Anthony Perri, Dimitrios Petratos, Chanthakhron Sayabath, Mitchel Speer, Nikola Stanojevic, Thomas Taylor, NikolasTsattalios, James Virgili, Marc Warren, Adam Jenner

Graduating Squad (Oct 06)

Dean Bouzanis, Ben Bronneberg, Peter Cvetanovski,

Dane Fearnely, Matthew Harper, Jason Hoffman, James Holland, Daniel Ireland, Marko Jesic, Adrian Kakolevski, Jordan Marsh, Brett McGrath, Aaron Mooy, Nathan Ralph, Brendan Randall, Andrew Redmayne, James Raiti, Haydn Rogan, Jarred Ross, Sebastian Ryall, Nathan Sherlock, George Strogilos, Josh Swinton, Daniel Taylor, Nemanja Tomic, Christopher Weeler, NikolasTsattalios, Matt Jurman, Jason Naidovski.

COACHES

Central Men Head Coach: Jean Paul De Marigny
Northern Head Coach, Acting: Garry Phillips

Assistant Head Coach: Mark Jones

Network Coaches: Brian Dene, Kean Marshall, Clint Gosling, Brad Maloney, Jim Fraser.



women's soccer

INTRODUCTION

The NSWIS Women's Soccer Program provides an individual skills-based program for nationally identified under-20 and senior athletes with the aim of improving NSW representation in national teams. The program services athletes based in both the Sydney metropolitan area and regional areas of the state. Regional athletes are serviced in their home areas through a network of NSWIS Regional coaches.

During the reporting period a primary focus of the program was Olympic qualification. 11 NSWIS athletes were selected on the National team which qualified for the 2007 Women's World Cup. These players also made up the bulk of the Matildas team that contested Olympic qualification matches in China, North Korea and Australia. The women's team was not successful in gaining a berth in the 2008 Olympic Games.

NSWIS athletes continued to have a strong presence in all National Women's teams, the highlight being 11 NSWIS athletes contributing to a silver medal in the Asian Cup tournaments. NSWIS Junior athletes played major roles in the 2007 under-17 Women's World Cup qualifiers, 2006 under-20 World Cup, Peace Cup and Australian Youth Olympic Festival.

The program continued its commitment to the development of young talent with a squad of 20 Emerging Athletes invited to train with the program. A highlight of the EAP was the selection of 11 athletes in the 2007 under-17 World Cup qualifying team.

The NSWIS Soccer program underwent a restructure in June to more closely reflect the philosophies of the FFA and better support elite and developing athletes throughout NSW. The new structure includes a Central Men's, Central Women's and Northern program. Garry Phillips joined the NSWIS Soccer program as Acting Head Coach of the Northern program.

EVENT HIGHLIGHTS

International

- Australian team: Olympic Qualification matches – 11 athletes
- Australian team: 2007 World Cup – 11 athletes in Australian squad
- Australian U20 team: FIFA U20 World Cup – 12 athletes
- Australian team: Peace Queen Cup, South Korea – 10 athletes
- Australian team: 2006 Women's Asian Cup – 12 athletes, silver
- Australian Youth Olympic Festival: 2007 – 8 athletes

ATHLETE HIGHLIGHTS

- Cheryl Salisbury captained Australian women's soccer team.
- Cheryl Salisbury selected in FIFA World All-stars team

AWARDS

- Sarah Walsh and Kate Gill nominated for Asian Football Federation Women's Player of the Year
- Kathryn Gill was a finalist for the Powerade Academic Excellence award at the 2006 NSWIS Awards Dinner.

VENUES

Hunter Sports Centre
Valentine Sports Park

PROGRAM PARTNERS

Soccer NSW
Northern NSW Soccer Federation
Football Federation of Australia

2006-07 SQUAD

Gold: Di Alagich, Leah Blayney, Jo Burgess, Lauren Colthorpe, Rhiann Davies, Heather Garriock, Katie Gill, Kylie Ledbrook, Jo Peters, Karla Reuter, Cheryl Salisbury, Sally Shipard, Thea Slatyer, Jenna Tristram, Sarah Walsh
Silver: Michelle Carney, Lisa Gilbert, Kele Golebiowski, Danielle Small, Bridgette Starr

Bronze: Danielle Brogan, Renee Cartwright, Caitlin Cooper, Lyndsay Glohe, Briony Holcombe, Olivia Kennedy, Elizabeth Kermode, Leena Khamis, Alison Logue, Gemma O'Toole, Teresa Polias, Renee Rollason, Gemma Simon, Emma Stevenson, Servet Uzunlar

Emerging Athletes: Hayley Abbot, Teigen Allen, Trudy Camilleri, Adriana Cirjak, Kristy Collingridge, Rachael Cooper, Niki Deiter, Taleah Doyle, Stephanie Hunt, Loren Mahoney, Karrinda Moodley, Louise Neville, Linda O'Neill, Elizabeth O'Reilly, Kirstyn Pearce, Melissa Redmond, Amber-Lea Ryan, Libby Sharpe, Leia Smith, Ellie Stott, Karina Roweth, Rachel Wynne

COACHES

Head Coach: Alen Stajcic

Network Coaches: Kean Marshall, Robert Bird

softball

INTRODUCTION

The NSWIS Softball Program provides a daily training environment for nationally identified athletes in NSW. The program focuses on increasing NSW representation on both senior and junior national teams.

During the reporting period seven NSWIS athletes represented Australia at the World Championships, assisting Australia to qualifying for the 2008 Beijing Olympic Games. The program continued to boast large numbers on the National team with five NSWIS athletes selected to represent Australia on the European Tour and at the Canada Cup.

The Emerging Athlete Program (EAP) that was established in 2006 achieved its aim of increasing NSW athlete representation on National teams. Six athletes were selected for the under-19 National team that won a bronze medal at the 2007 under-19 World Championships.

The EAP changed focus during 2006/07 to support athletes in the under-19 and under-23 age groups and to prepare them for selection to the National Youth Friendship Series and National under-23 Program. To cater for this change, the coach network was expanded. The coach network now includes three regionally-based coaches who provide training programs and one-on-one coaching to identify athletes.

EVENT HIGHLIGHTS

International

- **Australian team:** 2006 World Championships, Beijing, China – 7 athletes (bronze) qualifying for the 2008 Olympic Games
- **Australian team:** 2006 Canada Cup, Vancouver, Canada – 5 athletes (gold)
- **Junior (U19) Australian team:** 2007 World Championships, Enschede, Netherlands – 6 athletes (bronze)

National

- **NSWIS team:** 2006/07 Softball Australia National League Series (silver)
- **NSW team:** 2007 Australian Championships, Sydney – 12 athletes (silver)
- **NSW under-19 team:** 2007 Australian Championships, Mirrabooka, WA – 4 athletes (gold)

ATHLETE HIGHLIGHTS

- Kelly Gentle, Danica Howlett, Simone Morrow, Stacey Porter, Mel Roche, Natalie Ward and Belinda Wright were part of the Australian team which won bronze at the 2006 World Championships and qualified Australia for the 2008 Beijing Olympics.
- Natalie Ward was named as co-captain of the Australian team for the 2006 World Championships.

- Alison Bourne, Sarah Bradley, Nicole Deegenars, Ashleigh Deen, Renee Gloss and Kaia Parnaby were part of the under-19 Australian team which won bronze at the 2007 under-19 World Championships.

VENUES

Blacktown Olympic Park

PROGRAM PARTNERS

Softball NSW
Softball Australia

PHOTO BY SUZANNE RAMKE ↓



2006-07 SQUAD

Gold: Kelly Gentle, Danica Howlett, Zara Mee, Simone Morrow, Stacey Porter, Natalie Ward, Felicity Witt, Belinda Wright and Kerry Wyborn

Silver: Kym Turnell

Bronze: Nicole Bacon, Alison Bourne, Sarah Bradley, Kyira Cox, Nicole Deegenars, Ashleigh Deen, Renee

Gloss, Ashleigh Hansen, Tatiana Holodnow, Kaia Parnaby, Belinda Summerville and Rachael Zucchetti.

Associate: Melanie Roche, Kristen Wadwell

Invitational: Fiona Crawford

Emerging Athletes: Poihaera Clarke, Annabel Davies, Melissa Dwight, Monique Faul, Kirsty McKirdy, Stacey McManus, Katherine McVeity, Monique Miller, Kara

Murphy, Sophie Pickering, Ashlee Pobjie, Laura Southwood, Mika Van Gogh and Lauren Williams

COACHES

Head Coach: Troy Baverstock

Network Coaches: Darrin Crisp, Kathy Horton, Lloyd Howlett, Sharon O'Mara, Grant Pickering, Kerry Porter and Linda Ward.

tennis

INTRODUCTION

The NSWIS Tennis Program operates in conjunction with Tennis NSW to help accelerate the development of this state's top-tier junior players. The program is part of the Sydney branch of the National High Performance Academy Program.

The NSWIS Tennis Program is managed by Tennis NSW through Head Coach and former Australian Davis Cup player, Wally Masur. Masur oversees the daily training schedule of 16 full-time athletes while the NSWIS provides support in the areas of sport science, sport psychology and career and education services.

Highlights during the reporting period included the breakthrough in performance of athletes on the international junior tour. Greg Jones was runner up in the 2007 French Junior Open making him the first Australian in 20 years to reach the final at Roland Garros. As of June 2007, Greg was ranked number 5 in the world ITF junior rankings.

JOEL LINDNER
PHOTO BY TENNISNSW →

EVENT HIGHLIGHTS

International

- 2007 Australian Open Junior Singles, Melbourne, Australia - 7 athletes. Greg Jones reaching the quarter finals
- 2007 French Open, Roland Garros, France - 3 athletes.
- 2007 Wimbledon Junior Championships, Wimbledon, United Kingdom - 3 athletes
- 2006 Junior Federation Cup - 1 athlete
- 2006 Junior Davis Cup - 1 athlete

ATHLETE HIGHLIGHTS

- Greg Jones was runner-up in the boys' singles final at the 2007 Junior French Open.
- Greg Jones reached the round of 16 in the boys' singles at the 2006 US Junior Open.
- Tyra Calderwood reached the quarter finals of the girls' doubles at the 2007 French Junior Open
- Ben Wagland, Joey Swaysland and Jenny Nguyen were selected in the Australian team for the World Junior Teams qualifying in India
- Brendan McKenzie won the 2007 under-16 National Hardcourt Championships
- Greg Jones reached a career high ranking of number 5 in the world's ITF Junior Boys Rankings.

AWARDS

- Greg Jones, Tyra Calderwood, and Ryan Bellamy were finalists for the Junior Athlete of the Year Award at the 2006 NSWIS Annual Awards Dinner.

VENUES

Sydney International Tennis Centre

PROGRAM PARTNERS

Tennis NSW
Tennis Australia



2006-07 SQUAD

NSWIS: Ryan Bellamy, Brendan McKenzie, Jarryd Chaplin, James Duckworth, Kris Balakrishnan, Jonathon Dixon, Nat Maraga, Jake Eames, Joey Swaysland, Ben Wagland, Megan Price, Monique Lynch, Stephanie Jeanes, Kelly Blake, Mia Vriens, Michelle Brycki, Emelyn Starr, Brittany Thomas, Katherine Westbury, Jenny Nguyen

Associate: Tyra Calderwood, Joel Lindner, Greg Jones

EAP: Alex Silcock, Josh Bray, Elizabeth Searl, Rachel Assef

COACHES

Athlete Development Manager: Anthony Richardson

National Coach/NSWIS Head Coach: Wally Masur

NSWIS Regional Coach: Ben Pyne

NSWIS Network Coaches: Ryan Henry, Ivana Jovanovic, Nicole Arendt, Jared Bunt, Bree Calderwood

triathlon

INTRODUCTION

During the reporting period the NSWIS Triathlon Program focused on the development of under-23 and senior athletes. These athletes trained with their home coaches for most of the year and came together on a regular basis for a number of intensive training camps.

A highlight of the program continues to be the outstanding performances of NSWIS athletes in international events. Under-23 athlete Erin Densham secured World, Oceania and Australian Championships. Brad Kahlefeldt followed on from his Commonwealth Games success with medals at ITU World Cup events and by defending his National Championship. Craig Alexander added to the success of the program with a gold medal at the Half Ironman World Championships and a silver medal at the World Long Course Championships.

In preparation for the 2008 Beijing Olympics, NSWIS provided additional support for Brad Kahlefeldt and training partners Brendan Sexton and Clayton Fettell to attend high altitude camps in France. Head Coach Justin Drew was also supported, through the NSWIS Coach Excellence program, to complete a coaching development tour in the United States.

A major highlight of the Triathlon program has been the establishment of an Emerging Athlete Program and National Talent Identification program (EAP/NTID). This exciting project will focus on the development of targeted junior athletes as well as transferring athletes with a strong performances history from complimentary sports. The NSWIS Triathlon EAP/NTID program has appointed high caliber coaches Jamie Turner and Aaron Lean to assist Head Coach Justin Drew deliver the program in regional hot spots.

The NSWIS Triathlon Program continues to have a strong regional base with High Performance Centres located at Lennox Head, Newcastle and Wollongong. These Centres work closely with the Triathlon NSW Underpinning Programs and the Regional Academies of Sport programs. The NSWIS Triathlon program has continued its commitment to developing regional coaches and establishing a coaching network within the state.

EVENT HIGHLIGHTS

International

- 2006 Luasanne ITU Triathlon World Championships, U23 - 3 athletes (1 gold)
- 2006 Salford BG World Cup - 5 athletes (1 gold)
- 2006 70.3 (Half Ironman) World Championships - 1 athlete (gold)
- 2006 ITU World Long Course Championships, Canberra - 1 athlete (silver)
- 2006 ITU Continental Cup, Italy - 3 athletes (1 silver)
- 2006 Canada Ironman - 1 athlete (gold)
- 2006 French GP - 2 athletes (1 gold)
- 2006 Echternach ITU Continental Cup - 4 athletes (1 gold)
- 2006 ITU Jinzhou Asian Cup - 2 athletes (1 bronze)
- 2006 Hamburg BG World Cup - 1 athlete (bronze)
- 2007 World Cup, Mooloolaba - 3 athletes (2 gold)
- 2007 World Cup, Lisbon - 1 athlete (bronze)
- 2007 ITU Oceania Championships, Geelong - 4 athletes (2 gold)

National

- 2007 Australian Olympic Distance Championships - 4 athletes (2 gold, 1 bronze)
- 2007 Australian Sprint Distance Championships Series - 1 gold (senior), 2 gold (under 23), 1 bronze (senior), 1 bronze (under 23)
- 2007 Australian Long Course Championships - 2 athletes (1 gold, 1 silver)
- 2007 Panthers Ironman Australia Triathlon - 4 athletes (2 silver, 2 bronze)

ATHLETE HIGHLIGHTS

- Brad Kahlefeldt won gold medals at the 2007 Mooloolaba World Cup, 2007 Oceania Championships, 2007 Australian Olympic Distance Championship, and 2006 Salford World Cup. Brad won bronze medals at the 2006 Hamburg BG World Cup, 2007 Lisbon BG World Cup and the 2007 Australian sprint distance Championships.
- Erin Densham won a gold medal at the 2006 ITU Triathlon World Championships in the U23 Olympic Distance, gold in the 2007 Australian Olympic Distance Championship and a silver medal at the 2007 Mooloolaba World Cup. Erin was also the 2007 Australian Champion over Sprint distance.
- Craig Alexander won gold medals at the Half Ironman World Championships, 2007 Australian Long Course Championships and the Accenture Chicago Triathlon and a silver at the ITU World Long Course Championships

AWARDS

- Brad Kahlefeldt was awarded the title of ClubsNSW Male Athlete of the Year at the 2006 NSWIS Awards Dinner.
- The Triathlon program was a finalist in the Prime Television Regional Excellence category at the 2006 NSWIS Awards Dinner.
- Erin Densham was a finalist in the NSW Arts, Sport and Recreation Female Athlete of the Year, the Webster Signage Junior Athlete of the Year and the Ian Thorpe/Grand Slam International Outstanding Achievement (female) categories at the 2006 NSWIS Awards Dinner.

VENUES

Lake Ainsworth Sport and Recreation Centre
University of Wollongong
Alstonville Pool
The Forum - University of Newcastle

PROGRAM PARTNERS

Triathlon Australia
Triathlon NSW

ERIN DENSHAM
PHOTO BY JAMES RANKIN →

2006/7 SQUAD

Full Scholarship under-23:

Adrian Cominotto, Matthew Murphy, Brendan Sexton, Ben Yates, Clayton Fettell, Brett Lee, David Matthews, Melanie Sexton, Erin Densham

Full Scholarship Senior Elite:

Craig Alexander, Melissa Ashton, Pip Taylor
Associate Scholarship -Long Course
Jason Shortis, Belinda Granger

Associate Scholarship - AIS

Brad Kahlefeldt, Nick Hornman, Alee Shar

COACHES

Head Coach: Justin Drew

Regional Coaching Coordinator/Regional Coach:
Jamie Turner

Network Coaches: Bill Davoren, Aaron Lean, Grant Giles, Chris Hanrahan



men's waterpolo

INTRODUCTION

The NSWIS Men's Water Polo program provides a daily training environment for NSW athletes who are either part of a National squad or show the potential to gain future selection in a national squad.

The NSWIS program was well represented at the National level with seven athletes selected in the 2007 National senior squad and nine players named in the 2007 National junior squad.

Five NSWIS athletes were part of the Australian senior team that placed tenth at the FINA World Championships in Melbourne, March 2007.

NSWIS Water Polo, NSWWPPI and AWPI continued to work together to provide support to talented emerging athletes to assist them to achieve NSWIS selection standards in the future. The program provides a link between the NSWWPPI ITC and NSWIS Programs with a two tiered approach supporting up to five emerging athletes who access quality training at sessions with the NSWIS squad and 10 targeted 14 - 16 year old junior athletes who train in a mixed squad (10 girls and 10 boys) under the guidance of NSWIS Training Coach Les Kay.

The Youth Development Group, conducted in collaboration with the NSWWPPI and AWPI continued to provide skill development opportunities for

targeted 16 - 18 year old athletes. This program was established in 2006 as a result of the cessation of the Australian Institute of Sport's Men's Water Polo program and continues to provide athletes with excellent development opportunities.

EVENT HIGHLIGHTS

International

- Australian team: 2007 World Championships. Melbourne - 5 athletes, 10th place
- Australian team: 2006 World League Tournament - 4 athletes (4th Place)

National

- NSW team: 2007 Australian under-20 Championships. Perth - 10 athletes (gold)

ATHLETE HIGHLIGHTS

- Johnno Cotterill, Trent Franklin, Sam McGregor, Thomas Whalan and Gavin Woods were part of the Australian team which placed 10th at FINA 2007 World Championships
- Trent Franklin, Sam McGregor, Thomas Whalan and Gavin Woods were part of the Australian team that placed fourth at the 2006 World League.
- Richie Campbell, Nathan Cargill, Johnno Cotterill, Joel Dennerley, Chris Dyson, John Hahn, Lachlan

Hollis, Scott Mackenzie, James Young were all selected in the 2007 Australian under-20 squad.

- Chris Dyson, Lachlan Hollis and Peter Janzen competed in international competitions with the Australian Youth Team on their 2006 European Tour.

AWARDS

Johnno Cotterill was a finalist at the NSWIS 2006 Annual Awards Dinner in the Junior Athlete of the Year category

VENUES

Sydney Olympic Park Aquatic Centre
Ashfield Aquatic Centre
Ryde Aquatic Centre
Sutherland Leisure Centre
Sydney University

PROGRAM PARTNERS

NSW Water Polo Inc.
Australian Water Polo Inc.

TRENT FRANKLIN
PHOTO BY GETTY IMAGES ↓



2006-07 SQUAD

Richie Campbell	2006-07	Gold
Trent Franklin	2006-07	Gold
Daniel Lees	2006-07	Silver
Sam McGregor	2006-07	Gold
Grant Richardson	2006-07	Gold
Alastair Visch	2006	Gold
Thomas Whalan	2006-07	Gold
Gavin Woods	2006-07	Gold
John Hahn	2006-07	Silver
Nathan Cargill	2006-07	Silver
Steve Cody	2006-07	Silver
Johnno Cotterill	2006-07	Gold
Joel Dennerley	2006-07	Silver
Scott Mackenzie	2006-07	Bronze
James Young	2006-07	Silver
Adam Laws	2006-07	Bronze
Scott Hedlund	2006-07	Bronze
Lachlan Hollis	2006-07	Bronze
Ben Turner	2006-07	Bronze
Chris Dyson	2006-07	Bronze
Peter Janzen	2006-07	Bronze
Ben Zonaras	2006	Bronze
Chris Batty	2007	Bronze
Corrie Eames	2007	Bronze
Aiden Roach	2007	Bronze
Tyler Martin	2007	Bronze
Mace Rapsey	2007	Bronze

EAP

James Clark	2007	EAP
Joel Davis	2007	EAP
Scott Nicholson	2007	EAP
Ross O'Brien	2007	EAP

COACHES

Head Coach: Mark Hubbard
Trainer: Les Kay

women's waterpolo

The NSWIS Women's Water Polo program provides a daily training environment for nationally identified senior and junior athletes.

The program had strong results at the senior international level including medals at two major tournaments in 2006/07.

The Women's National Team won the gold medal at the 14th Women's Water Polo World Cup (August 2006) with seven NSWIS scholarship holders contributing. Five athletes were members of the team which finished with a silver medal at the FINA World Swimming Championships in Melbourne in March 2007.

A number of the squad members toured Europe with the National Junior Team which won the Pythia Cup in Athens, Greece and finished fourth in an international tournament in Rapallo, Italy.

NSWIS Water Polo, NSWWPI and AWPI continued to work together to provide support to talented emerging athletes to assist them to achieve NSWIS selection standards in the future. The program provides the a link between the NSWWPI ITC and NSWIS Programs with a two tiered approach supporting up to 5 emerging athletes who access quality training at sessions with the NSWIS squad and 10 targeted 16 - 18 year old junior athletes who train in a mixed squad (10 girls and 10 boys) under the guidance of NSWIS Training Coach Les Kay.

EVENT HIGHLIGHTS

International

Australian team:

- 2006 World League Finals Italy – 7 athletes (fourth)
- 2006 World Cup, Tianjing, China – 7 athletes (gold)
- 2007 World Championships, Melbourne – 5 athletes, 1 reserve (silver)
- 2007 World League, China- qualified for World League Super Finals – 5 athletes

National

- NSW team: 2007 Australian under-20 Championships, Perth – 13 athletes (gold)

ATHLETE HIGHLIGHTS

- Rebecca Rippon, Fiona Hammond, Nicole Dyson, Patrice O'Neill, Mia Santoromito, Alicia McCormack, Taniele Gofers were all part of the Australian team which won the Women's World Cup, August 2006
- Rebecca Rippon, Mia Santoromito, Alicia McCormack Taniele Gofers, Nikita Cuffe were part of the Australian team which won a silver medal in the 2007 FINA World Championships in Melbourne.

AWARDS

- Rebecca Rippon won the Team Athlete of the Year - Large Team at the 2006 NSWIS Awards
- Taniele Gofers was a finalist in the Academic Excellence category at the 2006 NSWIS Awards
- Patrice O'Neil was a finalist in the Junior Athlete of the Year category at the 2006 NSWIS Awards
- The NSWIS water polo program was a finalist in the Program of the Year category at the 2006 NSWIS Awards
- Fiona Hammond, Erin Douglass, Rebecca Rippon, Taniele Gofers, Patrice O'Neill, Mia and Jenna Santoromito, Alicia McCormack, Nikita Cuffe were all part of the AIS Squad which won the AIS Program of the Year award.
- Achievement Award (Nicole Dyson Taniele Gofers Fiona Hammond Alicia McCormack Patrice O'Neill Rebecca Rippon, Mia Santoromito) at the AIS Awards

VENUES

Sydney Olympic Park Aquatic Centre
Ashfield Aquatic Centre
MLC Burwood
Sutherland Leisure Centre
Victoria Park Swimming Pool

PROGRAM PARTNERS

NSW Water Polo Inc.
Australian Water Polo Inc.

2006-07 SQUAD

Danielle Bower, Nikita Cuffe, Samara Davie, Erin Douglass, Keesja Gofers, Taniele Gofers, Fiona Hammond, Melissa Hammond, Hannah Ingle, Caitlin Kerr, Jana Liessmann, Holly Lincoln-Smith, Alicia McCormack, Elysha O'Neill, Patrice O'Neill, Rebecca Rippon, Jenna Santoromito, Mia Santoromito, Joanne Whitehorn, Jemma Brownlow, Kelly Douglass, Nicole Dyson

E.A.P Athletes: Amanda Cox, Samara Davie, Keesja Gofers, Caitlin Kerr, Melissa Hammond, Breanna Appel, Kaatya Armstrong, Lea Barta, Alicia Brightwell, Nicola Zagame

COACHES

Head Coach: Ryan Moar

Trainer: Les Kay

ERIN DOUGLASS
PHOTO BY GETTY IMAGES ←



weightlifting

INTRODUCTION

During the reporting period, the NSWIS Weightlifting program relocated to the State Sports Centre, as vacated with the move of the NSWIS Training Centre to the new building. The State Sports Centre is an ideal location for all weightlifting athletes with the layout and equipment specifications created by NSWIS Head Coach Luke Borreggine.

Malek Chamoun is achieving outstanding results and was named 'Overall Best Lifter' in Australia at the Commonwealth and Oceania Junior Championships. At the same event Juanita White won a silver and bronze medal in the Open and under-20 categories respectively.

In 2006 Nadene Latif represented Australia at the 2006 World Championships in Santo Domingo.

PROGRAM HIGHLIGHTS

International

Australian team: 2006 World Championships, Santo Domingo – 1 athlete

Australian team: 2007 Commonwealth and Oceania Junior Championships, Darwin – 2 athletes (2 silver, 1 bronze)

National

→ 2006 National Championships, Melbourne – 5 athletes (3 gold, 1 silver, 2 bronze)

→ 2006 under-18 National Championship, Adelaide – 1 athlete (1 gold)

ATHLETE HIGHLIGHTS

- Malek Chamoun was named 'Overall Best Lifter' in Australia at the Commonwealth and Oceania Junior Championships
- Malek Chamoun won gold at the 200 under-a8 National Championships
- Juanita White won silver and bronze at the Commonwealth and Oceania Junior Championships

AWARDS

- Malek Chamoun was a finalist at the NSWIS 2006 awards in the Ian Thorpe/Grand Slam International Outstanding Achievement - Male category

VENUES

State Sports Centre

PROGRAM PARTNERS

NSW Weightlifting Association

Australian Weightlifting Federation

2006-07 SQUAD

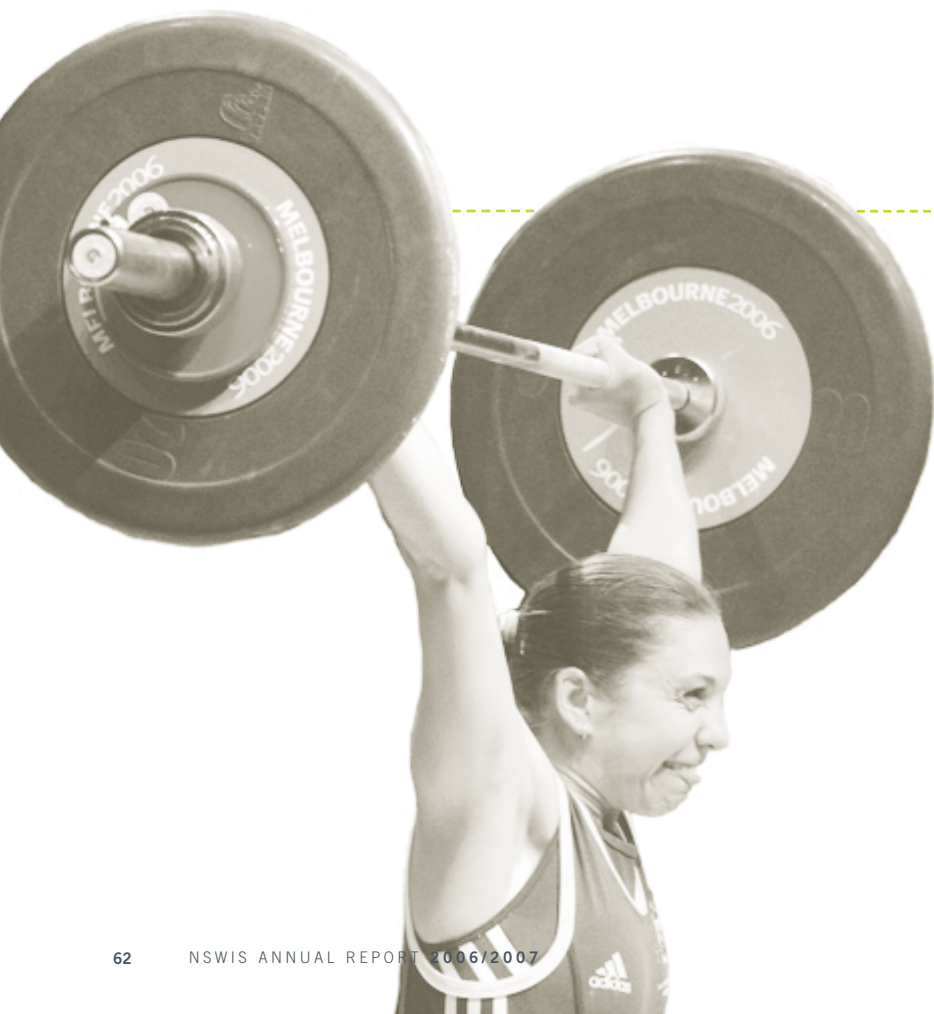
Full: Malek Chamoun, Emmanuel Citton, Deborah Groves, Nadeene Latif, Elena Palamara, Valerie Sarava and Juanita White.

EAP: John Ray Boukarim

COACHES

Head Coach: Luke Borreggine

Assistant Coach: Steve Tikkanen



NADEEN LATIF
PHOTO BY GETTY IMAGES ←

financials

NEW SOUTH WALES INSTITUTE OF SPORT

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INSTITUTE OF SPORT DIVISION

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**STATEMENT BY THE MEMBERS OF THE BOARD
FOR THE PERIOD 1 JULY 2006 TO 30 JUNE 2007**

Pursuant to Section 41C (1B) and (1C) of the Public Finance and Audit Act 1983 and in accordance with a resolution of the Directors of the NSW Institute of Sport, we declare on behalf of the Board that in our opinion:

1. The Financial Statements exhibit a true and fair view of the financial position at 30 June 2007 and transactions for the period 1 July 2006 to 30 June 2007 of the NSW Institute of Sport.
2. The Statements have been prepared in accordance with the provisions of the Public Finance and Audit Act 1983, the relevant provisions of the Public Finance and Audit Regulation 2005 and the Treasurer's Directions.

Further we are not aware of any circumstances which would render any particulars included in the Financial Statements to be misleading or inaccurate.

Signed in Sydney this 16th day of October 2007


Phil Coles
Chairman


Bill Gillooly
Member



SPO BOX 12
Sydney NSW 2001

**INDEPENDENT AUDITOR'S REPORT
NEW SOUTH WALES INSTITUTE OF SPORT**

To Members of the New South Wales Parliament

I have audited the accompanying financial report of the NSW Institute of Sport (the Institute) which comprises the balance sheet as at 30 June 2007, and the income statement, statement of changes in equity and cash flow statement for the year then ended, a summary of significant accounting policies and other explanatory notes.

Auditor's Opinion

In my opinion, the financial report:

- presents fairly, in all material respects, the financial position of the NSW Institute of Sport as at 30 June 2007, and of its financial performance and its cash flows for the year then ended (interpretations)
- is in accordance with section 41B of the Public Finance and Audit Act 1983 (the PFA Act) and the Public Finance and Audit Regulation 2005.

Board's Responsibility for the Financial Report

The members of the Board of the Institute are responsible for the preparation and fair presentation of the financial report in accordance with Australian Accounting Standards (including the Australian Accounting Interpretations) and the PFA Act. This responsibility includes establishing and maintaining internal control relevant to the preparation and fair presentation of the financial report that is free from material misstatement, whether due to fraud or error; selecting and applying appropriate accounting policies; and making accounting estimates that are reasonable in the circumstances.

Auditor's Responsibility

My responsibility is to express an opinion on the financial report based on my audit. I conducted my audit in accordance with Australian Auditing Standards. These Auditing Standards require that I comply with relevant ethical requirements relating to audit engagements and plan and perform the audit to obtain reasonable assurance whether the financial report is free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial report. The procedures selected depend on the auditor's judgement, including the assessment of the risks of material misstatement of the financial report, whether due to fraud or error. In making these risk assessments, the auditor considers internal control relevant to the entity's preparation and fair presentation of the financial report in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by the members of the Board of the Institute, as well as evaluating the overall presentation of the financial report.

I believe that the audit evidence I have obtained is sufficient and appropriate to provide a basis for my audit opinion.

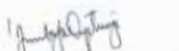
My opinion does not provide assurance:

- about the future viability of the Institute, or
- that they have carried out their activities effectively, efficiently and economically.

Independence

In conducting this audit, the Audit Office has complied with the independence requirements of the Australian Auditing Standards and other relevant ethical requirements. The PFA Act further promotes independence by:

- providing that only Parliament, and not the executive government, can remove an Auditor-General, and
- mandating the Auditor-General as auditor of public sector agencies but precluding the provision of non-audit services, thus ensuring the Auditor-General and the Audit Office are not compromised in their role by the possibility of losing clients or income.


A Dymally
Director, Financial Audit Services

SYDNEY
16 October 2007

income statement

For the Year Ended 30 June 2007

		Economic Entity		Parent Entity	
		2007	2006	2007	2006
	Note	\$'000	\$'000	\$'000	\$'000
Revenue from Continuing Operations					
Grants	2a	12,396	9,512	12,396	9,512
Sponsorships	2b	1,665	1,860	1,665	1,860
Other	2c	1,040	667	1,040	667
Total Revenue from Continuing Operations		15,101	12,039	15,101	12,039
Expenditure from Continuing Operations					
Employee Related Expenses	3a	6,043	5,275	6,043	5,275
Grants to Sporting Associations	3c	594	823	594	823
Depreciation and Amortisation	6	1,190	359	1,190	359
Fees for Services Rendered	3b	628	579	628	579
Travel Costs		1,014	1,075	1,014	1,075
Athlete Services		920	1,229	920	1,229
Occupancy		2,010	162	2,010	162
Other Expenses	3d	2,652	2,193	2,652	2,193
Total Expenditure from Continuing Operations		15,051	11,695	15,051	11,695
Surplus for the Year		50	344	50	344

The accompanying notes form part of these statements.

balance sheet

As at 30 June 2007

		Economic Entity		Parent Entity	
		2007	2006	2007	2006
	Note	\$'000	\$'000	\$'000	\$'000
Current Assets					
Cash and cash equivalents	16a	2,425	3,092	2,425	3,092
Trade and other receivables	4	369	1,232	367	1,232
Inventory	1j	232	156	232	156
Other	5	188	175	188	175
Total Current Assets		3,214	4,655	3,212	4,655
Non-Current Assets					
Plant and Equipment	6	6,612	5,606	6,612	5,606
Total Non-Current Assets		6,612	5,606	6,612	5,606
Total Assets		9,826	10,261	9,824	10,261
Current Liabilities					
Trade and other payables	7	614	1,080	1,407	1,760
Provisions	9	618	526	-	-
Other	8	120	460	120	460
Total Current Liabilities		1,352	2,066	1,527	2,220
Non-Current Liabilities					
Provisions	9	383	154	206	-
Total Non-Current Liabilities		383	154	206	-
Total Liabilities		1,735	2,220	1,733	2,220
Net Assets		8,091	8,041	8,091	8,041
Equity					
Retained Surplus		8,091	8,041	8,091	8,041
Total Equity		8,091	8,041	8,091	8,041

The accompanying notes form part of these statements.

cashflow statement

For the Period Ending 30 June 2007

		Economic Entity		Parent Entity		
		2007	2006	2007	2006	
		Inflows/ (Outflows)	Inflows/ (Outflows)	Inflows/ (Outflows)	Inflows/ (Outflows)	
Note		\$'000	\$'000	\$'000	\$'000	
Cash Flows from Operating Activities						
Payments						
		(13,400)	(8,768)	(13,402)	(8,768)	
		(592)	(823)	(592)	(823)	
Receipts						
		4,759	2,517	4,761	2,517	
		110	233	110	233	
		884	441	884	441	
Cashflow from Government						
		9,581	7,074	9,581	7,074	
		92	65	92	65	
		49	101	49	101	
Net Cash inflows/(outflows) from Operating Activities		16b	1,483	840	1,483	840
Cash Flows from Investing Activities						
		55	27	55	27	
	6	(2,205)	(5,140)	(2,205)	(5,140)	
Net Cash inflows/(outflows) from Investing Activities		(2,150)	(5,113)	(2,150)	(5,113)	
Net Increase/(Decrease) in Cash held		(667)	(4,273)	(667)	(4,273)	
		3,092	7,365	3,092	7,365	
Cash at the End of the Financial Year		16a	2,425	3,092	2,425	3,092

The accompanying notes form part of these statements

statement of changes in equity

For the Period Ending 30 June 2007

	Economic Entity		Parent Entity	
	2007	2006	2007	2006
	\$'000	\$'000	\$'000	\$'000
Retained Surplus				
Balance at Beginning of the Reporting Period	8,041	7,697	8,041	7,697
Operating Result for the Period	50	344	50	344
Balance at the End of the Reporting Period	8,091	8,041	8,091	8,041

The accompanying notes form part of these statements

notes to the financial statements

For the Year Ended 30 June 2007

1. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

The following summary explains the significant accounting policies that have been adopted in preparation of these financial statements.

(a) Basis of the Preparation of the Financial Statements

The Financial Report for the year ended 30 June 2007 has been authorised for issue by the Board on the 16 October 2007. The Financial Statements represent a general purpose financial report which has been prepared in accordance with the Public Finance and Audit Act 1983, its Regulation and the NSW Treasurer's Directions and applicable Australian Accounting Standards and other professional reporting requirements. The financial statements comply with Australian equivalents to International Financial Reporting Standards (AIFRS). The NSW Institute of Sport is a not-for-profit entity and AIFRS have been applied as applicable to not-for-profit entities.

The financial statements have been prepared on an historical cost basis using the accrual method of accounting method and do not reflect changing money values of assets.

The accounting policies adopted in preparing the financial statements have been consistently applied during the year unless otherwise stated.

All amounts are expressed in Australian dollars.

(b) Principles of Consolidation

The consolidated financial report incorporates the assets and liabilities of the NSW Institute of Sport (NSWIS) the "parent entity" and its controlled entity as at 30 June 2007 and the results of the controlled entity for the period then ended. NSWIS and its controlled entity is referred to in this financial report as the "economic entity". The effects of all the transactions within the economic entity are eliminated in full. There are no outside equity interests.

The controlled entity (Institute of Sport Division) results are included in the consolidated Income Statement, Balance Sheet, Cash Flow Statement and Statement of Changes in Equity for the reporting period.

The accounting policies adopted in preparing the financial reports are consistently applied by the parent entity, the economic entity and the controlled entity.

The controlled entity also prepares a separate financial report. The financial report is audited by the Auditor-General of NSW.

(c) Employee Entitlements

Annual Leave:

Employee leave entitlements are measured as the amount unpaid at the reporting date at pay rates expected to be paid in respect of employees' service up to that date.

Sick leave:

Employee entitlements are determined having regard to historical patterns of similar entities. As leave taken is expected to be less than sick leave entitlements in each financial year, no provision is made.

Long Service Leave:

Long Service leave entitlements are measured as the amount unpaid at the reporting date at pay rates expected to be paid in respect of employees' service up to that date.

On costs:

The outstanding amounts of payroll tax, workers' compensation insurance premiums, superannuation and fringe benefits tax, which are consequential to employment, are recognised as liabilities and expenses where the employee entitlements to which they relate have been recognised.

Superannuation:

The employer's obligation for employee entitlements is recognised as an expense in the period it relates to.

(d) Plant and Equipment

Acquisitions:

All physical assets costing over \$1,000 with an expected useful life of more than one year have been capitalised and recorded in the assets register.

The initial cost of an asset includes an estimate of the cost of dismantling and removing the item. This is particularly relevant to the "make good" provisions in NSWIS property lease where there is an obligation to restore the property to its original condition. These costs are included in capital cost of NSWIS Leasehold Improvements with a corresponding provision for "Make Good" taken up.

Depreciation:

Depreciation is provided on a straight line basis for all depreciable assets so as to write off the depreciable amount of each asset as they are consumed over their useful lives to the entity. The following depreciation rates were used based on the assessment of the useful life of that equipment

- Computer Equipment range from 25% through 33.3% p.a.
- General Plant and Equipment range from 14.3% through 33.3% p.a.
- Electronic and Scientific Equipment range from 14.3% p.a through 33.3%
- Sporting Equipment was 50% p.a.
- An amortization rate of 10% was used for Leasehold Improvements based on the term of NSWIS property lease (ten years).

Due to the nature of the NSWIS's plant and equipment the Institute does not revalue its plant and equipment.

notes to the financial statements

(e) Receivables:

All debtors are recognised as amounts receivable at balance date. Collectability of debtors is reviewed on an ongoing basis. Debts which are known to be uncollectible are written off. A provision for impairment is raised when some doubt as to collection exists. The credit risk is the carrying amount (net of any provision for impairment). No interest is earned on debtors. The carrying amount approximates net fair value.

(f) Payables and Accruals:

Liabilities are recognised for amounts due to be paid in the future for goods and services received. Amounts owing to suppliers are settled in accordance with the policy set out in the Treasurer's Direction 219.01. Where trade terms are not specified, payment is made no later than the end of the month following the month in which the invoice is received. No interest penalty was incurred on creditors during the year.

(g) In-Kind contribution of services:

The Institute receives 'in-kind contributions' of goods and services from sponsors. Where this value can be reliably measured it has been included in the Income Statement for the current period.

(h) Revenue Recognition

Revenue is recognised when the Institute has control of the good or right to receive, it is probable that the economic benefits will flow to the Institute and the amount of revenue can be measured reliably.

State Government funding, along with grants and sponsorships from other bodies (including Commonwealth agencies, national and state sporting associations and private sector organisations) are recognised as revenues when the Institute obtains control over those assets. Such control is normally obtained on a cash receipts basis.

Rendering of Services- control of the right to receive income from the provision of goods and services to external entities and individual athletes, such income is recognised when the fee in respect of those services provided is receivable.

Revenue is classified as income received in advance when the revenue is received in the current year but relates to activities in future years.

Interest income is recognised as it accrues.

(i) Goods and Services Tax

Revenue, expenses and assets are recognised net of the amount of GST except where

- the amount of GST incurred that is not recoverable from the Australian Taxation Office is recognised as part of the cost of acquisition of an asset or as part of an expense
- receivables and payables are stated with the amount of the GST included.

(j) Inventory

Inventory consists of clothing for Institute staff and athletes and is not for resale. Inventory is valued at cost.

(k) Segment Reporting

The Institute operates in one industry, being the training and development of athletes. It predominantly operates in one geographical segment, being the state of New South Wales.

(l) Comparative Figures

Comparative Figures have been adjusted to conform to changes in presentation in these financial statements where required.

(m) Rounding

All values in the statements have been rounded to the nearest thousand dollars.

(n) Tax Status

The activities of the Institute are exempt from the provisions of the Income Tax Assessment Act and other Federal Government taxation legislation, with the exception of the requirement to pay fringe benefit tax and goods and services tax.

(o) New Australian Accounting Standards Issued but not effective.

At reporting date a number of Australian Accounting Standards have been issued by the Australian Accounting Standards Board but are not yet operative. These have not been early adopted by the Authority. The following is a list of those standards that will have an impact on the financial reports:

- AASB 7 Financial Instruments: Disclosures – potentially more substantial risk related disclosures relating to credit, liquidity and market risk.
- AASB 101 Presentation of Financial Statements –prescribes the basis for presentation of financial statements.
- AASB 2007-4 Amendments to Australian Accounting Standards arising from ED 151 and Other Amendments – fully comply with International Financial Reporting Standards.

These standards will be implemented for 2007/08 financial year.

notes to the financial statements

2. INCOME

		Economic Entity		Parent Entity	
		2007	2006	2007	2006
	Note	\$'000	\$'000	\$'000	\$'000
(a) Grants					
State Government:					
Operating:					
NSW Department of Tourism, Sport and Recreation		-	4,527	-	4,527
NSW Department of the Arts, Sport and Recreation		9,181	2,461	9,181	2,461
Sydney University		-	86	-	86
Capital:					
NSW Department of the Arts, Sport and Recreation		400	-	400	-
Commonwealth Government:					
Operating:					
Australian Sports Commission		92	65	92	65
Australian Sports Foundation		49	101	49	101
Operating:					
National and State Sporting Organisations		2,674	2,272	2,674	2,272
		12,396	9,512	12,396	9,512
During the financial year the NSWIS received grants from the Australian Sport Foundations for the "Friends of NSWIS" project. These grants are to support the athletes training and competition programs.					
(b) Sponsorship					
ClubsNSW		1,000	1,000	1,000	1,000
Other		222	194	222	194
In-kind contributions	1g	443	666	443	666
		1,665	1,860	1,665	1,860
In addition to the figure for 'in kind contributions' mentioned above the NSWIS received other goods and services which is not able to be reliably measured and has therefore not been included in these financial statements.					
(c) Other					
Interest		110	233	110	233
Profit/(Loss) on Sale of Equipment		46	(7)	46	(7)
Sundry		884	441	884	441
		1,040	667	1,040	667

notes to the financial statements

3. EXPENDITURE

	Economic Entity		Parent Entity	
	2007	2006	2007	2006
	\$'000	\$'000	\$'000	\$'000
(a) Employee Related Expenses				
Board Members Fees	95	96	95	96
Salaries and Wages	4,858	4,254	-	2,999
Payroll Tax and Fringe Benefit Tax	377	316	7	218
Employee Entitlements	208	164	-	117
Superannuation	441	385	7	279
Other	64	60	-	43
Personnel Services -Institute of Sport Division	-	-	5,934	1,523
	6,043	5,275	6,043	5,275
(b) Fees For Services Rendered				
Consultants	66	32	66	32
Contract Services	150	180	150	180
Fees for Service- Non Consultants	412	367	412	367
	628	579	628	579
(c) Grants				
State Sporting Associations	498	665	498	665
Athlete Scholarship Program	96	158	96	158
	594	823	594	823
(d) Other Expenses				
Minor Equipment	392	244	392	244
Other Costs	226	168	226	168
Motor Vehicle	357	280	357	280
Printing & Stationery	265	127	265	127
Communications	231	177	231	177
Advertising & Promotion	458	268	458	268
Maintenance	80	73	80	73
Insurance	39	43	39	43
Medical Services	161	147	161	147
In Kind Contributions	443	666	443	666
	2,652	2,193	2,652	2,193

Items expensed within 'Minor Equipment' includes sports program equipment which do not satisfy the capitalisation criteria detailed under Note 1 (d).

notes to the financial statements

4. TRADE AND OTHER RECEIVABLES

	Economic Entity		Parent Entity	
	2007	2006	2007	2006
	\$'000	\$'000	\$'000	\$'000
Current:				
Sundry Debtors	438	1,243	436	1,243
Less: Provision for Impairment	(69)	(11)	(69)	(11)
	369	1,232	367	1,232

5. OTHER

Current:

Other Prepayments	188	175	188	175
	188	175	188	175

6. PLANT AND EQUIPMENT

Computer Equipment at Cost	464	394	464	394
Less: Accumulated Depreciation	(351)	(324)	(351)	(324)
Fair Value	113	70	113	70

Electronic & Scientific Equipment at Cost	1,255	826	1,255	826
Less Accumulated Depreciation	(836)	(689)	(836)	(689)
Fair Value	419	137	419	137

General Plant and Equipment at Cost	478	1,197	478	1,197
Less Accumulated Depreciation	(115)	(1,189)	(115)	(1,189)
Fair Value	363	8	363	8

Sporting Equipment at Cost	1,228	784	1,228	784
Less Accumulated Depreciation	(815)	(652)	(815)	(652)
Fair Value	413	132	413	132

Leasehold Improvements at Cost	5,893	-	5,893	-
Less: Accumulated Amortisation	(589)	-	(589)	-
Fair Value	5,304	-	5,304	-

Work-In-Progress- New Building and Training Facilities	-	5,259	-	5,259
Total Property Plant and Equipment	6,612	5,606	6,612	5,606

notes to the financial statements

6. PLANT AND EQUIPMENT (cont')

	Work In Progress	Leasehold Improvements	Sporting Equipment	Economic Entity			Total
	\$'000	\$'000	\$'000	Computer Equipment Equipment	General Plant & Equipment	Electronic & Scientific	\$'000
Fair Value as at 1.7.2006	5,259	-	132	70	8	137	5,606
Plus: Additions	-	5,893	554	97	455	465	7,464
Plus: Transfers In/(Out)	(5,259)	-	-	-	-	-	(5,259)
Less: Disposals	-	-	-	-	(4)	(5)	(9)
Less: Depreciation	-	(589)	(273)	(54)	(96)	(178)	(1,190)
Fair Value as at 30.6.2007	-	5,304	413	113	363	419	6,612

notes to the financial statements

7. TRADE AND OTHER PAYABLES

	Economic Entity		Parent Entity	
	2007	2006	2007	2006
	\$'000	\$'000	\$'000	\$'000
Current:				
Creditors	470	886	369	886
Accruals	144	194	104	120
Amount Payable - Institute of Sport Division	-	-	934	754
	614	1,080	1,407	1,760

8. OTHER

Income Received in Advance	120	460	120	460
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9. PROVISIONS

Current:

Employee Entitlements - Annual Leave	455	379	-	-
- Long Service Leave	163	147	-	-
	618	526	-	-

Non-Current:

Employee Entitlements - Long Service Leave	177	154	-	-
Provision for Make Good - NSWIS Premises				
Opening Balance	-	-	-	-
Plus: Current year provision	206	-	206	-
Closing Balance	206	-	206	-
Total Non-Current Provisions	383	154	206	-

10. SUPERANNUATION

All NSWIS employees are members of an accumulation scheme resulting in no unfunded liability for the NSWIS.

notes to the financial statements

11. FINANCIAL INSTRUMENTS

(a) Credit Risk Exposure

The credit risk on financial assets of the Economic Entity included in the Balance Sheet is the carrying amount (net of any provisions for loss) based on historical cost.

(b) Interest Rate Risk Exposure

The Economic Entity's exposure to interest rate risk and the effective weighted average interest rate for each class of financial assets and liabilities is set out below. Exposure arise from assets and liabilities bearing variable interest rates. The Economic Entity does not hold fixed rate assets and liabilities.

	Economic Entity					Total
	Variable Interest Maturing in:					
	Weighted Ave Rate	1 year or less \$'000	Over 1 to 5 years \$'000	More than 5 years \$'000	Non-Interest Bearing \$'000	
2006/2007						
Financial Assets						
Cash at Bank	4.25%	2,425	-	-	-	2,425
Receivables		-	-	-	369	369
		2,425	-	-	369	2,794
Financial Liabilities						
Trade Creditors & Accruals		-	-	-	614	614
Net Financial Assets/(Liabilities)		2,425	-	-	(245)	2,180
2005/2006						
Financial Assets						
Cash at Bank	3.75%	3,092	-	-	-	3,092
Receivables		-	-	-	1,232	1,232
		3,092	-	-	1,232	4,324
Financial Liabilities						
Trade Creditors & Accruals		-	-	-	1,080	1,080
Net Financial Assets/(Liabilities)		3,092	-	-	152	3,244

(c) Net Fair Value of Financial Assets and Liabilities

The net fair value of cash deposits and non interest bearing monetary financial assets and liabilities approximates their carrying value.

notes to the financial statements

12. EXPENDITURE COMMITMENTS

	Economic Entity		Parent Entity	
	2007	2006	2007	2006
	\$'000	\$'000	\$'000	\$'000
Capital Expenditure				
Not later than One Year	-	891	-	891
	-	891	-	891
Other Expenditure				
Not later than One Year	106	77	106	77
Later than One Year & not later than Five Years	-	-	-	-
Later than Five Years	-	-	-	-
	106	77	106	77

13. OPERATING LEASES

	Economic Entity		Parent Entity	
	2007	2006	2007	2006
	\$'000	\$'000	\$'000	\$'000
Operating Lease commitments at balance date were				
Not later than One Year	2,537	2,335	2,537	2,335
Later than One Year & not later than Five Years	9,338	8,862	9,338	8,862
Later than Five Years	9,773	11,687	9,773	11,687
Total (including GST)	21,648	22,884	21,648	22,884

The operating lease commitments includes the rental commitments on the new building and training facilities that the NSWIS will occupy for the next nine years. The term of the lease was for a ten year period starting in July 2006.

notes to the financial statements

14. REMUNERATION OF AUDITORS

	Economic Entity		Parent Entity	
	2007	2006	2007	2006
	\$'000	\$'000	\$'000	\$'000
Audit Office of NSW	24	21	18	18

Audit Fees paid to the Audit Office of NSW were for the audit of the Financial Statements only. No other benefits were paid to the Audit Office.

15. CONTINGENT LIABILITIES

There are no known contingent liabilities at balance date. (nil in 2005-2006)

16. CASHFLOW STATEMENT

(a) Reconciliation of Cash

For the purpose of the Cash Flow Statement, cash includes cash on hand and cash at bank. Cash at 30 June 2007 as shown in the Cash Flow Statement is reconciled to the related items in the Balance Sheet as follows:

	Economic Entity		Parent Entity	
	2007	2006	2007	2006
	\$'000	\$'000	\$'000	\$'000
Cash at Bank	2,425	3,092	2,425	3,092

(b) Reconciliation of Net Cash provided by Operating Activities to

Surplus/(Deficit) from ordinary activities

	Economic Entity		Parent Entity	
	2007	2006	2007	2006
	\$'000	\$'000	\$'000	\$'000
Surplus/(Deficit)	50	344	50	344
Plus (Less) Non-Cash Items				
Depreciation	1,190	359	1,190	359
(Profit)/Loss on Disposal	(46)	7	(46)	7
Increase/(Decrease) in Provisions	321	131	206	(549)
Changes in Assets and Liabilities				
(Increase)/Decrease in Receivables	863	(950)	865	(950)
(Increase)/Decrease in Inventories	(76)	(34)	(76)	(34)
(Increase)/Decrease in Prepayments	(13)	(110)	(13)	(110)
Increase/(Decrease) in Payables	(466)	761	(353)	1,441
Increase/(Decrease) in Other Liabilities	(340)	332	(340)	332
Net Cash provided by Operating Activities	1,483	840	1,483	840

End of Audited Statements



**STATEMENT BY THE CHIEF EXECUTIVE OFFICER
FOR THE PERIOD 1 JULY 2006 TO 30 JUNE 2007**

Pursuant to Section 41C (1B) and (1C) of the Public Finance and Audit Act 1983 I declare that in my opinion:

1. The Financial Statements exhibit a true and fair view of the financial position at 30 June 2007 and transactions for the period 1 July 2006 to 30 June 2007 of the Institute of Sport Division.
2. The Statements have been prepared in accordance with the provisions of the Public Finance and Audit Act 1983, the relevant provisions of the Public Finance and Audit Regulation 2006 and the Treasurer's Directions.

Further I am not aware of any circumstances which would render any particulars included in the Financial Statements to be misleading or inaccurate.

Signed in Sydney this 15th day of October 2007

Charles Turner
Chief Executive Officer



SPD-BOK 12
Sydney NSW 2001

**INDEPENDENT AUDITOR'S REPORT
INSTITUTE OF SPORT DIVISION**

To Members of the New South Wales Parliament

I have audited the accompanying financial report of the Institute of Sport (the Division) which comprises the balance sheet as at 30 June 2007, and the income statement, statement of changes in equity and cash flow statement for the year then ended, a summary of significant accounting policies and other explanatory notes.

Auditor's Opinion

In my opinion, the financial report:

- presents fairly, in all material respects, the financial position of the Division as at 30 June 2007, and of its financial performance and its cash flows for the year then ended in accordance with Australian Accounting Standards (including the Australian Accounting Interpretations)
- is in accordance with section 41B of the Public Finance and Audit Act 1983 (the PF&A Act) and the Public Finance and Audit Regulation 2006.

The Chief Executive Officer's Responsibility for the Financial Report

The Chief Executive Officer is responsible for the preparation and fair presentation of the financial report in accordance with Australian Accounting Standards (including the Australian Accounting Interpretations) and the PF&A Act. This responsibility includes establishing and maintaining internal control relevant to the preparation and fair presentation of the financial report that is free from material misstatement, whether due to fraud or error; selecting and applying appropriate accounting policies; and making accounting estimates that are reasonable in the circumstances.

Auditor's Responsibility

My responsibility is to express an opinion on the financial report based on my audit. I conducted my audit in accordance with Australian Auditing Standards. These Auditing Standards require that I audit to obtain reasonable assurance whether the financial report is free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial report. The procedures selected depend on the auditor's judgement, including the assessment of the risks of material misstatement of the financial report, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the entity's preparation and fair presentation of the financial report in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by the Chief Executive Officer, as well as evaluating the overall presentation of the financial report.

I believe that the audit evidence I have obtained is sufficient and appropriate to provide a basis for my audit opinion.

My opinion does not provide assurance:

- about the future viability of the Division, or
- that they have carried out their activities effectively, efficiently and economically.

Independence

In conducting this audit, the Audit Office has complied with the independence requirements of the Australian Auditing Standards and other relevant ethical requirements. The PF&A Act further promotes independence by:

- providing that only Parliament, and not the executive government, can remove an Auditor-General, and
- mandating the Auditor-General as auditor of public sector agencies but precluding the provision of non-audit services, thus ensuring the Auditor-General and the Audit Office are not compromised in their role by the possibility of losing clients or income.

A Dykstra
Director, Financial Audit Services

SYDNEY
18 October 2007

income statement

For the Year Ended 30 June 2007

	2007 \$'000	2006 \$'000
Income from Continuing Operations		
Personnel Services	5,934	1,523
Total Income	5,934	1,523
Expenditure from Continuing Operations		
Salaries	4,858	1,255
Superannuation	434	106
Employee Entitlements	208	47
Payroll Tax	370	80
Other	64	35
Total Expenditure	5,934	1,523
Surplus for the Year	0	0

The accompanying notes form part of these statements.

INSTITUTE OF SPORT DIVISION

balance sheet

As at 30 June 2007

	Note	2007 \$'000	2006 \$'000
Current Assets			
Trade and other receivables	3	936	755
Total Current Assets		936	755
Total Assets		936	755
Current Liabilities			
Trade and other payables	4	141	75
Provisions	5	618	526
Total Current Liabilities		759	601
Non-Current Liabilities			
Provisions	5	177	154
Total Non-Current Liabilities		177	154
Total Liabilities		936	755
Net Assets		0	0
Equity			
Retained Surplus		-	-
Total Equity		0	0

The accompanying notes form part of these statements.

INSTITUTE OF SPORT DIVISION

cashflow statement

For the Year Ended 30 June 2007

	2007 Inflows/ (Outflows) \$'000	2006 Inflows (Outflows) \$'000
Cash Flows from Operating Activities		
Payments to Suppliers and Employees	-	-
Receipts from Services	-	-
Net Cash inflows/(outflows) from Operating Activities	0	0
Net Increase/(Decrease) in Cash held	-	-
Cash at the Beginning of the Financial Year	-	-
Cash at the End of the Financial Year	0	0

The accompanying notes form part of these statements

INSTITUTE OF SPORT DIVISION

statement of changes in equity

For the Year Ended 30 June 2007

	2007 Inflows/ (Outflows) \$'000	2006 Inflows (Outflows) \$'000
Retained Surplus		
Balance at Beginning of the Reporting Period	-	-
Surplus for the Period	-	-
Balance at the End of the Reporting Period	0	0

The accompanying notes form part of these statements

notes to the financial statements

For the Year Ended 30 June 2007

1. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

(a) Reporting entity

The Institute of Sport is a Division of the Government Service, established pursuant to Part 2 of Schedule 1 to the Public Sector Employment and Management Act 2002. It is a not-for-profit entity as profit is not its principal objective. It is consolidated as part of the NSW Total State Sector Accounts. It is domiciled in Australia and its principal office is at Building B, Level 1, 6 Figtree Drive, Sydney Olympic Park Homebush Bay.

The Institute of Sport Division's objective is to provide personnel services to the NSW Institute of Sport.

The Institute of Sport Division commenced operations on 17 March 2006 when it assumed responsibility for the employees and the employee-related liabilities of the NSW Institute of Sport.

The financial report was authorised for issue by the Chief Executive Officer of the NSW Institute of Sport on 15 October 2007. The report will not be amended and reissued as it has been audited.

(b) Basis of preparation

This is a general purpose financial report prepared in accordance with the requirements of Australian Accounting Standards, the Public Finance and Audit Act 1983, the Public Finance and Audit Regulation 2005, and specific directions issued by the Treasurer.

The financial report is prepared on the basis of Australian equivalents to International Financial Reporting Standards.

Generally, the historical cost basis of accounting has been adopted and the financial report does not take into account changing money values or current valuations.

The accrual basis of accounting has been adopted in the preparation of the financial report, except for cash flow information.

Management's judgements, key assumptions and estimates are disclosed in the relevant notes to the financial report.

All amounts are rounded to the nearest one thousand dollars and are expressed in Australian currency.

(c) Income

Income is measured at the fair value of the consideration received or receivable. Revenue from the rendering of personnel services is recognised when the service is provided and only to the extent that the associated recoverable expenses are recognised.

(d) Receivables

A receivable is recognised when it is probable that the future cash inflows associated with it will be realised and it has a value that can be measured reliably. It is derecognised when the contractual or other rights to future cash flows from it expire or are transferred.

A receivable is measured initially at fair value and subsequently at amortised cost using the effective interest rate method, less any allowance for impairment. A short-term receivable with no stated interest rate is measured at the original invoice amount where the effect of discounting is immaterial. An invoiced receivable is due for settlement within thirty days of invoicing.

If there is objective evidence at year end that a receivable may not be collectable, its carrying amount is reduced by means of an allowance for impairment and the resulting loss is recognised in the income statement. Receivables are monitored during the year and bad debts are written off against the allowance when they are determined to be irrecoverable. Any other loss or gain arising when a receivable is derecognised is also recognised in the income statement.

(e) Payables

Payables include accrued wages, salaries, and related on costs (such as payroll tax, fringe benefits tax and workers' compensation insurance) where there is certainty as to the amount and timing of settlement.

A payable is recognised when a present obligation arises under a contract or otherwise. It is derecognised when the obligation expires or is discharged, cancelled or substituted.

A short-term payable with no stated interest rate is measured at historical cost if the effect of discounting is immaterial.

notes to the financial statements

(f) Employee benefit provisions and expenses

Provisions are made for liabilities of uncertain amount or uncertain timing of settlement. Employee benefit provisions represent expected amounts payable in the future in respect of unused entitlements accumulated as at the reporting date. Liabilities associated with, but that are not, employee benefits (such as payroll tax) are recognised separately.

Annual Leave:

Employee leave entitlements are measured as the amount unpaid at the reporting date at pay rates expected to be paid in respect of employees' service up to that date.

Sick leave:

Employee entitlements are determined having regard to historical patterns of similar entities. As leave taken is expected to be less than sick leave entitlements in each financial year, no provision is made.

Long Service Leave:

Long Service leave entitlements are measured as the amount unpaid at the reporting date at pay rates expected to be paid in respect of employees' service up to that date. Only the conditional portion of the Long Service Leave Provision has been shown as non-current.

On costs:

The outstanding amounts of payroll tax, workers' compensation insurance premiums, superannuation and fringe benefits tax, which are consequential to employment, are recognised as liabilities and expenses where the employee entitlements to which they relate have been recognised.

Superannuation:

The employer's obligation for employee entitlements is recognised as an expense in the period it relates to.

(g) New Australian Accounting Standards Issued but not effective.

At reporting date a number of Australian Accounting Standards have been issued by the Australian Accounting Standards Board but are not yet operative. These have not been early adopted by the Authority. The following is a list of those standards that will have an impact on the financial reports:

- AASB 7 Financial Instruments: Disclosures – potentially more substantial risk related disclosures relating to credit, liquidity and market risk.
- AASB 101 Presentation of Financial Statements –prescribes the basis for presentation of financial statements.
- AASB 2007-4 Amendments to Australian Accounting Standards arising from ED 151 and Other Amendments – fully comply with International Financial Reporting Standards.

These standards will be implemented for 2007/08 financial year.

2. RESULT

The Institute of Sport Division did not make any payments to consultants. The audit fee for the entity is met by the NSW Institute of Sport and is estimated at \$3,000. The auditors provided no other services other than the audit of this financial report.

notes to the financial statements

3. TRADE AND OTHER RECEIVABLES

	2007 \$'000	2006 \$'000
Current:		
Sundry Debtors	2	-
Receivable- NSW Institute of Sport	934	755
Total	936	755

4. TRADE AND OTHER PAYABLES

Payables	101	-
Accruals	40	75
Total	141	75

5. PROVISIONS

Current:		
Employee Entitlements - Annual Leave	455	379
- Long Service Leave	163	147
Total	618	526
Non-Current:		
Employee Entitlements - Long Service Leave	177	154
Total	177	154

6. RELATED PARTY INFORMATION

The following transactions were entered into with the NSW Institute of Sport to provide staff services at cost (\$5,934,284)

The Institute of Sport Division received administration and accounting support and payment of external audit fees from the NSW Institute of Sport at no charge.

7. CASH FLOW INFORMATION

The Institute of Sport Division did not have a bank account at 30 June 2007.

All transactions are transacted through the bank account of the NSW Institute of Sport.

End of Audited Statements



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APPENDIX 1: HUMAN RESOURCES

Staffing

As at 30 June 2007 NSWIS employed 72 full-time staff, 15 part-time staff and 13 casual staff.

Table 1: NSWIS staffing

Reporting Period	2003/04	2004/05	2005/06	2006/07
Established Positions	68	76	79	87
Actual Staff				
Full-time	66	68	67	72
Part-time	2	8	12	15
Casual	20	20	18	13

85% of NSWIS full-time and part-time staff are engaged to provide direct support to the NSW athletes in the areas of quality coaching and high performance services covering sports science, program support, Athlete, Career and Education, Sports Psychology and Applied Research. During the year a review of the Sports Science area was undertaken to review the services provided, determine the ongoing service support to our athletes and coaches and our ability to adequately staff our new training centre at Sydney Olympic Park.

Conditions of Employment and Movement in Salaries and On-costs

All NSWIS full-time and part-time staff are employed on a Term Employment (most for four years) through the Institute of Sport Division under the Government Service of NSW which was established through amendments to legislation such as the Public Sector Employment and Management Act 2002 to protect all staff employed by the Crown from the effects of the Work Choices Legislation.

As a result a separate set of 2006-07 annual accounts for the Institute of Sport Division have been prepared to reflect the employment arrangements and employment costs for the year ended 30 June 2007. The salary and on-costs for 2006-07 reflect the following:

- a 3% salary increment paid to all Institute staff
- performance-based bonuses paid to staff linked to the Institute's performance management system
- incremental salary increases resulting from existing position being re-evaluated using the Cull Egan Dell job evaluation system
- additional coaching positions in the sports of Sprint Canoe, Winter Sports and Swimming.
- additional staff employed in the areas of Information Technology, Sports Program, Athlete Career and Education and Corporate Services.
These positions were identified to meet the needs of NSWIS's move to its new building.
- the establishment of the NSWIS Applied Research Program.

Staff turnover increase from 12% for 2005-06 to 18% in 2006-07. The turnover rates for 2006-07 are reflective of ongoing resignations.

Staff Recruitment

In 2006-07 the following positions were advertised:

Head Coach -Basketball	Head Coach -Golf
Head Coach -Swimming	Coordinating Coach - Sprint Canoe Elite and Emerging Athlete Program
Track and Field Emerging Athlete Coordinator	Coordinator - Coach and Program Services
Strength and Conditioning Coach	Physiologist
Applied Research Program Research Assistant	Research Dietician
Applied Research Administrator	Senior Sports Scientist - Strength and Conditioning (internal)
Senior Sports Scientist- Performance Analysis (internal)	Senior Sports Scientist - Biomechanics (internal)
Senior Sports Scientist-Physiology (internal)	Sport Science Administrator
Senior Sports Consultant-Programs	Senior Sports Consultant - Regional/Mobile Services and Emerging Talent
Sports Consultant	Manager-Marketing
Athlete Services Administrator (internal)	

Leave Administration

Under the NSWIS Leave Management Policy, staff leave entitlements are reviewed on an ongoing basis. All leave entitlements are printed on staff pay slips for staff management. Staff whose leave accruals are approaching or over 40 days are contacted to ensure that leave has been planned.

Training and Professional Development

NSWIS recognises the need to encourage all staff to participate in a range of learning and development activities to expand their technical, operational and strategic skills. During 2006-07 NSWIS staff attended a variety of courses, conducted by a number of different training providers with training in areas including management skills, communication and publications, finance, IT, human resource applications and specific technical courses for NSWIS service staff (sports psychology, sports science, ACE/PD).

One key professional development program established by NSWIS is the Coach Excellence Program which has been developed to recruit, develop and retain high quality coaching staff by providing opportunities for professional development and supportive management.

APPENDIX 2: CODE OF CONDUCT

The NSWIS Code of Conduct sets out the standards of professional behaviour expected of all staff, volunteers and anyone who represents the NSWIS. The Code is incorporated into the term employment agreement for staff and coaches. Staff who are not directly employed by NSWIS, casuals and contractors are also provided with a copy of the Code which is required to be read and signed prior to the commencement of duties.

APPENDIX 3: EQUAL EMPLOYMENT OPPORTUNITY

The NSWIS is committed to workplaces that are free of unlawful discrimination and harassment. The NSWIS strives to ensure that practices and behaviour in the workplace do not disadvantage people because they belong to a particular group. These Equal Employment Opportunity (EEO) groups are women, Aboriginal and Torres Strait Islander people, people whose first language was not English and people with a disability.

The EEO statistics for 2006-07 reflect the following:

- the number of female Institute employees did not reach the target of 50% of total employees.
- the lack of reportable numbers of employees belonging to the Aboriginal and Torres Strait Islander and People with a Disability requiring Work-related Adjustment.
- the percentage of employees in the People with a Disability category, remain constant with 2005-06

The NSWIS aims to appoint members of a reported EEO group to a vacant position, where they are the most suitably qualified applicant and can fulfill the inherent requirements of the position. The NSWIS aims to explore opportunities for staffing vacant positions with members of the presently non-represented EEO groups and increasing the numbers in those categories where representatives are below the target or benchmark.

Table 1: Trends in the Representation of EEO Groups

EEO Group	% of Total Staff				
	Benchmark or Target	2004	2005	2006	2007
Women	50%	44%	36%	39%	38%
Aboriginal people and Torres Strait Islanders	2%				
People whose first language was not English	20%		1%	1%	
People with a disability	12%		3%	3%	3%
People with a disability requiring work-related adjustment	7%				

Table 2: Trends in the Distribution of EEO Groups

EEO Group	Distribution Index				
	Benchmark or Target	2004	2005	2006	2007
Women	100	84	83	87	78
Aboriginal people and Torres Strait Islanders	100				
People whose first language was not English	100				
People with a disability	100				
People with a disability requiring work-related adjustment	100				

- Staff numbers are as at 30 June 2007
- Excludes casual staff
- A Distribution Index of 100 indicates that the centre of the distribution of the EEO group across salary levels is equivalent to that of other staff. Values less than 100 mean that the EEO group tends to be more concentrated at lower salary levels than is the case for other staff. The more pronounced this tendency is, the lower the index will be. In some cases the index may be more than 100, indicating that the EEO group is less concentrated at lower salary levels. The Distribution Index is automatically calculated by the software provided by ODEOPE.
- The Distribution Index is not calculated where EEO group or non-EEO group numbers are less than 20

Table 3: Staff Numbers by level

LEVEL	TOTAL STAFF	Respondents	Men	Women	Aboriginal People & Torres Strait Islanders	People from Racial, Ethnic, Ethno-Religious Minority Groups	People Whose Language First Spoken as a Child was not English	People with a Disability	People with a Disability Requiring Work-related Adjustment
< \$33,910	13	13	6	7				2	
\$33,910 - \$44,537	7	7	2	5					
\$44,538 - \$49,791	8	8	5	3					
\$49,792 - \$63,006	35	35	21	14					
\$63,007 - \$81,478	16	16	13	3					
\$81,479 - \$101,849	2	2	2						
>\$101,849 (non SES)	5	5	4	1					
>\$101,849 (SES)									
TOTAL	86	86	53	33				2	

Table 4: Percent of Total Staff by Salary Level

LEVEL	TOTAL STAFF (number)	Subgroup as Percent of Total Staff at each Level			Subgroup as Estimated Percent of Total Staff at each Level				
		Respondents	Men	Women	Aboriginal People & Torres Strait Islanders	People from Racial, Ethnic, Ethno-Religious Minority Groups	People Whose Language First Spoken as a Child was not English	People with a Disability	People with a Disability Requiring Work-related Adjustment
< \$33,910	13	100%	46%	54%				15%	
\$33,910 - \$44,537	7	100%	29%	71%					
\$44,538 - \$49,791	8	100%	63%	38%					
\$49,792 - \$63,006	35	100%	60%	40%					
\$63,007 - \$81,478	16	100%	81%	19%					
\$81,479 - \$101,849	2	100%	100%						
>\$101,849 (non SES)	5	100%	80%	20%					
>\$101,849 (SES)									
TOTAL	86	100%	62%	38%				2%	

Table 5: Staff Numbers by Employment Basis

EMPLOYMENT BASIS	TOTAL STAFF	Respondents	Men	Women	Aboriginal People & Torres Strait Islanders	People from Racial, Ethnic, Ethno-Religious Minority Groups	People Whose Language First Spoken as a Child was not English	People with a Disability	People with a Disability Requiring Work-related Adjustment
Permanent Full-time									
Permanent Part-time									
Temporary Full-time									
Temporary Part-time									
Contract - SES									
Contract - Non SES	87	87	53	34				2	
Training Positions									
Retained Staff									
Casual	13	13	4	9					
TOTAL	100	100	57	43				2	

Table 6: Percent of Total Staff by Employment Basis

EMPLOYMENT BASIS	TOTAL STAFF (number)	Subgroup as % of Total Staff in each Category			Subgroup as Estimated Percent of Total Staff in each Employment Category				
		Respondents	Men	Women	Aboriginal People & Torres Strait Islanders	People from Racial, Ethnic, Ethno-Religious Minority Groups	People Whose Language First Spoken as a Child was not English	People with a Disability	People with a Disability Requiring Work-related Adjustment
Permanent Full-time									
Permanent Part-time									
Temporary Full-time									
Temporary Part-time									
Contract - SES									
Contract - Non SES	87	87%	93%	79%				100%	
Training Positions									
Retained Staff									
Casual	13	13%	7%	21%					
TOTAL	100	100%	100%	100%				100%	
Estimate Range (95% confidence level)					1.2% to 1.2%	1.2% to 1.2%	2.4% to 2.4%		

APPENDIX 4: OCCUPATIONAL HEALTH AND SAFETY

The NSWIS is committed to providing a safe working and training environment for its staff, athletes, clients and visitors accessing its premises. NSWIS is currently developing new Occupational Health and Safety policy and procedures which are in line with NSW Government's Working Together: Public Sector OHS and Injury Management Strategy 2005-2008 based on the relocation to its new premises.

Unit managers and supervisors carry prime responsibility for ensuring the health, safety and welfare of all staff, athletes and visitors while all staff are aware of their own responsibilities in the maintenance of a safe working environment.

The NSWIS's sports science unit and sports science laboratory are fully accredited under the Laboratory Standards Assistance Scheme. This scheme ensures the accuracy and reliability of data received from the NSWIS sports science department and maintenance of Occupational Health and Safety standards. Accreditation also ensures that universal precautions are observed in the handling of biological and biohazard materials.

During the reporting period the NSWIS reported eight work-related injuries which are being managed in conjunction with Allianz. Seven of the staff members have returned to full duties.

APPENDIX 5: ETHNIC AFFAIRS

The NSWIS activities are centred on providing services to athletes and coaches that will improve NSW athlete performance on the National and International stage. The NSWIS respects the rights of Australian citizens and residents who wish to become citizens to seek employment from advertised vacancies.

NSWIS continues to explore opportunities to meet the needs of stakeholders from diverse cultural backgrounds and to provide multi-cultural diversity in our programs where there is a direct benefit to improving the performance NSW athletes and the success of NSWIS.

APPENDIX 6: DISABILITY ACTION PLAN

The NSWIS continues to meet the needs of people with a disability through ensuring appropriate access to head office premises, access to information and improving employment opportunities for people with a disability.

The NSWIS, through its Sports Policy Framework, continues to support disabled athletes through the Wheelchair Track and Road, Wheelchair Basketball, Individual Scholarship and Athletes with a Disability programs. The Institute maintains a close relationship with the Australian Paralympic Committee and the Department of Sport and Recreation disabled sports unit to continue to encourage involvement and elite performance for disabled athletes.

The NSWIS Athlete with Disabilities (AWD) Program is a joint program between the NSWIS and the Department of Sport and Recreation (DASR) for high performing athletes with a disability. During 2006-07 the NSWIS program provided athletes with access to competition and training support, as well as a broad range of NSWIS support services including sports science, sports medicine, strength and conditioning, sport psychology, nutritional advice, and ACE/PD. During the reporting period the program supported 25 of NSW's high performance AWD athletes.

APPENDIX 7: ACTION PLAN FOR WOMEN

The NSWIS provides equal employment opportunity for women to ensure the organisation is representative of the community it serves.

The Government's Action Plan for Women includes objectives for the position of women in society and improving women's health and quality of life. This year NSWIS again provided \$50,000 through the Women in High Performance Sport Initiative to support the development of women in service and coaching roles. In 2006-07 NSWIS female coaches from the Wheelchair Track and Road, Diving and the Sprint Canoe – Sprint Program benefited specifically.

NSWIS acknowledges the need for more female coaches at the elite level and continues to investigate strategies to develop the skills and opportunities for female coaches.

APPENDIX 8: 2006/2007 BUDGET

2006-07 Budget for the economic entity.

INCOME	\$
Grants	
State Government-Operating	9701
Commonwealth	141
National & State Sporting Organisations	2,669
Sub-Total	12,511
Sponsorship	
ClubsNSW	1,000
Other	223
In Kind Contributions	443
Sub-Total	1,666
Other	
Interest	110
Sundry	830
Sub-Total	940
Funds from Reserves	992
Total Funds	16,109
EXPENDITURE	
Salaries & Associated Costs	5,930
Fees for Services Rendered	709
Grants-Sports Programs, Initiatives & Athletes	1,132
Capital Equipment	989
Travel	970
Athlete Services	1,272
Other Costs	657
Motor Vehicle	372
Printing & Stationery	255
Communications	229
Advertising and Promotions	476
Occupancy	1,998
Maintenance	79
Insurance	39
Medical Services	159
In-Kind Contributions	443
Capital Works-New Building	400
Total Expenditure	16,109
Surplus/(Deficit)	-

APPENDIX 9: GUARANTEE OF SERVICES

The NSW Institute of Sport aims through its internationally acclaimed programs and services to be a leader in high performance sport in Australia. The NSWIS is committed to delivering high performance sports services throughout NSW to all NSWIS scholarship holders. We are committed to improving our performance through a commitment to excellence across all areas of our operations. Our organisation seeks to establish effective strategic alliances which will enhance the services we provide to our coaches and athletes.

Our main clients are elite NSW athletes and coaches. The NSWIS also interacts with government organisations including national and state sporting Institutes; national and state sporting organisations; Australian and International Universities; suppliers; the media and the general public.

It is our aim to provide our athletes with cost effective and priority access to daily training facilities together with expert coaches, state of the art equipment and specialist services (sport science, sports medicine, sports psychology and career and education) to enhance athlete and program performance. In dealing with service delivery all NSWIS staff must abide by the Institute's code of conduct. The NSWIS will consider all complaints carefully and welcomes suggestions to improve its efficiency and effectiveness.

APPENDIX 10: CONSUMER RESPONSE

The NSWIS did not receive any complaints regarding services in 2006-07 and met the standards set out in the Guarantee of Service. The Institute undertook mid-year and annual reviews of each sport program and services provided to athletes.

APPENDIX 11: FREEDOM OF INFORMATION

The NSWIS did not receive any requests in 2006-07 for information under the Freedom of Information Act, 1989.

APPENDIX 12: LEGAL CHANGE

The NSWIS operates under the Institute of Sport Act 1995. There were no changes to Act in 2006-07.

APPENDIX 13: COMMITTEES

During the year the NSWIS continued to facilitate meetings for a number of internal committees.

Joint Management Committee (34 committees across sports) – includes sport specific Head Coaches, NSWIS Chief Executive Officer, NSWIS Manager-Coach, Athlete and Program Services, NSWIS Sport Consultant and representatives from the State and National Sporting Organisations. The committees meet every six months and are responsible for overseeing and reviewing sports programs performance and the fulfilment of responsibilities included in sport's Annual Plan.

At-Risk Management Committee – includes representatives from Sport Psychology and ACE/PD with additional expertise available when required. The Committee monitors and interacts with athletes who may be perceived as being at risk due to the pressures of qualifying and competing at the elite level.

Internal Audit Committee – the committee is chaired by the Institute's Deputy Chairman and meets annually to discuss findings from the annual internal audit conducted by Deloitte Touche Tohmatsu and the audit of the Institute's annual accounts conducted by the NSW Audit Office. The committee is responsible for ensuring that the Institute has adequate internal controls in place for managing the financial accounting requirements and statutory compliance of the organisation.

External Committees – NSWIS staff were members on the following external committees: National Elite Sports Council, National Elite Sports Council sub-committees for Sports Science Medicine, Athlete Career and Education and Program Management.

APPENDIX 14: CONSULTANTS

The NSWIS engages two companies on a retainer for the provision of ongoing legal and HR services. There are a number of providers on a fee for service who have been engaged to deliver specialist coaching, medical and nutrition advice which supplements the services provided by our internal staff and coaches.

In 2006-07 NSWIS also engaged external consultants for the provision of finance and IT services. There were no consultants engaged in 2006-07 greater than \$30,000.

APPENDIX 15: PROMOTIONS

Publications and website.

Publications produced over the year included:

- NSWIS Annual Report 2005-06
- The Edge Magazine – two issues produced during 2006-07
- Annual Awards Program 2006

The Institute continues to update the appearance, functionality and content of its website. The latest information on the Institute and our athletes is available 24 hours daily on our website at www.nswis.com.au.

APPENDIX 16: OVERSEAS TRAVEL

During 2006-07 NSWIS coaches and athletes travelled overseas for professional development opportunities, international competition and training opportunities. The following sports programs funded athletes to train and compete overseas and in some cases the costs were either fully or partially recovered from the athletes:

Sport	Amount
Cycling	3,460
Diving	3,439
Men's Artistic Gymnastics	4,225
Winter Sports –Alpine Program	49,188
Men's Soccer	79,465
Winter Sports –Snowboarding	3,284
Lawn Bowls	3,474

Sport	Amount
Wheelchair T & Road	18,038
Golf	3,148
Men's Hockey	2,568
Winter Sports-Freestyle Program	17,861
Weightlifting	5,000
Equestrian	2,466
Women's Hockey	1,964

APPENDIX 17: PAYMENTS OF ACCOUNTS

The NSWIS processes payment by cheque or electronic funds transfer on a weekly basis and aims to pay all accounts within 30 days. The Institute continues to reduce the number of cheque payments and increase the payments made by EFT each year. The payments for 2006/2007 have increased due to costs associated with the remaining fit-out of the building and the ongoing occupancy costs associated with NSWIS's new premises.

Schedule of Accounts Payable	Qtr Ended Sep-06 \$'000	Qtr Ended Dec-06 \$'000	Qtr Ended Mar-07 \$'000	Qtr Ended Jun-07 \$'000
Current	458	243	355	439
Between 30-60 Days	6	15	5	21
Between 60-90 Days				10
More than 90 Days				
Totals	458	258	360	470

Schedule of Accounts Paid on Time	Qtr Ended Sep-06 \$'000	Qtr Ended Dec-06 \$'000	Qtr Ended Mar-07 \$'000	Qtr Ended Jun-07 \$'000
Accounts Paid on time	3,510	2,743	3,200	2991
Total accounts paid	3,581	2,828	3,233	3052
% accounts paid on time	98%	97%	99%	98%
Target % paid on time	100%	100%	100%	100%

APPENDIX 18: RISK MANAGEMENT AND INSURANCE

Internal Audit

In 2006/07 the NSWIS engaged Deloitte Touche Tohmatsu to undertake its annual internal audit. The 2006/07 audit involved Deloitte conducting a Business Risk Assessment of the organisation which will form the basis for determining future audits.

The Audit Committee chaired by the NSWIS's Deputy Chairman met in December 2006 to discuss the internal audit report from Deloitte Touche Tohmatsu, report from the NSW Audit Office on the 2005/06 annual accounts and the terms of reference for the 2006/07 internal audit.

Insurance

The NSWIS participates in the Treasury Managed Fund which is the State Government Insurance Scheme. The scheme is administered on behalf of the Government by GIO Australia and Allianz. The scheme covers workers compensation, motor vehicles, property damage and public liability – the major insurance risks of the NSW Institute of Sport.

Risk Management

NSWIS is committed to having an effective risk management process in place to minimise the risk exposure of the business. During the reporting period NSWIS engaged Deloitte to undertake a Business Risk Assessment which was the next stage of NSWIS risk management process following the development of our Risk Management Policy and Procedures.

APPENDIX 19: ENERGY MANAGEMENT

The NSWIS is committed to responsible energy management for both environmental and financial objectives. The NSWIS aims to achieve cost savings through reduced energy consumption and greater use of green house technologies. NSWIS has worked with the Owner of our new premises to implement energy saving options and continues to look at ways to improve and reduce energy consumption.

APPENDIX 20: WASTE REDUCTION AND PURCHASING POLICY

NSWIS strategies for waste reduction and purchasing are based on those that apply across government. To limit paper was, the NSWIS uses electronic communication including email and publishes many documents on the intranet and internet. The use of recycled materials such as paper and consumables continues to be a key component of the NSWIS waste reduction and purchasing policy.

APPENDIX 21: PRIVACY AND PERSONNEL INFORMATION POLICY

In accordance with the Privacy and Personnel Information Protection Act 1988 the NSWIS developed a Privacy and Personnel Information Policy in 2000/01 to meet the requirements of the Act. In 2006/07 there were no changes made to the policy and no applications for review during the period.

APPENDIX 22: CREDIT CARD CERTIFICATION

The Chief Executive Officer certifies that credit card use in the NSWIS is in accordance with relevant Premier's Memoranda and Treasurer's Guidelines.

APPENDIX 23: ACCESS

Location

NSWIS Building
6 Figtree Drive
Sydney Olympic Park
Homebush Bay 2140

Postal Address

PO Box 476
Sydney Markets
NSW 2129

Telephone: 02 9763-0222
Facsimilie: 02 9763-0250
Website: www.nswis.com.au

Hours of Business

9am to 5pm Monday to Friday

APPENDIX 24: ANNUAL REPORT PUBLICATIONS DETAILS

Published by:	NSW Institute of Sport
Managing Editor:	Lisa Herbertson
Editor:	Lisa Herbertson
Copywriting:	Lisa Herbertson
Photography:	Getty Images, John Veage, Delly Carr, David Tarbotton, Nathan Townsend, Ben Alexander, Andrea Francolini, Sudesh Arudpragasam, The Horse Magazine, Reg Blunt, Suzanne Ramke, James Rankin, TennisNSW.
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JOSHUA ROSS
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principal partner

ClubsNSW

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